

THE UNIVERSITY OF TEXAS AT ARLINGTON  
INTERCOLLEGIATE ATHLETICS

STUDENT-ATHLETE HEALTH CARE POLICIES

- 1) The physical well-being and health care of each of our student athletes is one of the main priorities of the athletic department at UTA. It is the direct responsibility of the athletic trainer with guidance from the team physician and other consulted physicians to provide the best in health care for student athletes at UTA.

To the best of our ability, the athletic trainers will provide each UTA student athlete with opportunities for immediate first aid care and follow up therapy or treatment for ALL INJURIES SUSTAINED AT SCHEDULED PRACTICES OR GAMES. Necessary referrals to appropriate physicians or medical services will also be made as approved by the athletic trainer. Immediate communications to parents in regard to any type of serious injury is also an important responsibility of the athletic trainer.

- 2) Comprehensive physical examinations are required for all student athletes each year. All physical exams are set up and approved through the head athletic trainer. No student athlete will be allowed to participate in any practice/game supervised by our coaching staff until that student athlete has successfully passed their physical exam and has been released for athletic participation by one of our team physicians. THERE WILL BE NO EXCEPTIONS TO THIS RULE.
- 3) Prior to the physical exam a complete medical history will be gathered on each student athlete with notations made of each athlete's previous injuries, illnesses, and surgeries. The medical history along with the comprehensive physical exam will give the team physician knowledge of the exact health condition of the student athlete prior to his/her initial participation in the UTA athletic program. THE UNIVERSITY OF TEXAS AT ARLINGTON WILL NOT BE HELD RESPONSIBLE FOR ANY MEDICAL EXPENSES THAT ARE INCURRED BY A STUDENT ATHLETE FOR AN INJURY THAT WAS ORIGINALLY SUSTAINED PRIOR TO THEIR PARTICIPATION IN UTA ATHLETICS.
- 4) The Athletic Department will purchase athletic insurance to cover athletic injuries. This is an "excess coverage plan" which means that it PAYS ONLY THOSE EXPENSES NOT COVERED by other primary insurance. Further details of the insurance plan are included in this packet.
- 5) The UTA Athletic Department and its athletic insurance policy cannot cover the expenses of any injury or illness unless it occurs during participation in a scheduled UTA athletic practice or game. For example, injuries sustained in the dormitory, intramurals, or on-campus activities are not covered by our department or athletic insurance. An illness must be directly related to or caused by an injury sustained during a scheduled event before the UTA Athletic Department and its insurance policy will be responsible for medical services rendered for care of the illness.

- 6) It is the responsibility of each student athlete to report and athletic injury to the athletic trainer. Also, coaches should send any athlete to the athletic trainer if they feel medical attention is needed. Except for emergencies, all medical referrals will be made by the athletic trainer.

The Athletic Department is NOT RESPONSIBLE for medical costs incurred by athletes who seek medical attention without prior authorization by the athletic trainer. Prior authorization consists of the issuance of a UTA referral form by the athletic trainer to be used as admittance for a scheduled appointment with one of the team physicians and/or necessary medical services. All second opinion medical services and/or subsequent surgeries will be the direct financial responsibility of the individual athlete and/or their parents.

- 7) Athletic training room hours will be posted and student athletes must be at the athletic training room during those assigned hours.
- 8) Both male and female athletes of all sports will be treated equally in all matters of health care, treatment of injuries, and access to the athletic training room.
- 9) The team physician will make decisions concerning the availability of student athletes for practice and game competition. No coach may play or practice an injured student athlete against the advice of the team physician or athletic trainer.
- 10) It is a University admissions requirement for each student athlete to have his or her immunization record on file at the UTA Student Health Center.

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Signature of Student Athlete

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Date

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Signature of Parent/Guardian