

Women's Indoor Track Records (Following 2012 Indoor Season)

55-METER DASH (no longer contested)

1. Shana Robinson	6.93	2002
2. Carla Hanson	7.10	2001
3. Karlisha Atkins	7.31	2002
4. Kendra Lollis	7.40	1999
5. Jenny Simms	7.50	1994

55-METER HURDLES (no longer contested)

1. Kendra Lollis	8.18	2000
2. Jamese James	8.21	2002
3. Danielle German	8.32	1997
4. Carrie Swayze	8.47	1997
5. Suzanne Smith-Hogg	8.57	2002

60-METER DASH

1. Shana Robinson	7.38	2003
2. Carla Hanson	7.58	2001
3. Chantelle Willard	7.60	2006
4. Ashley Wills	7.66	2010
5. Krystol Lartey	7.74	2004
Jennifer Mace	7.74	2009

60-METER HURDLES

1. Jamese James	8.73	2003
2. Kendra Lollis	8.80	2001
3. Carolin Imhof	8.86	2010
4. Dreu Harris	8.92	2004
5. Suzanne Smith	8.99	2003

200-METER DASH

1. Shana Robinson	23.96	2004
2. Jennifer Mace	24.11	2010
3. Paula Richardson	24.27	2003
4. Caroline Avbovbede	24.50	1998
5. Chantelle Willard	24.62	2006

400-METER DASH

1. Jennifer Mace	53.66	2009
2. Caroline Avbovbede	54.11	1999
3. Tiffany Williams	54.33	2000
4. Jamese James	54.85	2003
5. Paula Richardson	55.10	2004

600-YARD RUN

1. Jennifer Mace	1:21.58	2009
2. Melanie Hardy	1:21.96	2005
3. Monica Joannes	1:22.32	2003
4. Tiffany Williams	1:22.34	2001
5. Jamese James	1:22.44	2003

800-METER RUN

1. Melanie Hardy	2:05.79	2005
2. Dawn Nagazina	2:08.77	2009
3. Monica Joannes	2:09.15	2002
4. Done Vermaak	2:09.25	2012
5. Tayler Rigsby	2:10.11	2010

1,000-METER RUN

1. Melanie Hardy	2:51.21	2005
2. Paula Whiting	2:51.67	2011
3. Alex Becker	2:52.17	2007
4. Tayler Rigsby	2:52.44	2008
5. Melanie Cleland	2:56.10	2010

MILE RUN

1. Alex Becker	4:41.35	2007
2. Paula Whiting	4:46.93	2011
3. Melanie Cleland	4:51.96	2010
4. Melanie Hughes	4:57.29	2011
5. Erin Huddleston	4:57.53	2012

3,000-METER RUN

1. Alex Becker	9:13.80	2008
2. Paula Whiting	9:19.01	2011
3. Fride Vullum	9:38.82	1998
4. Natasha Cockram	9:42.29	2012
5. Melanie Cleland	9:46.01	2010

5,000-METER RUN

1. Alex Becker	15:58.53	2010
2. Fride Vullum	16:42.24	2000
3. Josie Wilcox	17:02.92	2012
4. Lise Olivier	17:04.72	2006
5. Jaclyn Rollins	17:06.86	2011

4x400-METER RELAY (1,600 Meters)

1. Tulsa	3:36.34	2002	Paula Richardson, Alisha Burnett, Monica Joannes, Jamese James
2. Tulsa	3:38.18	2003	

- Paula Richardson, Chatney Noble, Monica Joannes, Jamese James
3. Tulsa 3:39.56 2003
Chatney Noble, Alisha Burnett, Monica Joannes, Jamese James
4. Tulsa 3:39.76 2002
Paula Richardson, Alisha Burnett, Monica Joannes, Jamese James
5. Tulsa 3:39.84 2002
Paula Richardson, Alisha Burnett, Monica Joannes, Jamese James

DISTANCE MEDLEY RELAY (1,200, 400, 800, 1,600)

1. Tulsa 11:28.21 2008
Tayler Rigsby, Jennifer Mace, Ashley Aitken, Alex Becker
2. Tulsa 11:37.32 2010
Melanie Cleland, Caroline Schuster, Tayler Rigsby, Paula Whiting
3. Tulsa 11:40.37 2007
Alex Becker, April Montgomery, Dawn Nagazina, Jessica Ford
4. Tulsa 11:42.25 2006
Dawn Nagazina, Shameka Holloway, April Montgomery, Alex Becker
5. *Tulsa 11:47.79 2012*
Natasha Cockram, Katherine Camp, Done Vermaak, Erin Huddleston

MILE RELAY (4x440 Yards) (no longer contested)

1. Tulsa 3:47.13 1999
Kendra Lollis, Tiffaney Williams, Caroline Avbovbede, Dana Jackson
2. Tulsa 3:47.34 2003
Paula Richardson, Chatney Noble, Monica Joannes, Jamese James
3. Tulsa 3:49.07 1998
Inemesit Usoroh, Tiffaney Williams, Caroline Avbovbede, Erin Simpson
4. Tulsa 3:49.98 2003
Chatney Noble, Monica Joannes, Paula Richardson, Jamese James
5. Tulsa 3:51.58 2001
Wendy McFarlane, Jamese James, Monica Joannes, Tiffaney Williams

HIGH JUMP

1. Lydia Chamberlin 5-8.0 2010
2. Jessica Lingor 5-7.0 2000
3. Brianna Steel 5-6.5 2008
4. Katy McGillen 5-3.0 2007
5. Megan Oberste 5-1.0 2006

LONG JUMP

1. Lydia Chamberlin 19-6.0 2010
2. Margaret Glover 19-4.0 2007
3. Sophia Rodriguez 18-10.0 2006
4. Margaret Glover 18-7.25 2005
5. Brie Pentaluna 18-4.25 2004

TRIPLE JUMP

1. Sophia Rodriguez	39-7.25	2005
2. Katie Haney	35-10.5	2001
3. Andrea McGillen	35-5	2003
4. Sheryl Briggs	32-5	1993

PENTATHLON

1. Brianna Steel	3,784	2011
2. Lydia Chamberlin	3,663	2010
3. Carolin Imhof	3,302	2010
4. Katy McGillen	2,872	2008
5. Katie Haney	2,814	2001

POLE VAULT

1. Caitlin Clancy	11-7.75	2007 & 2010
2. Andrea McGillen	10-8.25	2003
3. Suzanne Hogg-Smith	10-0.50	2004

SHOT PUT

1. Stephanie Jeffers	50-4.5	2006
2. Jennifer Swanson	43-1.75	1994
3. Kelsey Klein	40-9.5	2008
4. <i>Hartly Carlisle</i>	<i>40-09.00</i>	<i>2012</i>
5. Brianna Steel	37-10.50	2008

WEIGHT THROW

1. Stephanie Jeffers	55-5.75	2006
2. Kelsey Klein	54-10.75	2009
3. Morgan Bolom	43-07.00	2010
4. <i>Hartly Carlisle</i>	<i>41-08.00</i>	<i>2012</i>

Men's Indoor Track Records (Following 2012 Indoor Season)

55-METER DASH (no longer contested)

1. John Mosley	6.28	1998
2. Sedrick Lusk	6.32	1997
Trey Runnels	6.32	2000
4. Hassan Faggett	6.37	1998
5. Tim Gordon	6.44	1987

55-METER HURDLES (no longer contested)

1. Joal Stockton	7.82	1999
2. Branon Vaughan	7.97	2001
3. Jamal Bogle	8.00	2002

60-METER DASH

1. Cory Ray	6.80	2004
2. Trey Runnels	6.84	2000
3. John Mosley	6.85	1999
Sedrick Lusk	6.85	2000

60-METER HURDLES

1. DeVonne Harrison	8.07	2005
2. Jamal Bogle	8.27	2004
3. Rickey Wilson	8.35	2004
4. <i>Kolton Taylor</i>	8.46	2012
5. David Fitter	8.57	2010

200-METER DASH

1. Trey Runnels	21.50	2000
2. <i>Julian Frazier</i>	21.62	2012
3. <i>Justin Smith</i>	21.64	2012
4. Sedrick Lusk	21.72	1998
5. Josh Childs	21.82	2004

400-METER DASH

1. Derron Davis	47.18	2000
2. Clint Small	47.35	1999
3. <i>Julian Frazier</i>	47.36	2012
4. Attila Korosi	48.14	2009
5. Josh Childs	48.46	2004

600-YARD RUN

1. Clif Mitchell	1:12.29	2005
2. Greg Johnson	1:12.52	2001

3. Branon Vaughan	1:12.60	2003
4. Rodney Peterson	1:12.76	1996

800-METER RUN

1. Chris O'Hare	1:49.98	2012
2. Adam Ellison	1:50.36	1998
3. Justin Duncan	1:50.60	2010
4. Rodney Peterson	1:50.82	1997
5. Shawn McCullough	1:50.99	2001

1,000-METER RUN

1. Chris O'Hare	2:20.99	2012
2. Andrew Heyes	2:26.04	2012
3. Mark Davidson	2:26.81	2009
4. Sam Masters	2:27.56	2012
5. Justin Duncan	2:27.68	2010

MILE RUN

1. Chris O'Hare	3:56.48	2011
2. Mark Davidson	3:59.97	2009
3. Tom Marshall	4:00.74	2011
4. Justin Duncan	4:00.89	2010
5. Dwight Davis	4:01.00	2000

3,000-METER RUN

1. Edwin Henshaw	7:58.82	2007
2. Andrew Heyes	8:00.29	2012
3. Mark Davidson	8:03.81	2009
4. Sam Masters	8:06.53	2012
5. John Beattie	8:09.82	2010

5,000-METER RUN

1. John Beattie	13:53.80	2010
2. Paulo Pinheiro	14:11.79	2012
3. Andy Norman	14:14.94	2003
4. Carl Stones	14:23.42	2012
5. Sam Masters	14:27.13	2012

4x400-METER RELAY (1,600 Meters)

1. Tulsa	3:13.20	2012
<i>David Fitter, Justin Smith, Matt Davis, Julian Frazier</i>		
2. Tulsa	3:13.76	1998
Frankie Johnson, Clint Small, Adam Ellison, Rodney Peterson		
3. Tulsa	3:14.83	2012
<i>David Fitter, Justin Smith, Julian Frazier, Andrew Jameson</i>		
4. Tulsa	3:15.15	2000

- Branon Vaughan, Derron Davis, Shawn McCullough, Greg Johnson
 5. Tulsa 3:15.17 2010
 David Fitter, Justin Smith, Matt Davis, Julian Frazier

DISTANCE MEDLEY RELAY (1,200, 400, 800, 1,600)

1. Tulsa 9:37.95 1999
 Clint Small, Shawn McCullough, David Bohlen, Dwight Davis
 2. Tulsa 9:38.00 1966
 Ron Vick, Skip Greenig, Boyd George, Lloyd George
 3. Tulsa 9:42.24 1998
 Adam Ellison, Clint Small, Rodney Peterson, Dwight Davis
 4. Tulsa 9:48.07 2011
 Chris O'Hare, Brian Tabb, Justin Duncan, Carl Stones
 5. Tulsa 9:49.22 2010
 Justin Duncan, Alex Sementelli, Steven Morrow, Chris O'Hare

MILE RELAY (4x440 Yards) (no longer contested)

1. Tulsa 3:15.47 1998
 Frankie Johnson, Clint Small, Adam Ellison, Rodney Peterson
 2. Tulsa 3:17.32 1998
 Hassan Faggett, Clint Small, Adam Ellison, Rodney Peterson
 3. Tulsa 3:18.60 1985
 Tim Gordon, Ronnie Kelly, Greg Petty, Steve Hill
 4. Tulsa 3:18.66 1999
 5. Tulsa 3:21.38 1997
 Loren Kool, Rodney Peterson, Cornelius Mason, Adam Ellison

HEPTATHLON

1. Alex Sementelli 4,773 2011
 2. Thomas Stoltz 4,640 2007
 3. **Kolton Taylor 4,599 2012**
 4. Louis Dailey 4,136 2004
 5. Corey Pixley 3,658 2007

HIGH JUMP

1. Jason Krueger 6-10.75 2001
 2. Heston King 6-9 2002
 3. Morgan 6-8 1972
 4. Kyle McGillen 6-7 2007
 Cory Pixley 6-7 2007

LONG JUMP

1. Sedrick Lusk 24-11.25 2000
 2. Drane Scrivener 23-6 1971
 3. Kyle McGillen 22-10.50 2007
 4. Robert Nickels 22-8.50 2007

5. Thomas Stoltz	21-11.75	2008
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TRIPLE JUMP

1. Keven Guynn	49-10.5	1999
2. Drane Scrivener	46-10	1971
3. Kyle McGillen	45-3.75	2007
4. Robert Nickels	44-4.0	2006
5. Josh Childs	42-7	2002

POLE VAULT

1. Louis Dailey	14-1.25	2004
Derrick O'Keefe	14-1.25	2005
3. Seth Conaway	13-0	1998
4. Alex Sementelli	12-4.6	2011
5. Thomas Stoltz	12-3.50	2008

SHOT PUT

<i>1. Chase Sammons</i>	<i>51-03.50</i>	<i>2012</i>
2. Tim Nedow	50-3.50	2009
3. Ron Weigleb	48-6	1972
4. R. McGraw	48-4	1987
5. Jake Lyon	47-9	2000

WEIGHT THROW

<i>1. Chase Sammons</i>	<i>50-07.08</i>	<i>2012</i>
2. Corwin Dugan	42-11.75	2010
3. Tim Nedow	40-10.25	2009