



Indoor Track & Field

February 14, 2008

Contact: Eric Hollier
Phone: (504) 314-7219
ehollier@tulane.edu

This Week in Tulane Track and Field

Green Wave travels split squad to Tyson Invite, Iowa State

The Tulane university women's track and field teams will split up for the upcoming weekend, Feb. 15-16, between the Tyson Invitational in Fayetteville, Ark., and the Iowa State Classic in Ames, Iowa.

The Tyson Invite is held at the Randal Tyson Track Center, one of the fastest tracks in the country, on the campus of the University of Arkansas. Competing for the Green Wave will be All-American senior **Gloria Asumnu** in the 60-meter dash, senior **Shanon Beelendorf** in the 800-meter run, junior **Vanessa Kienast** and sophomore **Valencia Wilson** in the 400m and sophomore **Nicolette Taku** in the triple jump.

Live results of the Tyson Invite are available on the Internet at http://www.flashresults.com/2008_Meets/indoor/Tyson.

The Iowa State Classic is held at the Lied Recreation Facility on the campus of Iowa State University. Competing for the Wave will be freshman **Laurie Dalrymple** in the 3,000m, senior **Kerriann Langley** in the 3,000m non-seeded, senior **Andrea Rosemond** and sophomore **Jasmine Momoh** in both the 60m and 200m.

Live results of the Iowa State Classic are available on the Internet at http://www.cyclones.com/fls/10700/track_live/index.htm.

A recap and final results of both meets, as well as all Green Wave track and field news, interviews and results are available on the web at www.TulaneGreenWave.com.

NCAA Qualifiers Update

Asumnu, who was a 2007 All-American in the 60m, has obtained an automatic invitation to the NCAA Championship meet on March 14-15 in Fayetteville, Ark., and sports a season-best time of 7.25 in the event.

She has also turned in a provisional qualifying time of 23.90 in the 200m. After the automatic qualifiers are sorted out, the provisional qualifiers are invited based on the national descending lists.

2008 Indoor Track & Field Schedule

Date	Event	Site
Dec. 1	Arkansas State Kickoff Klassic	Jonesboro, Ark.
Jan. 12	Houston Indoor Opener	Houston, Texas
Jan. 19	Purple Tiger Classic	Baton Rouge, La.
Jan. 31	LSU Combined Events	Baton Rouge, La.
Feb. 1-2	Sykes-Sabock Challenge Cup	University Park, Pa.
Feb. 8-9	New Balance Collegiate Invitational	New York, N.Y.
Feb. 15-16	Tyson Invitational Iowa State Classic	Fayetteville, Ark. Ames, Iowa
Feb. 22	LSU Twilight	Baton Rouge, La.
Feb. 29-March 1	Conference USA Championship	Houston, Texas
March 8	Last Chance NCAA Qualifier	Ames, Iowa
March 14-15	NCAA Championships	Fayetteville, Ark.

C-USA Athlete of the Week

After a weekend in which she tied a track record, qualified for the NCAA Indoor Championships in two events and turned in the second best time in the nation in the 60-meter dash, Gloria Asumnu was named the Conference USA Track and Field Female Athlete of the Week for the week of Feb. 4-9.

A native of Houston, Asumnu won the 60m at the Sykes-Sabock Challenge Cup with a time of 7.26 that automatically qualified her for the NCAA Indoor Championships and tied a track record at the Horace Ashenfelter Multi-Sport Facility on the campus of Penn State University. Her 60m finals time of 7.26 also registered as the second-best time in the nation so far in the 2008 season.

On the second day of competition, Asumnu won the 200m with a season-best time of 23.90 that is tops in C-USA and a provisional qualifying mark for the NCAA Championships. She also ran the second leg for the 4x400-meter relay team that finished second with a season-best time of 3:42.80, and helped lead Tulane to a fifth place finish at the meet.



visit: www.TulaneGreenWave.com



NAME	EVENTS	HT	CL/EXP	HOMETOWN	HIGH SCHOOL (COLLEGE)
Asumnu, Gloria	Sprints	5-6	SR-4L	Houston, Texas	Alief Elsik
Beelendorf, Shanon	Sprints	5-5	SR-3L	Sterling, Ill.	Sterling
Brooks, Aieshia	Sprints	5-2	FR-HS	Lithia Springs, Ga.	Marietta
Bruns, Brooke	Sprints	5-6	FR-HS	Metairie, La.	St. Mary's Dominican
Bryan, Rachel	Distance	5-6	RS JR-2L	Elk Grove, Calif.	Laguna Creek
Bušljeta, Katarina	Throws	5-11	JR-2L	Zagreb, Croatia	Skola Primijenjene Unjetnosti (McNeese St.)
Carter, Brree	Jumps	5-6	FR-HS	Odessa, Texas	Odessa
Clarke, Cecelia	Distance	5-8	JR-2L	Dunmore, Pa.	Dunmore
Coady, Rebecca	Middle Distance	5-9	FR-HS	Annapolis Royal, Nova Scotia	Annapolis West Edmonton Center
Dalrymple, Laurie	Distance	5-5	FR-HS	Elmhurst, Ill.	York
Debowles, Zandria	Sprints/Jumps	5-8	FR-HS	Marietta, Ga.	Pope
Hampton, Whitney	Middle Distance	5-8	JR-2L	Lake Forest, Calif.	El Toro
Hornbeck, Caitlin	Middle Distance	5-8	FR-HS	Pensacola, Fla.	Booker T. Washington
Keplinger, Peggy	Pole Vault	5-4	FR-HS	Glen Ellyn, Ill.	Glenbard South
Kienast, Vanessa	Middle Distance	5-8	JR-2L	Houston, Texas	Westside
Kizzee, Olivia	Sprints	5-7	SO-1L	Houston, Texas	Hightower
Langley, Keriann	Distance	5-8	SR-3L	New Orleans, La.	Mount Carmel
Lobbins, Kyra	Sprints	5-4	JR-2L	Chicago, Ill.	Whitney Young (Eastern Illinois)
Minor, Arielle	Multi-Event	5-8	SO-1L	Hammond, La.	Hammond
Momoh, Jasmine	Sprints	5-8	RS SO-1L	Houston, Texas	Westside
Moon, Savannah	Distance	5-5	SR-3L	Fort Lauderdale, Fla.	St. Thomas Aquinas
Noel, Rebecca	Distance/Throws	5-6	RS SO	Nashville, Tenn.	University School (Vanderbilt)
Pelham, Shaina	Sprints	5-5	JR-1L	Orlando, Fla.	Edgewater
Phillips, Aubrey	Distance	5-4	SR-3L	Baton Rouge, La.	Woodlawn
Rosemond, Andrea	Sprints	5-1	SR-3L	Missouri City, Texas	Hightower
Ross, Taneekwa	Sprints	5-5	SR-3L	Midland, Texas	Midland
Taku, Nicolette	Multi-Event	5-10	SO-1L	Baton Rouge, La.	Baton Rouge Magnet
Wilson, Valencia	Sprints	5-7	RS SO-1L	Las Vegas, Nev.	Cheyenne

Head Coach: Heather Van Norman (LSU '94)

Assistant Coaches: Chris Neal (Eastern Kentucky '03)
Glenn Smith (Calgary '02)
Derek Mills (Georgia Tech '95)



2008 TOP PERFORMANCES BY ATHLETE

Gloria Asumnu	60m: 7.25 a.....	2/8/08 New Balance Collegiate Invite
	200m: 23.90 p.....	2/2/08 Sykes-Sabock Challenge Cup
	400m: 56.34.....	1/12/08 Houston Indoor Opener
	4x400 Relay: 3:42.80.....	2/2/08 Sykes-Sabock Challenge Cup
Shanon Beelendorf	800m: 2:15.49.....	2/2/08 Sykes-Sabock Challenge Cup
Aieshia Brooks	800m: 2:21.08.....	2/9/08 New Balance Collegiate Invite
Brooke Bruns	400m: 1:05.48.....	1/19/08 Purple Tiger Classic
Katarina Bušljeta	Shot Put: 12.11m (39-08.75).....	12/1/07 Arkansas State Kickoff Klassic
	Weight Throw: 13.15m (43-01.75).....	2/9/08 New Balance Collegiate Invite
Bree Carter	60m: 8.41.....	1/12/08 Houston Indoor Opener
	Long Jump: 5.51m (18-01.00).....	1/12/08 Houston Indoor Opener
Rebecca Coady	800m: 2:20.85.....	2/2/08 Sykes-Sabock Challenge Cup
	One Mile: 5:10.88.....	2/9/08 New Balance Collegiate Invite
Laurie Dalrymple	One Mile: 5:18.61.....	1/19/08 Purple Tiger Classic
	3,000m: 10:13.58.....	1/12/08 Houston Indoor Opener
	5,000m: 17:59.97.....	2/1/08 Sykes-Sabock Challenge Cup
Zandria Debowles	400m: 59.24.....	2/2/08 Sykes-Sabock Challenge Cup
	Long Jump: 5.08m (16-08.00).....	1/12/08 Houston Indoor Opener
	High Jump: 1.67m (5-05.75).....	1/19/08 Purple Tiger Classic
Caitlin Hornbeck	800m: 2:49.03.....	1/19/08 Purple Tiger Classic
	One Mile: 6:17.64.....	1/12/08 Houston Indoor Opener
Peggy Keplinger	Pole Vault: 3.05m (10-00.00).....	1/19/08 Purple Tiger Classic
Vanessa Kienast	400m: 58.65.....	2/2/08 Sykes-Sabock Challenge Cup
	800m: 2:20.45.....	2/9/08 New Balance Collegiate Invite
	4x400 Relay: 3:42.80.....	2/2/08 Sykes-Sabock Challenge Cup
Olivia Kizzee	60m: 7.86.....	2/1/08 Sykes-Sabock Challenge Cup
	200m: 25.32.....	2/9/08 New Balance Collegiate Invite
Keriann Langley	3,000m: 10:38.62.....	1/19/08 Purple Tiger Classic
	5,000m: 18:43.64.....	2/9/08 New Balance Collegiate Invite
Kyra Lobbins	200m: 25.74.....	2/2/08 Sykes-Sabock Challenge Cup
	400m: 59.00.....	2/8/08 New Balance Collegiate Invite
Arielle Minor	60m Hurdles: 9.72.....	1/31/08 LSU Combined Events
	High Jump: 1.58m (5-02.25).....	12/1/07 Arkansas State Kickoff Klassic
	Long Jump: 5.07m (16-07.50).....	1/31/08 LSU Combined Events
	Shot Put: 10.83m (35-06.50).....	1/31/08 LSU Combined Events
	Pentathlon: 3108 pts.	1/31/08 LSU Combined Events
	[9.72; 1.55m; 10.83m; 5.07m; 2:46.29]	
Jasmine Momoh	60m: 7.65.....	1/12/08 Houston Indoor Opener
	400m: 57.87.....	2/2/08 Sykes-Sabock Challenge Cup
Shaina Pelham	60m: 7.84.....	2/8/08 New Balance Collegiate Invite
	200m: 25.09.....	2/2/08 Sykes-Sabock Challenge Cup
	4x400 Relay: 3:42.80.....	2/2/08 Sykes-Sabock Challenge Cup
Aubrey Phillips	One Mile: 5:07.46.....	2/9/08 New Balance Collegiate Invite
	3,000m: 10:08.01.....	2/8/08 New Balance Collegiate Invite
	5,000m: 17:05.31*.....	2/1/08 Sykes-Sabock Challenge Cup
Andrea Rosemond	60m: 7.70.....	1/12/08 Houston Indoor Opener
Nicolette Taku	60m Hurdles: 9.44.....	1/19/08 Purple Tiger Classic
	Triple Jump: 12.23m (40-01.50).....	2/2/08 Sykes-Sabock Challenge Cup
	Long Jump: 5.32m (17-05.50).....	2/8/08 New Balance Collegiate Invite
Valencia Wilson	200m: 25.99.....	1/19/08 Purple Tiger Classic
	400m: 55.88.....	2/8/08 New Balance Collegiate Invite
	800m: 2:22.41.....	12/1/07 Arkansas State Kickoff Klassic
	4x400 Relay: 3:42.80.....	2/2/08 Sykes-Sabock Challenge Cup

a = automatic qualifying mark for NCAA Championships

p = provisional qualifying mark for NCAA Championships

* = school record



2008 TOP PERFORMANCES BY EVENT

only top time for each athlete listed

60-meter dash

Gloria Asumnu, 7.25	2/1/08
Jasmine Momoh, 7.65	1/12/08
Andrea Rosemond, 7.70	1/12/08
Shaina Pelham, 7.84	2/8/08

200-meter dash

Gloria Asumnu, 23.90	2/2/08
Shaina Pelham, 25.09	2/2/08
Olivia Kizzee, 25.32	2/9/08

400-meter dash

Valencia Wilson, 55.88	2/8/08
Gloria Asumnu, 56.04	1/12/08
Jasmine Momoh, 57.87	2/2/08
Vanessa Kienast, 56.84	2/2/08

800-meter run

Shanon Beelendorf, 2:15.59	2/2/08
Vanessa Kienast, 2:20.45	2/9/08
Rebecca Coady, 2:20.85	2/2/08
Aieshia Brooks, 2:21.08	2/9/08

One mile run

Aubrey Phillips, 5:07.46	2/9/08
Rebecca Coady, 5:10.88	2/9/08
Laurie Dalrymple, 5:18.61	1/19/08

3,000-meter run

Aubrey Phillips, 10:08.01	2/9/08
Laurie Dalrymple, 10:15.50	2/9/08

5,000-meter run

Aubrey Phillips, 17:05.31	2/2/08
Laurie Dalrymple, 17:59.97	2/2/08
Keriann Langley, 18:43.64	2/9/08

60-meter Hurdles

Nicolette Taku, 9.44	1/19/08
Arielle Minor, 9.72	1/31/08

4x400m Relay

Tulane 'A', 3:42.80	2/2/08
Pelham, Asumnu, Kienast, Wilson	

Distance Medley Relay

Tulane, 12:26.29	1/19/08
Coady, Kienast, Brooks, Phillips	

High Jump

Zandria Debowles, 1.67m (5-05.75)	1/19/08
Arielle Minor, 1.58 (5-02.25)	12/1/07

Pole Vault

Peggy Keplinger, 3.05m (10-00.00)	1/19/08
-----------------------------------	---------

Long Jump

Brree Carter, 5.51m (18-01.00)	1/12/08
Nicolette Taku, 5.32m (17-05.50)	2/9/08
Zandria Debowles, 5.08m (16-08.00)	1/12/08
Arielle Minor, 5.07m (16-07.50)	1/31/08

Triple Jump

Nicolette Taku, 12.23m (40-01.50)	2/2/08
-----------------------------------	--------

Shot Put

Katarina Bušljeta, 12.11m (39-08.75)	12/1/07
Arielle Minor, 10.83m (35-06.50)	1/31/08

Weight Throw

Katarina Bušljeta, 13.15m (43-01.75)	2/9/08
--------------------------------------	--------

Pentathlon

Arielle Minor, 3108 pts.	1/31/08
[9.72; 1.55; 10.83; 5.07; 2:46.29]	

2008 TEAM FINISHES

Arkansas State Kickoff.....	Non-Scoring
Houston Opener.....	4 th of 14
Purple Tiger Classic.....	Non-Scoring
LSU Combined Events.....	Non-Scoring
Sykes-Sabock Challenge.....	5 th of 13
New Balance Invite.....	22 nd of 46

Personal Records Falling Like Bricks

A total of ten personal records have fallen during the 2008 indoor track and field season. Freshman **Aieshia Brooks** set a PR in the 800m (2:21.08), Coady set a PR in the mile run (5:10.88) and Kienast in the 800m (2:20.85). Phillips has set three - the mile (5:07.46), 3,000m (10:08.01) and 5,000m (17:05.31).

Freshman **Arielle Minor** set four personal bests in one day Jan. 31 at the LSU Combined Events when she competed in the pentathlon. She set PR's in the 60m hurdles (9.72), long jump (5.07m), shot put (10.83m) and pentathlon (3108 pts.).

School Record Broken

Phillips shattered her own school record in the 5,000m on Feb. 2 at the Sykes-Sabock Challenge Cup by more than 34 seconds. She raised the standard by lowering her time from 17:39.90 to the new record of 17:05.31.

Green Wave Among Tops in C-USA

Tulane student-athletes have set several times and marks that are among the best in Conference USA this season.

Asumnu leads C-USA in the 60m at 7.25 and the 200m at 23.90, while Momoh and Rosemond place in the top 15 with times of 7.65 and 7.70, respectively.

Junior **Shaina Pelham** stands ninth in the 200m, while Wilson and Asumnu rank fourth and fifth, respectively in the 400m.

Beelendorf is 10th in the 800m, and Kienast and Coady also grace the top 20. Phillips leads C-USA with her school record in the 5,000m and Dalrymple ranks fifth and Langley is 11th.

The Wave runners also lead the conference 4x400 Relay with their season-best time of 3:42.80. Pelham, Asumnu, Kienast and Wilson make up that formidable group.

Freshman **Zandria Debowles** is in eighth place in C-USA in the high jump with a jump of 1.67m (5-05.75). Fellow freshman **Peggy Keplinger** ranks 10th in the pole vault, and frosh **Brree Carter** is 13th in the long jump.

Taku is in the top 10 at seventh in the triple jump. In 2007, Taku was a participant at the outdoor NCAA Mideast Regional in the triple jump.

Junior Katarina Bušljeta stands 15th in the shot put and 19th in the weight throw. Minor is sixth in the pentathlon, an event in which she set several personal bests in the individual events.

