

**Texas Tech Track and Field Indoor Invitational**  
**Meet Information**  
**Saturday (Jan. 24, 2009)**

**Fees**

\$300 per team per gender.

CASH OR CHECK ONLY-NO PURCHASE ORDERS

\$20 For Unattached athletes

UNATTACHED ATHLETES MUST PAY ONLINE!

Fees are based on INITIAL entries and are NON REFUNDABLE.

**Entry Submission**

Entries will be submitted on line at [www.directathletics.com](http://www.directathletics.com). You will need to create a username and password, if you do not already have one.

**PLEASE NOTE**: According to the NCAA Rulebook (Rules 3-3.2, 4-2.3) the intentional misreporting marks for entry purposes is now considered misconduct & could result in penalties from the NCAA. We are asking that you enter with **PROJECTED** marks you expect your athletes will be able to achieve this weekend. Heats & flights will be seeded at the discretion of the meet director.

**Entry Deadline**

Noon on Wednesday, January 21, 2009. There will be NO additions after this point. Only scratches will be allowed. Scratches can be made at the direct athletics website up to the deadline, and can be emailed to [diane.whooley@ttu.edu](mailto:diane.whooley@ttu.edu) after the deadline.

Please bring a receipt confirming your entries.

**Heat Sheets**

Heat Sheets will be emailed to all coaches and athletes submitting an email address when entering on direct athletics. The heat sheets will be sent ASAP. Coaches are urged to review the heat sheets and email corrections to [diane.whooley@ttu.edu](mailto:diane.whooley@ttu.edu).

**Spike Length**

Only ¼" pyramid or Christmas tree spikes will be allowed on the track surface. **NEEDLE SPIKES ARE NEVER ALLOWED!!** Our clerks will be checking spikes at the check in table and the starting line. Athletes attempting to run in illegal spikes **WILL** be disqualified. **You will be required to purchase spikes at the packet pick-up table if you do not have spikes of the appropriate length & type.**

**Implement Weigh In**

Approximately one hour prior to the start of the event.

**Opening Heights**

Will be available on the heat sheets under respective events.

**Awards**

A T-Shirt will be given to the WINNER of each event.

**Meet Schedule**

The schedule attached is tentative and may be revised at any time by the Texas Tech Track and Field staff.

# REVISED AS OF 1/7/2009 10:47 PM\*

New Changes are underlined

Time Schedule - Tentative -Will be updated

**Saturday, January 24, 2009**

## Field Events

10:00AM	Long Jump	Men
10:00AM	Long Jump	Women
10:00AM	Weight Throw	Men, Women to follow
12:00PM*	Shot Put	Women, Men to follow
	<b>*Or at the conclusion of the weight throw</b>	
12:00PM*	Triple Jump	Women, Men follow
	<b>*Or at the conclusion of the Long Jump</b>	
12:30PM	Pole Vault	Women, Men follow
2:00PM*	High Jump	Men – Women follow
	<b>*To be contested on the lower level sprint lanes unless the throws area is open</b>	

## Running Events

Running events will follow a ROLLING SCHEDULE

### **Lower Level:**

11:30AM:	55m Hurdles	Preliminary	Women
	55m Hurdles	Preliminary	Men
	55m Dash	Preliminary	Women
	55m Dash	Preliminary	Men
	55m Hurdles	Final	Women [2 heats of 8]*
	55m Hurdles	Final	Men [2 heats of 8]*
	55m Dash	Final	Women [2 heats of 8]*
	55m Dash	Final	Men [2 heats of 8]*

**\*top 8 collegians will be in the first heat**

### **Upper Level: ALL FINALS HEATS AGAINST TIME**

11:00 AM	5000m	<u>Women</u>
	5000m	<u>Men</u>
12:00PM:	4 x 800m	Women
	4 x 800m	Men
	Mile	Women
	Mile	Men
	400 meters	Women
	400 meters	Men
	600y	Women
	600y	Men
	800 meters	Women
	800 meters	Men
	1000m	Women
	1000m	Men
	200 meters	Women
	200 meters	Men
	3000 meters	Women
	3000 meters	Men
	4x400 meters	Women
	4x400 meters	Men

**Races on the lower and upper levels may run simultaneously**