

Texas Tech Track and Field Quad Meet
Meet Information
Friday, February 18, 2011

Entry Submission

Entries will be submitted on line at www.directathletics.com. You will need to create a username and password, if you do not already have one.

PLEASE NOTE: According to the NCAA Rulebook (Rules 3-3.2, 4-2.3) the intentional misreporting marks for entry purposes is now considered misconduct & could result in penalties from the NCAA. We are asking that you enter with **PROJECTED** marks you expect your athletes will be able to achieve this weekend. Heats & flights will be seeded at the discretion of the meet director.

Entry Deadline

Noon on **WEDNESDAY, FEBRUARY 16, 2011**. There will be NO additions after this point. Only scratches will be allowed. Scratches can be made at the direct athletics website up to the deadline, and can be emailed to diane.wholey@ttu.edu after the deadline. **PLEASE BRING A RECEIPT CONFIRMING YOUR ENTRIES**

Heat Sheets

Heat Sheets will be emailed to all coaches and athletes submitting an email address when entering on direct athletics. The heat sheets will be sent ASAP. Coaches are urged to review the heat sheets and email corrections to diane.wholey@ttu.edu.

Spike Length

The use of 1/4"/6mm pyramid spikes [M-F brand, not UCS 7mm or needle tipped pyramid spikes] will be strictly enforced. **Absolutely NO Christmas tree or Needle spikes allowed. This is a slight change from previous indoor meets.** Athletes will be required to provide their spikes for inspection to enter the facility (NE doors, lower level & in the clerk's area. Approved spikes will be tagged. **You may purchase spikes at the packet pick-up table if you do not have spikes of the appropriate length & type.**

Implement Weigh In

Approximately one hour prior to the start of the event.

Opening Heights

Will be available on the heat sheets under respective events.

Awards

A T-Shirt will be given to the WINNER of each event.

Meet Schedule

The schedule attached is tentative and may be revised at any time by the Texas Tech Track and Field staff.

REVISED AS OF 2/14/2011 2:31 PM*

Time Schedule - Tentative -Will be updated

Friday, February 18, 2011

6:00 PM Start of Day One – Heptathlon
60m Dash
Long Jump
Shot Put
High Jump

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10:00 AM Start of Day Two – Heptathlon
60m H
Pole Vault
1000m

Field Events

5:00 PM Long Jump Men
5:00 PM Long Jump Women
5:00 PM Weight Throw Men, Women to follow
7:00PM* Shot Put* **Men, Women to follow (both genders may be divided into A & B sections)**
***Or at the conclusion of the weight throw**
7:00PM** Triple Jump Women, Men follow
****Or at the conclusion of the Long Jump**
7:30PM Pole Vault Men, Women to follow
8:00PM*** High Jump Women, Men to follow
*****To be contested on the lower level sprint lanes**

Running events will follow a ROLLING SCHEDULE

Lower Level: ALL FINALS HEATS AGAINST TIME

5:00 PM: 55m Hurdles Women
55m Hurdles Men
55m Dash Women
55m Dash Men

Running Events

Upper Level: ALL FINALS HEATS AGAINST TIME

6:00 PM DMR Women
DMR Men
Mile Women
Mile Men
400 meters Women
400 meters Men
600 meters Women
600 meters Men
800 meters Women
800 meters Men
1000m Women
1000m Men
200 meters Women
200 meters Men
3000 meters Women
3000 meters Men
4x400 meters Women
4x400 meters Men



How to Submit Entries - Track & Field

STEP 1 - ACCESSING YOUR DIRECTATHLETICS ACCOUNT

Each coach must have a DirectAthletics username and password for his/her team. If you don't know your username and password, click [HERE](#). You will use the same account to enter all meets run through DirectAthletics.

****NOTE ABOUT MEN'S AND WOMEN'S ACCOUNTS: You control only one gender at a time, so you will complete the below steps for your Men, and then switch to your Women's team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:**

Sport: Track & Field **Team:** Guilford (M)

This indicates that you are controlling the Guilford MEN'S team (M=MEN). To switch to your Women's team, you would select "Guilford (W)".

STEP 2--SETTING UP YOUR ONLINE ROSTER

Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons or meets) you do not need to add him/her again.

- 1) Upon logging in, click the TEAM tab. (New users will automatically be in the TEAM module)
- 2) If you have used DirectAthletics before, you will see your existing athletes on your roster. New Users should click the green "Add Athletes" link.
- 3) Click the green "Add Athletes" link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).
- 4) Enter your athletes' First Name, Last Name, and School Year and click "Submit".
- 5) You may add, edit or delete athletes on your Team Roster at anytime by clicking the TEAM tab. To add athletes, click the green "Add Athletes" link at any time. To delete or edit athletes, check the box to the left of each athlete(s) and then click the red "Delete Selected" link or the blue "Edit Selected" link respectively.

STEP 3--SUBMITTING ONLINE MEET ENTRIES

Once your athletes are added to your roster, you must submit your entries.

- 1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to the meet you wish to enter.
- 2) If prompted, choose an entry method. We HIGHLY Recommend using the NEW, "Enter by Athlete" method.
- 3) Follow onscreen instructions for submitting your entries. You will see a running tally of your entries on the right side of your screen.
- 4) When you are finished with your entries, click the "Finish" link.
- 5) You will see a list of your current, submitted entries. Click the appropriate link to receive an EMAIL confirmation or a PRINTABLE confirmation.
- 6) To edit your existing entries, click the blue Edit Entries button next to the meet name on your Upcoming Meets or complete Schedule.