



# Champions Track & Field Camp June 13-16, 2001

Featuring Texas Tech Head Coach Wes Kittley and assistant coaches Diane Wholey, Chris Beene, Dave Smith, Cliff Felkins and Dion Miller

## Camp Goals

- Improve athlete's technique in individual events
- Athletes will learn event specific stretching and weight training
- Athletes will be tested for strengths and weaknesses for individual application
- Athletes will be advised on event selection
- Athletes will be inspired to reach their potential
- Athletes will learn drills specific to their event

## What to Bring

### All Campers

- money for snacks, Texas Tech t-shirts, etc.
- track attire, warm-up suit and swimsuit

### Resident Campers

- twin long sheets and blankets
- pillows and towels
- personal toiletries
- casual attire for the evening

## BASIC INFORMATION

### REGISTRATION

Commuter/Resident Campers - Athletes will register at 1 p.m. on the first day of the session. Registration will be held at the University Plaza located at 1001 University Ave. Campers will be released at Noon on the last day and commuters will be released at 9 p.m. each evening. Commuters will also need to be at the University Plaza the following days at 8 a.m. Meals will be provided for commuter campers and resident campers are provided room and board.

### COST

\$295 for residents  
\$225 for commuters

### DEPOSIT

\$100 for commuter/resident. The deposit is non-refundable and must be sent by June 1, 2001. Must send application with deposit.

### HOUSING AND FOOD

Resident campers will be housed at the University Plaza across from the Texas Tech campus. It is an air-conditioned dormitory and each floor will be supervised by camp coaches. There is a lost key fine required by the University Plaza.

Linens will not be provided for resident campers. All meals will be provided for resident campers, and commuter campers will be served lunch and dinner. Commuter campers will be responsible for their own housing, transportation and breakfast needs.

For more information, call Texas Tech head coach Wes Kittley at (806) 742-3355, ext. 227 or assistant coach Chris Beene at ext. 249.

[www.texastech.com](http://www.texastech.com)

# Track & Field Camp Application

Fill out and mail your deposit to:  
Red Raider Champions Camp  
Box 43021  
Lubbock, TX 79409  
(806) 742-0365

## Check Session Preference

\_\_\_\_\_ RESIDENT  
\_\_\_\_\_ COMMUTER

## Deposit Required

\$100  
\$100

**PLEASE MAKE CHECKS PAYABLE TO:  
RED RAIDER CHAMPIONS CAMP**

Circle T-Shirt Size  
S M L XL (adult sizes)

Camper's Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_ Parents: \_\_\_\_\_

Camper's e-mail address: \_\_\_\_\_

School Attending: \_\_\_\_\_ 00-01 Classification: \_\_\_\_\_ Age: \_\_\_\_\_

Rank in preference the events in which you would like to participate at camp:

\_\_\_\_ Sprints \_\_\_\_ Hurdles \_\_\_\_ Distance \_\_\_\_ LJ/TJ \_\_\_\_ HJ \_\_\_\_ Shot/Discus

*Please attach any important health information.* The camp maintains the highest safety standards. MEDICAL RELEASE: I hereby consent to emergency medical or hospital service rendered to my child by appointed physicians or at accredited hospitals, in the event of such need as determined by the camp director.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_



**Red Raider  
Champions Camp  
June 13-16, 2001  
For Boys & Girls ages 12 & Up**

Red Raider Champions Camp  
Box 43021  
Lubbock, TX 79409

## **RED RAIDER CHAMPIONS & ELITE POLE VAULT CAMPS**

### **BASIC INFORMATION**

#### **DATES**

CHAMPIONS CAMP (JULY 6<sup>TH</sup> - 8<sup>TH</sup>)  
ELITE CAMP (JULY 20<sup>TH</sup> - 22<sup>ND</sup>)

#### **GENERAL INFORMATION**

THE CHAMPIONS CAMP IS FOR ALL BOYS AND GIRLS FROM 7<sup>TH</sup> GRADE AND UP. THE GOAL OF THIS CAMP IS TO TEACH EACH CAMPER THE BASIC FUNDAMENTALS OF THE POLE VAULT. THIS CAMP IS FOR ALL LEVELS OF VAULTERS. FROM THE BEGINNER TO THE ADVANCED, YOU WILL LEARN WHAT IT TAKES TO BE A BETTER VAULTER.

THE ELITE CAMP IS FOR ALL BOYS WHO HAVE JUMPED AT LEAST 11' AND GIRLS WHO HAVE JUMPED AT LEAST 8'. THIS WILL BE A MORE IN DEPTH LOOK AT THE VAULT. THERE WILL BE LECTURES ON TRAINING, VIDEO BREAKDOWN OF THE ATHLETE'S JUMPS, MORE ONE ON ONE TRAINING, ETC. IF YOU ARE LOOKING TO TAKE YOUR VAULT TO A HIGHER LEVEL, THEN THIS IS THE CAMP YOU CANNOT MISS!

#### **REGISTRATION**

COMMUTER/RESIDENT CAMPERS - ATHLETES WILL REGISTER AT 1:00 P.M. ON THE FIRST DAY OF CAMP. REGISTRATION WILL BE HELD AT THE UNIVERSITY PLAZA APARTMENT COMPLEX LOCATED AT 1001 UNIVERSITY AVE. CAMPERS WILL BE RELEASED AT 1:00 P.M. ON THE LAST DAY OF THE CAMP. COMMUTERS NEED TO BE DROPPED OFF AT THE UNIVERSITY PLAZA ON DAY 2 BY 9:00 AM AND WILL BE RELEASED ON DAY 2 AT 9:00 P.M.. THERE WILL BE A DETAILED ITINERARY AVAILABLE WITH FURTHER INFORMATION AT REGISTRATION. MEALS WILL BE PROVIDED FOR COMMUTER CAMPERS AND RESIDENT CAMPERS ARE PROVIDED ROOM AND BOARD.

#### **COST**

\$200 FOR COMMUTERS  
\$250 FOR RESIDENTS

#### **DEPOSIT**

\$100 FOR COMMUTERS AND RESIDENTS  
\*PLEASE SEND APPLICATION BACK WITH DEPOSIT

#### **HOUSING AND FOOD**

RESIDENT CAMPERS WILL BE HOUSED AT THE UNIVERSITY PLAZA ACROSS FROM THE TEXAS TECH CAMPUS. IT IS AN AIR-CONDITIONED DORMITORY. EVERY FLOOR WILL BE SUPERVISED BY CAMP COACHES. THERE IS A LOST KEY FINE REQUIRED BY THE UNIVERSITY PLAZA. LINENS WILL **NOT** BE PROVIDED FOR THE RESIDENT CAMPERS. ALL MEALS WILL BE PROVIDED FOR RESIDENT CAMPERS AND COMMUTER CAMPERS WILL BE SERVED LUNCH AND DINNER (NO BREAKFAST). COMMUTER CAMPERS ARE RESPONSIBLE FOR THEIR OWN HOUSING, TRANSPORTATION, AND BREAKFAST NEEDS.

#### **FACILITIES**

WE WILL USE THE R. P. FULLER STADIUM (TEXAS TECH'S TRACK). IT IS LOCATED SOUTH OF THE BASEBALL STADIUM. WE WILL HAVE 2 TO 3 POLE VAULT PITS SET UP, DEPENDING ON NUMBER OF CAMPERS. EACH PIT WILL HAVE AT LEAST 2 COACHES WORKING WITH THE ATHLETE.

#### **WHAT CAMPERS NEED TO BRING TO CAMP**

1. MONEY FOR SNACKS, FUN ACTIVITIES, ETC.
2. POLE VAULT POLES (IF YOU HAVE YOUR OWN, BRING THEM. IF YOU DO NOT, WE HAVE SOME POLES AVAILABLE).
3. TRACK ATTIRE (SPIKES, WARM-UPS, SHORTS, ETC.).
4. SWIMSUIT FOR UNDERWATER VAULTING.
5. RESIDENTS MUST BRING TWIN LONG SHEETS AND BLANKETS, PILLOWS, TOWELS, PERSONAL TOILETRIES, AND CASUAL EVENING ATTIRE.

**FOR MORE INFORMATION: CONTACT COACH CHRIS BEENE AT (806) 742-3355 EXT. 249**

**CAMP APPLICATION (PLEASE PRINT CLEARLY)**

**FILL OUT AND MAIL YOUR DEPOSIT TO:**

Red Raider Pole Vault Camp  
P. O. Box 43021  
Lubbock, TX 79409-3021  
(806)742-0365 Fax number  
(806)742-3355 ext. 249

**CHECK SESSION PREFERENCE**

\_\_\_\_\_ Resident  
\_\_\_\_\_ Commuter

**DEPOSIT REQUIRED**

\$100  
\$100

**Make check payable to:**

Chris Beene's Pole Vault Camp

**Check the camp you will be attending:**

- \_\_\_\_\_ Champions camp (all levels, 7<sup>th</sup> grade and up) July 6<sup>th</sup> - 8<sup>th</sup>
- \_\_\_\_\_ Elite camp (Boys jumping at least 11' and girls jumping at least 8') July 20<sup>th</sup> - 22<sup>nd</sup>

**General Information:**

Campers Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Personal best in the pole vault: \_\_\_\_\_ Roommate preference: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Emergency number: \_\_\_\_\_ Parents: \_\_\_\_\_

School attending: \_\_\_\_\_ 7<sup>th</sup> 8<sup>th</sup> Fr Soph Jr Sr (circle one)

Age: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Please attach any important health information. The camp maintains the highest safety standards. However, we are required to have a medical release for our camp. Medical

Release: I hereby consent to emergency medical or hospital service rendered to my child by appointed physicians or at accredited hospitals, in the event of such need a determined by the Camp Director.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Note: Walk-up campers are allowed, but the cost will be \$35.00 more per camper. You must request, in writing, by June 21<sup>st</sup> to get a refund on your deposit. No deposits will be returned after June 21<sup>st</sup>. Texas Tech employees will receive a 50% discount on prices listed above for their children or grandchildren. Please make a note on your application if you are a Texas Tech employee.