

POLICY # & TITLE: **410.01 Protective Equipment**

APPROVED BY:

REVIEW/REVISION DATE:

POLICY:

Athletics personnel should be familiar with:

- I. What equipment is mandatory,
- II. What equipment is illegal,
- III. How to wear mandatory equipment during competition and practice,
and
- IV. When to notify coaching staff that equipment has become illegal.

POLICY # & TITLE: **410.02 Eye Safety**

APPROVED BY:

REVIEW/REVISION DATE:

POLICY:

Approved-material protective eyewear should be considered for all sports that have a projectile object whose size and/or speed could potentially cause ocular damage.

POLICY # & TITLE: **410.03 Eye Shield Exception Procedure**

APPROVED BY:

REVIEW/REVISION DATE:

POLICY:

See the NCAA Sports Medicine Handbook 2004-05 Guideline 4C for procedures.

POLICY # & TITLE: **410.04 Mouth Guards**

APPROVED BY:

REVIEW/REVISION DATE:

POLICY:

I. Education. Coaches, student-athletes, and personnel should be educated regarding the protective functions of mouth guards.

II. Determination of Use. The student-athlete's medical history and the demands of his/her specific position and sporting activities should be considered when determining how and if a mouth guard should be used.

III. Game rules concerning mouth guard use should be enforced.

IV. Fitting. Medical staff personnel should monitor the proper fitting of mouth guards.

POLICY # & TITLE: **410.05 Use of the Head as a Weapon**

APPROVED BY:

REVIEW/REVISION DATE:

POLICY:

The use of the helmet as an injury-inflicting instrument is highly dangerous and illegal and should be strongly discouraged by coaches and game officials, in compliance with accepted safety standards and playing rules.

POLICY # & TITLE: **410.06 Removal of the Helmet**

APPROVED BY:

REVIEW/REVISION DATE:

POLICY:

I. Exceptions. The helmet should never be removed during the pre-hospital care of the student-athlete with potential head and neck injury, unless:

- A. Immobilization of the helmet does not immobilize the head,
- B. The airway cannot be controlled or ventilation provided after the removal of the facemask,
- C. The facemask cannot be removed after a reasonable amount of time, or
- D. The helmet prevents appropriate immobilization for transport.

II. Qualified Personnel. Removal should only be performed by personnel specifically trained in the procedure.

POLICY # & TITLE: **410.07 Trampoline and Minitramp**

APPROVED BY:

REVIEW/REVISION DATE:

POLICY:

I. Supervision. Trampolines and minitramps should be supervised by persons possessing competence in the use of these apparatuses for the development of athletic skills.

II. Assembly. Equipment should be erected according to manufacturer's instructions.

III. Inspection and Maintenance. Equipment should be inspected and maintained regularly and in accordance with established standards. Complete inspection reports should be kept on file.

POLICY # & TITLE: **410.08 General Maintenance of Equipment**

APPROVED BY:

REVIEW/REVISION DATE:

POLICY:

Proper disinfection of all equipment is to be done on a daily or weekly basis depending on usage.