

Texas Tech University Department of Athletic Training  
Sports Medicine Policy Handbook 2005

**Administrative Issues**

- 110.01 Sports Medicine Administration
- 110.02 Medical Evaluations, Immunizations, and Records
- 110.03 Emergency Care and Coverage
- 110.04 Inclement Weather Safety
- 110.05 Catastrophic Incident in Athletics
- 110.06 Dispensing Prescription Medication
- 110.07 Nontherapeutic Drugs
- 110.08 Diagnosis, Treatments, and Referrals

**Medical Issue**

- 210.01 Medical Disqualification
- 210.02 Cold Stress
- 210.03 Prevention of Heat Illness
- 210.04 Weight Loss—Dehydration
- 210.05 Assessment of Body Composition
- 210.06 Nutrition and Athletic Performance
- 210.07 Dietary Supplements and Banned Substances
- 210.08 “Burners” or Brachial Plexus Injuries
- 210.09 Concussion or Mild Traumatic Brain Injury (mTBI)
- 210.10 Skin Infections in Wrestling
- 210.11 Menstrual-Cycle Dysfunction
- 210.12 Blood-Borne Pathogens
- 210.13 Local Anesthetics and Corticosteroids

**Special Populations**

- 310.01 Participation by the Student-Athlete with Impairment
- 310.02 Participation by the Pregnant Student-Athlete
- 310.03 Sickle Cell Trait

**Equipment**

- 410.01 Protective Equipment
- 410.02 Eye Safety
- 410.03 Eye Shield Exception Procedure
- 410.04 Mouth Guards
- 410.05 Use of the Head as a Weapon
- 410.06 Removal of the Helmet
- 410.07 Trampoline and Minitramp
- 410.08 Equipment Cleaning