

The University of Texas at Austin

# STUDENT-ATHLETE CAREER PLANNING



## FRESHMAN YEAR:

- Attend Student-Athlete Orientation to receive an "Introduction to Career Planning Resources" (FALL)
- Take the "MBTI® (<http://www.humanmetrics.com/cgi-win/jtypes2.asp>)" or RIASEC (FALL)
- Begin resume building with your mentor during study hall. Print one copy for your counselor and one copy for the Resume Notebook (FALL)
- Attend "Advising Night" as scheduled by Student Services (FALL)
- Participate in a community service project. Begin documenting hours and experiences (SPRING)
- Explore "Wayfinder" ([www.utexas.edu/ugs/wayfinder](http://www.utexas.edu/ugs/wayfinder)) and print out information for at least two majors. Print and complete *How Do I Weigh My Major Options* worksheet (SPRING)

## SOPHOMORE YEAR:

- Participate in a community service project. Document hours and experience (FALL/SPRING)
- Meet with your academic counselor to update resume (FALL)
- Conduct informational interview with an employer or investigate an internship (FALL/SPRING)
- Attend "Advising Night" as scheduled by Student Services (FALL)
- Visit the Sanger Learning and Career Center (<http://lifelearning.utexas.edu>)
- Speak with advisor in current college or prospective college about potential majors (FALL/SPRING)
- Declare your academic major (SPRING)

## JUNIOR YEAR:

- Participate in a community service project. Document hours and experience (FALL/SPRING)
- Meet with your academic counselor to update resume (FALL)
- Register with the career center in your appropriate college (FALL/SPRING)
- Join a professional student organization (optional)
- Attend at least one career workshop (FALL/SPRING)
- Attend Career Fair sponsored by your college (FALL/SPRING)
- Complete the application process for a prospective internship or shadow a professional in your field of interest (FALL/SPRING)

## SENIOR YEAR:

- Participate in a community service project. Document hours and experience (FALL/SPRING)
- Meet with the Career Resource Director to discuss resume (FALL)
- Begin graduate school planning, including application, letters of recommendation (FALL)
- Attend at least two career workshops in the Academic Center (FALL or SPRING)
- Attend college sponsored Career Fair (FALL or SPRING)
- Schedule "mock interview" with the Career Resource Director (SPRING)
- Be able to identify at least 5 prospective employment opportunities to discuss with the Career Resource Director (SPRING)
- Begin application for prospective employment (SPRING)