

## 2009 TENNESSEE LADY VOL CROSS COUNTRY INDIVIDUAL RESULTS

*Overall Record: 70-19; Record vs. SEC Opponents: 17-6*

NAME OF MEET/ DATE	Belmont-VU Opener Sept. 5	Crimson Classic Sept. 18	Brooks Paul Short Run Oct. 2	Panorama Farms Invitational Oct. 16	SEC Champs. Oct. 31	NCAA South Regional Nov. 14	NCAA Champs. Nov. 23
DISTANCE	4K	5K	6K	6K	6K	6K	6K
<b>UT TEAM FINISH</b>	5th of 9	3rd of 15	9th of 40	3rd of 6	2nd of 12	3rd of 23	N/A
<b># OF RUNNERS</b>	85	116	363	69	101	170	254
<b>SPREAD (1-5)</b>	2:12.07	2:01.00	3:12.00	50.79	1:27.44	1:36.05	N/A
<b>ELIZABETH ALTIZER</b> <i>So., Bartlett, Tenn.</i>	16:16.25 49th/5th	----	24:05 325th/7th	25:21.52 67th/9th	----	----	----
<b>JACKIE ARESON</b> <i>Sr., Delray Beach, Fla.</i>	14:04.18! 1st/1st	17:42.20! 4th/1st	20:02! 3rd/1st	20:53.50 9th/1st	21:12.13 3rd/1st	20:20.06 3rd/1st	2152.8 177th
<b>ALLY COLVIN</b> <i>So., Maryville, Tenn.</i>	----	----	----	----	----	----	----
<b>ANDREA FERRI</b> <i>R-Fr., Falls Church, Va.</i>	----	----	----	----	----	----	----
<b>RAMZEE FONDREN</b> <i>R-Fr., Detroit, Mich.</i>	16:45.71! 62nd/6th	----	23:14! 269th/5th	24:32.72 61st/8th	24:42.04 83rd/8th	----	----
<b>CHARITY HONEYCUTT</b> <i>So., Burnsville, N.C.</i>	----	----	----	----	----	----	----
<b>KELSEY KANE</b> <i>R-Fr., Knoxville, Tenn.</i>	16:52.92! 66th/7th	----	----	----	----	----	----
<b>CHELSEA KNOTTS</b> <i>R-Fr., Ripley, W.Va.</i>	17:18.01! 71st/8th	----	----	----	----	----	----
<b>MICHELE LEVY</b> <i>Sr., Rockville, Md.</i>	15:24.47! 29th/3rd	19:06.30! 30th/4th	22:22! 154th/4th	23:06.50 46th/6th	23:10.74 46th/6th	21:59.72! 54th/6th	----
<b>JENÁ MURPHY</b> <i>Sr., Memphis, Tenn.</i>	----	----	----	----	----	----	----
<b>CHANELLE PRICE</b> <i>So., Easton, Pa.</i>	----	----	----	21:37.12! 17th/4th	22:14.42 18th/4th	21:32.27! 32nd/4th	----
<b>BRITTANY SHEFFEY</b> <i>Jr., Bellport, N.Y.</i>	15:02.12! 19th/2nd	17:44.10 5th/2nd	20:39! 14th/2nd	21:31.17 16th/3rd	21:49.62 12th/2nd	20:59.93 20th/3rd	----
<b>ELIZABETH TILLER</b> <i>So., Tuscaloosa, Ala.</i>	15:59.86! 42nd/4th	19:43.20! 46th/5th	23:35! 299th/6th	23:54.73 57th/7th	24:20.56 78th/7th	23:13.99! 104th/7th	----
<b>KATIE VAN HORN</b> <i>Sr., Glendora, N.J.</i>	----	18:02.90! 9th/3rd	20:50 18th/3rd	21:21.35 14th/2nd	21:50.75 13th/3rd	20:34.69! 10th/2nd	22:06.0 202nd
<b>KIM WHITE</b> <i>Jr., Memphis, Tenn.</i>	18:51.43! 83rd/9th	----	----	----	----	----	----
<b>PHOEBE WRIGHT</b> <i>Sr., Signal Mountain, Tenn.</i>	----	----	----	21:44.29 18th/5th	22:39.57 34th/5th	21:56.11 46th/5th	----

*Individual finishes reflect overall/team places; ! – Denotes career-best time at that distance \* – Ran in JV race*

# 2009 LADY VOL MEET-BY-MEET RESULTS

## BELMONT-VU OPENER – 4K 5:30 p.m. CT \* Sept. 4 \* Nashville, Tenn.

### Team Standings (9 teams)

1. Vanderbilt.....	42
2. Alabama.....	57
3. UAB.....	109
4. Middle Tennessee St.....	124
5. Tennessee.....	<b>129</b>
6. Belmont.....	142
7. Murray St.....	164
8. Lipscomb.....	170
9. UT Martin.....	271

### Individuals (85 runners)

1. Jackie Areson, Tennessee.....	14:04.18
2. Zamzam Sangau, Middle Tenn. St.....	14:17.00
3. Kelsey Johnson, Alabama.....	14:25.61
4. Kristabel Doebel-Hickok, Vanderbilt.....	14:34.20
5. Rhiannon Johns, UAB.....	14:37.01
6. Allie Scalf, Vanderbilt.....	14:39.82
7. Haley Moody, Alabama.....	14:43.66
8. Rita Jorgensen, Vanderbilt.....	14:45.94
9. Katlyn Will, Alabama.....	14:46.56
10. Brittany Thune, Belmont.....	14:47.32
19. Brittany Sheffey, Tennessee.....	15:02.12
29. Michele Levy, Tennessee.....	15:24.47
42. Elizabeth Tiller, Tennessee.....	15:59.86
49. Elizabeth Altizer, Tennessee.....	16:16.25
62. Ramzee Fondren, Tennessee.....	16:45.71
66. Kelsey Kane, Tennessee.....	16:52.92
71. Chelsea Knotts, Tennessee.....	17:18.01
83. Kim White, Tennessee.....	18:51.43

## CRIMSON CLASSIC – 5K 5:00 p.m. CT \* Sept. 18 \* Tuscaloosa, Ala.

### Team Standings (15 teams)

1. Alabama.....	43
2. Auburn.....	75
3. Tennessee.....	<b>88</b>
4. Georgia Tech.....	115
5. Samford.....	137
6. Chattanooga.....	153
7. Kennesaw St.....	164
8. LSU.....	167
9. Belmont.....	254
10. Alabama St.....	259
11. Jackson St.....	297
12. North Alabama.....	360
13. Huntingdon.....	374
14. Alabama A&M.....	389
15. Stillman.....	418

### Individuals (116 runners)

1. MacKenzie Howe, Kennesaw St.....	17:13.40
2. Holly Knight, Auburn.....	17:16.90
3. Kelsey Johnson, Alabama.....	17:37.00
4. Jackie Areson, Tennessee.....	17:42.20
5. Brittany Sheffey, Tennessee.....	17:44.10
6. Haley Moody, Alabama.....	17:48.50
7. Katlyn Will, Alabama.....	17:49.00
8. Laurel Pritchard, Auburn.....	17:58.10
9. Katie Van Horn, Tennessee.....	18:02.90
10. Stephanie Barnes, Auburn.....	18:04.70
30. Michele Levy, Tennessee.....	19:06.30
46. Elizabeth Tiller, Tennessee.....	19:43.20

## BROOKS PAUL SHORT RUN – 6K 11:45 a.m. ET \* Oct. 2 \* Bethlehem, Pa.

### Team Standings (40 teams)

1. #4 West Virginia.....	105
2. Guelph.....	127
3. Indiana.....	143
4. North Carolina St.....	153
5. Cornell.....	183
6. Wake Forest.....	313
7. Penn.....	321
8. James Madison.....	353
9. Tennessee.....	<b>414</b>
10. Richmond.....	422
11. Iona.....	432
12. Navy.....	450
13. Bucknell.....	465
14. LaSalle.....	478
15. Johns Hopkins.....	502
16. Quinnipiac.....	503
17. Vermont.....	516
18. Dartmouth.....	518
19. New Hampshire.....	529
20. Duquesne.....	555
21. St. Lawrence.....	572
22. Marist.....	577
23. Shippensburg.....	581
24. Appalachian St.....	607
25. George Washington.....	707
26. Colgate.....	708
27. St. Joseph.....	709

28. South Florida.....	713
29. Delaware.....	737
30. Lehigh.....	750
31. Army.....	751
32. VMI.....	814
33. Towson.....	844
34. Maryland.....	854
35. Lafayette.....	875
36. Massachusetts.....	879
37. Coastal Carolina.....	909
38. Loyola.....	924
39. Coll. of New Jersey.....	941
40. Adelphi.....	1087

### Individuals (363 runners)

1. Neely Spence, Shippensburg.....	19:58
2. Lindsay Carson, Guelph.....	20:00
3. Jackie Areson, Tennessee.....	<b>20:02</b>
4. Wendi Robinson, Indiana.....	20:04
5. Megan Hogan, George Washington.....	20:05
6. Emily Pritt, North Carolina St.....	20:07
7. Brittany Tinsley, North Carolina St.....	20:08
8. Anna Nosenko, Wake Forest.....	20:12
9. Dina Nosenko, Wake Forest.....	20:21
10. Jessica O'Connell, West Virginia.....	20:24
14. Brittany Sheffey, Tennessee.....	<b>20:39</b>
18. Katie Van Horn, Tennessee.....	<b>20:50</b>
154. Michele Levy, Tennessee.....	22:22
269. Ramzee Fondren, Tennessee.....	23:14
299. Elizabeth Tiller, Tennessee.....	23:35
325. Elizabeth Altizer, Tennessee.....	24:05

## PANORAMA FARMS INVITATIONAL – 6K 4 p.m. ET \* Oct. 16 \* Charlottesville, Va.

### Team Standings (6 teams)

1. #2 Villanova.....	17
2. #10 Virginia.....	52
3. Tennessee.....	<b>69</b>
4. Texas A&M.....	117
5. Maryland.....	126
6. Richmond.....	157

### Individuals (69 runners)

1. Sheila Reid, Villanova.....	20:13.43
2. Nicole Shappert, Villanova.....	20:15.86
3. Amanda Marino, Villanova.....	20:18.88
4. Bogdana Mimic, Villanova.....	20:19.96
5. Catherine White, Virginia.....	20:28.27
6. Morgane Gay, Virginia.....	20:37.16
7. Kaitlyn Tallman, Villanova.....	20:40.87
8. Sarah Bowman, unattached.....	20:46.08
9. Jackie Areson, Tennessee.....	<b>20:53.50</b>
10. Ali Smith, Villanova.....	21:00.40
14. Katie Van Horn, Tennessee.....	<b>21:21.35</b>
16. Brittany Sheffey, Tennessee.....	<b>21:31.17</b>
17. Chanelle Price, Tennessee.....	<b>21:37.12</b>
18. Phoebe Wright, Tennessee.....	<b>21:44.29</b>
46. Michele Levy, Tennessee.....	23:06.50
57. Elizabeth Tiller, Tennessee.....	23:54.73
61. Ramzee Fondren, Tennessee.....	24:32.72
67. Elizabeth Altizer, Tennessee.....	25:21.52

## SEC CHAMPIONSHIPS – 6K 11 a.m. CT \* Oct. 31 \* Oxford, Miss.

### Team Standings (12 teams)

1. #5 Florida.....	24
2. Tennessee.....	<b>80</b>
3. #29 Arkansas.....	87
4. Georgia.....	118
5. Alabama.....	141
6. Vanderbilt.....	142
7. Auburn.....	151
8. Kentucky.....	175
9. South Carolina.....	246
10. Mississippi State.....	276
11. LSU.....	335
12. Ole Miss.....	338

### Individuals (101 runners)

1. Rebecca Lowe, Florida.....	20:57.35
2. Charlotte Browning, Florida.....	21:02.48
3. Jackie Areson, Tennessee.....	<b>21:12.13</b>
4. Kristie Krueger, Georgia.....	21:17.80
5. Stacey Johnson, Florida.....	21:18.79
6. Hollie Knight, Auburn.....	21:26.58
7. Genevieve LaCaze, Florida.....	21:33.25
8. Stephanie Barnes, Auburn.....	21:34.30
9. Julie Northrup, Florida.....	21:36.55
10. Miranda Walker, Arkansas.....	21:41.07
12. Brittany Sheffey, Tennessee.....	<b>21:49.62</b>
13. Katie Van Horn, Tennessee.....	<b>21:50.75</b>
14. Chanelle Price, Tennessee.....	<b>22:14.42</b>
34. Phoebe Wright, Tennessee.....	<b>22:39.57</b>
46. Michele Levy, Tennessee.....	23:10.74
78. Elizabeth Tiller, Tennessee.....	24:20.56
83. Ramzee Fondren, Tennessee.....	24:42.04

## NCAA SOUTH REGIONAL – 6K 11:15 a.m. CT \* Nov. 14 \* Tuscaloosa, Ala.

### Team Standings (23 teams)

1. #3 Florida.....	33
2. #9 Florida State.....	54
3. #29 Tennessee.....	<b>102</b>
4. Georgia.....	114
5. Vanderbilt.....	164
6. Auburn.....	197
7. Alabama.....	208
8. UAB.....	297
9. Jacksonville.....	311
10. Georgia Tech.....	323
11. North Florida.....	335
12. South Florida.....	337
13. Mississippi State.....	340
14. Belmont.....	359
15. Samford.....	367
16. Chattanooga.....	415
17. Georgia State.....	439
18. Southern Miss.....	457
19. Lipscomb.....	487
20. Miami.....	543
21. Ole Miss.....	577
22. Troy.....	586
23. Jacksonville State.....	637

### Individuals (170 runners)

1. Rebecca Lowe, Florida.....	20:03.29
2. Charlotte Browning, Florida.....	20:12.49
3. Jackie Areson, Tennessee.....	<b>20:20.06</b>
4. Stacey Johnson, Florida.....	20:28.21
5. Zamzam Sangau, Middle Tenn. St.....	20:30.22
6. Pilar McShine, Florida St.....	20:31.15
7. Pasca Cheruyot, Florida St.....	20:31.28
8. Kristie Krueger, Georgia.....	20:32.88
9. Janet Blancett, Georgia State.....	20:33.42
10. Katie Van Horn, Tennessee.....	<b>20:34.69</b>
20. Brittany Sheffey, Tennessee.....	<b>20:59.93</b>
32. Chanelle Price, Tennessee.....	<b>21:32.27</b>
46. Phoebe Wright, Tennessee.....	<b>21:56.11</b>
54. Michele Levy, Tennessee.....	21:59.72
104. Elizabeth Tiller, Tennessee.....	23:13.99

## NCAA CHAMPIONSHIPS – 6K 12:58 p.m. ET \* Nov. 23 \* Terre Haute, Ind.

### Team Standings (31 teams)

1. #2 Villanova.....	86
2. #8 Florida State.....	133
3. #1 Washington.....	188
4. #9 Texas Tech.....	191
5. #3 Princeton.....	251
6. #7 West Virginia.....	259
7. #5 Florida.....	260
8. #14 Duke.....	272
9. #4 Oregon.....	276
10. #13 Minnesota.....	310
11. #21 Providence.....	349
12. #16 Illinois.....	365
13. #25 New Mexico.....	368
14. #11 Penn State.....	375
15. #20 Virginia.....	391
16. #10 Stanford.....	408
17. #18 Iowa State.....	446
18. #12 Syracuse.....	450
19. #19 BYU.....	453
20. #6 Colorado.....	458
21. #15 Georgetown.....	495
22. #23 UTEP.....	500
23. #24 Notre Dame.....	519
24. #17 Arizona State.....	520
25. #22 SMU.....	581
26. NR Michigan State.....	601
27. #29 Michigan.....	637
28. #26 Baylor.....	666
29. #27 Ohio State.....	673
30. #28 Arizona.....	682
31. #30 Indiana.....	716

### Individuals (254 runners)

1. Angela Bizzari, Illinois.....	19:46.8
2. Kendra Schaaf, Washington.....	19:51.6
3. Susan Kujken, Florida State.....	19:57.7
4. Catherine White, Virginia.....	19:59.5
5. Allie McLaughlin, Colorado.....	20:01.1
6. Amanda Marino, Villanova.....	20:02.4
7. Megan Duwell, Minnesota.....	20:06.9
8. Emily Infield, Georgetown.....	20:07.9
9. Risper Kimaiyo, UTEP.....	20:10.9
10. Cecily Lemmon, BYU.....	20:11.9
177. Jackie Areson, Tennessee.....	21:52.8
202. Katie Van Horn, Tennessee.....	22:06.0

# LADY VOL CAREER INDIVIDUAL RESULTS (FINAL 2009)

## ELIZABETH ALTIZER

Date	Meet	Dist.	All/UT	Time
9/05/08	Belmont-VU Opener	4K	34 <sup>th</sup> /5 <sup>th</sup>	<u>15:41.76!</u>
9/19/08	Tennessee Invitational	5K	15 <sup>th</sup> /8 <sup>th</sup>	<b>19:45</b>
10/3/08	Brooks Paul Short Run	6K	232 <sup>nd</sup> /7 <sup>th</sup>	23:36!
10/17/08	Penn State National	6K	136 <sup>th</sup> /7 <sup>th</sup>	23:06!
11/3/08	SEC Championships	6K	56 <sup>th</sup> /6 <sup>th</sup>	<u>22:58.02!</u>
11/15/08	NCAA South Regional	6K	109 <sup>th</sup> /7 <sup>th</sup>	<b>24:02.91</b>
9/4/09	Belmont-VU Opener	4K	49 <sup>th</sup> /5 <sup>th</sup>	16:16.25
10/2/09	Brooks Paul Short Run	6K	325 <sup>th</sup> /7 <sup>th</sup>	24:05
10/16/09	Panorama Farms Invitational	6K	67 <sup>th</sup> /9 <sup>th</sup>	25:21.52

## JACKIE ARESON

Date	Meet	Dist.	All/UT	Time
9/1/06	Belmont Opener	4K	12 <sup>th</sup> /4 <sup>th</sup>	14:32.81!
9/15/06	Tennessee Invitational	5K	9 <sup>th</sup> /5 <sup>th</sup>	<b>18:49</b>
9/29/06	Brooks Paul Short Run	6K	16 <sup>th</sup> /2 <sup>nd</sup>	21:19!
10/14/06	ISU Pre-Nationals Invitational	6K	55 <sup>th</sup> /3 <sup>rd</sup>	21:16.21
10/28/06	SEC Championships	6K	15 <sup>th</sup> /3 <sup>rd</sup>	20:42.65!
11/11/06	NCAA South Regional	6K	10 <sup>th</sup> /2 <sup>nd</sup>	<b>21:35.4</b>
11/20/06	NCAA Championships	6K	161 <sup>st</sup> /4 <sup>th</sup>	22:35.6
8/31/07	Belmont Opener	4K	5 <sup>th</sup> /3 <sup>rd</sup>	14:33.73
9/28/07	Brooks Paul Short Run	6K	77 <sup>th</sup> /4 <sup>th</sup>	22:15
10/12/07	Penn State National Invitational	6K	13 <sup>th</sup> /2 <sup>nd</sup>	21:31
10/27/07	SEC Championships	6K	38 <sup>th</sup> /5 <sup>th</sup>	22:01.58
9/19/08	Tennessee Invitational	5K	4 <sup>th</sup> /3 <sup>rd</sup>	<b>18:40</b>
10/3/08	Brooks Paul Short Run	6K	27 <sup>th</sup> /2 <sup>nd</sup>	21:07
10/17/08	Penn State National	6K	31 <sup>st</sup> /2 <sup>nd</sup>	21:22
11/3/08	SEC Championships	6K	29 <sup>th</sup> /4 <sup>th</sup>	21:51.29
11/15/08	NCAA South Regional	6K	11 <sup>th</sup> /2 <sup>nd</sup>	<b>21:15.52</b>
11/24/08	NCAA Championships	6K	104 <sup>th</sup> /NA	21:14.7
9/4/09	Belmont-VU Opener	4K	1 <sup>st</sup> /1 <sup>st</sup>	<u>14:04.18!</u>
9/18/09	Crimson Classic	5K	4 <sup>th</sup> /1 <sup>st</sup>	<u>17:42.20!</u>
10/2/09	Brooks Paul Short Run	6K	3 <sup>rd</sup> /1 <sup>st</sup>	<u>20:02!</u>
10/16/09	Panorama Farms Invitational	6K	9 <sup>th</sup> /1 <sup>st</sup>	20:53.50
10/31/09	SEC Championships	6K	3 <sup>rd</sup> /1 <sup>st</sup>	21:12.13
11/14/09	NCAA South Regional	6K	3 <sup>rd</sup> /1 <sup>st</sup>	20:20.06
11/23/09	NCAA Championships	6K	177 <sup>th</sup> /NA	21:52.8

## ALLY COLVIN

Date	Meet	Dist.	All/UT	Time
9/05/08	Belmont-VU Opener	4K	42 <sup>nd</sup> /6 <sup>th</sup>	<u>15:54.08!</u>
9/19/08	Tennessee Invitational	5K	13 <sup>th</sup> /7 <sup>th</sup>	<b>19:32!</b>
10/3/08	Brooks Paul Short Run	6K	*32 <sup>nd</sup> (Ranin JV race)	<u>22:38!</u>
10/17/08	Penn State National	6K	111 <sup>th</sup> /6 <sup>th</sup>	22:48
11/3/08	SEC Championships	6K	78 <sup>th</sup> /7 <sup>th</sup>	23:39.38
11/15/08	NCAA South Regional	6K	59 <sup>th</sup> /6 <sup>th</sup>	<b>22:58.45</b>

## ANDREA FERRI

Date	Meet	Dist.	All/UT	Time
No Races To Date				

## RAMZEE FONDREN

Date	Meet	Dist.	All/UT	Time
9/4/09	Belmont-VU Opener	4K	62 <sup>nd</sup> /6 <sup>th</sup>	<u>16:45.71!</u>
10/2/09	Brooks Paul Short Run	6K	269 <sup>th</sup> /5 <sup>th</sup>	23:14!
10/16/09	Panorama Farms Invitational	6K	61 <sup>st</sup> /8 <sup>th</sup>	24:32.72
10/31/09	SEC Championships	6K	83 <sup>rd</sup> /8 <sup>th</sup>	24:42.04

## CHARITY HONEYCUTT

Date	Meet	Dist.	All/UT	Time
9/05/08	Belmont-VU Opener	4K	93 <sup>rd</sup> /9 <sup>th</sup>	<u>20:02.91!</u>

## KELSEY KANE

Date	Meet	Dist.	All/UT	Time
9/4/09	Belmont-VU Opener	4K	66 <sup>th</sup> /7 <sup>th</sup>	<u>16:52.92!</u>

## CHELSEA KNOTTS

Date	Meet	Dist.	All/UT	Time
9/4/09	Belmont-VU Opener	4K	71 <sup>st</sup> /8 <sup>th</sup>	<u>17:18.01!</u>

## MICHELE LEVY

Date	Meet	Dist.	All/UT	Time
9/4/09	Belmont-VU Opener	4K	29 <sup>th</sup> /3 <sup>rd</sup>	<u>15:24.47!</u>
9/18/09	Crimson Classic	5K	30 <sup>th</sup> /4 <sup>th</sup>	<u>19:06.30!</u>
10/2/09	Brooks Paul Short Run	6K	154 <sup>th</sup> /4 <sup>th</sup>	22:22!
10/16/09	Panorama Farms Invitational	6K	46 <sup>th</sup> /6 <sup>th</sup>	23:06.50
10/31/09	SEC Championships	6K	46 <sup>th</sup> /6 <sup>th</sup>	23:10.74
11/14/09	NCAA South Regional	6K	54 <sup>th</sup> /6 <sup>th</sup>	<u>21:59.72!</u>

## JENÁ MURPHY

Date	Meet	Dist.	All/UT	Time
No Races To Date				

## CHANELLE PRICE

Date	Meet	Dist.	All/UT	Time
9/05/08	Belmont-VU Opener	4K	8 <sup>th</sup> /1 <sup>st</sup>	<u>14:52.67!</u>
9/19/08	Tennessee Invitational	5K	7 <sup>th</sup> /6 <sup>th</sup>	<b>19:04!</b>
10/3/08	Brooks Paul Short Run	6K	94 <sup>th</sup> /6 <sup>th</sup>	22:04!
10/16/09	Panorama Farms Invitational	6K	17 <sup>th</sup> /4 <sup>th</sup>	21:37.12!
10/31/09	SEC Championships	6K	18 <sup>th</sup> /4 <sup>th</sup>	22:14.42
11/14/09	NCAA South Regional	6K	32 <sup>nd</sup> /4 <sup>th</sup>	<u>21:32.27!</u>

## BRITANY SHEFFEY

Date	Meet	Dist.	All/UT	Time
8/31/07	Belmont Opener	4K	16 <sup>th</sup> /4 <sup>th</sup>	15:07.33!
9/22/07	Bulldog Stampede	5K	15 <sup>th</sup> /3 <sup>rd</sup>	18:36.65
9/28/07	Brooks Paul Short Run	6K	66 <sup>th</sup> /3 <sup>rd</sup>	22:03!
10/12/07	Penn State National Invitational	6K	61 <sup>st</sup> /4 <sup>th</sup>	22:23
10/27/07	SEC Championships	6K	28 <sup>th</sup> /4 <sup>th</sup>	21:46.03!
11/10/07	NCAA South Regional	6K	33 <sup>rd</sup> /4 <sup>th</sup>	22:01.87
9/05/08	Belmont-VU Opener	4K	15 <sup>th</sup> /4 <sup>th</sup>	15:15.18
9/19/08	Tennessee Invitational	5K	6 <sup>th</sup> /5 <sup>th</sup>	<b>18:56</b>
10/3/08	Brooks Paul Short Run	6K	33 <sup>rd</sup> /3 <sup>rd</sup>	21:17!
10/17/08	Penn State National	6K	37 <sup>th</sup> /3 <sup>rd</sup>	21:27
11/3/08	SEC Championships	6K	12 <sup>th</sup> /2 <sup>nd</sup>	21:02.25!
11/15/08	NCAA South Regional	6K	23 <sup>rd</sup> /3 <sup>rd</sup>	<b>21:42.91</b>
9/4/09	Belmont-VU Opener	4K	29 <sup>th</sup> /2 <sup>nd</sup>	<u>15:02.12!</u>
9/18/09	Crimson Classic	5K	5 <sup>th</sup> /2 <sup>nd</sup>	17:44.10
10/2/09	Brooks Paul Short Run	6K	14 <sup>th</sup> /2 <sup>nd</sup>	<u>20:39!</u>
10/16/09	Panorama Farms Invitational	6K	16 <sup>th</sup> /3 <sup>rd</sup>	21:31.17
10/31/09	SEC Championships	6K	12 <sup>th</sup> /2 <sup>nd</sup>	21:49.62
11/14/09	NCAA South Regional	6K	20 <sup>th</sup> /3 <sup>rd</sup>	20:59.93

## ELIZABETH TILLER

Date	Meet	Dist.	All/UT	Time
9/05/08	Belmont-VU Opener	4K	81 <sup>st</sup> /8 <sup>th</sup>	17:51.22!
9/19/08	Tennessee Invitational	5K	21 <sup>st</sup> /10 <sup>th</sup>	<b>21:32</b>
10/3/08	Brooks Paul Short Run	6K	*218 <sup>th</sup> (Ranin JV race)	25:11!
10/17/08	Penn State National	6K	271 <sup>st</sup> /9 <sup>th</sup>	25:17
11/3/08	SEC Championships	6K	93 <sup>rd</sup> /8 <sup>th</sup>	25:20.72
9/4/09	Belmont-VU Opener	4K	42 <sup>nd</sup> /4 <sup>th</sup>	<u>15:59.86!</u>
9/18/09	Crimson Classic	5K	46 <sup>th</sup> /5 <sup>th</sup>	<u>19:43.20!</u>
10/2/09	Brooks Paul Short Run	6K	299 <sup>th</sup> /6 <sup>th</sup>	23:35!
10/16/09	Panorama Farms Invitational	6K	57 <sup>th</sup> /7 <sup>th</sup>	23:54.73
10/31/09	SEC Championships	6K	78 <sup>th</sup> /7 <sup>th</sup>	24:20.56
11/14/09	NCAA South Regional	6K	104 <sup>th</sup> /7 <sup>th</sup>	<u>23:13.99!</u>

## KATIE VAN HORN

Date	Meet	Dist.	All/UT	Time
9/1/06	Belmont Opener	4K	29 <sup>th</sup> /5 <sup>th</sup>	15:08.48!
9/15/06	Tennessee Invitational	5K	10 <sup>th</sup> /6 <sup>th</sup>	<b>18:51</b>
9/29/06	Brooks Paul Short Run	6K	21 <sup>st</sup> /3 <sup>rd</sup>	21:24
10/14/06	ISU Pre-Nationals Invitational	6K	86 <sup>th</sup> /4 <sup>th</sup>	21:36.2
10/28/06	SEC Championships	6K	16 <sup>th</sup> /4 <sup>th</sup>	20:43.71!
11/11/06	NCAA South Regional	6K	8 <sup>th</sup> /1 <sup>st</sup>	<b>21:33.0</b>
11/20/06	NCAA Championships	6K	113 <sup>th</sup> /2 <sup>nd</sup>	22:14.6
8/31/07	Belmont-VU Opener	4K	3 <sup>rd</sup> /2 <sup>nd</sup>	<u>14:24.32!</u>
9/22/07	Bulldog Stampede	5K	11 <sup>th</sup> /2 <sup>nd</sup>	18:31.33
9/28/07	Brooks Paul Short Run	6K	16 <sup>th</sup> /2 <sup>nd</sup>	21:03
10/12/07	Penn State National Invitational	6K	17 <sup>th</sup> /3 <sup>rd</sup>	21:36
10/27/07	SEC Championships	6K	7 <sup>th</sup> /2 <sup>nd</sup>	21:09.20
11/10/07	NCAA South Regional	6K	11 <sup>th</sup> /1 <sup>st</sup>	21:06.48
9/18/09	Crimson Classic	5K	9 <sup>th</sup> /3 <sup>rd</sup>	<u>18:02.90!</u>
10/2/09	Brooks Paul Short Run	6K	18 <sup>th</sup> /3 <sup>rd</sup>	20:50
10/16/09	Panorama Farms Invitational	6K	14 <sup>th</sup> /2 <sup>nd</sup>	21:21.35
10/31/09	SEC Championships	6K	13 <sup>th</sup> /3 <sup>rd</sup>	21:50.75
11/14/09	NCAA South Regional	6K	10 <sup>th</sup> /2 <sup>nd</sup>	<u>20:34.69!</u>
11/23/09	NCAA Championships	6K	202 <sup>nd</sup> /NA	22:06.0

## KIM WHITE

Date	Meet	Dist.	All/UT	Time
9/4/09	Belmont-VU Opener	4K	83 <sup>rd</sup> /9 <sup>th</sup>	<u>18:51.43!</u>

## PHOEBE WRIGHT

Date	Meet	Dist.	All/UT	Time
9/1/06	Belmont Opener	4K	44 <sup>th</sup> /7 <sup>th</sup>	15:37.65!
9/15/06	Tennessee Invitational	5K	35 <sup>th</sup> /9 <sup>th</sup>	<b>20:13!</b>
9/29/06	Brooks Paul Short Run	6K	39 <sup>th</sup> (Open Race)	23:03!
10/14/06	ISU Pre-Nationals Invitational	6K	178 <sup>th</sup> (Open Race)	23:55.4
10/28/06	SEC Championships	6K	93 <sup>rd</sup> /10 <sup>th</sup>	23:57.33
8/31/07	Belmont Opener	4K	28 <sup>th</sup> /5 <sup>th</sup>	15:31.71!
9/22/07	Bulldog Stampede	5K	29 <sup>th</sup> /5 <sup>th</sup>	19:51.69!
9/28/07	Brooks Paul Short Run	6K	137 <sup>th</sup> /6 <sup>th</sup>	22:55!
10/12/07	Penn State National Invitational	6K	120 <sup>th</sup> /6 <sup>th</sup>	23:23
10/27/07	SEC Championships	6K	60 <sup>th</sup> /7 <sup>th</sup>	23:04.17
11/10/07	NCAA South Regional	6K	87 <sup>th</sup> /5 <sup>th</sup>	23:57.91
9/05/08	Belmont-VU Opener	4K	12 <sup>th</sup> /2 <sup>nd</sup>	15:10.78!
9/19/08	Tennessee Invitational	5K	3 <sup>rd</sup> /2 <sup>nd</sup>	<b>18:33!</b>
10/3/08	Brooks Paul Short Run	6K	59 <sup>th</sup> /4 <sup>th</sup>	21:43!
10/17/08	Penn State National	6K	47 <sup>th</sup> /5 <sup>th</sup>	21:46
11/3/08	SEC Championships	6K	23 <sup>rd</sup> /3 <sup>rd</sup>	<u>21:39.26!</u>
11/15/08	NCAA South Regional	6K	42 <sup>nd</sup> /5 <sup>th</sup>	<b>22:25.16</b>
10/16/09	Panorama Farms Invitational	6K	18 <sup>th</sup> /5 <sup>th</sup>	21:44.29
10/31/09	SEC Championships	6K	34 <sup>th</sup> /5 <sup>th</sup>	22:39.57
11/14/09	NCAA South Regional	6K	46 <sup>th</sup> /5 <sup>th</sup>	21:56.11

Home Meets Are In Bold! - Personal Record (PR)/Current PRs Are Underlined