

LADY VOL CAREER INDIVIDUAL RESULTS (FINAL 2006)

JACKIE ARESON

Date	Meet	Dist.	All/UT	Time
9/1/06	Belmont Opener	4K	12 ² /4 ⁿ	14:32.81!
9/15/06	Tennessee Invitational	5K	9 ⁵ /5 ⁿ	18:49
9/29/06	Paul Short Run	6K	16 ⁵ /2 ⁿ	21:19!
10/14/06	ISU Pre-Nationals Invitational	6K	55 ⁵ /3 ⁿ	21:16.2!
10/28/06	SEC Championships	6K	15 ⁵ /3 ⁿ	20:42.65!
11/11/06	NCAA South Regional	6K	10 ⁰ /2 ⁿ	21:35.4
11/20/06	NCAA Championships	6K	161 ¹ /4 ⁿ	22:35.6

ROLANDA BELL

Date	Meet	Dist.	All/UT	Time
9/2/05	Belmont Opener	4K	45 ⁵ /6 ⁿ	15:57.56!
9/16/05	Tennessee Invitational	5K	10 ⁰ /6 ⁿ	20:26!
10/1/05	Paul Short Run	6K	165 ⁵ /6 ⁿ	22:56.6!
10/15/05	PSU National Inv.	6K	107 ⁵ /6 ⁿ	23:03
10/29/05	SEC Championships	6K	51 ⁵ /7 ⁿ	21:52.76!
11/12/05	NCAA South Regional	6K	56 ⁵ /6 ⁿ	22:41.08
11/21/05	NCAA Championships	6K	243 ⁵ /7 ⁿ	23:09.8
9/1/06	Belmont Opener	4K	31 ⁵ /6 ⁿ	15:09.79!
9/15/06	Tennessee Invitational	5K	27 ⁷ /8 ⁿ	19:38!
9/29/06	Paul Short Run	6K	16 ⁵ (Open Race)	22:26
10/14/06	ISU Pre-Nationals Invitational	6K	48 ⁵ (Open Race)	22:25.1
10/28/06	SEC Championships	6K	36 ⁵ /8 ⁿ	21:41.34!

SARAH BOWMAN

Date	Meet	Dist.	All/UT	Time
9/2/05	Belmont Opener	4K	1 ¹ /1 ⁿ	14:09.82!
9/16/05	Tennessee Invitational	5K	1 ¹ /1 ⁿ	17:50!
10/15/05	PSU National Inv.	6K	46 ⁵ /5 ⁿ	22:11!
10/29/05	SEC Championships	6K	6 ² /2 ⁿ	20:02.47!
11/12/05	NCAA South Regional	6K	35 ⁵ /5 ⁿ	22:12.22
11/21/05	NCAA Championships	6K	231 ⁵ /5 ⁿ	22:40.4
9/15/06	Tennessee Invitational	5K	5 ³ /3 ⁿ	18:27
9/29/06	Paul Short Run	6K	34 ⁵ /4 ⁿ	21:37
10/14/06	ISU Pre-Nationals Invitational	6K	34 ⁵ /2 ⁿ	20:55.9
10/28/06	SEC Championships	6K	7 ¹ /1 ⁿ	20:23.09
11/11/06	NCAA South Regional	6K	23 ³ /4 ⁿ	22:06.4
11/20/06	NCAA Championships	6K	97 ⁵ /1 ⁿ	22:08.1

ALYSSA BRYANT

Date	Meet	Dist.	All/UT	Time
No Races To Date				

KATIE FLAUTE

Date	Meet	Dist.	All/UT	Time
9/13/02	Tennessee Invitational	5K	28 ⁰ /9 ⁿ	20:14.89!
9/21/02	adidas Wolfpack Classic	5.3K	16 ⁵ /8 ⁿ	22:09!
9/19/03	Crimson Classic Inv.	5K	12 ⁵ /5 ⁿ	18:47.89!
10/4/03	Paul Short Run	6K	38 ⁵ /6 ⁿ	22:07.38!
10/18/03	Penn State National Meet	6K	45 ⁵ /6 ⁿ	22:05.31!
11/3/03	SEC Championships	6K	22 ⁵ /6 ⁿ	23:09.73
11/15/03	NCAA South Regional	6K	26 ⁵ /5 ⁿ	21:45.21!
11/24/03	NCAA Championships	6K	178 ⁵ /5 ⁿ	21:50.0
9/25/04	Paul Short Run	6K	15 ⁵ /4 ⁿ	21:24.86!
10/1/04	Tennessee Invitational	5K	6 ³ /3 ⁿ	18:19.15!
10/16/04	ISU Pre-Nationals (White)	6K	51 ⁵ /3 ⁿ	21:36.3
10/30/04	SEC Championships	6K	10 ⁰ /3 ⁿ	21:17.62!
11/13/04	NCAA South Regional	6K	21 ⁵ /4 ⁿ	21:48.87
11/22/04	NCAA Championships	6K	97 ⁵ /2 ⁿ	21:53.7
9/2/05	Belmont Opener	4K	8 ³ /3 ⁿ	14:40.70!
9/16/05	Tennessee Invitational	5K	2 ² /2 ⁿ	18:09!
10/1/05	Paul Short Run	6K	9 ¹ /1 ⁿ	20:45.3!
10/15/05	PSU National Inv.	6K	12 ⁵ /1 ⁿ	21:14
10/29/05	SEC Championships	6K	8 ³ /3 ⁿ	20:12.26!
11/12/05	NCAA South Regional	6K	12 ⁵ /3 ⁿ	21:13.78
11/21/05	NCAA Championships	6K	113 ⁵ /2 ⁿ	21:14.9
9/1/06	Belmont Opener	4K	4 ¹ /1 ⁿ	14:06.80!
9/15/06	Tennessee Invitational	5K	4 ² /2 ⁿ	18:24
9/29/06	Paul Short Run	6K	8 ¹ /1 ⁿ	20:50
10/14/06	ISU Pre-Nationals Invitational	6K	24 ⁵ /1 ⁿ	20:48.2
10/28/06	SEC Championships	6K	12 ⁵ /2 ⁿ	20:38.80
11/11/06	NCAA South Regional	6K	13 ³ /3 ⁿ	21:42.7
11/20/06	NCAA Championships	6K	156 ⁵ /3 ⁿ	22:34.1

ROSE-ANNE GALLIGAN

Date	Meet	Dist.	All/UT	Time
9/1/06	Belmont Opener	4K	6 ² /2 ⁿ	14:18.66!
9/15/06	Tennessee Invitational	5K	7 ⁴ /4 ⁿ	18:47!
9/29/06	Paul Short Run	6K	45 ⁵ /6 ⁿ	21:49!
10/14/06	ISU Pre-Nationals Invitational	6K	108 ⁵ /6 ⁿ	21:47.0!
10/28/06	SEC Championships	6K	26 ⁵ /6 ⁿ	21:16.44!
11/11/06	NCAA South Regional	6K	27 ⁵ /6 ⁿ	22:12.6
11/20/06	NCAA Championships	6K	DNF	N/A

FELICIA GULIFORD

Date	Meet	Dist.	All/UT	Time
9/13/02	Tennessee Invitational	5K	5 ³ /3 ⁿ	18:33.53!
9/21/02	adidas Wolfpack Classic	5.3K	2 ² /2 ⁿ	19:35!
10/12/02	PSU National Inv.	6K	17 ⁵ /2 ⁿ	22:04.57!
10/19/02	UTC Inv.	2 Miles	2 ² /2 ⁿ	11:10!
11/4/02	SEC Championships	6K	30 ⁵ /6 ⁿ	22:57.79
11/16/02	NCAA South Regional	6K	14 ⁵ /3 ⁿ	22:34.20
11/25/02	NCAA Championships	6K	246 ⁵ /5 ⁿ	23:00.4
9/19/03	Crimson Classic Inv.	5K	9 ³ /3 ⁿ	18:31.23!
9/11/04	Mel Brodt Invitational	5K	2 ² /1 ⁿ	17:32!
9/25/04	Paul Short Run	6K	10 ⁵ /3 ⁿ	21:15.16!

10/16/04	ISU Pre-Nationals (White)	6K	12 ² /1 ⁿ	20:55.3!
10/30/04	SEC Championships	6K	4 ⁴ /1 ⁿ	21:06.23
11/13/04	NCAA South Regional	6K	14 ⁵ /3 ⁿ	21:34.62
11/22/04	NCAA Championships	6K	81 ⁵ /1 ⁿ	21:45.5
10/1/05	Paul Short Run	6K	33 ⁵ /4 ⁿ	21:29.6
10/15/05	PSU National Inv.	6K	14 ⁵ /2 ⁿ	21:15
10/29/05	SEC Championships	6K	2 ² /1 ⁿ	19:46.23!
11/12/05	NCAA South Regional	6K	5 ¹ /1 ⁿ	20:43.7!
11/21/05	NCAA Championships	6K	58 ⁵ /1 ⁿ	20:45.9
9/15/06	Tennessee Invitational	5K	3 ¹ /1 ⁿ	18:13
9/29/06	Paul Short Run	6K	DNF	N/A
10/14/06	ISU Pre-Nationals Invitational	6K	109 ⁵ /7 ⁿ	21:47.6
10/28/06	SEC Championships	6K	32 ⁵ /7 ⁿ	21:25.56
11/11/06	NCAA South Regional	6K	26 ⁵ /5 ⁿ	22:10.1
11/20/06	NCAA Championships	6K	188 ⁵ /5 ⁿ	22:53.1

KIMARRA McDONALD

Date	Meet	Dist.	All/UT	Time
9/2/05	Belmont Opener	4K	74 ⁵ /7 ⁿ	17:00.14!
9/16/05	Tennessee Invitational	5K	12 ⁷ /7 ⁿ	21:04!
10/1/05	Paul Short Run	6K	158 ⁵ Open Div.	24:51.9!
10/15/05	PSU National Inv.	6K	274 ⁵ /8 ⁿ	26:30
10/29/05	SEC Championships	6K	98 ⁵ /8 ⁿ	24:37.78!
9/1/06	Belmont Opener	4K	53 ⁵ /8 ⁿ	16:09.62!
9/15/06	Tennessee Invitational	5K	61 ⁵ /10 ⁿ	22:46

KELLY PARRISH

Date	Meet	Dist.	All/UT	Time
9/1/06	Belmont Opener	4K	8 ³ /3 ⁿ	14:25.69!
9/15/06	Tennessee Invitational	5K	11 ⁷ /7 ⁿ	18:52!
9/29/06	Paul Short Run	6K	36 ⁵ /5 ⁿ	21:41!
10/14/06	ISU Pre-Nationals Invitational	6K	92 ⁵ /6 ⁿ	21:41.1
10/28/06	SEC Championships	6K	46 ⁵ /9 ⁿ	21:59.94

LEAH SORO

Date	Meet	Dist.	All/UT	Time
9/2/05	Belmont Opener	4K	3 ² /2 ⁿ	14:28.92!
9/16/05	Tennessee Invitational	5K	3 ³ /3 ⁿ	18:21!
10/1/05	Paul Short Run	6K	21 ⁵ /2 ⁿ	21:10.5!
10/15/05	PSU National Inv.	6K	26 ⁵ /3 ⁿ	21:40
10/29/05	SEC Championships	6K	11 ⁵ /4 ⁿ	20:20.22!
11/12/05	NCAA South Regional	6K	9 ² /2 ⁿ	21:01.54
11/21/05	NCAA Championships	6K	199 ⁵ /4 ⁿ	22:04.9
10/14/06	ISU Pre-Nationals Invitational	6K	8 ⁵ (Open Race)	21:45.0
10/28/06	SEC Championships	6K	21 ⁵ /5 ⁿ	21:06.05
11/11/06	NCAA South Regional	6K	43 ⁷ /7 ⁿ	22:38.6
11/20/06	NCAA Championships	6K	238 ⁵ /6 ⁿ	24:00.9

LESLIE TREHERNE

Date	Meet	Dist.	All/UT	Time
10/1/04	Tennessee Invitational	5K	17 ⁷ /7 ⁿ	21:51.53!

KATIE VAN HORN

Date	Meet	Dist.	All/UT	Time
9/1/06	Belmont Opener	4K	23 ⁵ /5 ⁿ	15:08.48!
9/15/06	Tennessee Invitational	5K	10 ⁰ /6 ⁿ	18:51!
9/29/06	Paul Short Run	6K	21 ⁵ /3 ⁿ	21:24
10/14/06	ISU Pre-Nationals Invitational	6K	86 ⁵ /4 ⁿ	21:36.2
10/28/06	SEC Championships	6K	16 ⁵ /4 ⁿ	20:43.71!
11/11/06	NCAA South Regional	6K	8 ¹ /1 ⁿ	21:33.0
11/20/06	NCAA Championships	6K	113 ⁵ /2 ⁿ	22:14.6

PHOEBE WRIGHT

Date	Meet	Dist.	All/UT	Time
9/1/06	Belmont Opener	4K	44 ⁵ /7 ⁿ	15:37.65!
9/15/06	Tennessee Invitational	5K	35 ⁵ /9 ⁿ	20:13!
9/29/06	Paul Short Run	6K	39 ⁵ (Open Race)	23:03!
10/14/06	ISU Pre-Nationals Invitational	6K	178 ⁵ (Open Race)	23:55.4
10/28/06	SEC Championships	6K	93 ⁵ /10 ⁿ	23:57.33