

2010 TENNESSEE VOLLEYBALL CAMP

Directed by Head Coach Rob Patrick
2004 & 2005 National Coach of the Year
2004 & 2008 SEC Coach of the Year
2004 & 2008 South Region
Coach of the Year



- Camp I
July 10 • One Day Position Camp
- Camp II
July 11 • Serving Camp
- Camp III
July 11-13 • Overnight Individual Camp
- Camp IV
July 14 • Setter Camp
- Camp V
July 14 • Hitter Camp
- Camp VI
July 15-17 • Team Camp
- Camp VII
July 18 • Team Competition Camp

2004, 2005, 2006, 2008, 2009 NCAA
TOURNAMENT
2004 SEC Champions
2004 NCAA Regionals
2005 NCAA Regional Champions
2005 NCAA National Semifinalist



2004 & 2005 National
Coach of the Year

All-American honors. The Lady Vols have appeared in the NCAA Tournament 5 out of the last 6 years.

Camp director and Head Volleyball Coach, Rob Patrick, has built The University of Tennessee Volleyball program into one of the elite programs in the country. Patrick is the most successful coach in Tennessee history. In 13 years at UT, Patrick has averaged over 20 wins a season, and has had players earn 33 All-SEC honors, 18 All-Region honors, and 14

CAMP I - POSITION DAY CAMP

July 10 – 8:30 am-7:00 pm / Check in 7:45 am
Bring Sack Lunch, Dinner will be provided

Open to girls of all skill levels entering the 5th through 12th grade. This one-day specialty camp is a challenging program with excellent instruction that is proven to enhance performance at these skill positions. Campers will work on the skill of their choice during this camp. They will choose between setter, hitter, or defensive specialists skills.

CAMP II - SERVING CAMP

July 11 – 9:00 - 11:30 am / Check in at 8:30 am

Open to girls of all skill levels entering the 5th through 12th grade looking to become more solid servers. Each camper will receive instruction on all types of serves including but not limited to: float, top-spin, and jump. Players looking to build their confidence in serving and those trying to fine tune their repertoire will find this camp beneficial. **Lunch will be provided ONLY to those campers who participate in Camp III.**

CAMP III - OVERNIGHT INDIVIDUAL CAMP

July 11-13
Check in 12:00 pm July 11 / Check out 8:30 pm July 13

Open to girls of all skill levels entering the 5th through 12th grade looking to maximize their volleyball potential. Those players whose goals are to improve their overall technique and general tactical knowledge, and perhaps play collegiate volleyball, will find a challenging and rigorous program with excellent competition and outstanding instruction. **All campers need to bring their own bed linens.**

CAMP IV - SETTER CAMP

July 14 – 8:30 am - 11:30 am / Check in at 8:00 am

Open to girls of all skill levels entering the 5th through 12th grade looking to excel at the setting position. Learn proper hand position, footwork to the pass, and leadership skills. Practice the execution of various sets, learn to run different offenses, play right back defense and start every game with a great serve. Campers will be broken up into small groups with a head coach for instructions. Each group will be based on age and/or skill level.

CAMP V - HITTER CAMP

July 14 – 1:00 pm – 4:00 pm / Check in 12:30 pm

Become a terminator on your team in no time, with proper arm swing, hand contact and footwork to the ball. From the beginner to the advanced, every player will learn to become a better attacker. Hitting camp teaches all the elements of a strong attack and will make you a confident hitter from your desired position. Learn how to hit a variety of sets from your position. Back-row attacks and blocking will also be covered in this camp. Campers will be broken up into small groups with a head coach for instruction. Each group will be based on position, age and/or skill level.

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