



TCU TRACK & FIELD NEWSLETTER

October 2011

Horned Frogs Welcome Large Group of Newcomers

MEN

Ramone Bailey – Kingston, Jamaica – Jumps
 Josh Briggs – Sparks, Nevada – Middle-Distance
 Francisco Brito – Corpus Christi, Texas – Throws
 Kevin Case – Santa Ana, California – Distance
 Emarkis Gunn – Palm Beach Lakes, Florida – Hurdles
 Efosa Guobadia – Frisco, Texas – Jumps
 Andy Kramer – Carlsbad, California – Distance
 Robert Lewis III – West Forsyth, Georgia – Sprints
 Chase Mackey – Lovejoy, Texas – Distance
 Ronald Manning, Jr. – Las Vegas, Nevada
 Taylor Moulton – Tulsa, Oklahoma – Distance
 Preston Newsome – Lawrence, Kansas – Distance
 Paul Osunwa – Ontario, Canada - Throws
 Mason Richards – Springdale, Arkansas – Distance
 Tyler Sergent – Norman, Oklahoma – Throws
 Alexander Smith – Hurst, Texas
 Chris Soechting – New Braunfels, Texas – Jumps
 Joshua Washington – Crowley, Texas – Sprints
 Connor Wilkins – Prairie Village, Kansas – Middle-Distance



Emarkis Gunn



Ramone Bailey



Tyler Sergent



Lorraine Ugen



Ashle Caldwell



Megan Smith

WOMEN

Carlie Brittan – Pleasantville, New York – Distance
 Ashle Caldwell – Sugarland, Texas – Sprints
 Ashley Collins – Houston, Texas – Sprints
 Nefertaria Hall – Spring, Texas – Sprints
 Elly Jones – San Mateo, California – Distance
 Brianna Latson – Prairie Village, Kansas
 Candace Longino-Thomas – Cleveland, Ohio – Sprints
 Orlene Parris – Arlington, Texas – Jumps
 Kirby Schulz – Oakland, California - Sprints
 Megan Smith – Olathe, Kansas – Throws
 Hanna Jane Stradinger – Mission Hills, Kansas – Distance
 Abby Ter Haar – Baton Rouge, Louisiana – Distance
 Lorraine Ugen – London, England – Jumps
 Kristina Vanderhout – Scottsdale, Arizona – Distance
 Rachel Vanlandingham – Mannorville, New York – Distance

New Facilities Enhance Student-Athlete Experience

Several new facilities on campus will allow our athletes to train more effectively and efficiently throughout the year. Re-opened last week with a new Beynon surface, our outdoor track will continue to provide an outstanding training and home-meet facility for each of our athletes. In addition, a new multiple-level varsity



weight room, adjacent to the indoor football facility, opened less than two weeks ago containing brand new state-of-the-art cardio machines, free weights, heavy-weight racks and nearly triple the space as the former varsity weight room. Continued renovations across campus, including improvements to the football stadium, display the unparalleled support for the TCU athletic department from current TCU faculty, alumni, and members of the Fort Worth community.

Competition Schedule 2011

Cross Country

- 9/1 UNT Metroplex Open
Denton, TX
- 9/10 UTA Season Opener
Arlington, TX
- 10/1 Cowboy Jamboree
Stillwater, OK
- 10/15 Chile Pepper Festival
Fayetteville, AR
- 10/29 MWC Championships
Fort Collins, CO
- 11/12 NCAA South Central Regional
Waco, TX
- 11/21 NCAA Championships
Terre Haute, IN

Indoor Track

- 12/10 Texas A & M
College Station, TX
- 1/14 Texas A & M
College Station, TX
- 1/27-1/28 Razorback Invitational
Fayetteville, AR
- 2/11 Texas A & M Challenge
College Station, TX
- 2/23-2/25 MWC Championships
Albuquerque, NM
- 3/2-3/3 Last Chance Meet TBD
- 3/9-3/10 NCAA Championships
Nampa, ID

Outdoor Track

- 3/15-3/16 TCU Invitational
Fort Worth, TX
- 3/24 Bobby Lane Invitational
Arlington, TX
- 3/28-3/31 Texas Relays
Austin, TX
- 4/13-4/14 Spec Towns Invitational
Athens, GA
- 4/20-4/21 Michael Johnson Invitational
Waco, TX
- 4/26-4/28 Penn Relays
Philadelphia, PA
- 5/9-5/12 MWC Championships
Colorado Springs, CO
- 5/24-5/26 NCAA West Preliminary
Austin, TX
- 6/6-6/9 NCAA Championships
Des Moines, IA
- 6/15-6/17 USA Jr. Championships
Bloomington, IN
- 6/22-7/1 U.S. Olympic Trials
Eugene, OR



Last Year in Mountain West before move to Big 12

TCU will be competing our last year in the Mountain West Conference as we begin preparations to move into the Big 12 in July of 2012, as was nationally announced this past week. Our track and field program looks to sweep conference titles in both indoor and outdoor track with a large group of talented newcomers and several outstanding returning upperclassmen. In preparation for entering a BCS conference next year, TCU Track & Field is excited to announce the hiring of Liz Wort, coming to TCU with a wealth of experience both as an athlete and a coach at a nationally elite distance program (Duke University, '07). Our expanded coaching staff of six will now be fully equipped to cover every event area on the track and to develop athletes to excel at the conference, NCAA preliminary and NCAA Championship levels.

2011-2012 TCU Track & Field Coaching Staff



Darryl Anderson

Kansas State '83

Head Coach

8th Season at TCU



John Kennison

Missouri State '82

Associate Head Coach
Throws

8th Season TCU



Nic Peterson

Nebraska '06

Assistant Coach
Track & Field

3rd Season at TCU



Liz Wort

Duke '07

Head Cross Country Coach
Assistant Track & Field Coach

1st Season at TCU



Shawn Winget

Abilene Christian '93

Assistant Coach
Cross Country
Track & Field

5th Season at TCU



Dennis Darling

Houston '00

Assistant Coach
Track & Field

3rd Season at TCU

Collins and Frater Claim Medals at 2011 World Championships

Courtesy TCU Sports Information – www.gofrogs.com

Michael Frater, a seven-time All-American while at TCU, helped Jamaica's 4x100m relay team run to a gold-medal performance and new world record at the 2011 IAAF World Championships, held in Dageau, South Korea in August. Teamed up with fellow Jamaicans Nesta Carter, Yohan Blake and Usain Bolt, the quartet ran 37.04 seconds to break the previous record of 37.10 they set at the Beijing Olympics in 2008. France took silver (38.20sec) and Saint Kitts and Nevis bronze (38.49).

While at TCU, Frater ran a career-best time of 10.05 and earned the silver medal at the 2004 NCAA Championships in the 100 meter dash, missing the gold by just eight-thousandths of a second. Frater has been a part of three gold-medal 4x100m relay teams for Jamaica (2008 Olympics, 2009 & 2011 World Championships) and just missed earning an individual medal in the men's 100-meter finals of the 2008 Olympic Games.

Former NCAA individual champion and TCU All-American **Kim Collins** also made his way to the medal stand in South Korean in the men's 100 meters. Collins reached the finals after winning both his preliminary heat and the semifinal race, running 10.09 seconds to finish behind American silver medalist Walter Dix (10.08) and champion Yohan Blake (9.92) from Jamaica.

Collins received six All-America certificates during his stint at TCU and won three NCAA titles (2001 indoor 60 and 200 meters and the 2001 outdoor 4x100 meter relay). He joined Raymond Stewart as the only Horned Frog athletes to capture two individual NCAA titles. He was a two-time recipient of the Outstanding Performer award at the Texas Relays.

Collins represented St. Kitts in the 2004 Olympics in Athens and placed sixth in the 100 meter final. He has also made appearances at the 1996, 2000 and 2008 Olympics and in five World Track and Field Championships, including the 2003 meet held in Paris, France, where he captured the gold medal in the 100 meters. He was a quarterfinalist in the 100 meters at the 1996 Olympic games in Atlanta and finished seventh in the 100 meters at the Sydney Olympics in 2000. He won the 100-meter dash at the 2002 Commonwealth Games. Collins finished sixth overall in the men's 200-meter finals at the 2008 Olympics in Beijing.

Three Horned Frogs Inducted into TCU Hall of Fame Class of 2011

Courtesy TCU Sports Information – <http://lettermens.tcu.edu>

Former Frog athletes Rebecca Allison, Johnny Collins, Bill Shelton Curtis, Tory Plunkett, Tracy Simien and Shawn Worthen comprised the 43rd class inducted into the TCU Lettermen's Association Hall of Fame. The group was honored in a formal ceremony and banquet at TCU's Brown-Lupton University Union on September 15, 2011. "We are extremely excited to induct another great Hall of Fame Class," said Alan Teichelman, TCU Lettermen's Association President. "These highly-decorated athletes are true ambassadors for TCU on and off the field."

Rebecca Allison (Women's Track and Field - 1984-88) — Rebecca Allison was a two-time All-American in the 1,500 meters, where she finished fourth at both the 1986 and 1987 NCAA Outdoor Championships. Allison still owns school records in both the indoor and outdoor 800 as well as the 1,500 meters and mile run. In the 800, Allison set both the top indoor time of 2:10.69 and the top outdoor time of 2:05.48 in 1986. In the 1,500 meters, Allison set the record in 1987 with a time of 4:14.85. In the mile run, Allison posted a record time of 4:47.49 in 1986.

Johnny Collins (Men's Track & Field - 1997-2000) — Johnny L. Collins II made a name for himself as both an outstanding leader and as the Western Athletic Conference's top quarter-miler. His duties included the open quarter and as anchor leg for the prolific 4x400 meter relay team during his four-year collegiate career. Collins was an outstanding dual sport athlete before stepping foot on the TCU campus. He played football and ran track at Fort Worth's Wyatt High School. He made an immediate impact for the Flyin' Frogs when he ran the anchor leg on TCU's 4x400 meter relay unit in both the indoor and outdoor seasons as a true freshman. Collins was awarded many honors before his Horned Frog career was over. He won back-to-back WAC Outdoor 400-meter titles, was on seven WAC championship relay teams, earned all-America honors all four years and anchored the Frogs' 4x400 relay unit to the 2000 NCAA Indoor Title. He also established the WAC 400-meter dash record with a time of 46.26.

Bill Shelton Curtis (Men's Track & Field/Football - 1954-56) — Bill Curtis was a two-sport athlete for TCU during his college career, competing in both track and field and football. A standout hurdler who won the 120-yard high hurdles at both the 1954 and 1956 Southwest Conference Championships, Curtis later ran at the 1956 Melbourne Olympics, where he qualified for the finals of the 110-meter hurdles. Following his TCU career, Curtis was selected by the San Francisco 49ers with the 332nd pick in the 1957 NFL Draft. He later became a teacher and school administrator, as well as a successful football and track and field coach for several DFW area schools. Curtis passed away in 2008.