



***2010 TAMIU CROSS COUNTRY INVITATIONAL***

The Texas A&M International University Athletic Department would like to invite your cross country teams to the *2010 TAMIU CROSS COUNTRY INVITATIONAL*, which will be held at the Texas A&M International University Campus.

The following is information about the meet:

**Date:** SATURDAY, SEPTEMBER 4, 2010

**Schedule:**

9:00 A.M. VARSITY GIRLS 2 miles  
9:30 A.M. VARSITY BOYS 5k  
10:00 A.M. JUNIOR VARSITY GIRLS 2 miles  
10:30 A.M. JUNIOR VARSITY BOYS 5k  
11:00 A.M. FRESHMEN BOYS AND GIRLS 2 miles

**Location:** TEXAS A&M INTERNATIONAL UNIVERSITY

**Race Distances:** 5k VARSITY & JUNIOR VARSITY BOYS  
2 MILES REST OF THE FIELD

**Course:** DIRT (ROUGH TERRAIN) GRASS AND SOME HILLS.

**Eligibility:** ONLY 7 WILL BE ALLOWED TO RUN IN THE VARSITY RACES.  
THERE WILL BE UNLIMITED ENTRIES IN THE J.V.

**Awards:** TEAM CHAMPION AND RUNNER-UP PLAQUES WILL  
BE AWARDED FOR VARSITY BOYS AND VARSITY GIRLS.  
TEAM CHAMPION PLAQUES WILL BE AWARDED FOR  
FRESHMEN/JV BOYS AND GIRLS.  
MEDALS WILL BE AWARDED TO THE TOP 10 RUNNERS IN  
EACH DIVISION.

5201 University Boulevard, Laredo, Texas 78041-1900, (956) 326-2891 FAX (956) 326 2889



**Entry Fee:** \$60 PER TEAM OR 10.00 PER ATHLETE. PLEASE MAKE

**CHECKS PAYABLE TO:** *TAMIU ATHLETICS - CROSS COUNTRY*

**THOSE SCHOOLS THAT ARE UNABLE TO HAVE SCHOOL CHECKS PROCESS UNTIL AFTER THE MEET WILL BE ASKED TO SIGN AN INVOICE STATING THAT THEY AGREE TO PAY THE AMOUNT LISTED ON THE INVOICE. A COPY OF INVOICE WILL BE GIVEN TO EACH COACH, PLEASE RETURN TO YOUR SCHOOL'S BUISNESS OFFICE FOR PAYMENT.**

**Entry deadline:** **SEPTEMBER 4, 2010**

**Entry process:** **FAX ENTRIES / EMAIL**

*EMAIL:* [brodriguez@tamiu.edu](mailto:brodriguez@tamiu.edu)

*FAX to (956) 326-2889*

*ATTN: Texas A&M Invitational Cross Country Invitational*

**Medical:** **TAMIU ATHLETIC TRAINER WILL PROVIDE A FULL TRAINING STAFF BEFORE THE START OF THE FIRST RACE.**

**Parking:** **Parking availability next to the soccer fields.**

**Waivers:** **Have your athletes complete the waivers and turn them in at packet pickup.**

**We look forward to your school's participation**

**5201 University Boulevard, Laredo, Texas 78041-1900, (956) 326-2891 FAX (956) 326 2889**



## **Our Location**

[Laredo](#) is 156 miles south of [San Antonio](#), 158 miles west of [Corpus Christi](#), and 153 miles north of [Monterrey, Nuevo Leon, Mexico](#). It is located at an enviable crossroads of international business and life and its history hallmarked by seven sovereign flags.

A downtown revitalization project is currently underway and major commercial development projects are committed. One of the state's and nation's fastest growing communities, Laredo is a diverse city with a colorful environment and tropical climate that affords a pleasant lifestyle for all.

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## **Getting Here**

### **To Reach TAMIU from Laredo:**

Take I-35 North, exit Del Mar (exit 4). At first signal, turn right on Del Mar Boulevard. Continue Northeast on Del Mar. Pas McPherson Street, Winfield subdivision and Alexander High School. At intersection with Loop 20 (stop light), turn right. Continue along Loop 20 to University Boulevard (signal light), turn left. Take your second right to the East Parking Lot for Event Parking or utilize marked Visitor Parking. Additional parking information can be secured from University Police.

### **From the North or South via I-35:**

I-35 to Loop 20 (Bob Bullock Loop). At Loop 20, turn South to the stop light at University Boulevard. East (Left) on University Boulevard. Follow the "Event Parking" signs to the marked parking lot or utilize marked Visitor Parking. Additional parking information can be secured from University Police.

### **From the East or West, via State Highway 59:**

SH59 to the stop light at Loop 20 (Bob Bullock Loop). North on Loop 20 to the stop light at University Boulevard. East (Right) on University Boulevard. Follow the "Event Parking" signs to the marked parking lot or utilize marked Visitor Parking. Additional parking information can be secured from University Police.

Here are some possible hotels/motels.

Courtyard by Marriott --- 1-800-321-2211, (956) 725-5555  
2410 Santa Ursula Ave.  
8 Miles from TAMIU  
3 Miles from LCC

Gateway Inn, (956) 722-5272  
4910 San Bernaedo Ave.  
8 Miles from TAMIU  
3 Miles from LCC  
Promotion code for special VIP rate for STMC participants: "tamiu2004"  
You may use the web site <http://www.laredogatewayinn.com> to make reservation and use the promotion code for the VIP rate.

Hampton Inn --- 1-800-Hampton, (956) 717-8888  
7903 San Dario Ave.  
5 Miles from TAMIU  
5 Miles from LCC

Holiday Inn Civic Center --- 1-800-Holiday, (956) 727-5800  
800 Garden St.  
8 Miles from TAMIU  
3 Miles from LCC

La Posada Hotel Suites 1-800-444-2099, (956) 722-1701  
1000 Zaragoza St.  
Down Town, Walking distance from boarder  
Historical  
11 Miles from TAMIU  
2 Miles from LCC

La Quinta Inn --- 1-800-531-5900, (956) 722-0511  
3610 Santa Ursula Ave.  
7 Miles from TAMIU  
4 Miles from LCC

Red Roof Inns --- 1-800-RedRoof or 1-800-TheRoof, (956) 712-0733  
1006 W. Calton Rd.  
6 Miles from TAMIU  
4 Miles from LCC

The above distances are approximate estimates, Let [us](#) know if you need additional assistance.



## WAIVER, INDEMNIFICATION, AND MEDICAL TREATMENT AUTHORIZATION FORM

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1. EXCULPATORY CLAUSE. In consideration for receiving permission to participate in any and all activities of \_\_\_\_\_TAMIU INVITATIONAL\_\_\_\_\_ (herein referred to as “activity”), which is sponsored by \_\_\_\_\_Benny Rodriguez\_\_\_\_\_ (herein referred to as “sponsor”), a member of The Texas A&M University System, I hereby release, waive, discharge, covenant not to sue, and agree to hold harmless for any and all purposes sponsor, The Texas A&M University System, the Board of Regents for The Texas A&M University System, and their members, officers, servants, agents, volunteers, or employees (herein referred to as RELEASEES or INDEMNITEES) from any and all liabilities, claims, demands, injuries (including death), or damages, including court costs and attorney’s fees and expenses, that may be sustained by me while participating in such activity, while traveling to and from the activity, or while on the premises owned or leased by RELEASEES, **including injuries sustained as a result of the sole, joint, or concurrent negligence, negligence per se, statutory fault, or strict liability of RELEASEES.** I understand this waiver does not apply to injuries caused by intentional or grossly negligent conduct.

2. INDEMNITY CLAUSE. I am fully aware that there are inherent risks to myself and others involved with this activity, including but not limited to and I choose to voluntarily participate in said activity with full knowledge that the activity may be hazardous to me and my property, and to the person and property of others. I acknowledge there may be physically strenuous activities. I know of no medical reason why I should not participate. **I agree to indemnify and hold harmless INDEMNITEES** from any and all liabilities, claims, demands, injuries (including death), or damages, including court costs and attorney’s fees and expenses, which may occur to myself, other participants, and third-persons as a result of my participation in said activity, **including injuries sustained as a result of the sole, joint, or concurrent negligence, negligence per se, statutory fault, or strict liability of INDEMNITEES.**

3. NO INSURANCE. I understand that RELEASEES do not maintain any insurance policy covering any circumstance arising from my participation in this activity or any event related to that participation. As such, I am aware that I should review my personal insurance coverage. Sponsor does not carry general liability insurance to cover claims arising from this activity so it seeks a waiver of claims as additional consideration for the right to participate so sponsor, a governmental unit of the State of Texas, can (a) provide the activity at the lowest possible cost to participants; and (b) provide access to a greater number of participants by expending limited resources on program materials rather than on liability insurance.

4. BINDS HEIRS. It is my express intent that this agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representatives, if I am deceased, and shall be governed by the laws of the State of Texas.

5. MEDICAL AUTHORIZATION, INDEMNITY FOR MEDICAL EXPENSES, and WAIVER. I understand RELEASEES cannot be expected to control all of the risks articulated in this form and RELEASEES may need to respond to accidents and potential emergency situations. Therefore, I hereby give my consent for any medical treatment that may be required, as determined by a medical professional at the medical facility, during my participation in this activity with the understanding that the cost of any such treatment will be my responsibility. I agree to indemnify and hold harmless INDEMNITEES for any costs incurred to treat me, even if

an INDEMNITEE has signed hospital documentation promising to pay for the treatment due to my inability to sign the documentation. I further agree to release, waive, discharge, covenant not to sue, and agree to hold harmless for any and all purposes, RELEASEES from any and all liabilities, claims, demands, injuries (including death), or damages, including court costs and attorney's fees and expenses, that may be sustained by me while receiving medical care or in deciding to seek medical care, including while traveling to and from a medical care facility, **including injuries sustained as a result of the sole, joint, or concurrent negligence, negligence per se, statutory fault, or strict liability of RELEASEES.** I understand this waiver does not apply to injuries caused by intentional or grossly negligent conduct.

6. VOLUNTARY SIGNATURE. In signing this agreement I acknowledge and represent that I have read it, understand it, and sign it voluntarily as my own free act and deed; sponsor has not made and I have not relied on any oral representations, statements, or inducements apart from the terms contained in this agreement. I execute this document for full, adequate and complete consideration fully intending to be bound by the same, now and in the future. **For students engaging in extracurricular activities:** I understand I can choose not to sign this document and free myself from its terms and the associated risks of the activity by simply not participating in the activity and choosing some other activity available to me that has a lower level of risk to me. I further understand this is a voluntary, extracurricular activity; therefore it is not required for me to obtain college credits and not participating in this activity will in no way hinder my ability to obtain a degree from the university. **For students going on fieldtrips or other class-related activities:** I understand participation in this class/fieldtrip/activity is not mandatory and I will not be penalized for failing to participate in this activity because an alternative activity exists for which I can receive like credit. While I understand alternative activities are available to me that do not have the risks associated with this activity I still desire to voluntarily engage in this activity.

**SIGNING THIS DOCUMENT INVOLVES THE WAIVER OF VALUABLE LEGAL RIGHTS.**

**CONSULT YOUR ATTORNEY BEFORE SIGNING THIS DOCUMENT.**

**SIGNED** this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

**Participant Signature:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_

**Participant's Date of Birth:** \_\_\_\_\_

**Parent or Legal Guardian Signature:** \_\_\_\_\_

(If Participant is under 18 years old)

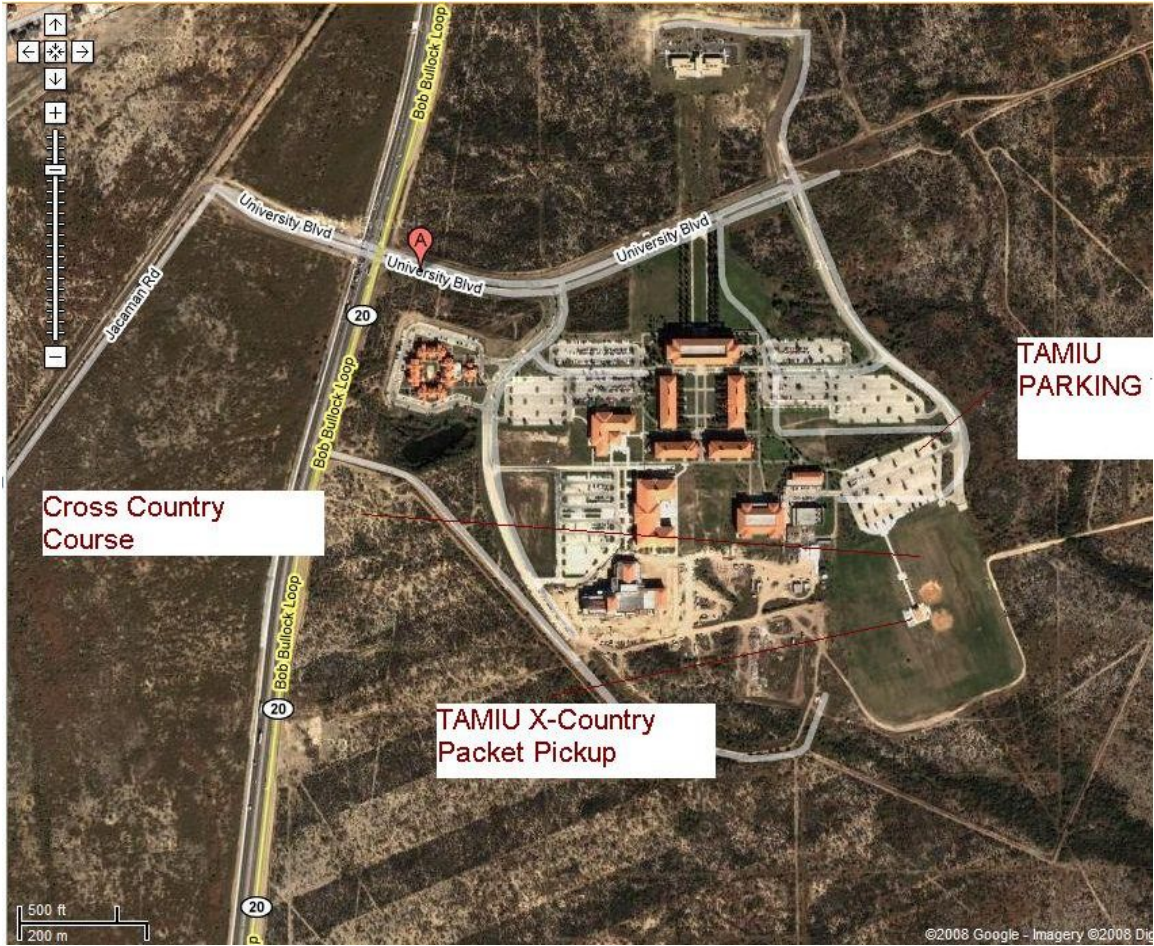
**Parent or Legal Guardian Printed Name:** \_\_\_\_\_

(If Participant is under 18 years old)

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INSTRUCTIONS: (1) The document should be printed in a font size no smaller than 10-point type. This is 10-point type. This is 12-point type. (2) The formatting/font style (**bolded, underlined, and italicized**) in paragraph nos. 1, 2, 5 & 6 should not be altered.

**TAMUS-OGC-Approved 08/29/2006**



Cross Country Course

TAMU X-Country Packet Pickup

TAMU PARKING

500 ft  
200 m

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