

2009-10 TEXAS A&M WOMEN'S SWIMMING AND DIVING BESTS

A — NCAA "A" cut B — NCAA "B" cut \$ — school record * — Relay leadoff

2009-10 Schedule

10/16	Big 12 Relays	1st, 109 pt
10/17	at Missouri	W, 171-129
11/06	at Texas	L, 134-166
11/20-22	Houston Inv.	1st, 1,523 pt
12/05	Rice	W, 151-103
01/09	Auburn	W, 169-123
01/09	SMU	W, 172-110
01/23	at LSU	W, 173-124
02/05	at Houston	5 P.M.
02/06	North Texas	1 P.M.
02/24-27	Big 12 Champs.	All Day
02/28	A&M Last Chance	All Day
03/12-14	NCAA Zone D	All Day
03/18-20	NCAA Champs.	All Day

Swimming

50-Yard Freestyle

(NCAA: 21.93/23.02)

B	22.54	Maria Sommer	11/20-22
B	22.72	Julia Wilkinson	11/20-22
B	22.82	Sarah Woods	11/20-22
	23.03	Alia Atkinson	11/20-22
	23.63	Kristina Kontrimas	11/20-22
	23.72	Allyson Sweeney	11/20-22p
	23.74	Ella Doerge	1/9
	23.90	Tess Simpson	11/20-22p
	23.98	Megan Latone	11/20-22p
	24.03	Christine Regone	11/20-22
	24.09	Maureen McLaine	11/20-22
	24.09	Kendra Chernoff	11/20-22p
	24.16	Hannah Kinder	11/20-22
	24.32	Meagan Hairston	11/20-22p
	24.57	Kristen Heiss	1/23
	24.80	Caroline Maxvill	11/20-22
	25.19	Emily Neal	12/5
	25.42	Lindsey King	1/23
	25.46	Rebekah Love	12/5

A&M Record: *Triin Aljand, 21.78, 2008*

100-Yard Freestyle

(NCAA: 47.84/50.23)

B	*48.21	Julia Wilkinson	11/20-22
B	49.84	Sarah Woods	11/20-22
B	*49.95	Alia Atkinson	11/20-22
	50.43	Maria Sommer	11/20-22p
	50.46	Melissa Hain	11/20-22
	50.70	Kristen Heiss	12/5
	50.78	Ella Doerge	11/20-22p
	50.86	Allyson Sweeney	11/20-22
	51.01	Kristina Kontrimas	11/20-22
	51.46	Hannah Kinder	11/20-22
	51.75	Kendra Chernoff	11/20-22p
	52.01	Christine Regone	11/20-22p
	*52.35	Megan Latone	11/20-22
	52.71	Melanie Dodds	12/5
	*52.75	Tess Simpson	11/6
	52.88	Meagan Hairston	11/20-22p
	*53.22	Maureen McLaine	11/20-22
	53.50	Jaclin Rehiring	11/20-22p
	53.61	Lindsey King	12/5
	*54.58	Casey Hurrell-Zitelman	12/5
	55.02	Caroline Maxvill	12/5
	1:01.13	Renee Iserman	12/5

A&M Record: *Triin Aljand, 47.35, 2008*

200-Yard Freestyle

(NCAA: 1:44.02/1:49.22)

B	1:45.10	Julia Wilkinson	11/20-22
B	1:45.69	Kristen Heiss	11/20-22
B	1:48.18	Maureen McLaine	11/20-22
B	*1:48.41	Melissa Hain	11/20-22
B	1:48.79	Kristina Kontrimas	11/20-22
B	*1:49.16	Megan Latone	11/20-22
	*1:49.25	Alia Atkinson	11/20-22
	1:48.78	Hannah Kinder	1/23
	1:50.36	Melanie Dodds	11/20-22p
	1:51.39	Allyson Sweeney	11/20-22p
	1:52.00	Liz Nelson	11/20-22p
	1:52.33	Christine Regone	11/20-22p
	1:52.51	Sarah Woods	11/20-22p
	1:52.85	Maria Sommer	11/20-22p
	1:53.22	Jaclin Rehiring	11/20-22p
	1:53.56	Alyssa Conner	11/20-22p
	1:55.19	Tess Simpson	12/5
	1:56.43	Lauren Clifford	1/9
	1:56.63	Kendra Chernoff	12/5

A&M Record: *Christine Marshall, 1:43.85, 2009*

500-Yard Freestyle

(NCAA: 4:38.46/4:52.41)

AS	4:38.24	Kristen Heiss	11/20-22
B	4:43.11	Maureen McLaine	11/20-22
B	4:49.96	Liz Nelson	11/20-22p
B	4:50.91	Alyssa Conner	11/20-22
B	4:51.78	Kristina Kontrimas	11/20-22
	4:53.86	Hannah Kinder	11/20-22p
	4:54.53	Melissa Hain	11/20-22p
	4:55.41	Emily Neal	11/20-22p
	4:57.22	Alia Atkinson	12/5
	5:01.15	Casey Hurrell-Zitelman	11/20-22p
	5:06.64	Ella Doerge	12/5

A&M Record: *Kristen Heiss, 4:38.24, 2009*

1,000-Yard Freestyle

(NCAA: 9:50.12)

	9:50.12	Maureen McLaine	1/23
	10:05.16	Liz Nelson	11/6
	10:07.88	Alyssa Conner	11/6
	10:20.96	Casey Hurrell-Zitelman	11/6
	10:24.25	Kristina Kontrimas	12/5

A&M Record: *Casey Hurrell-Zitelman, 9:43.91, 2009*

1,650-Yard Freestyle

(NCAA: 15:53.38/16:41.04)

B	16:19.74	Maureen McLaine	11/20-22
B	16:32.97	Liz Nelson	11/20-22
B	16:39.23	Alyssa Conner	11/20-22
	17:02.55	Casey Hurrell-Zitelman	11/20-22

A&M Record: *Casey Hurrell-Zitelman, 16:16.78, 2009*

100-Yard Backstroke

(NCAA: 53.01/55.66)

B	53.39	Julia Wilkinson	11/20-22
B	55.17	Tess Simpson	11/6
B	*54.83	Kristen Heiss	11/20-22
	56.25	Lindsey King	11/20-22
	56.31	Megan Latone	11/20-22
	56.37	Emily Neal	11/20-22
	56.45	Maria Sommer	11/20-22
	56.51	Sarah Woods	11/20-22
	57.03	Ella Doerge	12/5
	*58.44	Melissa Hain	10/16
	58.57	Rita Medrano	11/20-22p
	58.73	Maureen McLaine	11/20-22p
	57.09	Meagan Hairston	11/20-22
	59.02	Kendra Chernoff	11/20-22p
	59.30	Jaclin Rehiring	12/5
	59.35	Alia Atkinson	12/5
	59.42	Allyson Sweeney	12/5
	59.66	Kristina Kontrimas	11/20-22p
	59.72	Hannah Kinder	11/20-22p
	1:00.20	Lauren Clifford	11/20-22

A&M Record: *Julia Wilkinson, 52.70, 2008*

200-Yard Backstroke

(NCAA: 1:53.37/1:59.24)

B	1:53.50	Kristen Heiss	11/20-22
B	1:57.17	Emily Neal	11/20-22
	1:59.82	Tess Simpson	11/20-22
	2:01.55	Megan Latone	11/20-22
	2:02.04	Lindsey King	11/20-22
	2:10.72	Kristina Kontrimas	12/5
	2:11.75	Meagan Hairston	11/6

A&M Record: *Kristen Heiss, 1:53.37, 2008*

100-Yard Breaststroke

(NCAA: 59.99/1:02.98)

A	59.98	Alia Atkinson	11/20-22
	1:04.99	Rebekah Love	11/20-22
	1:05.07	Casey Hurrell-Zitelman	11/20-22p
	1:05.78	Christine Regone	11/20-22
	1:06.96	Megan Onstott	1/23
	1:06.97	Renee Iserman	1/9
	1:07.05	Caroline Maxvill	1/9
	1:07.14	Rebekah Love	1/23
	1:07.90	Maria Sommer	12/5

A&M Record: *Alia Atkinson, 59.43, 2009*

200-Yard Breaststroke

(NCAA: 2:10.32/2:16.83)

A	2:10.04	Alia Atkinson	11/20-22
	2:19.45	Casey Hurrell-Zitelman	11/20-22p
	2:19.90	Megan Onstott	1/23
	2:20.66	Melissa Hain	12/5
	2:20.89	Melanie Dodds	1/9
	2:22.64	Caroline Maxvill	11/20-22
	2:22.79	Rebekah Love	11/20-22p
	2:28.38	Renee Iserman	1/9
	2:31.70	Lauren Clifford	12/5

A&M Record: *Alia Atkinson, 2:06.99, 2009*

100-Yard Butterfly

(NCAA: :52.02/54.62)

B	53.22	Kendra Chernoff	11/20-22
B	53.92	Rita Medrano	11/20-22
B	54.28	Alia Atkinson	11/20-22
	55.23	Allyson Sweeney	11/20-22
	55.49	Julia Wilkinson	12/5
	56.14	Ella Doerge	1
	56.56	Tess Simpson	11/20-22
	56.79	Lindsey King	11/20-22
	57.30	Melanie Dodds	1/23
	57.84	Jaclin Rehiring	11/20-22
	58.14	Lauren Clifford	1/23
	58.62	Rebekah Love	11/20-22
	59.73	Alyssa Conner	12/5
	1:01.42	Liz Nelson	12/5

A&M Record: *Triin Aljand, 51.32, 2008*

200-Yard Butterfly

(NCAA: 1:54.95/2:00.69)

BS	1:56.31	Rita Medrano	11/20-22
B	1:58.77	Kendra Chernoff	11/20-22
	2:01.78	Melissa Hain	12/5
	2:02.20	Melanie Dodds	11/20-22
	2:04.15	Allyson Sweeney	11/20-22
	2:05.02	Jaclin Rehiring	1/23
	2:06.49	Lauren Clifford	11/20-22
	2:12.40	Lindsey King	12/5

A&M Record: *Rita Medrano, 1:56.31, 2009*

200-Yard IM

(NCAA: 1:56.13/2:01.93)

B	1:56.69	Julia Wilkinson	11/20-22
B	1:59.75	Alia Atkinson	11/20-22
B	2:00.45	Melissa Hain	11/20-22
B	2:00.97	Melanie Dodds	11/20-22p
B	2:01.90	Emily Neal	11/20-22
	2:03.11	Allyson Sweeney	11/20-22
	2:04.36	Lindsey King	11/20-22
	2:05.38	Alyssa Conner	11/20-22p
	2:05.53	Casey Hurrell-Zitelman	11/20-22
	2:05.75	Rita Medrano	11/20-22
	2:05.87	Rebekah Love	11/20-22
	2:05.77	Lauren Clifford	11/20-22
	2:07.43	Jaclin Rehiring	11/20-22
	2:07.45	Caroline Maxvill	11/20-22
	2:07.83	Maureen McLaine	12/5
	2:09.15	Liz Nelson	11/20-22p
	2:13.28	Christine Regone	12/5
	2:17.81	Meagan Hairston	12/5

A&M Record: *Julia Wilkinson, 1:55.45, 2008*

400-Yard IM

(NCAA: 4:07.33/4:19.69)

B	4:14.33	Melissa Hain	11/20-22p
B	4:16.12	Melanie Dodds	11/20-22
B	4:17.15	Emily Neal	11/20-22
	4:21.42	Alyssa Conner	11/20-22
	4:23.77	Lauren Clifford	11/20-22
	4:25.30	Casey Hurrell-Zitelman	11/20-22
	4:28.80	Caroline Maxvill	11/20-22
	4:28.81	Liz Nelson	11/20-22

A&M Record: *Melissa Hain, 4:11.02, 2008*

200-Yard Free Relay

(NCAA: 1:28.35/1:32.76)

B	1:29.69	Sommer, Woods	11/20-22
		Atkinson, Wilkinson	
	1:32.85	Sommer, Woods	10/16
		Hain, Doerge	
	1:33.39	Sweeney, Kontrimas	11/20-22
		Simpson, Hain	
	1:33.88	Atkinson, Woods	10/17
		Doerge, Sommer	

A&M Record: *1:28.14, 2009*