

## TEXAS A&M CHALLENGE: BIG 12, SEC, PAC 10

*Gilliam Indoor Track Stadium at the McFerrin Athletic Center  
College Station, TX  
Friday - Saturday, January 29-30*



### TEAMS ATTENDING:

Big 12      Texas A&M, Baylor, Texas  
SEC         Arkansas, Florida, South Carolina  
PAC 10     Oregon, Stanford, Washington State

### ENTRY DEADLINE:

12:00 p.m. on Tuesday, January 26, 2010

### ENTRY RESTRICTION:

- 1 entry per team in the DMR and 4x400m.
- 3 entries per team in the field events and in the 200m, 400m, 600y, 800m, Mile and 3,000m.
- Unlimited entries per team in the 60m, 60m hurdles and the 5,000m.

### ENTRY FEE:

\$300 per gender per team

### ENTRY PROCEDURE:

All entries will be done online through Direct Athletics. Please see the attached document with entry procedures.

### PACKET PICK-UP:

Packet pick-up will be available near the clerking area inside the Indoor Football Facility adjacent to the indoor track when the facility is available for warm-up/workout. Please see Facility Availability section for times.

### CREDENTIALS:

Wrist bands for all competing athletes and Managers, Coaches, Media and Trainers per contract.

### TIMING:

The meet will be timed by Flash Results

### PREFERRED LANES:

Sprint Races      4-5-3-6-2-7-1-8  
200-400            5-6-4-3

## **TEXAS A&M CHALLENGE: BIG 12, SEC, PAC 10**

### **ADVANCEMENT PROCEDURE:**

Field Events – 9 advance to final

### **SCORING:**

Scoring by Conference

Individual	10, 8, 6, 5, 4, 3, 2, 1
Relay	10, 8, 6, 5, 4, 3, 2, 1

### **SPIKES:**

- The approved ¼” pyramid spike for our facility is from MF Athletics, 800-556-7464, Item # 463A ¼” Pyramid Spikes.
- The Omni-Lite ¼” spike is NOT ALLOWED. The spike measures longer than the Pyramid Spike we allow.
- The use of 1/4” pyramid spikes will be strictly enforced.
- NO NEEDLE SPIKES OR CHRISTMAS TREE SIKES ALLOWED.
- No permanent spiked shoes allowed.
- Shoes will be checked at last call in the Clerk Area and prior to getting on the track.

### **RUNWAY MARKS:**

Basic runway markings will be provided. Chalk is not permitted. Cones and white athletic tape will be provided and may be used on the runways.

### **WEIGH-IN:**

The implement room is located under the stands through the Northwest portal, room #102. Implements can be checked-in 2 hours prior to the start of the day’s competitions and up to 45 minutes prior to the event. The implement room will be closed 45 minutes after the completion of the last throwing event of the day.

"Only soft shell weights, or those that restrict bounce, may be used at the competition. The games committee has the discretion to withhold any throwing implement that may endanger anyone associated with the orderly and reasonable continuation of the meet."

### **FACILITY AVAILABILITY:**

The McFerrin Athletic Center Indoor Track and the Indoor Football Facility will be available for teams on:

- Thursday, January 28 5:00 p.m. to 7:00 p.m. – both facilities available
- Friday, January 29 3:00 pm to 5:00 pm – track is available for warm-up  
3:00 pm – Indoor Football Facility open for warm-up
- Saturday, January 30 Track CLOSED for warm-up  
9:00 am – Indoor Football Facility open for warm-up

### **COMPETITION WARM-UP:**

No warming up will be allowed on the track once competition starts including combined events. Warm-up is available in the Indoor Football Field. Field Event warm-ups will be conducted per the NCAA Rules.

### **TRAINING ROOM FACILITIES:**

Please contact Saul Luna, ATC, 979.845.3121

## **TEXAS A&M CHALLENGE: BIG 12, SEC, PAC 10**

### **DRESSING/SHOWER FACILITIES:**

Not Available

### **UPDATES:**

Please continue to check <http://aggiathletics.com> for any updates on meet information and/or schedules

If you have any questions, please email Brian Bancroft at [bbancroft@athletics.tamu.edu](mailto:bbancroft@athletics.tamu.edu) or call 979.845.5823.

**TEXAS A&M CHALLENGE: BIG 12, SEC, PAC 10**

*Gilliam Indoor Track & Field Stadium at McFerrin Athletic Center  
Texas A&M University ~ College Station, TX  
Friday - Saturday, January 29-30*

**TENTATIVE****- DAY ONE -***Friday, January 29***RUNNING EVENTS**

6:30 pm	W	DMR	Final
	M	DMR	Final
6:55 pm	W	5,000m Run	Final
	M	5,000m Run	Final

**COMBINED EVENTS**

		<i>National Anthem</i>	
5:55 pm			
6:00 pm	W	60m Hurdles	Pentathlon
6:15 pm	M	60m Dash	Heptathlon
est. 6:35 pm	W	High Jump	Pentathlon
est. 6:50 pm	M	Long Jump	Heptathlon
est. 7:50 pm	W	Shot Put	Pentathlon
est. 8:05 pm	M	Shot Put	Heptathlon
est. 8:40 pm	W	Long Jump	Pentathlon
est. 8:55 pm	M	High Jump	Heptathlon
est. 9:05 pm	W	800m Run	Pentathlon

**- DAY TWO -***Saturday, January 30***COMBINED EVENTS**

est. 11:00 am	M	60m Hurdles	Heptathlon
est. 11:45 am	M	Pole Vault	Heptathlon
est. 1:45 pm	M	1,000 m Run	Heptathlon

**FIELD EVENTS**

**12:00 pm	M	Long Jump	Trials & Final
	W	Triple Jump	Trials & Final
2:00 pm	M	Weight Throw	Trials & Final
	W	Shot Put	Trials & Final
	W	Pole Vault	Final
	M	Pole Vault	Final
3:00 pm	W	High Jump	Final
	M	High Jump	Final
3:30 pm	W	Weight Throw	Trials & Final
	M	Shot Put	Trials & Final
**3:45 pm	W	Long Jump	Trials & Final
	M	Triple Jump	Trials & Final

**RUNNING EVENTS**

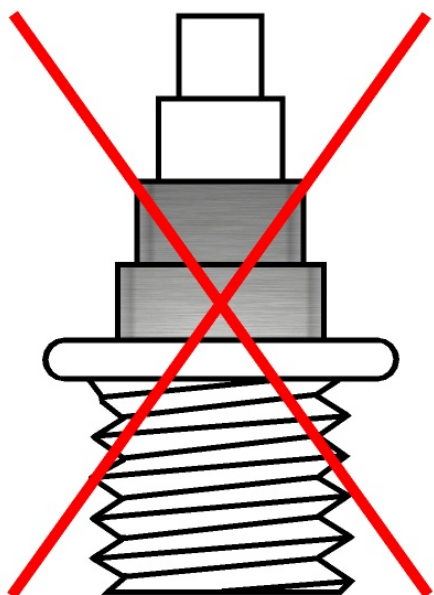
12:30 pm	W	60m Hurdles	Prelim
	M	60m Hurdles	Prelim
12:55 pm	W	60m Dash	Prelim
	M	60m Dash	Prelim

***Break***

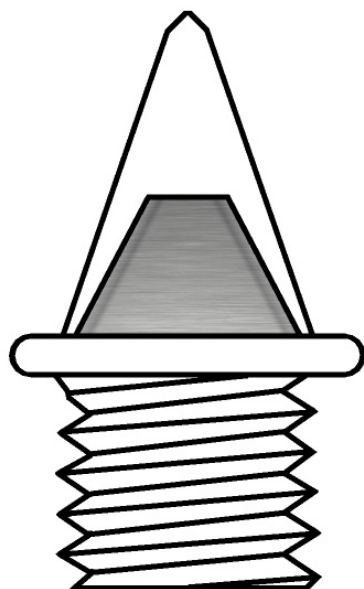
1:45 pm	M	1,000 m Run	Heptathlon
1:55 pm		<i>National Anthem</i>	
2:00 pm	W	3000m Run	Sec vs Time
	M	3000m Run	Sec vs Time
2:40 pm	W	600 Yard Run	Sec vs Time
	M	600 Yard Run	Sec vs Time
3:00 pm	W	60m Hurdles	Finals
	M	60m Hurdles	Finals
3:10 pm	W	400m Dash	Sec vs Time
	M	400m Dash	Sec vs Time
3:45 pm	W	60m Dash	Finals
	M	60m Dash	Finals
3:55 pm	W	800m Run	Sec vs Time
	M	800m Run	Sec vs Time
4:20 pm	W	200m Dash	Sec vs Time
	M	200m Dash	Sec vs Time
5:00 pm	W	Mile Run	Sec vs Time
	M	Mile Run	Sec vs Time
5:30 pm	W	4 x 400m Relay	Sec vs Time
	M	4 x 400m Relay	Sec vs Time

**\*\* Based on entries the long and triple jump start times may be altered.**

# Texas A&M Track & Field

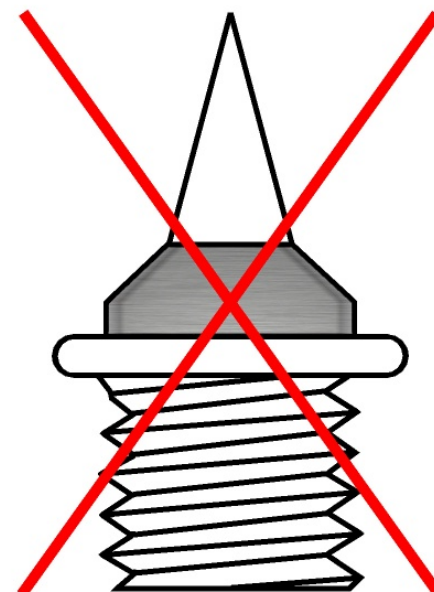


**NO**  
**Christmas**  
**Tree Spike**  
**Pins**



**1/4"**  
**Pyramid**

Item #463A from  
MF Athletics  
800-556-7464



**NO**  
**Needle**  
**Spike**  
**Pins**



## How to Submit Online Entries

\*\*\*NOTE: After all of your athletes have been added to your online roster (Step 2), you must submit your roster/entries to the meet by clicking the green “Register” link. (Step 3 below) Your rosters/entries are not submitted until you complete Step 3.\*\*\*

### STEP 1—Access your DirectAthletics Account

*Each coach must have a DirectAthletics username and password for his/her school. If you don't know your username and password, you will be able to create one or retrieve your existing account by following the instructions below.*

If you already have a DirectAthletics account for your Cross Country team, and know your username and password....	If you do NOT know your username and password....
1) Go to <a href="http://www.directathletics.com">www.directathletics.com</a> 2) In the login box, enter your username and password and click Login.  (Remember that your password is case-sensitive)	1) Go to <a href="http://www.directathletics.com">www.directathletics.com</a> 2) Click on the link “New User? Click HERE”. 3) Follow onscreen instructions. You will be able to create an account online or retrieve forgotten information for an existing account.

**NOTE ABOUT ACCOUNTS:** Most coach accounts control a school's Men's AND Women's team. You control only one gender at time, so you will complete the below steps for your Men, and then switch to your Women's team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:

**Sport:** Track and Field

**Team:** Trinity College School (M)

This indicates that you are controlling the Trinity College School MEN'S team (M=MEN). To switch to your Women's team, you would select “Trinity College School (W)”.

### STEP 2—Edit/Set up Your Online Roster

*Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons) you do not need to add him/her again. Most schools will just need to add new athletes and delete athletes no longer on the roster.*

- 1) Upon logging in, click the TEAM tab.
- 2) If you have used DirectAthletics before, you will see last year's roster. School years have automatically been moved forward one year. You can click “Import Track Roster” which is listed on the left. You will be able to add athletes from your Track roster to your Cross Country roster. If you do not see this link or you are new to DirectAthletics, skip this step.
- 3) Click the green “Add Athletes” link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).
- 4) Enter your athletes First Name, Last Name and School Year and click “Submit”
- 5) You may add, edit or delete athletes on your Team Roster at anytime by click the TEAM tab.

### STEP 3--Submit Your Roster/Entries

Once your athletes are added to your roster, you must submit your roster to the meet.

- 1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to the meet you wish to enter.
- 2) Check off the box for each athlete you wish to enter. You can check the “All” box to select (or un-select) your entire roster.
- 3) When you have completed your entries, click “Submit”. You MUST click “Submit” to submit your entries.
- 4) You will see your current, submitted entries on the “View Entries” page. At any time before the entry deadline, you may edit your entries by clicking the “Edit Entries” link.
- 5) For entry confirmation, simply print the “View Entries” page or click the Email Confirmation link at the top of the “View Entries” page. An Email Confirmation will be sent to the email address in your account.