

ST. JOHN'S UNIVERSITY 2016 CROSS COUNTRY HIGHLIGHTS:

- St. John's Cross Country Named 2016 USTFCCCA Scholar Team (3.47 GPA / 11th year)
- Three Red Storm Programs Repeat with Perfect APR Scores (XC – 1000 for 4th consecutive year)
- **Stephanie Van Pelt** Inks Professional Running Contract
- **Costantino and Howard** Earn All-East Honors at 2016 ECAC Championships @ Van Cortlandt Park
- **Antonia Howard** Takes Home 36th-Place at 2016 NCAA Northeast Regional Championships @ Van Cortlandt Park
- St. John's Cross Country Lands Three in Top-50 at 2016 **BIG EAST Championships @ Van Cortlandt Park**
- St. John's Track & Field Hosts Achilles International Athletes for Practice
- St. John's Cross Country Wins Annual SJU XC Fall Festival @ **Cunningham Park**
- St. John's Cross Country Takes Fourth at **Metropolitan Championships**; **Antonia Howard** Wins Individual Title
- St. John's Cross Country Wins Inaugural NYIT Invite / **Howard** Leads the Way for St. John's at Fordham Fiasco

ST. JOHN'S UNIVERSITY 2017 INDOOR TRACK & FIELD HIGHLIGHTS:

- **Adriana Wright** Breaks School-Record; **Nyla Woods** Takes Second at 2017 ECAC Indoor Championships in Boston
- St. John's Track & Field Lands Eight on **All-BIG EAST** Indoor Team
- **Adriana Wright** Wins Three Individual Titles En Route to St. John's Third-Place Finish at **BIG EAST Championships**
- **Nyla Woods** Defends Weight Throw Title on Day One of 2017 **BIG EAST Indoor Championships @ Ocean Breeze**
- St. John's Track & Field Wins **Artie O'Connor Invitational @ the Armory**
- St. John's 4x400 Wins **Metropolitan Title**; 4x200 Places Third at 110th NYRR Millrose Games @ the Armory
- **Nyla Woods** Named BIG EAST Women's Field Athlete of the Week
- St. John's Track & Field Crowned 2017 **Metropolitan Champions @ Ocean Breeze**
- **Maya Stephens** Wins Fourth-Straight 200-Meter Dash at Villanova Open @ **Ocean Breeze**
- **Maya Stephens** Honored as BIG EAST Women's Track Athlete of the Week
- St. John's Track & Field Takes Second Place at **Penn 8-Team Select**
- Red Storm Track & Field Takes Home Third-Place Finish at **Great Dane Classic**
- **Maya Stephens** Dubbed BIG EAST Women's Track Athlete of the Week / St. John's Track & Field Wins Ten Events at Seventh Annual **Bill Ward Invite**

ST. JOHN'S 2017 OUTDOOR TRACK & FIELD HIGHLIGHTS:

SJU RANKED 5TH IN FINAL NORTHEAST REGIONAL RANKINGS / RED STORM TRACK & FIELD POST 995 APR SCORE

- **Stephens** and **Wright** Wrap up 2017 Campaign at **NCAA East Regional in Lexington, Ky.**
- **Stephens** Clinches Spot in Quarterfinals of 400-Meter Dash on Day One of **NCAA East Regional**; **Woods** places 16th in Hammer Throw
- Three Johnnies to Compete at 2017 **NCAA East Regional** Championships
- **Stephens** Selected to Run for Team Canada at 2017 Francophone Games
- Red Storm Lands 10 Student-Athletes on **All-BIG EAST** Outdoor Team
- **Stephens** Named Most Outstanding Track Athlete as St. John's Finishes Third at 2017 **BIG EAST Outdoor Championships**
- **Woods** Defends Hammer Throw Title, **Wright** Breaks School-Record on Day One of **BIG EAST Outdoor Championships**
- **Burkett** Wins Final BIG EAST Track Athlete of the Week Award
- Johnnies Celebrate Senior Day at the Tom Farrell Classic with Seven Event Victories
- St. John's 4x200 Wins **ECAC Final** on Day Three of **Penn Relays**
- Red Storm Wraps up Busy Day Two of 2017 **Penn Relays**
- 4x100-Meter Relay Breaks School-Record on Day One of **Penn Relays**
- **Adriana Wright** and **Nyla Woods** Sweep **BIG EAST** Track Awards
- Woods, Wright and Stephens** put up **BIG EAST**-Leading Scores at **Georgia Tech Invite in Atlanta**
- St. John's Track & Field Wins Four Events; Places Second at 2017 Outdoor **METS**
- Records Challenged by **Adriana Wright** and 4x100 Relay at **Hurricane Alumni Invitational in Miami**
- Track Alumna **Teresa Ehiogu** Elected to St. John's Student Government Executive Board
- St. John's Track & Field Finishes Fourth at Outdoor Season-Opening Penn Invite

Go to www.stjohns.edu to learn more about the University and admissions process & to www.redstormsports.com, click on cross country or track & field to follow our team and fill out the recruit questionnaire by clicking on notes & stats.