



UPDATE

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ATLANTIC 10 ANNOUNCES WOMEN'S LACROSSE ALL-CONFERENCE TEAMS

Mandy Friend of Richmond and St. Bonaventure's Katelyn Faas share Offensive Player of the Year honors; Richmond's Jackie Swansburg voted Defensive Player of the Year; La Salle's Jillian Davis selected Rookie of the Year; Robin Mason of St. Bonaventure tabbed Student-Athlete of the Year; George Washington's Chrissy Lombard-Adair chosen Coach of the Year

FOR IMMEDIATE RELEASE

PHILADELPHIA, PA - A pair of sophomore standouts shared the 2007 Atlantic 10 women's lacrosse Offensive Player of the Year honors as midfielder Mandy Friend of Richmond and attack player Katelyn Faas of St. Bonaventure tied for the award in voting conducted among the Conference's head coaches. This is the first time in league history that the Conference recognized co-Offensive Players of the Year.

In that same vote, Richmond senior goalkeeper Jackie Swansburg was named Defensive Player of the Year, La Salle's Jillian Davis was tabbed Rookie of the Year and Chrissy Lombard-Adair of George Washington was named Coach of the Year. Additionally, St. Bonaventure junior Robin Mason was named Student-Athlete of the Year for the second straight year in voting by the Conference's sports information directors.

Friend enters this weekend's Atlantic 10 Championship with 51 goals and 15 assists for 66 points on the season, ranking her second in the league in total points. The native of Canandaigua, N.Y., was named the A-10 Player of the Week on Feb. 26 and was selected to the *Inside Lacrosse* Preseason All-American second-team. She scored in all but one contest on the season and recorded multiple goal performances in 14 games, including 10 hat tricks and four five-goal performances. In just her second season at Richmond, she already ranks sixth all-time in career points (142), seventh in assists (36) and eighth in goals scored (104).

Faas boasts 51 goals and 13 assists (64 points) in 14 games played and leads the Atlantic 10 in goals per game with 3.64, while ranking third nationally in the category. She also ranks ninth nationally in points per game (4.57). The sophomore from West Henrietta, N.Y., enters the postseason having scored at least one goal in all 14 games to extend her goal scoring streak to 31 games, which is the fourth longest streak in the nation. She was named the A-10 Player of the Week on Apr. 23 and was also a *womenslacrosse.com* honorable mention Player of the Week.

Swansburg is a two-time first-team Atlantic 10 All-Conference honoree. The goalie from Beverly, Mass., leads the Conference in save percentage (52.3) and goals against average (8.00), which rank seventh and ninth in the nation, respectively, and boasts a 12-5 overall record. She has made double-digit saves in six games, three of which were against top10 opponents, and limited three opponents to four goals or less. The Spiders' co-captain was named A-10 Player of the Week on Mar. 12.

Joining Friend, Faas and Swansburg on the All-Conference first-team are Duquesne's Kathleen McNish and Stacie Pollock; Kathleen Typadis from Massachusetts; Temple's Allison Frengs; Robin Mason and Kimberly Ross from St. Bonaventure; Richmond's Ashley Friend and Megan Riedy; and Katelyn Honeyford of George Washington.

The All-Conference second-team consists of St. Bonaventure's Brenna Houghton and Eboni Preston; Allison Furstenburg of Richmond; Kristina Harvey, Kristin Karcsh and Molly Gannon of George Washington; Temple's Casey Cech, Hillary Richards and Berkley Summerlin; Courtney Tamasitis and Tyneisha Harris of Duquesne; and Samantha Sepulveda of Massachusetts.

Davis enjoyed an outstanding rookie season for La Salle and is the second player from La Salle in two years to earn the top rookie honor. The three-time Atlantic 10 Rookie of the Week is ninth in the Atlantic 10 with 2.13 goals per game after notching 32 goals on the season. She leads all A-10 rookies in goals, points (38) and draw controls (32) and is second on her team in goals, assists (6) and draws. A native of Folsom, Pa., she posted three or more goals in five games for the Explorers.

Including Davis, the All-Conference rookie team features Sarah Cates, Janna Faulkner and Meghan Frederick of Duquesne; St. Bonaventure's Patty Nettle; Ashley King from Massachusetts; Jenna Martino of Saint Joseph's; and George Washington's Taylor Donohue.

Mason garners Student-Athlete of the Year honors for the second straight season. The senior midfielder from Baldwinsville, N.Y., enters this weekend's A-10 Championship having started every game in her four-year career, including all 14 this season. She earned All-Conference honors for the first time in her career this season and ranks first in the Conference in ground balls per game (3.29) and draw controls per game (3.43). Mason maintains a 3.98 grade point average as an education major.

Mason is joined on the Academic All-Conference team by teammate Stephanie Jordan; Keri Drexel and Kathleen McNish of Duquesne; La Salle's Kaylan Billingsley and Tiffany Grossi; Jen Fletcher and Jessica Westlake of Saint Joseph's; Richmond's Claire Cunniff; Caitlin Garman of George Washington; and Samantha Sepulveda and Erica Shapiro of Massachusetts.

In her third season, Lombard-Adair guided George Washington to the program's first-ever A-10 regular season title and led the Colonials to their most Conference wins in school history (6). She earned her second Coach of the Year honor in three seasons and is leading the Colonials to their second postseason appearance while seeking their first postseason win. The 2001 graduate of Boston College is the second head coach at George Washington since the program began in 2002.

2007 ATLANTIC 10 WOMEN'S LACROSSE ALL-CONFERENCE TEAMS

<i>First-Team</i>	<i>School</i>	<i>Pos.</i>	<i>Cl.</i>	<i>Hometown</i>	<i>Gms</i>	<i>Goals</i>	<i>Assts</i>	<i>Pts</i>
Katelyn Faas	St. Bonaventure	A	So.	West Henrietta, N.Y.	14	51	13	64
Kathleen McNish	Duquesne	A	So.	Caldwell, N.J.	17	31	43	74
Kathleen Typadis	Massachusetts	A	Jr.	Medfield, Mass.	17	52	8	60
Allison Frengs	Temple	M	Sr.	Collingswood, N.J.	16	41	7	48
Ashley Friend	Richmond	M	Sr.	Canandaiga, N.Y.	17	33	16	49
Mandy Friend	Richmond	M	So.	Canandaiga, N.Y.	17	51	15	66
Kimberly Ross	St. Bonaventure	M	Jr.	Baldwinsville, N.Y.	14	41	5	46
Katelyn Honeyford	George Washington	D	Jr.	Moorestown, N.J.	12	15	4	19
Robin Mason	St. Bonaventure	D	Sr.	Baldwinsville, N.Y.	14	0	0	0
Stacie Pollock	Duquesne	D	Sr.	Kennett Square, Pa.	17	5	0	5
Megan Riedy	Richmond	D	Sr.	Ellicott City, Md.	17	0	4	4
					<i>Gms</i>	<i>GAA</i>	<i>Sv%</i>	<i>Rec</i>
Jackie Swansburg	Richmond	G	Sr.	Beverly, Mass.	17	8.00	.523	12-5
<i>Second-Team</i>	<i>School</i>	<i>Pos.</i>	<i>Cl.</i>	<i>Hometown</i>	<i>Gms</i>	<i>Goals</i>	<i>Assts</i>	<i>Pts</i>
Allison Furstenburg	Richmond	A	So.	Whitehouse Station, N.J.	17	42	13	55
Kristina Harvey	George Washington	A	Sr.	North Falmouth, Mass.	16	26	10	36
Brenna Houghton	St. Bonaventure	A	Jr.	Manlius, N.Y.	14	24	40	64
Casey Cech	Temple	M	Sr.	Moorestown, N.J.	15	24	6	30
Kristin Karcsh	George Washington	M	Jr.	Kennett Square, Pa.	16	41	19	60
Samantha Sepulveda	Massachusetts	M	Sr.	Freeport, N.Y.	17	13	5	18
Courtney Tamasitis	Duquesne	M	Sr.	Boyertown, Pa.	17	25	5	30
Molly Gannon	George Washington	D	Sr.	Alexandria, Va.	16	4	0	4
Tyneisha Harris	Duquesne	D	Jr.	Aliquippa, Pa.	17	1	0	1
Hillary Richards	Temple	D	Jr.	Southampton, N.J.	16	2	2	4
Berkley Summerlin	Temple	D	Jr.	Baltimore, Md.	14	13	3	16
					<i>Gms</i>	<i>GAA</i>	<i>Sv%</i>	<i>Rec</i>
Eboni Preston	St. Bonaventure	G	Jr.	New Windsor, Md.	14	11.59	.491	8-6
<i>Rookie Team</i>	<i>School</i>	<i>Pos.</i>	<i>Cl.</i>	<i>Hometown</i>	<i>Gms</i>	<i>Goals</i>	<i>Assts</i>	<i>Pts</i>
Sarah Cates	Duquesne	M	Fr.	Columbia, Md.	17	25	0	25
Jillian Davis	La Salle	A	Fr.	Folsom, Pa.	15	32	6	38
Taylor Donohue	George Washington	A	Fr.	Villanova, Pa.	16	17	3	20
Janna Faulkner	Duquesne	A	Fr.	Ellicott City, Md.	16	20	6	26
Meghan Frederick	Duquesne	A	Fr.	Cockeysville, Md.	17	26	11	37
Ashley King	Massachusetts	D	Fr.	Shoreham, N.Y.	17	0	1	1
Jenna Martino	Saint Joseph's	A	Fr.	Oceanport, N.J.	16	31	6	37
Patty Nettle	St. Bonaventure	A	Fr.	Corning, N.Y.	14	12	9	21

Offensive Players of the Year: Mandy Friend, Richmond; Katelyn Faas, St. Bonaventure

Defensive Player of the Year: Jackie Swansburg, Richmond

Rookie of the Year: Jillian Davis, La Salle

Coach of the Year: Chrissy Lombard-Adair

2007 ATLANTIC 10 WOMEN'S LACROSSE ACADEMIC ALL-CONFERENCE TEAM

<i>Name</i>	<i>School</i>	<i>Pos.</i>	<i>Cl.</i>	<i>Hometown</i>	<i>Major</i>
Kaylan Billingsley	La Salle	D	Jr.	Bowie, Md.	Political Sciences
Claire Cunniff	Richmond	A	Jr.	Catonsville, Md.	Biology
Keri Drexel	Duquesne	A	So.	Pequea, Pa.	Secondary Education/English
Jen Fletcher	Saint Joseph's	D	Sr.	Liverpool, N.Y.	Elementary Education
Caitlin Garman	George Washington	G	Jr.	Baltimore, Md.	Communications
Tiffany Grossi	La Salle	A	Sr.	Ridley Park, Pa.	Education
Stephanie Jordan	St. Bonaventure	M	Jr.	Penfield, N.Y.	Biology
Robin Mason	St. Bonaventure	M	Sr.	Baldwinsville, N.Y.	Elementary Education
Kathleen McNish	Duquesne	A	So.	Caldwell, N.J.	Elementary Education
Samantha Sepulveda	Massachusetts	M	Sr.	Freeport, N.Y.	Management
Erica Shapiro	Massachusetts	D	Sr.	Norfolk, Mass.	Finance/Operations Mgt.
Jessica Westlake	Saint Joseph's	M	So.	Lumberton, N.J.	Accounting

Student-Athlete of the Year: Robin Mason, St. Bonaventure

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