



HELPFUL PHONE NUMBERS

<i>24 Hour Crisis Line</i>	<i>1-800-339-5209</i>	
<i>Pregnant Teen Hot Line</i>	<i>1-800-522-5006</i>	
<i>Domestic/ Rape Hot Line</i>	<i>716-945-3970</i>	
<i>Poison Control</i>	<i>716-878-7654</i>	
<i>Police Department</i>	<i>716-376-5677</i>	
<i>Police Emergency</i>	<i>911</i>	
<i>Alcoholics Anonymous</i>		www.alcoholics-anonymous.org
<i>Alanon (for family and friends of alcoholics /addicts)</i>	<i>716-856-2520</i>	www.nynafg.org
<i>Overeaters Anonymous</i>	<i>716-372-5800</i>	www.overeatersanonymous.org
<i>National Association of Anorexia Nervosa & Related Eating Disorders (ANAD)</i>	<i>708-831-3438</i>	
<i>American Anorexia & Bulimia Assoc. (AABA)</i>	<i>212-734-1114</i>	
<i>American Dietetic Assoc.</i>	<i>800-366-1655</i>	www.eatright.org