



You can help...

- ❖ Suicide took the lives of 30,622 people in 2001
- ❖ In 2002, 132,353 individuals were hospitalized following suicide attempts; 116,639 were treated in emergency departments and released
- ❖ Suicide is the 8th leading cause of death for all U.S. men
- ❖ Women report attempting suicide during their lifetime about 3x as often as men

www.cdc.gov/ncipc

SUICIDE is the 3rd leading cause of death among people 15-24

RISK FACTORS:

Previous suicide attempt(s)
History of mental disorders, particularly depression
History of alcohol and substance abuse
Family history of suicide
Feelings of hopelessness and isolation
Impulsive or aggressive tendencies
Loss (relational, social, work, or financial)
Physical illness
Unwillingness to seek help
Cultural and religious beliefs



National Center for Injury Prevention and Control

www.cdc.gov/ncipc



What can YOU do?

- ✓ If someone tells you they are thinking about suicide, **take their distress seriously, listen nonjudgmentally, and help them get to a professional for evaluation and treatment**
- ✓ If someone is in imminent danger of harming himself or herself, **DO NOT leave the person alone**

Researchers have identified factors that place an individual at higher risk for suicide, but very few persons with these risk factors will actually commit suicide making it **difficult to predict which individuals will advance to action.**

National Institute of Mental Health

www.nimh.nih.gov