

## ATHLETIC COMPLIANCE NEWS

### Key Upcoming Dates

**September 4th:**

*Last Day to Drop/Add*

**September 29th—  
October 1st**

*Family Weekend*

**October 7th—10th:**

*Mid-term Break; no classes*

**October 11th:**

*Classes Resume*

**October 18th:**

*Mid-term grades due*

**November 1st—2nd:**

*Senior Registration  
S'07*

**November 2nd:**

*Last Day to With-  
draw from a class*

**November 3rd & 6th:**

*Junior Registration S'07*

**November 7th—8th:**

*Sophomore Registration  
S'07*

**November 9th—10th:**

*Freshman Registration S'07*

**November 17th:**

*Final day for Spring/  
Summer I grade changes*

**November 22nd—26th:**

*Thanksgiving Recess; no  
classes*

**November 27th:**

*Classes Resume*



### PLAYING AND PRACTICE SEASONS

With the adoption of new legislation pertaining to bylaw 17, please keep the following in mind in planning out practice and playing schedules.

\* During a sports declared playing season, student-athletes are limited to no more than 4 hours/day and 20/hours/week of countable athletically related activities. All student-athletes must have at least one day off per week, with the exception of basketball. In the sport of basketball, if an institution's team participates in three contests in a given week, an institution is not subject to the one-day-off-per-week requirement, provided the student-athletes do not engage in any countable athletically related activities for two days during either the preceding or the following week.

\* Outside of your declared playing season, from the institution's first day of classes of the academic year, to one week prior to the beginning of the institution's final examination period at the conclusion of the academic year, only a student-athlete's participation in required weight-training, conditioning and individual skill instruction shall be permitted. A student-athlete's participation in such activities per Bylaw 17.02.1 shall be limited to a maximum of eight hours per week with not more than two hours per week spent on individual skill workouts. All athletically related activities outside the playing season are prohibited one week prior to the beginning of the final examination period through the conclusion of each student-athlete's final exams. More than four student-athletes from the team may be involved in skill-related instruction with their coaches from September 15 through April 15. **Prior to September 15 and after April 15, no more than four student-athletes** from the same team may be involved in skill-related instruction with their coaches) at any one time in any facility.

\* Conditioning drills that may simulate game activities are permissible, provided no offensive or defensive alignments are set up and no equipment related to the sport is used. In swimming and diving, a student-athlete may be involved in in-pool conditioning activities and swim-specific equipment (e.g., starting blocks, kickboards, pull buoys) may be used.



\* Once your "week" has been declared and approved by the compliance office, it cannot change.

#### Applicable Interpretations

1. A student-athlete may not participate in any countable athletically-related activities outside the playing season during any institutional vacation period (i.e., upcoming mid-term break).
2. Practice by a student-athlete following an institution's competition is not permitted, **regardless** of whether the student-athlete participated in the competition or not.
3. While traveling from an away-from-home contest, a team cannot review a videotape of a previous contest to prepare the institution's team for future competition or to enhance the student-athletes' athletics skills because in this situation, the viewing of video tape would be considered practice and bylaw 17.1.5.3.2 does not permit any practice following competition.

## PROPSAL 2006 - 65 — FRESHMAN ACADEMIC REQUIREMENTS - CORE-CURRICULUM TIME LIMITATION

Coaches need to take note of a proposal that is currently in the legislative process that could effect 2007 freshman recruits and their ability to be considered qualifiers during their initial year of eligibility.

Proposal 2006-65, if adopted, will limit how many years of high school a domestic student can take and use for initial eligibility purposes. International students already have this limitation in place.

The current legislation allows, and in some cases, encourages a PSA to purposefully delay high school graduation to meet NCAA initial-eligibility requirements. This proposal promotes timely

high school graduation by requiring that core courses be completed within the normal high school timeframe (e.g., in a student's first eight semesters or 12 quarters). The proposal also encourages timely high school graduation by permitting students to earn one core course in the summer or academic year immediately following timely graduation. If a PSA uses this limited exception to the core-curriculum time limitation, he or she would be immediately eligible on certification that all initial-eligibility requirements are met. A student-athlete who uses the exception to the core-curriculum time limitation will be able to complete the additional core course at any high school that is

recognized by the NCAA (not limited to the high school from which he or she graduated). There will continue to be legitimate instances in which a student does not or cannot graduate from high school within the normal timeframe. The initial-eligibility waiver process will provide a mechanism to review such cases and waive this requirement when circumstances warrant an exception.

Students must graduate within four years of enrollment in 9th grade or else risk not being a qualifier their initial year of enrollment.



### Recruiting Calendars

#### Baseball

Sept. 1—14 Quiet  
Sept. 15—Nov. 5 Cont/Eval

#### Men's Basketball

Sept. 1—8 Quiet  
Sept 9—Oct. 5 Contact  
Oct. 6—Nov. 5 Eval

#### Women's Basketball

Sept. 1—15 Quiet  
Sept. 16—Oct. 6 Contact  
Oct. 7—Nov. 5 Eval

#### Softball

Sept. 1—Nov. 5 Cont/Eval  
\* no more than 50 days from 8/1/06 - 7/31/07

### Recruiting Guidelines for PSA's and Student Hosts

Reminder: There are reasonable and acceptable forms of behavior and measurable accountability during recruiting visits. The following rules and expectations are required during a PSA's visit to SBU:

1. The Head Coach is responsible for communicating the recruiting visit expectations to the PSA.
2. Athletic department employees, coaches, and student-athletes will adhere to all NCAA regulations

prior to and during the recruiting visit.

3. A member of the coaching staff MUST personally view the hotel room that the PSA/parents will be staying in, in advance, to ensure that the room is not excessive in style or design.

4. In the recruiting process, SBU does not tolerate or condone the use of alcohol, illegal drugs, sex or any form of gambling or hazing.

This prohibition includes visitation to adult entertainment clubs, the Seneca-Allegany Casino or Off-Track Betting facilities.

Finally, all PSA's must sign off on the Code of Conduct when they initially arrive on campus for their visit. Failure to complete the form upon initial arrival is an NCAA violation. This form must be turned in with the other official visit forms.

### COMPLIANCE TIPS OF THE MONTH

#### Missed Class for Practice

Bylaw 17.1.5.6.1 states that no class time shall be missed for practice activities except when a team is traveling to an away-from-home contest and the practice is in conjunction with the contest.

Therefore, if a student-athlete has a class that conflicts with practice, they MUST attend the class and arrive to practice late.

#### Unofficial Visit & Meals

During an unofficial visit, a PSA and a coach may eat a meal at an off-campus facility, provided the PSA/parents pay his/her own way to the restaurant and the PSA/parents pays for his/her meal entirely. In addition, it would be considered an off-campus contact; therefore, this can only be done during an appropriate recruiting period (i.e., contact period).

#### 2007 Prospects and the NCAA Clearinghouse

2007 high school prospects should begin the process of applying to the NCAA Clearinghouse early in their senior year of high school. With the adoption of new legislation, **all SAT and ACT scores must now be sent directly to the Clearinghouse from the testing agency** (i.e., College Board). Remind your PSA's when they are taking the tests this fall to request the NCAA Clearinghouse as one of their choices to have their scores sent to.

#### SBU Admissions Open Houses

Sunday October 15th  
Sunday October 22nd  
Sunday November 5th

*Invite your high school recruits to come visit!*

