



# Stanford Lacrosse Player Clinic

Join the Stanford University Women's Lacrosse Staff and select players for a day of lacrosse as you prepare for your 2010 season! Our goal is to further develop both individual and team skills. We want to promote the growth of our sport in a fun environment. Topics covered include:

**Date: February 7<sup>th</sup>, 2010**

**Time: 9:00 am-12:00 pm**

**Location: Maloney Practice Field**

**\*Located on El Camino Real behind Football Stadium**

**Cost: \$40.00**

**\*Please make checks payable to: Change Your Level Lacrosse**

**Age: 8-18**

- Shooting
- Stick skills & Ball-handling tricks
- Goal-Keeping Basics and Strategies
- Team Defense
- Team Offense

Please remember to bring your own equipment!!

- Stick
- Goggles
- Mouth guard
- Cleats (field is grass)
- Water bottle

Please detach from dotted line above and mail completed form and payment to:

Women's Lacrosse  
Arrillaga Family Sports Center  
641 E. Campus Dr.  
Stanford, CA 94305

Name: \_\_\_\_\_

E-Mail address: \_\_\_\_\_

Phone: \_\_\_\_\_

School: \_\_\_\_\_

Age: \_\_\_\_\_

Position: \_\_\_\_\_

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For questions or more information please contact:

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