



Thank you for your interest in the Stanford Women's Lacrosse program. We in the recruiting office look forward to working with you. If you, your parents, coaches, or guidance office has any questions during the recruiting process, please don't hesitate to contact us.

In order to expedite your standing as a prospective student-athlete, please complete the following:

- A) Please print out this questionnaire and transcript request form. Please remember to fill out grades on questionnaire. Do not wait to send us either your transcript or questionnaire--we can help guide you by getting such academic info early on.
- B) Fill out the questionnaire and return to the address below along with your high school and club schedules.
- C) Fill out the top portion of the transcript request form and give to your counselor. Please ask them to send us a copy of your transcript (unofficial copies are fine).

As a high school student, you may call us at any time, however NCAA regulations enable us to return your phone call only after July 1st before entering your senior year. We are also unable to engage in email correspondence until after Sept. 1 of your Junior Year. Thanks again for your interest in Stanford Lacrosse! And remember...

THINK STANFORD, GO CARD!!!

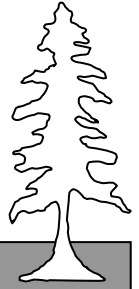
Adam Norton  
Assistant Coach  
Work – 650-723-9903  
Cell – 202-494-6171  
Fax – 650-725-4471  
Email – [adnorton@stanford.edu](mailto:adnorton@stanford.edu)

Jen Kasper  
Assistant Coach  
Work – 650-725-0018  
Cell – 443-277-9751  
Fax – 650-725-4471  
Email – [jkasper@stanford.edu](mailto:jkasper@stanford.edu)

Mail to:  
Recruiting Coordinators  
Stanford Lacrosse  
641 E. Campus Dr.  
Arrillaga Family Sports Center  
Stanford, CA 94305-6150

# STANFORD WOMEN'S LACROSSE

## QUESTIONNAIRE



### PERSONAL INFORMATION

Legal Name: \_\_\_\_\_ Social Sec #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_  
First name that you go by? \_\_\_\_\_ D.O.B: \_\_\_\_\_ IM Screen name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Verizon? \_\_\_ Fax #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Mother's Name: \_\_\_\_\_ Occupation/Place of Work: \_\_\_\_\_ School: \_\_\_\_\_  
Father's Name: \_\_\_\_\_ Occupation/Place of Work: \_\_\_\_\_ School: \_\_\_\_\_  
Siblings' Names, Ages and Schools: \_\_\_\_\_

Do you have any relatives who are Stanford alumnae? **Y/N** Have you visited Stanford? When? \_\_\_\_\_  
Name \_\_\_\_\_ Relationship \_\_\_\_\_ Class of \_\_\_\_\_ Do you intend to apply? \_\_\_\_\_  
Name \_\_\_\_\_ Relationship \_\_\_\_\_ Class of \_\_\_\_\_  
What are your hobbies? \_\_\_\_\_  
Do you have a video? **Y/N** If no, when do you expect to have one? \_\_\_\_\_ Will you apply for financial aid? **Y/N**  
Have you come to Stanford Lacrosse Camp? \_\_\_\_\_  
Other schools of interest: \_\_\_\_\_

### ATHLETIC INFORMATION

#### HIGH SCHOOL LACROSSE INFO

Position: \_\_\_\_\_ Yrs of Experience: Varsity \_\_\_\_\_ JV \_\_\_\_\_ Other \_\_\_\_\_ Ht: \_\_\_\_\_ Wt: \_\_\_\_\_  
Coach's Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Home Jersey Color: \_\_\_\_\_ #: \_\_\_\_\_ Away Jersey Color: \_\_\_\_\_ #: \_\_\_\_\_

#### CLUB LACROSSE INFO

Team: \_\_\_\_\_ Position: \_\_\_\_\_  
Coach's Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Home Jersey Color: \_\_\_\_\_ #: \_\_\_\_\_ Away Jersey Color: \_\_\_\_\_ #: \_\_\_\_\_

Lacrosse Honors & years: \_\_\_\_\_

Other Sports Played (include honors & years): \_\_\_\_\_



# Stanford Lacrosse Questionnaire, Continued

## ACADEMIC INFORMATION

High School: \_\_\_\_\_ Year of Grad: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

HS Counselor: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Academic Interest / Anticipated Majors: \_\_\_\_\_ Unweighted GPA: \_\_\_\_\_ Rank: \_\_\_\_/\_\_\_\_

PSAT- Date \_\_\_\_ (CR) \_\_\_\_ (M) \_\_\_\_ (W) \_\_\_\_ SAT II- Date: \_\_\_\_ Subj /Score: \_\_\_\_\_ AP Subj/score \_\_\_\_\_

SAT- Date \_\_\_\_ (CR) \_\_\_\_ (M) \_\_\_\_ (W) \_\_\_\_ SAT II- Date: \_\_\_\_ Subj /Score: \_\_\_\_\_ AP Subj/score \_\_\_\_\_

SAT- Date \_\_\_\_ (CR) \_\_\_\_ (M) \_\_\_\_ (W) \_\_\_\_ SAT II- Date: \_\_\_\_ Subj /Score: \_\_\_\_\_ AP Subj/score \_\_\_\_\_

### **\*WE RECOMMEND YOU TAKE THE SAT OR ACT IN THE FALL OF YOUR JUNIOR YEAR\***

#### **Academic Preparation**

The primary criterion for admission is academic excellence, and the most important credential is the transcript of completed work. When transcripts are reviewed, the Office of Admissions evaluates a students' grades in various core academic courses: English, science, foreign language, history (including art and music history), and mathematics. Courses such as driver's education, physical education, band, and shop, which do not develop critical verbal and analytical skills, are not included in their evaluation. In addition to grades, the number of core academic courses is also important in determining depth and breadth of academic preparation, with most students taking 4 to 5 academic courses per semester. It is also recommended that you take your SAT test at least twice in your junior year. We hope that your high school will provide you with the following program:

**English**--4 years--with significant emphasis on writing and literature. The stronger a student's preparation in English, the better the student's chances for success in whatever field of study you pursue.

**Mathematics** --4 years--with significant emphasis on fundamental mathematical skills algebra; trigonometry; plane, solid, and analytic geometry. The strongest possible grounding in math is especially desirable for students interested in scientific and technical fields.

**History** --3 or more years--including a year of American History. Such courses should include the writing of essays.

**Science** --3 or more years of laboratory science. For those with a preliminary academic interest in science or engineering, the strongest possible preparation in science is desirable.

**Foreign Language** --3 years of one foreign language is preferable. It is better to have taken one foreign language in depth rather than introductory courses in two different languages.

**Class Report:** Please list the classes and grades (if available) planned for your 10th, and 11th grades. List classes / grades from both semesters.

#### 10th Grade

1<sup>st</sup> Semester

Grade

2<sup>nd</sup> Semester

Grade

#### 11th Grade

1<sup>st</sup> Semester

Grade

2<sup>nd</sup> Semester

Grade

_____	_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____	_____



Please mail to:  
Recruiting Office  
Stanford Lacrosse  
Arrillaga Sports Center  
641 E. Campus Dr.  
Stanford, CA 94305-6150





## **HIGH SCHOOL TRANSCRIPT REQUEST**

- 1) PLEASE SIGN AND COMPLETE THIS FORM**
- 2) GIVE TO YOUR SCHOOL COUNSELOR**
- 3) ASK YOUR COUNSELOR TO SEND YOUR TRANSCRIPT TO STANFORD AS EARLY AS POSSIBLE**
- 4) ASK YOUR COUNSELOR TO ALSO SEND A SCHOOL PROFILE AT THEIR CONVENIENCE**

Signature of Student: \_\_\_\_\_

Print Name: \_\_\_\_\_

last

first

middle

Birthdate: \_\_\_\_\_

High School: \_\_\_\_\_

City/State: \_\_\_\_\_

Month/Year Entered: \_\_\_\_\_

Year of Graduation: \_\_\_\_\_

Signature of Parent or Guardian: \_\_\_\_\_

Counselor's Name: \_\_\_\_\_

Counselor's Phone: \_\_\_\_\_

**Registrar: Please forward transcripts and test scores for the above student to:**

Recruiting Office  
Stanford Lacrosse  
641 E. Campus Dr.  
Arrillaga Family Sports Center  
Stanford, CA 94305-6150

OR

Fax to: Women's Lacrosse  
650-725-4471

If you have any questions, please call Michele Uhlfelder, Head Coach at (650-723-1994) or Assistant Coaches: Adam Norton (650-723-9903) and Jen Kasper (650-725-0018)

**REASON FOR RELEASE OF STUDENT RECORD:**  
**STUDENT ATHLETE EVALUATION**