

TENATIVE Friday Running Events			Advancement Procedure	NCAA Automatic Qualifying Mark	NCAA Regional Qualifying Mark
8:45 AM	20	W-5000	Section # 5		16:52.00
9:06 AM	20	M-5000	Section # 5		14:12.00
9:24 AM	35	M-10,000	Section #3	28:45.00 - Auto	29:30.00 - Prov
10:00 AM	20	W-100 hurdles	Trials-5 races	Top 9 times to final on Saturday	13.92
10:20 AM	21	M-110 hurdles	Trials-4 races	Top 9 times to final on Saturday	14.30
10:41 AM	18	W-100	Trials-6 races	Top 9 times to final on Saturday	11.75
10:58 AM	24	M-100	Trials-6 races	Top 9 times to final on Saturday	10.55
11:18 AM	16	W-800	B Sections-4 races		2:09.80
11:34 AM	19	M-800	B Sections-4 races		1:50.40
11:50 AM	30	G-3000	Final (2 races)		n/a
12:18 PM	26	B-3000	Final (2 races)		n/a
12:42 PM	12	W-800	Sections # 1-3		2:09.80
12:54 PM	12	M-800	Sections # 1-3		1:50.40
1:06 PM	20	G-100 hurdles	Trials-5 races	Top 9 times to final on Saturday	n/a
1:26 PM	30	B-110 hurdles	Trials-5 races	Top 9 times to final on Saturday	n/a
1:56 PM	32	G-Distance Medley	Final (2 races)		n/a
2:26 PM	35	B-Distance Medley	Final (2 races)		n/a
2:59 PM	20	W-400 hurdles	Final (4 races)	Heats against Time	60.82
3:19 PM	25	M-400 hurdles	Final (4 races)	Heats against Time	52.51
3:42 PM	21	W-200	Final (7 races)	Heats against Time	23.96
4:03 PM	23	M-200	Final (6 races)	Heats against Time	21.35
4:26 PM	21	G-100	Trials-6 races	Top 9 times to final on Saturday	n/a
4:47 PM	28	B-100	Trials-7 races	Top 9 times to final on Saturday	n/a
5:16 PM	30	BREAK			
5:36 PM	16	W-3000 Steeplechase	Section # 1		10:50.25
5:52 PM	12	M-3000 Steeplechase	Section # 2		9:07.00
6:04 PM	12	M-3000 Steeplechase	Section # 1		9:07.00
6:16 PM	19	W-5000m	Section #2		16:52.00
6:36 PM	19	W-5000m	Section #1		16:52.00
6:55 PM	16	M-5000m	Section #2		14:12.00
7:13 PM	16	M-5000m	Section #1		14:12.00
7:29 PM	36	W-10000m	Section #1	33:30.00 - Auto	35:00.00 - Prov
8:07 PM	33	M-10000m	Section #1	28:45.00 - Auto	29:30.00 - Prov
8:40 PM					
Friday Field Events					Metric Mark
10:00 AM		M-Long Jump	B Section	Jumps under 21'6" not measured	4 Jumps ONLY 24'-01"/7.34m
		W-Long Jump	B Section	Jumps under 17' not measured	4 Jumps ONLY 19'-08.25"/6.00m
		W-Javelin	Top Section	Throws under 130' not measured	142'-06"/43.45m
		M-Hammer	B Section	Throw under 150' not measured	4 Throws ONLY 182'-05"/55.60m
11:00 AM		M-Pole Vault	B Section	Opening height 14'5-1/4" (4.40m)	16'-06.75"/5.05m
		W-Pole Vault	B Section	Opening height 11'0" (3.35m)	12'-05.5"/3.80m
11:30 AM		W-Javelin	B Section	Throws under 130' not measured	4 Throws ONLY 142'-06"/43.45m
11:45 AM		W-Shot Put	B Section	Throws under 38' not measured	4 Throws ONLY 46'-11"/14.30m
12:45 PM		M-Javelin	Top Section	Throws under 180' not measured	198'-10"/61.60m
2:00 PM		M-Long Jump	Top Section	Jumps under 22' not measured	24'-01"/7.34m
		W-Long Jump	Top Section	Jumps under 17'6" not measured	19'-08.25"/6.00m
		W-High Jump	Final	Opening height 5'4"	5'08.75"/1.75m
		M-Shot Put	B Section	Throws under 45' not measured	4 Throws ONLY 55'-01.5"/16.80m
		W-Hammer	B Section	Throws under 140' not measured	4 Throws ONLY 182'-05"/55.60m
2:05 PM		M-Javelin	B Section	Throws under 180' not measured	4 Throws ONLY 202'-01"/61.60m
3:45 PM		B-Invitational Pole Vault	Final	Opening height 12'6" (3.81m)	n/a
3:45 PM		G-Invitational Pole Vault	Final	Opening height 10' (3.05m)	n/a
4:00 PM		M-Discus	B Section	Throws under 145' not measured	4 Throws ONLY 169'07"/51.70m
4:30 PM		B-Shot Put	Final	Throws under 45' not measured	4 Throws ONLY n/a

Stanford Invitational

Schedule as of 3/20/2008

		B-Long Jump	Final	Jumps under 21' not measured	4 Jumps ONLY	n/a		
		G-Long Jump	Final	Jumps under 16'6" not measured	4 Jumps ONLY	n/a		
5:45 PM		G-Shot Put	Final	Throws under 30' not measured	4 Throws ONLY	n/a		
6:30 PM		W-Discus	B Section	Throw under 135' not measured	4 Throws ONLY	155'-02"/47.30m		
TENTATIVE Saturday Running Events				Advancement Procedure	NCAA Automatic Qualifying Mark	NCAA Regional Qualifying Mark		
9:00 AM	20	G-400 hurdles	Final (5 races)			n/a		
9:20 AM	25	B-400 hurdles	Final (5 races)			n/a		
9:43 AM	30	G-4x100	Trials (6 races)	Top 9 to Final		n/a		
10:08 AM	30	B-4x100	Trials (6 races)	Top 9 to Final		n/a		
10:33 AM	20	G-4x800	Final (2 races)	Field size limited to top 40 teams		n/a		
11:01 AM	20	B-4x800	Final (2 races)	Field size limited to top 40 teams		n/a		
11:23 AM	30	Lorri Maynards Kids Half Lap	10 races			n/a		
11:53 AM	15	G-1600	Final (2 races)			n/a		
12:08 PM	15	B-1600	Final (2 races)			n/a		
12:23 PM	33	W-1500	B Sections (6 races)			4:27.80		
12:56 PM	27	M-1500	B Sections (6 races)			3:47.80		
1:23 PM	24	G-400	Final (6 races)	Heats against Time		n/a		
1:47 PM	28	B-400	Final (6 races)	Heats against Time		n/a		
2:11 PM	20	W-400	Final (5 races)	Heats against Time		54.61		
2:31 PM	28	M-400	Final (6 races)	Heats against Time		47.20		
2:57 PM	5	G-4x100	Final (1 race)	Top 9 teams from Trials		n/a		
3:02 PM	5	B-4x100	Final (1 race)	Top 9 teams from Trials		n/a		
3:07 PM	10	W-4x100	Final (2 races)	Heats against Time		45.70		
3:17 PM	10	M-4x100	Final (2 races)	Heats against Time		40.66		
3:27 PM	7	G-100 hurdles	Final (1 race)	Top 9 times from Trials		n/a		
3:33 PM	4	W-100 hurdles	Final (1 race)	Top 9 times from Trials		13.92		
3:37 PM	7	B-110 hurdles	Final (1 race)	Top 9 times from Trials		n/a		
3:44 PM	4	M-110 hurdles	Final (1 race)	Top 9 times from Trials		14.30		
3:49 PM	4	G-100	Final (1 race)	Top 9 times from Trials		n/a		
3:53 PM	4	B-100	Final (1 race)	Top 9 times from Trials		n/a		
3:57 PM	4	W-100	Final (1 race)	Top 9 times from Trials		11.75		
4:01 PM	4	M-100	Final (1 race)	Top 9 times from Trials		10.55		
4:05 PM	35	G-4x400	Final (5 races)			n/a		
4:40 PM	35	B-4x400	Final (5 races)			n/a		
5:15 PM	14	W-4x400	Final (2 races)			3:42.00		
5:29 PM	21	M-4x400	Final (3 races)			3:10.00		
5:47 PM	30	BREAK						
6:07 PM	16	W-3000m Steeplechase	Section #2			10:50.25		
6:23 PM	12	M-3000m Steeplechase	Section #4			9:07.00		
6:35 PM	11	M-3000m Steeplechase	Section #3			9:07.00		
6:47 PM	12	W-1500	Sections #1-2					
6:59 PM	10	M-1500	Sections #1-2					
7:09 PM	19	W-5000m	Section #4			16:52.00		
7:29 PM	19	W-5000m	Section #3			16:52.00		
7:49 PM	16	M-5000m	Section #4			14:12.00		
8:06 PM	16	M-5000m	Section #3			14:12.00		
8:22 PM	36	M-10000m	Section #2		28:45.00 - Auto	29:30.00 - Prov		
8:58 PM	33	W-10000m	Section #2		33:30.00 - Auto	35:00.00 - Prov		
9:31 PM								
Saturday Field Events							Metric Mark	
9:00 AM		B-Pole Vault	B Section	Opening height 12' (3.66m)		n/a		

Stanford Invitational

Schedule as of 3/20/2008

	G-Pole Vault	B Section	Opening height 9' (2.75m)		n/a
	B-Discus	Final	Throws under 140' not measured	4 Throws ONLY	n/a
	G-High Jump	Final	Opening height 4'10"		n/a
	B-Triple Jump	Final	Jumps under 42' not measured	4 Jumps ONLY	n/a
	G-Triple Jump	Final	Jumps under 34' not measured	4 Jumps ONLY	n/a
11:00 AM	M-Shot Put	Top Section	Throws under 51' not measured		55'-01.5"/16.80m
11:00 AM	G-Discus	Final	Throws under 100' not measured	4 Throws ONLY	n/a
12:00 PM	W-Pole Vault	Top Section	Opening height 12'2" (3.71m)		12'-05.5"/3.80m
	M-Hammer	Top Section	Throws under 180' not measured		182'-05"/55.60m
	B-High Jump	Final	Opening height 6'		n/a
12:30 PM	M-Triple Jump	Top Section	Jumps under 43' not measured		49'-02.5"/15.00m
	W-Triple Jump	Top Section	Jumps under 37' will not be measured		40'-05"/12.32m
1:00 PM	W-Shot Put	Top Section	Throws under 45' not measured		46'-11"/14.30m
1:30 PM	M-Discus	Top Section	Throws under 155' not measured		169'-07"/51.70m
1:45 PM	W-Hammer	Top Section	Throws under 150' not measured		177'-08"/54.15m
2:30 PM	M-Triple Jump	B Section	Jumps under 42' not measured	4 Jumps ONLY	49'-02.5"/15.00m
	W-Triple Jump	B Section	Jumps under 36' will not be measure	4 Jumps ONLY	40'-05"/12.32m
	M-High Jump	Final	Opening height 6'5"		6"-10.75"/2.10m
3:00 PM	M-Pole Vault	Top Section	Opening height 16'3-1/4" (4.96m)		16'-06.75"/5.05m
3:45 PM	W-Discus	Top Section	Throws under 145' not measured		155'-02"/47.30m