

# Stanford Invitational

Schedule as of 4/1/2008

<b>TENATIVE Friday Running Events</b>			Advancement Procedure	NCAA Automatic Qualifying Mark	NCAA Regional Qualifying Mark
8:45 AM	20	W-5000	Section # 5		16:52.00
9:06 AM	20	M-5000	Section # 5		14:12.00
9:24 AM	35	M-10,000	Section #3		28:45.00 - Auto 29:30.00 - Prov
10:00 AM	20	W-100 hurdles	Trials-5 races	Top 9 times to final on Saturday	13.92
10:20 AM	21	M-110 hurdles	Trials-4 races	Top 9 times to final on Saturday	14.30
10:41 AM	18	W-100	Trials-6 races	Top 9 times to final on Saturday	11.75
10:58 AM	24	M-100	Trials-6 races	Top 9 times to final on Saturday	10.55
11:12AM	16	W-800	B Sections-4 races		2:09.80
11:28AM	19	M-800	B Sections-4 races		1:50.40
11:44AM	30	G-3000	<b>Final</b> (2 races)		n/a
12:12PM	26	B-3000	<b>Final</b> (2 races)		n/a
12:36PM	12	W-800	Sections # 1-3		2:09.80
12:48PM	12	M-800	Sections # 1-3		1:50.40
1:00PM	20	G-100 hurdles	Trials-5 races	Top 9 times to final on Saturday	n/a
1:14PM	30	B-110 hurdles	Trials-5 races	Top 9 times to final on Saturday	n/a
1:44PM	32	G-Distance Medley	<b>Final</b> (2 races)		n/a
2:14PM	35	B-Distance Medley	<b>Final</b> (2 races)		n/a
2:47 AM	20	W-400 hurdles	<b>Final</b> (4 races)	Heats against Time	60.82
3:07PM	25	M-400 hurdles	<b>Final</b> (4 races)	Heats against Time	52.51
3:30PM	21	W-200	<b>Final</b> (7 races)	Heats against Time	23.96
3:51PM	23	M-200	<b>Final</b> (6 races)	Heats against Time	21.35
4:18PM	21	G-100	Trials-6 races	Top 9 times to final on Saturday	n/a
4:34PM	28	B-100	Trials-7 races	Top 9 times to final on Saturday	n/a
5:04PM	30	<b>BREAK</b>			
5:30PM	16	W-3000 Steeplechase	Section # 1		10:50.25
5:46PM	12	M-3000 Steeplechase	Section # 2		9:07.00
5:58PM	12	M-3000 Steeplechase	Section # 1		9:07.00
6:10PM	19	W-5000m	Section #2		16:52.00
6:30PM	19	W-5000m	Section #1		16:52.00
6:49PM	16	M-5000m	Section #2		14:12.00
7:07PM	16	M-5000m	Section #1		14:12.00
7:23PM	36	W-10000m	Section #1		33:30.00 - Auto 35:00.00 - Prov
8:01PM	33	M-10000m	Section #1		28:45.00 - Auto 29:30.00 - Prov
8:40 PM					



# Stanford Invitational

Schedule as of 4/1/2008

<b>TENTATIVE Saturday Running Events</b>				Advancement Procedure	NCAA Automatic Qualifying Mark	NCAA Regional Qualifying Mark
9:00 AM	20	G-400 hurdles	Final (5 races)			n/a
9:20 AM	25	B-400 hurdles	Final (5 races)			n/a
9:43 AM	30	G-4x100	Trials (6 races)	Top 9 to Final		n/a
10:08 AM	30	B-4x100	Trials (6 races)	Top 9 to Final		n/a
10:33 AM	20	G-4x800	Final (2 races)	Field size limited to top 40 teams		n/a
11:01 AM	20	B-4x800	Final (2 races)	Field size limited to top 40 teams		n/a
11:23 AM	30	Lorri Maynards Kids Half Lap	10 races			n/a
11:53 AM	15	G-Mile	Final (2 races)			n/a
12:08 PM	15	B-Mile	Final (2 races)			n/a
12:23 PM	33	W-1500	B Sections (6 races)			4:27.80
12:56 PM	27	M-1500	B Sections (6 races)			3:47.80
1:23 PM	24	G-400	Final (6 races)	Heats against Time		n/a
1:47 PM	28	B-400	Final (6 races)	Heats against Time		n/a
2:11 PM	20	W-400	Final (5 races)	Heats against Time		54.61
2:35PM	28	M-400	Final (6 races)	Heats against Time		47.20
3:01PM	5	G-4x100	Final (1 race)	Top 9 teams from Trials		n/a
3:06PM	5	B-4x100	Final (1 race)	Top 9 teams from Trials		n/a
3:11PM	10	W-4x100	Final (2 races)	Heats against Time		45.70
3:21PM	10	M-4x100	Final (2 races)	Heats against Time		40.66
3:36PM	7	G-100 hurdles	Final (1 race)	Top 9 times from Trials		n/a
3:42PM	4	W-100 hurdles	Final (1 race)	Top 9 times from Trials		13.92
3:46PM	7	B-110 hurdles	Final (1 race)	Top 9 times from Trials		n/a
3:53PM	4	M-110 hurdles	Final (1 race)	Top 9 times from Trials		14.30
3:58PM	4	G-100	Final (1 race)	Top 9 times from Trials		n/a
4:02PM	4	B-100	Final (1 race)	Top 9 times from Trials		n/a
4:06PM	4	W-100	Final (1 race)	Top 9 times from Trials		11.75
4:10PM	4	M-100	Final (1 race)	Top 9 times from Trials		10.55
4:14PM	35	G-4x400	Final (5 races)			n/a
4:49PM	35	B-4x400	Final (5 races)			n/a
5:24PM	14	W-4x400	Final (2 races)			3:42.00
5:40PM	21	M-4x400	Final (3 races)			3:10.00
5:55PM	30	<b>BREAK</b>				
6:15PM	16	W-3000m Steeplechase	Section #2			10:50.25
6:30PM	11	M-3000m Steeplechase	Section #3			9:07.00
6:42PM	12	W-1500	Sections #1-2			04:27.8
6:54PM	10	M-1500	Sections #1-2			3.47.80
7:04PM	19	W-5000m	Section #4			16:52.00
7:24PM	19	W-5000m	Section #3			16:52.00
7:44PM	16	M-5000m	Section #4			14:12.00
8:01PM	16	M-5000m	Section #3			14:12.00
8:17PM	36	M-10000m	Section #2		28:45.00 - Auto	29:30.00 - Prov
8:53PM	33	W-10000m	Section #2		33:30.00 - Auto	35:00.00 - Prov
9:31 PM						

<b>Saturday Field Events</b>						Metric Mark
9:00 AM	B-Pole Vault	B Section	Opening height 12' (3.66m)			n/a
	G-Pole Vault	B Section	Opening height 9' (2.75m)			n/a
	B-Discus	<b>Final</b>	Throws under 140' not measured	4 Throws ONLY		n/a
	G-High Jump	<b>Final</b>	Opening height 4'10"			n/a
	B-Triple Jump	<b>Final</b>	Jumps under 42' not measured	4 Jumps ONLY		n/a
	G-Triple Jump	<b>Final</b>	Jumps under 34' not measured	4 Jumps ONLY		n/a
11:00 AM	M-Shot Put	<b>Top Section</b>	Throws under 51' not measured			55'-01.5"/16.80m
11:00 AM	G-Discus	<b>Final</b>	Throws under 100' not measured	4 Throws ONLY		n/a
12:00 PM	W-Pole Vault	<b>Top Section</b>	Opening height 12'2" (3.71m)			12'-05.5"/3.80m
	M-Hammer	<b>Top Section</b>	Throws under 180' not measured			182'-05"/55.60m
	B-High Jump	<b>Final</b>	Opening height 6'			n/a
12:30 PM	M-Triple Jump	<b>Top Section</b>	Jumps under 43' not measured			49'-02.5"/15.00m
	W-Triple Jump	<b>Top Section</b>	Jumps under 37' will not be measured			40'-05"/12.32m
1:00 PM	W-Shot Put	<b>Top Section</b>	Throws under 45' not measured			46'-11"/14.30m
1:30 PM	M-Discus	<b>Top Section</b>	Throws under 155' not measured			169'-07"/51.70m
1:45 PM	W-Hammer	<b>Top Section</b>	Throws under 150' not measured			177'-08"/54.15m
2:30 PM	M-Triple Jump	B Section	Jumps under 42' not measured	4 Jumps ONLY		49'-02.5"/15.00m
	W-Triple Jump	B Section	Jumps under 36' will not be measured	4 Jumps ONLY		40'-05"/12.32m
	M-High Jump	<b>Final</b>	Opening height 6'5"			6"-10.75"/2.10m
3:00 PM	M-Pole Vault	<b>Top Section</b>	Opening height 16'3-1/4" (4.96m)			16'-06.75"/5.05m
3:45 PM	W-Discus	<b>Top Section</b>	Throws under 145' not measured			155"-02"/47.30m

# Stanford Invitational

Schedule as of 4/1/2008



