

SEASONS OF COMPETITION

Student-athletes are permitted to compete in four seasons of competition in any one sport within five calendar years; this is sometimes referred to as the “five-year clock.” This clock starts when a student-athlete initially registers full-time and attends his/her first day of classes for a term other than summer school at a collegiate institution.

A student-athlete uses a season of competition if he/she participates in any competition, regardless of the length of time, during a season. For example, if an athlete plays in one minute of one game, he/she has used one season of competition. One exception to this rule is during the athlete’s initial year of enrollment, when a freshman may participate in preseason exhibition contests and practice scrimmages without triggering a season of competition (if applicable to his/her particular sport). A student-athlete who does not compete at all during a season is commonly referred to as a “redshirt.”

GAMBLING & SPORTS WAGERING

The NCAA opposes all forms of sports wagering in all levels of sport. The NCAA defines sports wagering as placing, accepting or soliciting a wager of any type with an individual or organization on any intercollegiate, amateur or professional team or contest. Examples of sports wagering include internet sports wagering; auctions that include bids placed on teams/contests; fantasy leagues; basketball pools; and other activities when the possibility of winning a prize, such as money or other tangible goods, is provided.

It is not permissible for student-athletes or athletic department staff to:

- Knowingly provide information to individuals in any type of sports wagering activity.
- Solicit or accept a bet on any intercollegiate, professional, or amateur sport contest.

EXTRA BENEFITS

Acceptance of an extra benefit by student-athletes (or their relatives or friends) is a violation of NCAA regulations. Any acceptance of these benefits, even when inadvertent, on the part of the student-athlete (or his or her family) may result in:

- The student-athlete’s being declared ineligible to participate in a contest(s) for Stanford University.
- Sanctions being placed on the university and its athletics programs.
- Restrictions being placed upon parents’ involvement with the Stanford’s athletics program, depending on the nature of the violation.

WHAT IS AN EXTRA BENEFIT?

The NCAA defines an extra benefit as any special arrangement by a Stanford employee or a representative of athletics interests (e.g., alumni, former student-athlete, parent of another current or former student-athlete) to provide a student-athlete, friends or relatives, a benefit that is not generally available to the public or other Stanford students, or is not expressly authorized by NCAA regulations. Examples of impermissible extra benefits include, but are not limited to, the following:

- A special discount, payment arrangement, loan, or credit on a purchase or service.
- Free or reduced-cost housing or meals.
- Transportation, a vehicle, bicycle, or use of a mode of transportation at a free or reduced cost.
- Free or reduced cost for storage of personal belongings.
- Cash, gift cards, or other items of value (tickets for entertainment of any kind, access to fitness center, payment of cell phone, clothing, etc.).

Please contact the Compliance Services Office if you have any questions regarding extra benefits.



Stanford Athletics

Parents Guide to NCAA Rules



DEAR PARENTS AND GUARDIANS:

Stanford University's dedication to excellence in both academics and athletics is unparalleled. The commitment to this pursuit includes adhering to all NCAA, Pac-12, and Stanford rules governing intercollegiate athletics.

It is our responsibility to provide you, the parents and guardians of Stanford student-athletes, with information to assist you in understanding these sometimes complex rules. Compliance with NCAA, Pac-12, and Stanford rules requires constant vigilance on the part of all of us who are associated with Stanford University, and knowledge is the first step toward compliance.

The information provided in this brochure will help you understand the basic guidelines applicable to the conduct of our student-athletes and their families. It also summarizes rules and regulations involving situations that your son or daughter may encounter while attending Stanford.

Stanford University appreciates your loyal support, dedication, and enthusiasm. As we strive for continued excellence, we must always seek the highest standard of ethical conduct. With your assistance and cooperation, we are confident we can continue to meet this goal.

Sincerely,



Bob Bowlsby
The Jaquish & Kenninger
Director of Athletics



STANFORD COMPLIANCE SERVICES

E-mail:

stanfordcompliance@stanford.edu

Web Site and Staff Directory:

www.gostanford.com/compliance

Twitter:

www.twitter.com/stanforddcs

Facebook:

www.facebook.com/stanforddcs

AGENTS, ADVISORS, AND MARKETING REPRESENTATIVES

During your son's or daughter's collegiate enrollment, he/she may be contacted by a sports agent, financial planner, marketing representative, or a similar "advisor" regarding his/her future in professional sports. Agents, or those in similar roles linked to professional sports, may have contacted your child, or a teammate, in an attempt to gain an advantage over other individuals who may want to represent your child for professional sports purposes. Please review the points of emphasis below regarding agents, advisors, and other marketing representatives to help Stanford ensure your son's or daughter's eligibility is not jeopardized while at Stanford:

PERMISSIBLE

- Parents may request information from a professional team or organization concerning their child's professional market value.
- Parents may consult an attorney concerning a professional contract their child receives, but the attorney may not be present during negotiations with a professional team.
- Your son or daughter may borrow from a lending institution to secure disability insurance as long as a third party (i.e., agent) does not secure the loan.
- Your child may participate in one 48-hour tryout per professional team provided he/she does not miss class for the tryout and it is pre-approved by the Stanford Compliance Services Office.

NOT PERMISSIBLE

- Neither you nor your child may agree to be represented by an agent for the purpose of marketing your child's athletic ability. If an agreement is made while participating for Stanford, your child will be deemed immediately ineligible for NCAA practice and competition.
- Neither you, your child, relatives, nor your child's friends may accept benefits from an agent or anyone employed by a representation business for professional sport purposes. Possible benefits include transportation, loan of money, gifts, housing, tickets, and parking passes.
- Neither you nor your child may retain professional services at less than a normal charge (e.g., legal advice, financial advice, etc.).

PROMOTIONAL ACTIVITIES

Each year, our athletics department receives many requests from the community for our student-athletes to autograph sports memorabilia for charitable events or to make public appearances. It is permissible for student-athletes to autograph items for events or make public appearances as long as prior approval has been granted by the Stanford Compliance Services Office and specific conditions have been met.

It is not permissible for student-athletes to allow their name, image, or appearance to be used to advertise, recommend, or promote the sale or use of a commercial product. Please check with our office prior to your son's or daughter's assisting your local community with any promotional activities.

CONSEQUENCES OF NCAA RULES VIOLATIONS

A violation of NCAA rules by a student-athlete will immediately put his/her eligibility to compete for Stanford University at risk. A violation of NCAA rules by parents, guardians, relatives, and/or friends of a student-athlete will have a similar effect, even if the student-athlete did not have any knowledge of the events or circumstances that led to the NCAA violation. Depending upon the type of violation, it may also have ramifications on teammates, the coaching staff, and Stanford University. If you are ever unsure if a situation may constitute an NCAA violation, please contact our office prior to the activity so we can ensure your son's or daughter's eligibility will not be affected.