

2012 SMU SEASON MARKS

INDOOR

55 Meters

5 Evans, Amber	7.18	RRO 2/4/12
8 Evans, Amber	7.21q	RRO 2/4/12
12 Washington, Craishia	7.22q	TTI 1/20-21/12
15 Washington, Craishia	7.24	TTI 1/20-21/12

60 Meters

5 Washington, Craishia	7.59q	ISC 2/10-11/12
5 Washington, Craishia	7.65	ISC 2/10-11/12
26 Evans, Amber	7.79	ISC 2/10-11/12

200 Meters

1 Evans, Amber	24.37	RRO 2/4/12
6 Washington, Craishia	24.67	ISC 2/10-11/12
5 Washington, Craishia	24.99	TTI 1/20-21/12
9 Evans, Amber	25.13	TTI 1/20-21/12
27 Washington, Craishia	25.24	RI 1/27-28/12
36 Carrie, Maresha	26.71	TTI 1/20-21/12
38 Carrie, Maresha	26.80	RI 1/27-28/12
37 Carrie, Maresha	27.12	RRO 2/4/12

400 Meters

5 Washington, Craishia	54.89	CUSA 2/25-26/12
6 Evans, Amber	55.70	ISC 2/10-11/12
5 Washington, Craishia	55.70q	CUSA 2/25-26/12
4 Evans, Amber	55.86	RRO 2/4/12
19 Evans, Amber	56.16	RI 1/27-28/12
9 Evans, Amber	56.54	CUSA 2/25-26/12
5 Washington, Craishia	56.61	RRO 2/4/12
31 Carrie, Maresha	1:00.57	RRO 2/4/12
21 Carrie, Maresha	1:00.60	TTI 1/20-21/12

600 Yard Run

9 James, LaKeisha	1:25.27	ISC 2/10-11/12
9 Wilson, Isis	1:30.03	TTI 1/20-21/12

800 Meter Run

7 Barr, Kajsa	2:16.64	RI 1/27-28/12
4 James, LaKeisha	2:20.72	RRO 2/4/12
11 Guerin, Bria	2:25.82	RRO 2/4/12

1000 Meter Run

1 Eikrem-Engeset, Kristine	2:54.20	RRO 2/4/12
3 Barr, Kajsa	2:58.91	RRO 2/4/12
7 James, Lakeisha	3:07.65	TTI 1/20-21/12
14 Guerin, Bria	3:15.65	TTI 1/20-21/12

Mile Run

8 Eikrem-Engeset, Kristine	4:47.56	RI 1/27-28/12
3 Alenbratt, Mary	4:48.89	CUSA 2/25-26/12
12 Alenbratt, Mary	4:53.35	ISC 2/10-11/12
4 Barr, Kajsa	4:56.44	ISC 2/10-11/12
10 Barr, Kajsa	5:00.74	CUSA 2/25-26/12
1 Barr, Kajsa	5:06.80	RRO 2/4/12
2 Kristiansson, Frida	5:10.09	RRO 2/4/12
5 Korra, Monika	5:19.00	RRO 2/4/12
19 Thomas, Kaitlyn	5:35.60	RRO 2/4/12
15 Thomas, Kaitlyn	5:43.79	TTI 1/20-21/12
35 Steigerwald, Janell	5:54.01	RRO 2/4/12
19 Steigerwald, Janell	5:52.92	TTI 1/20-21/12

3000 Meters

3 Eikrem-Engeset, Kristine	9:33.09	ISC 2/10-11/12
6 Eikrem-Engeset, Kristine	9:43.36	CUSA 2/25-26/12
1 Eikrem-Engeset, Kristine	9:51.31	TTI 1/20-21/12
3 Kristiansson, Frida	9:53.94	ISC 2/10-11/12
10 Korra, Monika	9:55.88	RI 1/27-28/12
2 Korra, Monika	10:20.47	TTI 1/20-21/12
1 Alenbratt, Mary	10:13.70	RRO 2/4/12
2 Kristiansson, Frida	10:26.64	RRO 2/4/12
4 Barr, Kajsa	10:43.13	TTI 1/20-21/12
18 Thomas, Kaitlyn	11:11.38	RRO 2/4/12
20 Thomas, Kaitlyn	11:38.46	TTI 1/20-21/12
28 Steigerwald, Janell	12:17.51	TTI 1/20-21/12

5000 Meters

8 Korra, Monika	17:11.75	ISC 2/10-11/12
3 Wright, Stephanie	20:08.46	TTI 1/20-21/12

4x400 Relay

4 SMU	3:45.19	CUSA 2/25-26/12
1) Wilson, Isis		2) Evans, Amber
3) Washington, Craishia		4) James, LaKeisha
6 SMU	3:46.26	RI 1/27-28/12
1) Evans, Amber SR		2) Washington, Craishia FR
3) Wilson, Isis SO		4) James, LaKeisha SR
6 SMU 'A'	3:52.85	TTI 1/20-21/12
12 SMU 'B'	4:09.67	RRO 2/4/12

Distance Medley

1 SMU	11:32.36	CUSA 2/25-26/12
1) Alenbratt, Mary		2) James, LaKeisha
3) Barr, Kajsa		4) Eikrem-Engeset, Kristine

3	SMU 'A'	11:40.68	ISC 2/10-11/12
	1) Alenbratt, Mary	2) Barr, Kajsa	
	3) Washington, Craishia	4) Eikrem-Engeset, Kristine	

High Jump

5	Egarter, Lisa	1.73m	RI 1/27-28/12
2	Egarter, Lisa	1.70m	TTI 1/20-21/12
11	Egarter, Lisa	1.64m	ISC 2/10-11/12
4	Lindenmuth, Valerie	1.64m	ISC 2/10-11/12
11	Lindenmuth, Valerie	1.58m	RI 1/27-28/12
13	Lindenmuth, Valerie	1.57m	CUSA 2/25-26/12
14	Lindenmuth, Valerie	1.55m	TTI 1/20-21/12
11	Lindenmuth, Valerie	1.55m	RRO 2/4/12

Long jump

23	Madden, Courtney	5.11m	RRO 2/4/12
13	Madden, Courtney	5.06m	RI 1/27-28/12
16	Madden, Courtney	4.95m	ISC 2/10-11/12

Shot Put

1	Perez, Helena	15.20m	CUSA 2/25-26/12
3	Perez, Helena	14.81m	TTI 1/20-21/12
2	Perez, Helena	14.57m	ISC 2/10-11/12
8	Chin, Rayann	14.03m	CUSA 2/25-26/12
14	Perez, Helena	13.16m	RI 1/27-28/12
3	Perez, Helena	13.80m	RRO 2/4/12
1	Chin, Rayann	12.92m	RRO 2/4/12
2	Chin, Rayann	12.89m	TTI 1/20-21/12
16	Chin, Rayann	12.45m	ISC 2/10-11/12
15	Chin, Rayann	11.83m	RI 1/27-28/12

Weight Throw

2	Gill, Ayla	18.34m	TTI 1/20-21/12
3	Gill, Ayla	18.03m	CUSA 2/25-26/12
2	Gill, Ayla	17.86m	RRO 2/4/12
5	Gill, Ayla	17.73m	RI 1/27-28/12
3	Gill, Ayla	17.73m	ISC 2/10-11/12
14	Perez, Helena	15.75m	CUSA 2/25-26/12
15	Perez, Helena	13.86m	RI 1/27-28/12
8	Perez, Helena	13.80m	RRO 2/4/12
32	Perez, Helena	12.74m	ISC 2/10-11/12

OUTDOOR

100 Meters

8	Washington, Craishia	11.57	TCUI 3/15-16/12
33	Evans, Amber	11.80	TR 3/28-31/12
12	Evans Amber	11.82	TCUI 3/15-16/12
52	Carrie, Maresha	12.77	BI 4/21/12
20	Madden, Courtney	13.11	NTSC 4/7/12

200 Meters

1	Evans, Amber	23.51	BC 4/27-28/12
2	Evans, Amber	23.53	TCUI 3/15-16/12
3	Washington, Craishia	23.58	TCUI 3/15-16/12
3	Evans, Amber	23.65p	CUSA 5/11-13/12
1	Evans, Amber	23.91	NTSC 4/7/12
5	Evans, Amber	24.04	BLI 3/23-24/12
3	Washington, Craishia	24.11	BC 4/27-28/12
5	Wilson, Isis	24.13	BC 4/27-28/12
9	Evans, Amber	24.55	CUSA 5/11-13/12
46	Carrie, Maresha	26.56	BLI 3/23-24/12
96	Carrie, Maresha	26.58	BI 4/21/12
106	Egarter, Lisa	28.58	BI 4/21/12

400 Meters

1	Evans, Amber	52.92	CUSA 5/11-13/12
1	Evans, Amber	53.46p	CUSA 5/11-13/12
3	Evans, Amber	54.32	BLI 3/23-24/12
5	Evans, Amber	54.47	SAC 4/19-21/12
16	Washington, Craishia	54.84	SAC 4/19-21/12
8	Washington, Craishia	55.24p	CUSA 5/11-13/12
28	Wilson, Isis	55.58	SAC 4/19-21/12
7	Washington, Craishia	55.66	CUSA 5/11-13/12
15	Wilson, Isis	56.73q	CUSA 5/11-13/12
13	Wilson, Isis	57.81	BLI 3/23-24/12
20	Carrie, Maresha	1:00.06	BLI 3/23-24/12

800 Meters

4	Alenbratt, Mary	2:11.48	BC 4/27-28/12
9	Alenbratt, Mary	2:12.32p	CUSA 5/11-13/12
7	Alenbratt, Mary	2:12.36	CUSA 5/11-13/12
2	Alenbratt, Mary	2:12.68	TCUI 3/15-16/12
71	Alenbratt, Mary	2:13.84	SAC 4/19-21/12
17	Barr, Kajsa	2:15.77	BCI 4/19-20/12
5	Guerin, Bria	2:16.04	NTSC 4/7/12
59	Guerin, Bria	2:16.20	BI 4/21/12
8	Barr, Kajsa	2:16.37	TCUI 3/15-16/12
20	James, LaKeisha	2:16.52	BCI 4/19-20/12
14	Guerin, Bria	2:17.42	BC 4/27-28/12
16	Guerin, Bria	2:17.80	CUSA 5/11-13/12
13	Guerin, Bria	2:17.87	BLI 3/23-24/12
87	Barr, Kajsa	2:19.04	SAC 4/19-21/12
23	Guerin, Bria	2:22.49	TCUI 3/15-16/12
27	Kristiansson, Frida	2:26.04	TCUI 3/15-16/12

1500 Meters

33	Alenbratt, Mary	4:24.95	SAC 4/19-21/12
3	Alenbratt, Mary	4:25.40	CUSA 5/11-13/12
1	Alenbratt, Mary	4:29.27	BLI 3/23-24/12
62	Eikrem-Engeset, Kristine	4:30.93	SAC 4/19-21/12
2	Eikrem-Engeset, Kristine	4:32.75	NTSC 4/7/12
85	Barr, Kajsa	4:34.59	SAC 4/19-21/12
6	Barr, Kajsa	4:37.48	BLI 3/23-24/12
3	Barr, Kajsa	4:40.14	NTSC 4/7/12
9	Kristiansson, Friday	4:40.17	BLI 3/23-24/12
8	Alenbratt, Mary	4:42.10p	CUSA 5/11-13/12
5	Kristiansson, Frida	4:45.15	TCUI 3/15-16/12
24	Guerin, Bria	4:53.00	BLI 3/23-24/12
93	Keen, Caitlin	5:05.75	BI 4/21/12
17	Keen, Caitlin	5:07.43	NTSC 4/7/12
21	Steigerwald, Janell	5:09.79	NTSC 4/7/12
98	Thomas, Kaitlyn	5:12.50	BI 4/21/12
41	Steigerwald, Janell	5:17.86	BLI 3/23-24/12
28	Thomas, Kaitlyn	5:18.00	NTSC 4/7/12
32	Keen, Caitlin	5:18.99	BC 4/27-28/12
33	Steigerwald, Janell	5:19.93	BC 4/27-28/12
40	Wright, Stephanie	5:26.67	NTSC 4/7/12
37	Wright, Stephanie	5:33.90	BC 4/27-28/12

3000 Meters

15	Thomas, Kaitlyn	11:28.99	TCUI 3/15-16/12
17	Steigerwald, Janell	11:48.52	TCUI 3/15-16/12
19	Wright, Stephanie	12:29.15	TCUI 3/15-16/12

5000 Meters

2	Eikrem-Engeset, Kristine	16:38.06	CUSA 5/11-13/12
1	Eikrem-Engeset, Kristine	16:41.19	BCI 4/19-20/12
7	Keen, Caitlin	18:37.08	BC 4/27-28/12
33	Keen, Caitlin	18:57.02	BCI 4/19-20/12
14	Keen, Caitlin	19:20.27	BLI 3/23-24/12
19	Thomas, Kaitlyn	19:32.69	BLI 3/23-24/12
41	Thomas, Kaitlyn	19:44.51	BCI 4/19-20/12
14	Wright, Stephanie	20:01.19	BC 4/27-28/12

10000 Meters

14	Keen, Caitlin	39:39.70	CUSA 5/11-13/12
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3000 Steeplechase

2	Eikrem-Engeset, Kristine	10:47.50	CUSA 5/11-13/12
16	Kristiansson, Frida	11:38.08	SAC 4/19-21/12

400 Hurdles

13	Carrie, Maresha	1:03.83	BCI 4/19-20/12
10	Carrie, Maresha	1:03.86	CUSA 5/11-13/12
7	Carrie, Maresha	1:04.33	BC 4/27-28/12

4	Carrie, Maresha	1:04.68	NTSC 4/7/12	3	Chin, Rayann	48.66m	TR 3/28-31/12
14	Carrie, Maresha	1:07.03	TCUI 3/15-16/12	3	Chin, Rayann	47.41m	TCUI 3/15-16/12
58	Carrie, Maresha	1:07.67	TR 3/28-31/12	11	Chin, Rayann	46.43m	BI 4/21/12

4x400 Relay

1	SMU 'A'	3:44.14	BI 4/21/12	3	Chin, Rayann	45.90m	BC 4/27-28/12
10	SMU	3:47.83	CUSA 5/11-13/12	27	Chin, Rayann	44.92m	SAC 4/19-21/12
	1) Isis Wilson	2) LaKeisha James		7	Chin, Rayann	44.47m	CUSA 5/11-13/12
	2) Craishia Washington	4) Maresha Carrie					
6	SMU 'B'	3:50.42	TCUI 3/15-16/12				
	1)	2) Barr, Kajsa					
	3) Guerin, Bria	4) Carrie, Maresha					

High Jump

5	Egarter, Lisa	1.70m	BC 4/27-28/12	29	Gill, Ayla	55.20m	SAC 4/19-21/12
14	Egarter, Lisa	1.66m	BI 4/21/12	2	Gill, Ayla	53.50	CUSA 5/11-13/12
7	Egarter, Lisa	1.65m	BCI 4/19-20/12	1	Gill, Ayla	53.26m	BLI 3/23-24/12
3	Lindenmuth, Valerie	1.63m	NTSC 4/7/12	1	Gill, Ayla	53.25m	NTSC 4/7/12
3	Lindenmuth, Valerie	1.60m	BCI 4/19-20/12	14	Gill, Ayla	53.16m	TR 3/28-31/12
8	Lindenmuth, Valerie	1.60m	BC 4/27-28/12	2	Gill, Ayla	52.79m	TCUI 3/15-16/12
11	Egarter, Lisa	1.60m	CUSA 5/11-13/12	1	Gill, Ayla	52.38m	BC 4/27-28/12
				16	Gill, Ayla	50.25m	BCI 4/19-20/12
				5	Perez, Helena	49.97m	BC 4/27-28/12
				3	Perez, Helena	49.80m	NTSC 4/7/12
				6	Perez, Helena	49.68m	CUSA 5/11-13/12
				26	Perez, Helena	45.49m	BCI 4/19-20/12
				8	Perez, Helena	44.09m	TCUI 3/15-16/12
				10	Perez, Helena	42.70m	BLI 3/23-24/12
				14	Egarter, Lisa	23.27m	NTSC 4/7/12

Long Jump

9	Madden, Courtney	5.59m	BLI 3/23-24/12				
14	Madden, Courtney	5.55m	CUSA 5/11-13/12				
4	Egarter, Lisa	5.49m	NTSC 4/7/12				
13	Egarter, Lisa	5.48m	BC 4/27-28/12				
14	Madden, Courtney	5.46m	BC 4/27-28/12				
11	Madden, Courtney	5.41m	TCUI 3/15-16/12				
20	Madden, Courtney	5.41m	BI 4/21/12				
16	Madden, Courtney	5.29m	BCI 4/19-20/12				
12	Madden, Courtney	5.23m	NTSC 4/7/12				

Triple Jump

8	Madden, Courtney	11.40m	BLI 3/23-24/12
21	Madden, Courtney	11.16m	CUSA 5/11-13/12
23	Madden, Courtney	10.81m	BI 4/21/12
16	Madden, Courtney	10.77m	BCI 4/19-20/12

Shot Put

1	Perez, Helena	15.82m	CUSA 5/11-13/12
2	Perez, Helena	15.80m	SAC 4/19-21/12
1	Perez, Helena	15.34m	BLI 3/23-24/12
2	Perez, Helena	15.29m	TCUI 3/15-16/12
3	Perez, Helena	14.93m	TR 3/28-31/12
6	Chin, Rayann	14.30m	BC 4/27-28/12
5	Chin, Rayann	14.21m	TCUI 3/15-16/12
6	Chin, Rayann	13.97m	BLI 3/23-24/12
6	Chin, Rayann	13.97m	CUSA 5/11-13/12

Discus

2	Chin, Rayann	50.02m	NTSC 4/7/12
3	Chin, Rayann	49.47m	BLI 3/23-24/12

Hammer

29	Gill, Ayla	55.20m	SAC 4/19-21/12
2	Gill, Ayla	53.50	CUSA 5/11-13/12
1	Gill, Ayla	53.26m	BLI 3/23-24/12
1	Gill, Ayla	53.25m	NTSC 4/7/12
14	Gill, Ayla	53.16m	TR 3/28-31/12
2	Gill, Ayla	52.79m	TCUI 3/15-16/12
1	Gill, Ayla	52.38m	BC 4/27-28/12
16	Gill, Ayla	50.25m	BCI 4/19-20/12
5	Perez, Helena	49.97m	BC 4/27-28/12
3	Perez, Helena	49.80m	NTSC 4/7/12
6	Perez, Helena	49.68m	CUSA 5/11-13/12
26	Perez, Helena	45.49m	BCI 4/19-20/12
8	Perez, Helena	44.09m	TCUI 3/15-16/12
10	Perez, Helena	42.70m	BLI 3/23-24/12
14	Egarter, Lisa	23.27m	NTSC 4/7/12

Javelin

46	Egarter, Lisa	29.57m	BI 4/21/12
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Heptathlon

12	Egarter, Lisa	3010	CUSA 5/11-13/12
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