Schedule of Events (REVISED)

FRIDAY AFTERNOON
2:30pm Triple Jump-Men
(Women Follow)
2:30pm Hammer - Men
(Women Follow)
4:00pm Javelin - Women
(Men Follow)

6:00pm * Pole Vault - Women
(Men Follow)
(*Will be held at University of South Alabama)

SATURDAY
11:30am High Jump- Women
11:30am Discus-Women
11:30am Shot- Men
2:00pm Long Jump- Men
(Women Follow)
2:00pm Discus - Men
2:00pm Shot Put - Women
2:30pm High Jump - Men

SATURDAY (FIELD EVENTS)
12:10 pm 3000m-Women
12:35 pm 3000m – Men
12:55 pm 400m Relay – Women
1:00 pm 400m Relay - Men
1:05 pm 1500m - Women
1:15 pm 1500m - Men
1:25 pm 100 Hurdles- Women
1:35 pm 110 Hurdles-Men

ROLLING SCHEDULE
400m – Women
400m – Men
100m – Women
100m – Men
800m - Women
800m – Men
400m Hurdles - Women
400m Hurdles - Men
200m – Women
200m – Men
3000m Steeple Women
3000m Steeple Men
1600m Relay – Women
1600m Relay – Men