Welcome!

Welcome back to all of the returning student-athletes; and welcome to all new student-athletes on behalf of the Southern Miss compliance staff. Throughout the year we will be sending these newsletters to help educate you on issues that could have an impact on your eligibility during your time at Southern Miss. If you ever have questions about something you read in the newsletter or anywhere else, be sure to contact any of our compliance officers listed on the second page of this newsletter and we will be happy to offer advice!

Reminders

✧ Student-athletes may not sell or receive a benefit for the complimentary tickets they receive for their participation in athletics
✧ If there are any issues regarding your scholarship, please come by the compliance offices in the SAEP to discuss them as soon as possible
✧ Be sure to check your ARMS and respond to inquiries about countable athletically related activities (CARA). The general rules are as follows:

<table>
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<th>In Season</th>
<th>Out of Season (during academic year)</th>
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<tr>
<td>4 hours per day</td>
<td>4 hours per day</td>
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<tr>
<td>20 hours per week</td>
<td>8 hours per week</td>
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<tr>
<td>Must have 1 day off/week</td>
<td>2 hours per week on skill related activities (non-football)</td>
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<tr>
<td>Must have 2 days off/week</td>
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Travel, time spent in the training room, and voluntary workouts are not CARA. If you have any questions about what is or is not CARA, please do not hesitate to ask a member of the compliance staff.

YOUR USM EQUIPMENT

As a member of a Southern Miss athletic team, you are provided with the necessary and proper equipment to compete at the highest level. This equipment and apparel is provided for you and you alone. NCAA rules prohibit you from selling your equipment while you are a student-athlete at Southern Miss. In addition, selling any of your equipment or apparel can result in you becoming ineligible. **NCAA BYLAW 16.11.2.4**: An item received for participation in intercollegiate athletics may not be sold or exchanged or assigned for another item of value.

NEED TO SUBMIT AN ANONYMOUS TIP? Visit the Southern Miss Compliance website and you can leave an anonymous tip for the compliance staff at www.southernmiss.com/compliance/submit-a-tip.html
SPORTS WAGERING

As we enter the football season, please remember that as a student-athlete you may not bet on any sport that the NCAA sponsors (e.g. football, basketball, tennis, etc.) at any level (e.g. high school, college, professional). Also, you may not provide information to individuals involved in or associated with any type of sports wagering activity, which includes information related to injuries that are not disclosed to the public. Sports wagering includes fantasy leagues where you must pay to play and there is a prize for winning. However, you are free to participate in fantasy leagues for fun that do not involve a wager of any kind or participate in fantasy leagues that are free to enter even if a prize is offered to the winner. If you have any questions regarding sports wagering please see the compliance office prior to making a decision that could put your eligibility at risk. #dontbetonit

COMPLIANCE TRIVIA QUESTION

Throughout the year the compliance office will be keeping track of correct answers to our trivia questions. The points earned will go towards an end of the year prize provided by the compliance department. Please send all answers to the trivia question to Anthony Martinez (anthony.d.martinez@usm.edu). Only answers received within 1 week of the delivery of this newsletter will be counted.

Q: Goldie, who is a freshman on the Women's Basketball team at Southern Miss, has close friends who are still in high school. She knows she is not allowed to publicly comment about recruiting prospective student-athletes but she wants to know if that means she could never comment on her friend’s Facebook wall or Tweet @ them about topics unrelated to recruiting. Can Goldie still contact her friends on public forums like Twitter and Facebook?