San José State University Cheerleading has organized a clinic to help you prepare for collegiate cheerleading and the college tryout process. This clinic has been designed to assist individuals who plan to make the transition from high school to college cheerleading, or want to transfer to a Division 1-A institution.

Athletes will have the opportunity to train with current team members in a low-pressure, safe, and welcoming environment. There will also be an OPTIONAL mock-tryout portion for those wanting practice before trying out for a college team. The techniques and skills that we will help you develop will give you a great advantage over your competitors.

The clinic will be held on SATURDAY, MARCH 3rd, 2018 from 12:00pm-3:30pm at Spartan Complex (SPX), Room 231. If attending with a group, please indicate that on the clinic application.

Feel free to bring snacks, as lunch will not be provided. Accompanying this packet is a registration form, an application, and a release form. The application will be used to help us evaluate each individual and separate you into groups by skill level. All materials must be completed and returned along with the clinic fee by Wednesday, February 28, 2018.
Please make check payable to SJSU Cheer.

Mail check, registration and application to:
San José State Athletics
ATTN: SJSU Cheer
1393 S. 7th Street
San Jose, CA 95129

<table>
<thead>
<tr>
<th></th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual</td>
<td>$30/athlete</td>
</tr>
<tr>
<td>Group of 4 or more</td>
<td>$25/athlete</td>
</tr>
</tbody>
</table>

General Information

<table>
<thead>
<tr>
<th>LEGEND</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Electronic Door</td>
<td>Wheelchair accessible</td>
</tr>
<tr>
<td>Parking</td>
<td>Disabled parking DMV placard</td>
</tr>
<tr>
<td></td>
<td>Elevator</td>
</tr>
</tbody>
</table>

San José State Athletics
ATTN: SJSU Cheer
1393 S. 7th Street
San Jose, CA 95129

Mail check, registration and application to:
SAN JOSE STATE UNIVERSITY CHEERLEADING
CLINIC APPLICATION

Full Name: _______________________________   Birth date: _______________

Present Address: __________________________________________________________
________________________________________________________________________
________________________________________________________________________

Cell Phone Number: _______________________________

E-mail Address: ____________________________________________

Are you attending with a group? ________________________________

Are you interested in partaking in a mock tryout? Campus tour? If so, specify _________________

Year of High School Graduation: ____________   Are you a senior? _______________

Have you applied to SJSU for Admission? ______________

Have you been accepted to SJSU? ______________

Name of squad(s) currently a member of:

High School: _______________________________

All Stars: _______________________________

GPA: ______________

Height: ___________   Weight: ____________

Tumbling Skills/Experience:

Standing: ________________________________________________________________
________________________________________________________________________

Running: ________________________________________________________________
________________________________________________________________________

Stunting Skills/Experience

All-Girl: ________________________________________________________________
________________________________________________________________________

Coed: _________________________________________________________________
________________________________________________________________________
San Jose State University

RELEASE OF LIABILITY, PROMISE NOT TO SUIT, ASSUMPTION OF RISK AND AGREEMENT TO PAY CLAIMS

Activity: CHEERLEADING
Activity Date(s) and Time(s): SATURDAY, MARCH 3rd, 2018
Activity Location(s): SPX 231

In consideration for being allowed to participate in this Activity, on behalf of myself and my next of kin, heirs and representatives, I release from all liability and promise not to sue the State of California, the Trustees of The California State University, California State University, [campus name] and their employees, officers, directors, volunteers and agents (collectively “University”) from any and all claims, including claims of the University's negligence, resulting in any physical or psychological injury (including paralysis and death), illness, damages, or economic or emotional loss I may suffer because of my participation in this Activity, including travel to, from and during the Activity.

I am voluntarily participating in this Activity. I am aware of the risks associated with traveling to/from and participating in this Activity, which include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcomes may arise from my own or other's actions, inaction, or negligence; conditions related to travel; or the condition of the Activity location(s). Nonetheless, I assume all related risks, both known or unknown to me, of my participation in this Activity, including travel to, from and during the Activity.

I agree to hold the University harmless from any and all claims, including attorney's fees or damage to my personal property, that may occur as a result of my participation in this Activity, including travel to, from and during the Activity. If the University incurs any of these types of expenses, I agree to reimburse the University. If I need medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

I am 18 years or older. I understand the legal consequences of signing this document, including (a) releasing the University from all liability, (b) promising not to sue the University, (c) and assuming all risks of participating in this Activity, including travel to, from and during the Activity.

I understand that this document is written to be as broad and inclusive as legally permitted by the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms. I have read this document, and I am signing it freely. No other representations concerning the legal effect of this document have been made to me.

Participant Signature: __________________________________________
Participant Name (print): _________________________________________ Date: ____________
San Jose State University

If Participant is under 18 years of age:

I am the parent or legal guardian of the Participant. I understand the legal consequences of signing this document, including (a) releasing the University from all liability on my and the Participant’s behalf, (b) promising not to sue on my and the Participant’s behalf, (c) and assuming all risks of the Participant’s participation in this Activity, including travel to, from and during the Activity. I allow Participant to participate in this Activity. I understand that I am responsible for the obligations and acts of Participant as described in this document. I agree to be bound by the terms of this document.

I have read this two-page document, and I am signing it freely. No other representations concerning the legal effect of this document have been made to me.

________________________________________
Signature of Minor Participant’s Parent/Guardian

________________________________________
Name of Minor Participant’s Parent/Guardian (print) Date

________________________________________
Minor Participant’s Name
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:30pm</td>
<td>Check-In</td>
</tr>
<tr>
<td>12:00pm</td>
<td>Welcome &amp; Introductions</td>
</tr>
<tr>
<td>12:05pm</td>
<td>Warm-Up</td>
</tr>
<tr>
<td>12:20pm</td>
<td>Safety/Technique Introduction</td>
</tr>
<tr>
<td>12:30pm</td>
<td>Stunt with current team members</td>
</tr>
<tr>
<td>2:00pm</td>
<td>Stunt/Cheer Incorp.</td>
</tr>
<tr>
<td>2:15pm</td>
<td>BREAK and Q&amp;A</td>
</tr>
<tr>
<td>2:30pm</td>
<td>3- Stunt combo</td>
</tr>
<tr>
<td>3:00pm</td>
<td>Show off</td>
</tr>
<tr>
<td>3:30pm</td>
<td>Dismissal</td>
</tr>
<tr>
<td></td>
<td><strong>Optional</strong></td>
</tr>
<tr>
<td></td>
<td>Mock Tryout</td>
</tr>
<tr>
<td></td>
<td><strong>Optional</strong></td>
</tr>
<tr>
<td></td>
<td>Campus tour lead by San Jose State Cheerleading Team</td>
</tr>
</tbody>
</table>
San José State is a great university, developing a wonderful cheerleading tradition. We hope to hear from you soon!

Thank you again for your interest.

GO SPARTANS!

Kelvin Lam (Head Cheerleading Coach)
Lanessa Lozano (Assistant Cheerleading Coach)

Phone: 408-924-1272
Email: cheer@sjsu.edu

SJSUSPARTANS.COM
SANJOSESTATE.CHEER
SJSUCHEER
SANJOSESTATECHEER