1. NCAA rules require an institution's head coach (HC) to promote an atmosphere of compliance within his/her program.

   True  False

2. Which of the following can a HC do to promote an atmosphere of compliance within his/her program?

   a. Communication
   b. Monitor
   c. Documentation
   d. All of the above

3. It is permissible for team managers to use chewing tobacco during practices.

   True  False

4. It is permissible for a gymnastic volunteer assistant coach (VC) to receive SJSU baseball season tickets.

   True  False

5. In sports that are permitted the use of a VC (all but FB & BK), what is the limit on the number of VCs per sport?

   a. There is no limit
   b. The same as the limit on the number of countable coaches in the sport
   c. One
   d. None of the above

6. It is permissible for a manager to conduct drills while the coach takes a break to speak to reporters.

   True  False

7. An undergraduate student assistant coach may conduct practice activities.

   True  False

8. What is the limit on the number of undergraduate student assistant coaches that may be used per sport?

   a. There is no limit
   b. The same as the limit on the number of countable coaches in the sport
   c. One
   d. None of the above

9. It is permissible to hire a high school coach to be an assistant coach in the same sport at SJSU.

   True  False
10. A weight or strength coach (Athletic Performance) may do the following without being included in the limitations on number of coaches.
   a. Critique a student-athlete’s game performance
   b. Attend and offer insights at a depth chart meeting
   c. Conduct pregame warm-ups
   d. All of the above

11. When can a noncoaching staff member call a prospect?
   a. After the prospect has signed an NLI
   b. After receipt of a financial deposit
   c. In conjunction with an official visit
   d. Regarding an institutional camp
   e. All of the above

12. Which of the following is permissible?
   a. Coach endorsing a recruiting service involving prospects
   b. Coach consulting for a noninstitutional athletics event involving prospects
   c. Coach promoting an athletics facility primarily used by prospects
   d. Coaching allowing use of his/her quotes in a noninstitutional camp brochure at which he/she is NOT employed
   e. Coach endorsing a recruiting database management service

13. There is no limit on the number of countable coaches who can recruit off-campus at any one time.
   True    False

14. An outside consultant may observe practice sessions and provide analysis of student-athletes in such sessions to coaching staff members without being included in the coaching limitations in that sport.
   True    False

15. It is permissible to conduct required practice for three hours, followed by required weights for one hour and required film review for an additional two hours during one day.
   True    False

16. It is permissible to conduct three hours of required practice and require three hours of study hall on the same day.
   True    False

17. Conditioning may not be conducted after a single competition.
   True    False
18. Prior to September 15 or after April 15, a team conducting out-of-season, four student-athlete skill instruction may split up a facility into two separate areas and conduct the activity at the same time.

   True        False

19. During the academic year, when a student-athlete requests the presence of a coach and the coach is present during athletics activity, the activity must be counted against weekly hour limitations (CARA).

   True        False

20. Voluntary activity is generally governed by three principles: (1) initiated by the student-athlete; (2) no attendance taken; and (3) participation will not affect standing on the team.

   True        False

21. It is permissible to give a student-athlete an award for his/her participation over the summer in the weight room.

   True        False

22. How many hours does a competition count against the weekly hour limitations?

   a.  0  
   b.  3  
   c.  4  
   d. However long the student-athletes are present

23. A team begins to warm-up for a competition but right before the competition, there is an event that causes the competition to be cancelled. The team may use this day as an off day provided there is no more CARA.

   True        False

24. It is permissible for a student-athlete to miss classes for practice.

   True        False

25. When a team is out-of-season, it is not permissible to conduct required practice during Finals Week.

   True        False