

2014 SIU Invitational
SIU Recreation Center - February 7 & 8, 2014

(This schedule should only be used as a guide.)

We will run ahead of schedule if possible

FRIDAY February 7, 2014

Field Events:

4:00 p.m.	Weight Throw	Women	(2 Flights)
	Weight Throw	Men	(1 Flight)
4:00 p.m.	Long Jump	Women	(3 Flights)
	Long Jump	Men	(1 Flight)
4:00 p.m.	Pole Vault	Women	(16 Entries)
	Pole Vault	Men	(19 Entries)

SATURDAY February 8, 2014

Field Events:

10:00 a.m.	Shot Put	Women	(2 Flights)
	Shot Put	Men	(2 Flights)
10:00 a.m.	Triple Jump	Women	(2 Flights)
	Triple Jump	Men	(1 Flight)
	High Jump	Women (this event will follow men's shotput)	(23 Entries)
	High Jump	Men (this event will follow women's high jump)	(13 Entries)

Running Events:

10:30 a.m.	60 meters – semi	Women	(7 Heats)
10:50 a.m.	60 meters – semi	Men	(6 Heats)
11:10 a.m.	60m hurdles – semi	Women	(5 Heats)
11:25 a.m.	60m hurdles – semi	Men	(3 Heats)
11:35 a.m.	Mile Run	Women	(4 Heats)
12:05 p.m.	Mile Run	Men	(3 Heats)
12:30 p.m.	60 meters – final	Men	(1 Heat)
12:35 p.m.	60 meters – final	Women	(1 Heat)
12:40 p.m.	60m hurdles – final	Men	(1 Heat)
12:45 p.m.	60m hurdles – final	Women	(1 Heat)
12:50 p.m.	400m	Women	(10 Heats)
1:15 p.m.	400m	Men	(4 Heats)
1:25 p.m.	800m	Women	(4 Heats)
1:45 p.m.	800m	Men	(2 Heats)
1:55 p.m.	200m	Women	(57 Entries)
2:25 p.m.	200m	Men	(31 Entries)
2:40 p.m.	3000m	Women	(3 Heats)
3:30 p.m.	3000m	Men	(2 Heats)
4:00 p.m.	4x400m Relay	Women	(18 Entries)
4:25 p.m.	4x400m Relay	Men	(9 Entries)

The meet will be on a rolling start (one event following directly after the other)