

2013 Bill Cornell Spring Classic Meet Information

Low Hartzog Track & Field Complex



Regulation NCAA competition 400m track, with state-of-the-art full-depth polyurethanesynthetic track surface system and new pole-mounted track and field sports lighting.

Track: 8 – 3 feet 6 inch wide lanes

Regulation NCAA competition field event areas, including bi-directional pole vault and long and triple-jumps.

Pole Vault length of runway: 133 feet 0 inches (40.54 meters)

Horizontal take off boards:

Long Jump: 8 feet 0 inches (2.44 meters)
Women's Triple Jump: 34 feet 0 inches (10.36 meters)
Men's Triple Jump: 41 feet 1 inches (12.52 meters)

Horizontal length of runway:

Long Jump: 207 feet (63.27 meters)
Women's Triple Jump: 165 feet (50.30 meters)
Men's Triple Jump: 158 feet (48.16 meters)

Regulation NCAA competition throwing event space, including a dual shot-put pad, a separate hammer throw, discus throw and javelin throw landing area.

Javelin runway:

Runway length: 109 feet 11 inches (33.50 meters)
Runway Width: 14 feet ¼ inches (4.27 meters)

Bill Cornell – Spring Classic Meet Information

Friday and Saturday, March 29 & 30, 2013

- Entries Open:** Will be available in March (Invitation **On line entries only!**)
- Entry Deadline & Declarations** **Wednesday, March 27, 2013. You may make changes to your roster/entries until 12 Noon.** No one may be added to events after this time. “All submitted entries as of the entry deadline will be considered final and declared. You may print out confirmation or request email confirmation of your entries.”
- Registration** To enter **online** go to <http://www.directathletics.com/>
- Entry Fees:** \$500.00 per School (men’s & women’s combined) or \$250.00 per team.
Entry fees must be paid at the time of packet pick-up. Make check payable to SIU.
- Entry Limits:** No entry limits.
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|-----------------------|----------------------------------|-----------------------|--|
| | <u>Minimum Measure distance:</u> | | |
| Women’s Hammer : ‘130 | Women’s Discus: ‘120 | Women’s Shot Put: ‘35 | |
| Men’s Hammer: ‘140 | Men’s Discus: ‘130 | Men’s Shot Put: ‘45 | |
- Scoring:** This is a scored meet. The scoring will be 10,8,6,5,4,3,2,1. Only one relay team may score per university.
- Heat Sheets:** Heat sheets will be available online Thursday evening , March 28th
- Packets:** Packets will be available for pick-up Friday afternoon.
- Results:** Results will be posted and available immediately after the last contested event on our website.
www.siusalukis.com
- Parking:** Parking for Buses will be in the lots directly east of the track.
- Showers:** Showers will be available in Lingle Hall. You are responsible for providing your own towels.
- Training Room:** SIU trainers will be available on site. Space will be provided for other institutions trainers.
- Practice:** The track will be open for practice Friday 3/23 till 5:30 p.m.
- Athlete Check-in:** Running Events: Athletes must check in 20 minutes prior to the start of their event at the Check-in area (Clerk of the Course) located in the storage shed at Southeast end of the track.
Field Events: Athletes must check in 30 minutes prior to the start of their event with the head official of that event at the event site.
- Relay Cards:** Relay teams should fill out relay card and turn it in to the clerk of the course. This constitutes the check in for relay events.
- Qualifying:** All running events will be multiple heat finals against time. In the field events, the top 9 marks from the preliminary round will advance to the finals.
- Implement Weigh-in:** Implement inspections will be held in the shed located in the throws area. All implements must be Weigh-in at least 30 minutes prior to the scheduled start time of event competition.
- Awards:**
- Questions:** Call the Track Office at (618) 453-3651 or (618) 453-5460

**2013 Bill Cornell - SPRING CLASSIC
SALUKI TRACK AND FIELD STADIUM - MARCH 29 & 30, 2013**

Meet Program for Friday - March 29, 2013

Start	Field Event		Round
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3:00 p.m.	Discus Throw	Women	Final
	Discus Throw	Men (follows women's discus)	Final
3:00 p.m.	Long Jump	Women	Final
	Long Jump	Men (follows women's long jump)	Final
	Running Event		Round
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6:00 p.m.	10,000	Women	Final
6:45 p.m.	10,000	Men	Final

Meet Program for Saturday - March 30, 2013

Start	Field Event		Round
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9:00 a.m.	Hammer	Women	Final
10:00 a.m.	High Jump	Women	Final
10:00 a.m.	Pole Vault	Women	Final
10:30 a.m.	Triple Jump	Men	Final
	Hammer	Men (follows women's hammer)	Final
	Shot Put	Women (follows women's hammer)	Final
	Shot Put	Men (follows men's hammer)	Final
	Pole Vault	Men (follows women's pole vault)	Final
	High Jump	Men (follows women's high jump)	Final
	Triple Jump	Women (follows men's triple jump)	Final
	Javelin	Women (follows women's shot)	Final
	Javelin	Men (follows women's javelin)	Final
	Running Event		Round
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12:30	National Anthem		
	3000 Meter Steeplechase	Men	Final
	3000 Meter Steeplechase	Women	Final
	4x100 Meter Relay	Men	Final
	4x100 Meter Relay	Women	Final
	1500 Meter Run	Men	Final
	1500 Meter Run	Women	Final
	100 Meter Hurdles	Men	Final
	110 Meter Hurdles	Women	Final
	400 Meter Dash	Men	Final
	400 Meter Dash	Women	Final
	100 Meter Dash	Men	Final
	100 Meter Dash	Women	Final
	800 Meter Run	Men	Final
	800 Meter Run	Women	Final
	400 Meter Int. Hurdles	Men	Final
	400 Meter Int. Hurdles	Women	Final
	200 Meter Dash	Men	Final
	200 Meter Dash	Women	Final
	5000 Meter Run	Men	Final
	5000 Meter Run	Women	Final
	4x400 Meter Relay	Men	Final
	4x400 Meter Relay	Women	Final

***The times on this schedule are subject to change based on entries.**

FACILITY REGULATIONS

SPIKES

- All spikes must be presented and will be checked at the spike check table. Athletes will not be allowed to compete without having their spikes tagged at the spike check table. Any athletes competing with non-tagged spikes will be disqualified.

- Acceptable spikes: only 1/4" pyramids



TAPE

- Tape for any marking on the track (relay exchange zones, jumpers'/throwers' markings) must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk you will be disqualified

HYDRATION

- Water and Gatorade are the only permitted drink allowed on the track facility.

ELECTRONICS

Headphones and cell phones are not allowed in the competition or warm-up area of the track and field complex.

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Official Travel Party Roster

Please fax to Jeff Schirmer at (618) 453-3255 by Tuesday, March 19th, 2013

Team _____ Men – Women – Combined

Combined programs will receive 8 meal passes while separate programs will receive 5.

Head Coach _____

Staff _____

Head Coaches Signature: _____