

# 2012 SIENA DANCE CAMP

July 16<sup>th</sup>-20<sup>th</sup>

Who: The Siena College full day dance camp is for any child 6-17, regardless of experience.

The camp coaches will divide kids into groups based on age and ability. All levels will be offered a challenging and fun week filled with all styles of dance, choreography, games, crafts, and performances. Workshops will be offered in tap, jazz, ballet, hip hop, break dancing and modern dance.

What: Siena Dance Camp!! Included in the cost of full day camp is dance instruction, a morning and afternoon snack, lunch, t-shirt and a CD of all the music used at camp.

Dance shoes are NOT required.

When: July 16<sup>th</sup>-20<sup>th</sup>, 2012  
(8:30am-4:30pm)

Where: Siena College  
(Marcelle Athletic Complex)

How: Sign up online at: [www.sienasaints.com](http://www.sienasaints.com) - Contact Camp Director Meegan Mostransky at [mmostransky@siena.edu](mailto:mmostransky@siena.edu) or 221-8665 with any questions.

## Why:

Your child will learn a tremendous amount in a short time - dance skills and performance are the main focus, but our goal is for every camper to come away with some experience in all styles of dance. We have a lot of fun and make friends and memories that last far beyond the summer!

## Experienced Camp Counselors include:

Meegan Mostransky, Head Coach, Siena Dance Team, NYS Certified Teacher, Schenectady  
Jennifer Toohey - Assistant Coach, Siena Dance Team, NYS Certified Teacher, Niskayuna  
Andrea DiDio - Owner, Artistic Director, Art in Motion Dance Academy, Loudonville  
Lauren Trier - Owner, Artistic Director, The Dance Department, Clifton Park  
Vicki Rocheleau - Hip Hop Instructor, CNY Allstars, Albany, & Art in Motion Dance Academy  
Wendy Baldasaro - NYS Certified Occupational Therapist, Siena Dance Team Alum  
Jonelle Cislo - Dance Instructor, AmsterDance, Amsterdam & Dance Force, Schenectady

\*Current members of the Siena Dance Team may also be counselors!

A typical daily schedule looks like the below:

8:30-9:00	Warm-up, welcome and group dance
9:00-9:30 (Workshops)	Tap/Modern: Youth group Breaking/Bellydance: Junior group Leaps/Jumps/Turns: Senior group
9:30-10:00 (Workshops)	Tap/Modern: Juniors Breakdancing/Bellydance: Seniors Leaps/Jumps/Turns: Youth
10:00-10:15	Morning Break/Snack
10:15-10:45 (Workshops)	Tap/Modern: Seniors Breakdancing/Bellydance: Youth Leaps/Jumps/Turns: Juniors
10:45 -11:00	Learn jazz sequences - all groups daily
11:00 -12:00	AM Choreography Hip Hop Dance #1 - Youth Hip Hop Dance #2 - Juniors Jazz/Modern Dance #3 - Seniors
12:00 - 1pm	LUNCH
1pm-1:45	Dance movie - Jr/Sr groups Youth – Games, crafts and Group Choreography
1:45-2:30	Dance or Disney movie - Youth Jr/Sr - Group Choreography/crafts
2:30 - 3:30	PM Choreography Jazz Dance #4 - Youth Jazz/Modern Dance #3 - Jr Hip Hop Dance #2 - Sr.
3:30-3:45	PM Break/Snack
3:45-4:30	Performances and cool down stretch

\*Each group will learn three dances and their own choreography to perform for the end of week recital!