

**APPLICATION FORM**  
**TRACK CAMP - June 2006**  
(reproduction of this form is permitted)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Age \_\_\_\_\_ 2006-07 Grade \_\_\_\_\_  
Gender \_\_\_\_\_  
Parent/Guardian Name \_\_\_\_\_  
Parent/Guardian SS# \_\_\_\_\_  
Home Phone \_\_\_\_\_  
Day Phone \_\_\_\_\_  
Cell Phone \_\_\_\_\_  
Distances Thrown Shot Put \_\_\_\_\_  
Distances Thrown Discus \_\_\_\_\_

**PLEASE CHECK THE APPROPRIATE AREA:**

- Glide Shot Only                       Glide Shot & Discus  
 Rotational Shot Only                 Rotational Shot & Discus  
 Discus Only

**SELECT YOUR T-SHIRT SIZE:** \_\_\_\_\_ (adult sizes)  
Small    Medium    Large    X-Large    XX-large

**CHECK APPROPRIATE SPACE:**

- Day Camper - No Meals - \$30 non-refundable deposit due  
 Day Camper - Meals - \$30 non-refundable deposit due  
 Resident Camper - \$50 non-refundable deposit due

Enclose appropriate deposit with application. Balance due at check-in. A \$30 processing fee will be charged prior to any refund. Make check payable to Southeast Missouri State University - OR - charge your total camp enrollment fee to:

\_\_\_\_\_ Visa    \_\_\_\_\_ MasterCard    \_\_\_\_\_ Discover  
Cardholder Name \_\_\_\_\_  
Account Number \_\_\_\_\_  
Expiration Date \_\_\_\_\_  
Signature \_\_\_\_\_

MAIL TO:    Camp Director – MS 0200  
Southeast Missouri State Univ.  
#1 University Plaza  
Cape Girardeau, MO 63701

**AUTHORIZATION FOR**  
**EMERGENCY TREATMENT**  
**TRACK CAMP - June 2006**

Name of Camper \_\_\_\_\_  
Date(s) of Camp \_\_\_\_\_  
As parent or legal guardian of \_\_\_\_\_, a minor attending a camp at Southeast Missouri State University, I do hereby authorize, consent, and request Health Services personnel and/or the Athletic Training Staff to provide preliminary evaluation of illnesses and to conduct first aid treatment of potentially serious injuries for my daughter/legal ward. I understand that no further treatment will be given without contacting me, except for life-threatening situations.

Further, I waive any and all rights and claims against Southeast Missouri State University and the camp staff. I agree to indemnify and save harmless the above as well as its trustees, officers, agents and employees of and from any liability whatsoever arising for injuries suffered in this program.

Signed \_\_\_\_\_  
Date \_\_\_\_\_  
Relationship \_\_\_\_\_  
Daytime Phone \_\_\_\_\_  
Home Phone \_\_\_\_\_  
Cell Phone \_\_\_\_\_  
E-Mail \_\_\_\_\_  
Insurance Co. \_\_\_\_\_  
Policy No. \_\_\_\_\_  
Group No. \_\_\_\_\_

Medical Conditions Staff should be aware of:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I further authorize that my child/ward may receive Tylenol or Pepto Bismol/Maalox while attending this camp.

Signed \_\_\_\_\_  
In case of emergency and parent cannot be reached at above numbers, contact:  
Name \_\_\_\_\_  
Relationship \_\_\_\_\_  
Daytime Phone \_\_\_\_\_  
Home Phone \_\_\_\_\_  
Cell Phone \_\_\_\_\_

**CAMP ACTIVITIES AND INFORMATION**

Camp will include the latest in techniques, training and drills, with three throwing/lecture/demonstration sessions each day. Camp staff will include the Southeast coaching staff as well as Southeast throwers. Camp will include several competitions, and each camper will receive a camp t-shirt.

Modern, Southeast Missouri State dormitory suites will house resident campers, and 24-hour supervision will be provided. Campers will be served "all you can eat" meals with a large variety of choices.

Camp is open to all throwers entering the 7<sup>th</sup> through the 12<sup>th</sup> grades for the 2006-07 school year. Camp is open to all throwers regardless of ability level.

All campers should bring their throwing shoes and their shot put and discus. Overnight campers should bring linens, pillows, towels, toiletries, practice clothes, and athletic tape (if needed).

**HOW TO REGISTER**

Complete, detach and return the application and medical treatment form with appropriate deposit. The application form may be duplicated. Balance is due at check-in. Registration and deposit deadline is June 12, 2006.

A confirmation letter with more information will be sent to campers upon receipt of their application and deposit. A responsible adult should attend check-in for more information about pick-up times, daily schedules, etc. Be sure to fill in all information on the application.

**FOR INFORMATION**

SEMO Track & Field Office: 573-986-7302  
Athletics Business Office: 573-651-2113  
e-mail: a862ath@semo.edu



# 2006 THROWS CAMP June 19-21, 2006

open to 7<sup>th</sup> - 12<sup>th</sup> grade throwers  
*Abe Stuber Track & Field Complex*

Non-Profit Org.  
U.S. Postage  
**PAID**  
Cape Girardeau, MO  
63701  
Permit No. 1000

Day Campers (no meals)	\$135.00
Day Campers (lunch & dinner)	\$180.00
Resident Campers (all meals)	\$225.00

## DAY CAMPERS

Check-in: Monday, June 19 - 8:30 a.m.  
Abe Stuber Track & Field Complex  
Check-Out: Wednesday, June 21 - 5:00-6:00 p.m.  
Abe Stuber Track & Field Complex

## RESIDENT CAMPERS

Check-in: Sunday, June 18 - 7:00-8:00 p.m.  
Towers Dorm  
Check-out: Wednesday, June 21 - 5:00-6:00 p.m.  
Abe Stuber Track & Field Complex

## TYPICAL DAY @ CAMP

8:00-8:30	Breakfast
9:00-11:30	Training Session
Noon	Lunch at dorm
1:30-4:30	Training Session/Film Analysis
5:00	Dinner at dorm
6:00-7:30	Lecture/Demonstrations/Drills
8:00-10:00	Movies/snacks at dorm
10:30	Lights Out

## WELCOME

Welcome to the 2006 Southeast Missouri Thrower Development Camp. The camp staff will make every effort to provide as much hands-on experience and instruction as possible in order to create a positive and fun learning environment. We are looking forward to meeting and working with you this summer!

**ERIC CRUMPECKER**  
*Throws Coach & Camp Director*

Southeast Missouri State University  
One University Plaza - MS 0200  
Cape Girardeau, MO 63701  
Track Camp 100490

# THROWER DEVELOPMENT TRACK CAMP 2006



For 7<sup>th</sup> - 12<sup>th</sup> Grade Throwers

**JUNE 19-21, 2006**

**Abe Stuber  
Track & Field Complex**