



OUTDOOR TRACK & FIELD

For Immediate Use: Monday, May 14, 2018

Contact: Samuel Feldman (719) 487-2462

2018 ALL-MOUNTAIN WEST OUTDOOR TRACK & FIELD TEAMS ANNOUNCED

COLORADO SPRINGS, Colo. – The Mountain West announced its Men's and Women's Outdoor Track & Field All-Conference Teams today. All-league selections are awarded to the top-three finishers in each event at the 2018 MW Outdoor Championships, which were held May 9-12 at Veterans Memorial Stadium in Clovis, California, and hosted by Fresno State.

At the championships, Air Force snagged its third straight men's title, scoring 204 team points, while San Diego State was crowned the women's outdoor champions for the second consecutive year, recording 120.5 team points.

At the MW Outdoor Track & Field Championships last Saturday, Air Force's **Ralph Lindeman** was named 2018 MW Men's Coach of the Year, while MW Women's Coach of the Year honors were presented to San Diego State's **Shelia Burrell**. It is the third consecutive year Lindeman has earned the award, while Burrell wins it for the second straight year.

New Mexico sophomore **Alejandro Goldston** nabbed the MW Men's Outstanding Performer of the Meet honor, after scoring in the 100-meter dash, 200-meter dash and long jump. The Albuquerque, New Mexico, native finished with all-conference honors in the 100-meter and 200-meter dash after finishing second-place in both events. Goldston placed sixth in the long jump.

San Diego State senior **Ashley Henderson** captured the MW Women's Outstanding Performer of the Meet honor for the third-straight year after finishing first in both the 100-meter and 200-meter dashes. Henderson entered the event with the fastest 100-meter time in the world this season (10.98).

Below are the 2018 All-Mountain West award winners.

Men's Coach of the Year: Ralph Lindeman, Air Force

Women's Coach of the Year: Shelia Burrell, San Diego State

Men's Outstanding Performer of the Meet: Alejandro Goldston, So., New Mexico

Women's Outstanding Performer of the Meet: Ashley Henderson, Sr., San Diego State

2018 MOUNTAIN WEST OUTDOOR TRACK & FIELD MEN'S ALL-CONFERENCE TEAM

| Name, Class | Institution | Event |
|--------------------|--------------------|--------------------------------------|
| Robbie Anderson | Air Force | 200-meter dash, 4x100 meter relay |
| Tyler Berson | Air Force | decathlon |
| Calvin Berstler | Air Force | decathlon |
| Jacob Bilvado | Air Force | 5000-meter run |
| Zach Dicken | Air Force | 4x400 meter relay |
| Logan Feasline | Air Force | discus |
| Micah Fontaine | Air Force | 110-meter hurdles, 4x100 meter relay |
| Sam Hinegardner | Air Force | pole vault |
| Tyler Koss | Air Force | 400-meter dash, 4x400 meter relay |
| Mitch Lipe | Air Force | pole vault |
| Miguel Molas | Air Force | 4x100 meter relay |



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| John Reynolds | Air Force | high jump, triple jump |
| Parker Spearman | Air Force | javelin throw |
| Sedacy Walden | Air Force | 400-meter dash, 4x100 meter relay, 4x400 meter relay |
| Chip White | Air Force | 400-meter hurdles, 4x400 meter relay |
| Bryce Kirby | Boise State | 100-meter dash |
| Yusuke Uchikoshi | Boise State | 3000-meter steeplechase |
| Daniel Baumgardt | Colorado State | triple jump |
| Austin Blaho | Colorado State | shot put |
| Isa Bynum | Colorado State | long jump |
| Will Domier | Colorado State | 4x100 meter relay |
| Grant Fischer | Colorado State | 10,000-meter run |
| Nathan Gish | Colorado State | 4x100 meter relay |
| Eric Hamer | Colorado State | 10,000-meter run |
| Caleb Hardy | Colorado State | 4x400 meter relay |
| Mostafa Hassan | Colorado State | shot put, discus |
| Jalen Hunter | Colorado State | 110-meter hurdles, 4x100 meter relay, 4x400 meter relay |
| Bailey King | Colorado State | hammer throw |
| Garrett Lane | Colorado State | 110-meter hurdles |
| Jerrell Mock | Colorado State | 10,000-meter run |
| Cole Rockhold | Colorado State | 1500-meter run, 5000-meter run |
| Ronald Sayles | Colorado State | 4x100 meter relay, 4x400 meter relay |
| Darius Smith | Colorado State | 400-meter hurdles, 4x400 meter relay |
| Trenton Wallace | Colorado State | high jump |
| Tanner Battikha | New Mexico | long jump |
| Ian Crowe-Wright | New Mexico | 1500-meter run |
| Brent Dionisio | New Mexico | high jump |
| Alejandro Goldston | New Mexico | 100-meter dash, 200-meter dash, 4x100 meter relay |
| Isaac Gonzales | New Mexico | 4x400 meter relay |
| Jay Griffin | New Mexico | 4x100 meter relay |
| Kristian Hansen | New Mexico | 800-meter run |
| Mark Haywood | New Mexico | 4x100 meter relay, 4x400 meter relay |
| Josh Kerr | New Mexico | 1500-meter run |
| Daniel Lam | New Mexico | decathlon |
| Ben Parmoon | New Mexico | 4x400 meter relay |
| Carlos Salcido | New Mexico | 200-meter dash, 4x100 meter relay, 4x400 meter relay |
| Jordan Beutler | Utah State | 800-meter run |
| Spencer Fehlberg | Utah State | 3000-meter steeplechase |
| Sindri Gudmundsson | Utah State | javelin throw |
| David Hirschmann | Utah State | shot put, discus |
| Clay Lambourne | Utah State | 800-meter run |
| Dillon Maggard | Utah State | 5000-meter run |
| Kyle Morris | Utah State | javelin throw |
| Sam Nelson | Utah State | pole vault |
| Harry Ewing | Wyoming | 3000-meter steeplechase |
| Jace Marx | Wyoming | 100-meter dash |
| Brandon McGuire | Wyoming | 400-meter hurdles |
| William Nolan | Wyoming | long jump, triple jump |
| Damon Unland | Wyoming | hammer throw |
| Kirk Unland | Wyoming | hammer throw |
| Jackson Wood | Wyoming | 400-meter dash |



2018 MOUNTAIN WEST OUTDOOR TRACK & FIELD WOMEN'S ALL-CONFERENCE TEAM

| Name, Class | Institution | Event |
|--------------------|--------------------|---|
| Jaci Smith | Air Force | 5000-meter run |
| Shelley Spires | Air Force | high jump |
| Kathryn Tomczak | Air Force | pole vault |
| Alexis Fuller | Boise State | 1500-meter run |
| Sadi Henderson | Boise State | 800-meter run |
| Anna McDonald | Boise State | 3000-meter steeplechase |
| Clare O'Brien | Boise State | 10,000-meter run |
| Allie Ostrander | Boise State | 1500-meter run, 5000-meter run |
| Kristie Schoffield | Boise State | 800-meter run |
| Kelcey Bedard | Colorado State | hammer throw |
| Annemarie Carlson | Colorado State | 4x400-meter relay |
| Jasmine Chesson | Colorado State | 4x400-meter relay |
| Autumn Gardner | Colorado State | high jump |
| Michelle Gould | Colorado State | 4x400-meter relay |
| Linnea Jonsson | Colorado State | hammer throw |
| Maria Muzzio | Colorado State | discus |
| Jessica Ozoude | Colorado State | 4x100-meter relay, 4x400-meter relay |
| Destinee Rocker | Colorado State | 100-meter hurdles, 4x100-meter relay |
| MaryBeth Sant | Colorado State | 4x100-meter relay |
| Lettia Wilson | Colorado State | 4x100-meter relay |
| McKenzie Wright | Colorado State | high jump |
| Jestena Mattson | Fresno State | heptathlon |
| Vanja Spaic | Fresno State | javelin throw |
| Yazmin Torres | Fresno State | discus |
| Aisiah Tuiasosopo | Fresno State | hammer throw |
| Nora Beinlich | Nevada | 400-meter hurdles |
| Alexandra Bohlman | Nevada | javelin throw |
| Brittany Graves | Nevada | triple jump |
| Karoline Sauer | Nevada | 400-meter hurdles |
| Weini Kelati | New Mexico | 10,000-meter run |
| Ednah Kurgat | New Mexico | 10,000-meter run |
| Kyra Mohns | New Mexico | 400-meter hurdles, heptathlon |
| Charlotte Prouse | New Mexico | 3000-meter steeplechase |
| Alice Wright | New Mexico | 5000-meter run |
| Lisa-Anne Barrow | San Diego State | 200-meter dash, 400-meter dash, 4x400-meter relay |
| Marissa Berry | San Diego State | pole vault |
| Callista Fletcher | San Diego State | 4x100-meter relay |
| Simone Glenn | San Diego State | 100-meter dash, 200-meter dash, 4x100-meter relay |
| Jalyn Harris | San Diego State | 400-meter dash, 4x400-meter relay |
| Ashley Henderson | San Diego State | 100-meter dash, 200-meter dash, 4x100-meter relay |
| Lakin Hatcher | San Diego State | 4x400-meter relay |
| Kaitlin Heri | San Diego State | pole vault |
| Tyra Lea | San Diego State | 4x400-meter relay |
| Rochene Smith | San Diego State | 4x100-meter relay |
| Destiny Longmire | San José State | long jump |
| Nicole Iloanya | San José State | triple jump |



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| Kolbi Sims | San José State | heptathlon |
| Jasmyne Graham | UNLV | 100-meter hurdles, 4x100-meter relay |
| Mackenna Howard | UNLV | shot put |
| Najia Hudspeth | UNLV | 400-meter dash, 4x100-meter relay, 4x400-meter relay |
| Nylia Hudspeth | UNLV | 4x400-meter relay |
| Kaysha Love | UNLV | 4x100-meter relay, 4x400-meter relay |
| Destiny Smith-Barnett | UNLV | 100-meter dash, 4x100-meter relay |
| Jaela Williams | UNLV | long jump, 100-meter hurdles |
| Avi'Tal Wilson-Perteete | UNLV | 800-meter run, 4x400-meter relay |
| Mia Estes | Utah State | javelin throw |
| Brenn Flint | Utah State | shot put, discus |
| Olivia Moriconi | Utah State | shot put |
| Tylee Newman-Skinner | Utah State | 1500-meter run |
| Cierra Simmons | Utah State | 3000-meter steeplechase |
| Ja'la Henderson | Wyoming | long jump, triple jump |

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