

## FALL 2011 WALK-ON CHECKLIST

Dear Future Aztec Rowers,

The following list will help guide you through the steps to becoming a Division I Rower at San Diego State University. Please read through the steps carefully. You may contact Coach Abrams at [aabrams@mail.sdsu.edu](mailto:aabrams@mail.sdsu.edu) if you have any questions.

\_\_\_\_\_ Email Coach Abrams your Red ID number.

\_\_\_\_\_ Compete the Physical Paperwork forms posted on the crew page at [www.GoAztecs.com](http://www.GoAztecs.com) (**these forms must be competed and submitted to Coach Abrams in order to try-out for the team**).

\_\_\_\_\_ Register with the NCAA Eligibility Center at [www.eligibilitycenter.org](http://www.eligibilitycenter.org) (**all student-athletes must be cleared by the NCAA in order to compete**). Once you have registered, email Coach Abrams your 10-digit Clearinghouse ID number.

\_\_\_\_\_ Register for at least 12 course units this Fall. The courses may NOT be through Extended Studies or Open University.

\_\_\_\_\_ Register for classes with the following practice schedule in mind:

Water practice: MTWTHF 5:30am – 7:30am (you will make an 8am class) and SAT 7:00am – 10:00am

Land Practice: TTH 4:30pm – 5:30pm OR 5:30pm – 6:30pm (you must attend one of the sessions on both days)

\_\_\_\_\_ Attend the informational meeting on September 6<sup>th</sup> at 6pm in the Auditorium of the Aztec Athletic Center. Be sure to bring your completed physical paperwork forms with you.

We look forward to seeing you this Fall!

Sincerely,

Alison Abrams - Assistant Crew Coach