

# MEN'S RECORD BOOK

## INDOOR

### 55-METER DASH

1.	Terrence Trammell.....	1999	6.12
2.	Corey Bridges.....	1998	6.15
3.	Adrian Durant.....	2004	6.23
4.	Damiere Byrd.....	2012	6.24
	Johnathan Hancock.....	2009	
6.	Clint Crenshaw.....	1999	6.26
7.	Andre Totton.....	2002	6.27
8.	Shamus Singletary.....	2001	6.28
9.	David Winters.....	2016	6.29
	Marcus Robinson.....	1996	
10.	<b>Ncincilili Titi.....</b>	<b>2016</b>	<b>6.30</b>
	Chris Royster.....	2012	
	Lamar Markett.....	2008	

### 60-METER DASH

(Started in 1996)

1.	Terrence Trammell.....	2000	6.54
2.	Corey Bridges.....	1997	6.61
3.	Johnathan Hancock.....	2009	6.63
4.	Kendall Kee.....	2014	6.65
5.	Damiere Byrd.....	2013	6.66
	David Winters.....	2016	6.66
7.	<b>Ncincilili Titi.....</b>	<b>2018</b>	<b>6.69</b>
8.	Duan Barrino.....	2002	6.71
	Pap Howard.....	2001	
10.	Corey Taylor.....	2003	6.72
	Marcus Robinson.....	1996	

### 200-METER DASH

1.	Rodney Martin.....	2005	20.38
2.	<b>Ncincilili Titi.....</b>	<b>2018</b>	<b>20.45</b>
3.	David Winters.....	2016	20.61
4.	Antonio Sales.....	2008	20.83
5.	Pap Howard.....	2001	20.84
6.	Andre Totton.....	2001	20.90
7.	Leroy Dixon.....	2006	21.01
8.	Marcus Robinson.....	1996	21.14
9.	Duan Barrino.....	2002	21.22
10.	James Law.....	2002	21.25

### 400-METER DASH

1.	Jonathan Fortenberry.....	2003	46.19
2.	Otis Harris.....	2002	46.28
3.	Jimmie Hackley.....	1999	46.49
4.	Obakeng Ngwigwa.....	2010	46.54
5.	Keith Hinnant.....	2006	46.76
6.	Clayton Gravesande.....	2013	46.81
7.	Jussi Heikkila.....	2008	47.09
8.	Tony Rambo.....	1979	47.14
9.	Ray Miley.....	2007	47.18
10.	Quentin Moore.....	2007	47.24

### 800-METER RUN

1.	Otukile Lekote.....	2001	1:46.13
2.	Marvin Watts.....	1997	1:47.73
3.	Adrian Bonner.....	1995	1:48.13
4.	<b>Otis Jones.....</b>	<b>2018</b>	<b>1:48.96</b>
5.	William Emase.....	2005	1:50.06
6.	Jim Schaper.....	1974	1:50.58
7.	Kevin Keating.....	2015	1:50.59
8.	Shawn Cunningham.....	2004	1:50.99
9.	Johnny Baez.....	2007	1:51.56
10.	Chris Swartz.....	1995	1:51.90

### 1,000-METER RUN

1.	Bob Kaczka.....	1969	2:25.00
2.	Jim Schaper.....	1974	2:26.85
3.	Drew Ricci.....	2014	2:27.65
4.	Kevin Keating.....	2015	2:28.27
5.	Tim Colas.....	1982	2:28.90
6.	LaMonte Pennington.....	1998	2:29.30
7.	Alex Sullivan.....	2015	2:29.39
8.	Adrian Bonner.....	1993	2:29.60
9.	Bob Crombie.....	1965	2:29.80
10.	Tom Cronin.....	1993	2:30.10

## MILE RUN

1.	Robert Razick.....	2013	4:06.47
2.	Tim Colas.....	1982	4:08.03
3.	Tom Cronin.....	1993	4:08.09
4.	Jim Schaper.....	1974	4:10.84
5.	William Emase.....	2004	4:12.38
6.	Bill Latham.....	1959	4:12.64
7.	Johnny Baez.....	2007	4:14.22
8.	Otukile Lekote.....	2001	4:15.04
9.	Keith Gorski.....	1992	4:16.01

### 3,000-METER RUN

1.	Robert Razick.....	2013	8:16.00
2.	Bob Day.....	1975	8:18.14
3.	Andy Foster.....	1989	8:22.46
4.	Mike Hedgecock.....	1990	8:23.75
5.	Tom Cronin.....	1992	8:25.71
6.	Paul Laymon.....	1993	8:27.14
7.	Steve Mance.....	2005	8:28.97
8.	Keith Gorski.....	1992	8:30.00

### 5,000-METER RUN

1.	Keith Gorski.....	1992	14:25.58
2.	Bob Day.....	1976	14:27.54
3.	Steve Mance.....	2005	14:36.36
4.	Drew Trusty.....	2016	14:43.24
5.	Paul Laymon.....	1992	14:50.15
6.	Mark Cruz.....	1994	14:53.64
7.	Eric Roschick.....	1995	15:04.13
8.	Daniel Smoak.....	2010	15:12.28
9.	Jered Haag.....	1994	15:18.10
10.	<b>Carson Strom.....</b>	<b>2018</b>	<b>15:23.55</b>

### 55-METER HURDLES

1.	Terrence Trammell.....	1999	6.94
2.	Stanislavs Olijars.....	1999	7.18
	Jason Richardson.....	2007,08	
4.	Thomas Hilliard, IV.....	2007	7.23
5.	Corey Taylor.....	2003	7.24
6.	Terry Winston.....	1994	7.27
7.	Frank Mensah.....	1995	7.30
	Kenneth Ferguson.....	2003	
	Fred Townsend.....	2004	
10.	Johnny Dutch.....	2010	7.31

### 60-METER HURDLES

(Started in 1996)

1.	Terrence Trammell.....	1999	7.52
2.	Jason Richardson.....	2008	7.53
3.	Booker Nunley.....	2010	7.58
4.	Stanislavs Olijars.....	1999	7.65
5.	Kenneth Ferguson.....	2003	7.67
	Corey Taylor.....	2003	
7.	Dondre Echols.....	2016	7.69
8.	Johnny Dutch.....	2009	7.71
9.	Thomas Hilliard.....	2007	7.74
10.	Jermaine Collier.....	2015	7.76

## HIGH JUMP

1.	<b>Tye Williams.....</b>	<b>2018</b>	<b>7-2 1/2</b>
2.	David Wilkins.....	2011	7-2 1/4
3.	Paul Wichern.....	1989	7-2
4.	Fred Townsend.....	2004	7-1
5.	Steve Wilson.....	1976	7-0
6.	Steve Owens.....	1992	6-11
7.	Art Henson.....	1992	6-11

## POLE VAULT

1.	Marvin Reitze.....	2012	18-0 1/2
	Chris Steddum.....	2004	
3.	Elliott Haynie.....	2010	17-7 3/4
4.	Patrick Tvarkunas.....	2000	17-7
5.	Matt Shuler.....	2011	17-6 1/2
6.	Dan McKenzie.....	2007	17-0 3/4
	Simon Gyllensten.....	2016	17-0 3/4
8.	Dale Gerek.....	1989	17-0
9.	Jared Farabee.....	2002	16-10 3/4
	<b>Armand Woodley.....</b>	<b>2018</b>	<b>16-10 3/4</b>
10.	Greg Royster.....	2003	16-8 3/4

## LONG JUMP

1.	Tony Allmond.....	2004	26-6 1/4
2.	Phillipe Williams.....	1990	26-3
3.	Jarrold Hutchen.....	2012	26-1 3/4
4.	Greig Cryer.....	2006	26-0
5.	<b>Yann Randrianasolo.....</b>	<b>2018</b>	<b>25-10 3/4</b>
6.	Michael Wamer.....	2016	24-4 1/4
7.	Isaiah Moore.....	2015	24-2 1/2
8.	Fred Townsend.....	2004	24-0
9.	Titus Briggs.....	1976	23-9 1/4
10.	Alexandre Asselin.....	2014	23-9

## TRIPLE JUMP

1.	Greig Cryer.....	2006	52-5 1/4
2.	Michael Wamer.....	2017	52-1
3.	Lincoln Carr.....	2011	51-5
4.	Marcus Sutton.....	1993	51-4 1/2
5.	Dorian Johnson.....	2012	49-11
6.	Derek Pressley.....	2008	49-10
7.	Ron Adams.....	1976	
8.	Tony Allmond.....	2003	49-7 1/4
9.	Roderic Dubose.....	1992	48-5 1/2

## SHOT PUT

1.	<b>Josh Awotunde.....</b>	<b>2018</b>	<b>69-11 3/4</b>
2.	Brad Snyder.....	1998	66-8
3.	Kevin Mannon.....	1997	63-7 1/2
4.	Jason Cook.....	2009	61-11
5.	Jeff Shalayda.....	1997	60-8 1/2

## 35-POUND WEIGHT

1.	Ryan Harrison.....	1999	73-6
2.	Ron Willis.....	1994	72-1 1/4
3.	Bert Sorin.....	1999	72-1
4.	Brett Murray.....	1994	69-10 3/4
5.	Michael Zajac.....	2011	69-9 1/2
6.	Kevin Mannon.....	1997	69-6 3/4
7.	Brook Antonio.....	2006	68-2 1/2

## 4X400-METER RELAY

1.	Fortenberry, Lekote, Harris, Pressley.....	2002	3:05.90
2.	Moore, Dutch, Ngwigwa, Anderson.....	2009	3:06.11
3.	Howard, Lekote, Harris, Pressley.....	2001	3:06.43
4.	Hinnant, Hilliard, Miley, Moore.....	2007	3:06.84
5.	Hinnant, James, Luster, Richardson.....	2005	3:06.87

## DISTANCE MEDLEY RELAY

1.	Bonner, Swartz, Towle, Cronin.....	1995	9:43.26
2.	Hoffman, Hilliard, Cunningham, Emase.....	2005	9:56.46
3.	DePiano, Walker, Gaither, Razick.....	2012	9:59.81
4.	Swartz, Watts, Towle, Cronin.....	1995	10:00.59
5.	Johnson, Coleman, Drosky, Murphy.....	1984	10:01.60
6.	Leyh, James, Fortenberry, Baez.....	2007	10:02.98

## HEPTATHLON (Since 2002)\*

1.	Fred Townsend.....	2004	5,581
2.	<b>Markus Leemet.....</b>	<b>2015</b>	<b>5,459</b>
3.	Scott Pierce.....	2009	5,325
4.	Greg Royster.....	2004	5,293
5.	Curt McGill.....	2009	5,292
6.	Alexandre Asselin.....	2016	5,273
7.	<b>Simon Gyllensten.....</b>	<b>2018</b>	<b>5,155</b>
8.	Eddie Stoudemire.....	2009	5,016
9.	Jerry Thompson III.....	2011	4,968
10.	Chris Sharp.....	2012	4,944

- Denotes current student-athlete(s)
- Marks set in 2018 are *Italicized*
- \* - Mark Set in International Competition

# MEN'S RECORD BOOK

## OUTDOOR

### 100-METER DASH

1.	Terrence Trammell	2000	10.04
2.	Andre Totton	2001	10.12w
3.	Corey Bridges	1996	10.13
4.	<b>Ncincilili Titi</b>	<b>2018</b>	<b>10.16w</b>
5.	Chris Royster	2013	10.17w
6.	Leroy Dixon	2005	10.19
7.	David Winters	2017	10.20
8.	Marcus Robinson	1996	10.21
9.	Rodney Martin	2005	10.25
10.	Pap Howard	2001	10.27

### 200-METER DASH

1.	<b>Ncincilili Titi</b>	<b>2018</b>	<b>20.00</b>
2.	Rodney Martin	2005	20.34
3.	Leroy Dixon	2006	20.44
4.	Terrence Trammell	1999	20.45
5.	Pap Howard	2001	20.47
6.	David Winters	2017	20.53
7.	Antonio Sales	2010	20.54
8.	Obakeng Ngwigwa	2010	20.56
9.	Andre Totton	2001	20.58
10.	Marcus Robinson	1996	20.63

### 400-METER DASH

1.	Otis Harris	2003	44.57
2.	Jimmie Hackley	2000	45.64
3.	Jonathan Fortenberry	2002	45.67
4.	Clayton Gravesande	2012	45.93
5.	Obakeng Ngwigwa	2010	46.09
6.	Otukile Lekote	2001	46.12
7.	Quentin Moore	2008	46.18
8.	Jamil James	2007	46.28
9.	Ray Miley	2007	46.31
10.	Eddie Miller	1988	46.35

### 800-METER RUN

1.	Otukile Lekote	2001	1:44.47
2.	Marvin Watts	1998	1:47.74
3.	Bob Kaczka	1970	1:48.01
4.	Adrian Booner	1995	1:48.13
5.	William Emase	2005	1:48.23
6.	<b>Otis Jones</b>	<b>2018</b>	<b>1:48.38</b>
7.	Jim Schaper	1972	1:48.71
8.	John Brown	1974	1:49.94
9.	Johnny Baez	2006	1:50.03
10.	Chris Swartz	1993	1:50.29

### 1,500-METER RUN

1.	Jim Schaper	1974	3:42.48
2.	Tim Colas	1982	3:44.79
3.	Alan Drosky	1984	3:45.79
4.	Halston Taylor	1976	3:47.14
5.	Bob Crumbie	1965	3:48.24
6.	Tom Howe	1987	3:48.90
7.	William Emase	2003	3:49.07
8.	Tom Cronin	1993	3:49.12
9.	Robert Razick	2012	3:49.84
10.	Frank Murno	1978	3:50.24

### 5,000-METER RUN

1.	Tom Howe	1987	14:06.54
2.	Ken Castello	1987	14:13.24
3.	Bob Day	1975	14:16.14
4.	Paul Laymon	1992	14:29.40
5.	Jim Carey	1978	14:30.24
6.	Tim Colas	1983	14:32.54
7.	Mike Hedgecock	1990	14:33.20
8.	Keith Gorski	1993	14:35.40
9.	Rob Devlin	1986	14:41.74
10.	Jim Karcanes	1991	14:41.90

### 10,000-METER RUN

1.	Rob Devlin	1986	30:05.24
2.	Leon Cook	1976	30:12.86
3.	Keith Gorski	1992	30:23.88
4.	Mark Cruz	1994	30:29.89
5.	Paul Laymon	1989	30:52.20
6.	Andy Bredfield	1990	31:09.05
7.	Ted Fort	1990	31:17.70
8.	Greg Wimer	1985	31:26.24
9.	Mike Hedgecock	1991	31:27.50
10.	Jim Carey	1978	31:34.24

### 110-METER HURDLES

1.	Terrence Trammell	2000	13.19
2.	Jason Richardson	2008	13.21
3.	Johnny Dutch	2010	13.30w
4.	Booker Nunley	2009	13.32
5.	Dondre Echols	2016	13.35w
6.	<b>Isaiah Moore</b>	<b>2017</b>	<b>13.47</b>
7.	Kenneth Ferguson	2003	13.53
8.	Jermaine Collier	2016	13.61
9.	Thomas Hilliard	2007	13.70
10.	Corey Taylor	2003	13.72

### 400-METER HURDLES

1.	Johnny Dutch	2010	47.63
2.	Kenneth Ferguson	2003	48.79
3.	Tony Rambo	1982	48.90
4.	Jussi Heikkila	2008	49.39
5.	Thomas Hilliard	2007	49.63
6.	Jussi Kanervo	2015	49.66*
7.	Jason Richardson	2006	49.82
8.	Anthony Bennon	1987	50.04
9.	David Arnold	1990	50.80
10.	Jermaine Collier	2014	50.96

### 3,000-METER STEEPLECHASE

1.	Andy Foster	1988	8:57.96
2.	Tom Cronin	1995	9:00.58
3.	Leon Cook	1977	9:01.44
4.	Mike Hedgecock	1989	9:03.79
5.	Brad Herbster	1991	9:08.57
6.	Paul Laymon	1993	9:10.90
7.	Max Minter	1981	9:13.04
8.	Mike Costello	1985	9:14.11
9.	Jered Haag	1994	9:16.97
10.	Steve Mance	2005	9:24.07

### 4X100-METER RELAY

1.	Crenshaw, Trammell	2000	38.45	Hackley, Howard
2.	Crenshaw, Trammell	1999	38.92	Mays, Price
3.	Kee, Royster,	2014	38.98	Winfrey, Sanders
4.	Barrino, Law	2002	39.01	Totton, Taylor
5.	Carter, Sales	2010	39.07	Moore, Ngwigwa
6.	Trammell, Bridges	1998	39.08	Dempers, Price
7.	Hancock, Sales,	2009	39.09	Moore, Ngwigwa
8.	<b>Lewis, Winters</b>	<b>2017</b>	<b>39.12</b>	<b>Bermudez, Titi</b>
9.	Totton, Howard	2001	39.19	Crenshaw, Taylor
10.	Trammell, Price	1998	39.27	Dempers, Williams
	Hancock, Sales,	2008	39.37	Moore, Markett

### 4X200-METER RELAY

1.	Ngwigwa, Sales	2009	1:21.60	Moore, Anderson
2.	<b>Bermudez, Collier</b>	<b>2016</b>	<b>1:21.93</b>	<b>Titi, Winters</b>
3.	USC A	1999	1:21.94	Singleton, Winters
4.	Singleton, Winters	2017	1:22.01	Bermudez, Titi
5.	Winters, Lewis	2016	1:22.38	Titi, Bermudez
6.	Singleton, Winters	2017	1:22.48	Lewis, Titi
7.	Ngwigwa, Sales	2010	1:22.69	Carter, Dutch
8.	Carter, Royster	2012	1:22.76	Winfrey, Gravesande
9.	Walker, Echols	2015	1:22.80	Lewis, Chiles
10.	Royster, Sales,	2011	1:22.83	Gravesande, Maxwell

### 4X400-METER RELAY

1.	Law, Lekote	2002	3:02.16	Harris, Fortenberry
2.	Ferguson Lekote	2003	3:02.86	Fortenberry, Harris
3.	Dutch, Ngwigwa	2009	3:02.88	Anderson, Moore
4.	Gravesande, Echols,	2015	3:03.13	Winfrey, Bermudez
5.	Ngwigwa, Dutch	2010	3:03.58	Anderson, Moore
6.	Moore, Hilliard	2007	3:03.86	James, Miley
7.	Ngwigwa, Richardson	2009	3:03.89	Dutch, Anderson
8.	Law, Howard	2001	3:04.36	Lekote, Harris
9.	Ngwigwa, Dutch	2009	3:04.49	Moore, Richardson
10.	Hinnant, Hilliard	2006	3:04.62	James, Richardson

### 4X800-METER RELAY

1.	Sheley, J. Brown	1974	7:24.94	D. Brown, J. Schaper
2.	Towle, Watts	1995	7:26.41	Cronin, Bonner
3.	Towle, Swaetz	1994	7:28.50	Goodwin, Bonner
4.	Cronin, Kerns	1993	7:32.69	Swartz, Bonner
5.	Howe, Peddie	1968	7:34.74	Kaczka, Eidson

### 4X1500-METER RELAY

1.	Bahura, Haire	1987	15:56.35	Foster, Howe
2.	Cronin, Robinson	1991	15:57.99	Karcanes, Herbster
3.	Robinson, Hart	1989	15:59.61	Hedgecock, Foster
4.	Karcanes, Herbster	1991	16:00.90	Robinson, Hedgecock
5.	Hart, Laymon	1989	16:01.03	Hedgecock, Foster

# MEN'S RECORD BOOK

## SPRINT MEDLEY RELAY

1.	Price, Trammell.....	1998	3:13.00
	Dempers, Watts		
2.	USC A - Lekote.....	2001	3:13.58
3.	Barrino, Harris.....	2002	3:16.25
	Pressley, Lekote		
4.	Durant, Martin.....	2005	3:19.15
	Richardson, Emase		
5.	USC A - Lekote.....	2003	3:19.82
6.	Small, Eidson.....	1974	3:20.04
	Harris, Kaczka		
7.	Robinson, Williams.....	1997	3:20.18
	Price, Watts		
8.	Griddine, Coleman.....	1984	3:20.89
	Rhodes, Drosky		
9.	Bennon, Taylor.....	1986	3:21.24
	Patterson, Taylor		
10.	<b><i>Titi, Singleton.....2018.....3:22.29</i></b>		
	<b><i>Gyllensten, Jones</i></b>		

## DISTANCE MEDLEY RELAY

1.	D. Brown, Reid.....	1974	9:39.34
	J. Brown, Schaper		
2.	Cronin, Watts.....	1995	9:46.01
	Bonner, Towle		
3.	Bonner, Kerns.....	1993	9:52.91
	Swartz, Cronin		
4.	USC.....	1976	9:59.50
5.	Towle, Goodwin.....	1994	10:04.20
	Swartz, Cronin		
6.	Kerns, Love.....	1991	10:12.02
	Bonner, Cronin		

## SHUTTLE HURDLE RELAY

1.	Taylor, Townsend.....	2003	53.94
	Ryan, Ferguson		
2.	Dutch, Nunley.....	2009	55.47
	Stoudemire, Richardson		
3.	Echols, Collier.....	2015	55.53
	<b><i>Kanervo, Moore</i></b>		
4.	Anderson, Johnson.....	2000	56.28
	Taylor, Trammell		
5.	Mensah, Owens.....	1993	56.31
	Phillips, Winston		
6.	Mensah, Winston.....	1994	56.59
	Phillips, Owens		
7.	Echols, Collier.....	2016	56.63
	<b><i>Moore, Asselin</i></b>		

## HIGH JUMP

1.	<b><i>Tye Williams.....2017.....7-4 1/2</i></b>		
2.	Paul Wiechern.....	1988	7-3 1/4
3.	Gus Kirkland.....	1981	7-2 3/4
4.	Steve Wilson.....	1977	7-1 3/4
5.	Marve Johnson.....	1983	7-1
6.	Fred Townsend.....	2001	7-1
7.	David Wilkins.....	2011	7-0 1/2
8.	Lee Hughes.....	1999	7-0 1/4
9.	Art Henson.....	1992	6-11
10.	Steve Owens.....	1991	6-10 3/4
	Phillipe Williams.....	1991	

## POLE VAULT

1.	Marvin Reitze.....	2012	18-1
2.	Elliott Haynie.....	2009	17-10 1/2
3.	Chris Steddum.....	2002	17-7 3/4
4.	Dale Gerke.....	1988	17-5 1/2
5.	Matt Shuler.....	2011	17-4 1/2
6.	<b><i>Armand Woodley.....2017.....17-2 3/4</i></b>		
7.	Darren Davis.....	1988	17-1 3/4
8.	Dan McKenzie.....	2006	17-0 3/4
9.	Jarad Farabee.....	2002	16-11
10.	Patrick Tvarkunas.....	1999	16-10 3/4

## LONG JUMP

1.	Tony Allmond.....	2004	27-4 3/4w
2.	<b><i>Yann Randrianasolo.....2018.....26-2 3/4</i></b>		
3.	Jarrod Hutchen.....	2012	26-1 3/4w
4.	Greig Cryer.....	2006	25-9 1/4
5.	Rolando Adams.....	1979	25-7
6.	Phillipe Williams.....	1991	25-2
7.	Peter Edeh.....	1984	25-1
	Sam Scott.....	1982	
9.	Anthony Wood.....	1982	24-9 3/4
10.	Ronn Adams.....	1976	24-8 1/2

## TRIPLE JUMP

1.	Michael Wamer.....	2015	54-0 1/2
2.	Ron Adams.....	1975	52-2
3.	Derek Pressley.....	2007	51-10 1/2
4.	Lincoln Carr.....	2011	51-4 1/2
5.	Marcus Sutton.....	1993	51-4 1/4
6.	Greig Cryer.....	2006	51-4
7.	Berle Stocks.....	1976	50-9
8.	James Wilson.....	1982	50-8
9.	Wade Brantley.....	1988	50-6 1/2
10.	Dorian Johnson.....	2012	50-6

## SHOT PUT

1.	Brad Snyder.....	1999	67-3 1/2
2.	<b><i>Josh Awotunde.....2016.....65-11 3/4*</i></b>		
3.	Jason Cook.....	2009	63-7 1/2
4.	Kevin Mannon.....	1997	62-6 3/4
5.	<b><i>Ben Bonhurst.....2017.....61-7</i></b>		
6.	<b><i>Eric Favors.....2018.....61-5 1/2</i></b>		
7.	Ron Yarab.....	1981	61-2 1/2
8.	Ron Willis.....	1994	61-0 3/4
9.	Jeff Shalayda.....	1996	60-7 3/4
10.	Jim Mitchell.....	2006	57-7

## DISCUS

1.	Ryan Harrison.....	1999	196-10
2.	Brett Murray.....	1994	194-11
3.	Brad Snyder.....	1999	192-7
4.	Art Swartz.....	1966	192-3
5.	<b><i>Josh Awotunde.....2017.....191-11</i></b>		
6.	Chad Moreau.....	1995	189-0
7.	Kevin Mannon.....	1997	188-4
8.	Ron Willis.....	1994	187-3
9.	Brook Antonio.....	2006	183-4
10.	Jeff Merkt.....	2009	176-8

## HAMMER

1.	John Stoikos.....	1995	222-4
2.	Clarence Gallop.....	2017	220-11
3.	Bert Sorin.....	1999	219-10
4.	Kevin Mannon.....	1997	217-1
5.	Ron Willis.....	1994	214-11
6.	Michael Zajac.....	2010	211-0
7.	Brett Murray.....	1995	209-3
8.	Ryan Harrison.....	1999	208-6
9.	Mattias Ohlsson.....	1997	208-1
10.	Tyler Trout.....	2007	204-2

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1.	Lou DeChicchio.....	1975	242-5
2.	Tom Chapman.....	1974	226-6
3.	Ron Yarab.....	1981	224-0
4.	Dick Bartulski.....	1956	217-8
5.	John Madden.....	1981	216-0
6.	Mike Cauley.....	1971	212-6
7.	Don Brown.....	1965	209-9
8.	James Jenkins.....	1967	202-10
9.	Eric Eversole.....	1983	185-0

## JAVELIN (NEW)

1.	Joshua Suttmeier.....	2012	238-6
2.	Jason LaBarbera.....	1997	237-4
3.	Kaleb Zuidema.....	2016	233-2
4.	Erik Heymann.....	2007	223-7
5.	Derek McMillian.....	1994	215-11
6.	Patrick Keegan.....	1988	212-8
7.	Joe Schroeder.....	2007	207-6
8.	Scott Alsup.....	2003	206-2
9.	Garry Martin.....	2003	199-6
10.	Phillipe Williams.....	1990	198-10

## DECATHLON

1.	<b><i>Markus Leemet.....2017.....7,720</i></b>		
2.	Phillipe Williams.....	1990	7,598
3.	Wade Brantley.....	1988	7,406
4.	Fred Townsend.....	2003	7,345
5.	Alexandre Asselin.....	2016	7,219
6.	Scott Pierce.....	2010	7,056
7.	Steve Owens.....	1995	7,051
8.	Eddie Stoudemire.....	2010	6,858
9.	CJ Anderson.....	2000	6,817
10.	Greg Royster.....	2006	6,776

- Denotes current student-athlete(s)
- Marks set in 2018 are *Italicized*
- \* - Mark Set in International Competition
- w - Wind-aided mark

# WOMEN'S RECORD BOOK

## INDOOR

### 55-METER DASH

1. Amberly Nesbitt..... 2006 ..... 6.72
2. Shalonda Solomon ..... 2006 ..... 6.73
3. LaKya Brookins..... 2009 ..... 6.76
4. Miki Barber..... 2003 ..... 6.82
5. Shayla Mahan..... 2009 ..... 6.83
- Aleen Bailey ..... 2002
- Erica Whipple ..... 2002
8. Mechelle Lewis..... 2000 ..... 6.84
9. Tatianna Fisher ..... 2010 ..... 6.89
- Gabby Glenn ..... 2010

### 60-METER DASH

1. LaKya Brookins..... 2011 ..... 7.09
2. Amberly Nesbitt..... 2006 ..... 7.21
- Shalonda Solomon ..... 2006
4. Shayla Mahan..... 2009 ..... 7.23
- Aleen Bailey ..... 2003
6. Lisa Barber ..... 2000 ..... 7.28
- Gabrielle Glenn..... 2008 ..... 7.32
8. Khalilah Carpenter..... 2005 ..... 7.33
- Mechelle Lewis..... 2000
10. Kanisa Williams ..... 2001 ..... 7.34

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1. Shalonda Solomon ..... 2006 ..... 22.57
2. Aleen Bailey ..... 2003 ..... 23.03
3. Miki Barber..... 2000 ..... 23.06
4. Lisa Barber ..... 2002 ..... 23.08
5. Erica Whipple ..... 2002 ..... 23.13
6. Khalilah Carpenter..... 2005 ..... 23.29
7. Demetria Washington..... 2001 ..... 23.33
8. Natasha Hastings ..... 2007 ..... 23.39
9. Stephanie Smith ..... 2004 ..... 23.41
10. Amberly Nesbitt..... 2006 ..... 23.43

### 400-METER DASH

1. Natasha Hastings ..... 2007 ..... 50.80
2. Lashinda Demus ..... 2004 ..... 51.59
3. Miki Barber..... 2000 ..... 51.92
4. Demetria Washington..... 2001 ..... 52.06
5. Brandi Cross ..... 2008 ..... 52.12
6. Erika Rucker..... 2013 ..... 52.22
7. Briana Haith ..... 2016 ..... 52.34
8. Tiffany Ross ..... 2005 ..... 52.43
9. Stephanie Smith ..... 2004 ..... 52.44
10. Shevon Stoddart..... 2005 ..... 52.55

### 800-METER RUN

1. Shay Shelton ..... 2006 ..... 2:06.05
2. Charmaine Howell..... 1998 ..... 2:06.13
3. Tawana Watkins ..... 2003 ..... 2:08.27
4. Kristina Brown ..... 1999 ..... 2:08.77
5. Shannon Wyont..... 1990 ..... 2:09.30
6. Andrea Hallmon ..... 2001 ..... 2:10.39
7. Anna Todd..... 2013 ..... 2:10.61
8. Boikhutso Ramomene..... 2004 ..... 2:10.71
9. Lisa Zimmer ..... 2013 ..... 2:11.00
10. Tracey Capper..... 1996 ..... 2:11.25

### 1,000-METER RUN

1. Anna Todd ..... 2015 ..... 2:50.51
2. Irene Vian ..... 2016 ..... 2:51.52
3. Allie Mueller..... 2018 ..... 2:57.67
4. Scolastica Jepngetich ..... 2011 ..... 2:57.81
5. Liz Figlar ..... 1993 ..... 2:57.84
6. Tracey Capper..... 1993 ..... 2:58.90
7. Dana Purser ..... 1990 ..... 3:00.34
8. Marielle Bertrand..... 1993 ..... 3:00.40
9. Kristina Brown..... 2000 ..... 3:00.60
10. Laura Pramstaller ..... 2011 ..... 3:01.57

### MILE RUN

1. Tracey Capper..... 1996 ..... 4:43.90
2. Dani Barnes ..... 2009 ..... 4:47.19
3. Anna Todd..... 2015 ..... 4:49.46
4. Allie Mueller..... 2018 ..... 4:52.45
5. Meredith Mill ..... 2012 ..... 4:54.73
6. Jenny Lake ..... 2003 ..... 4:55.10
7. Sue McGhie..... 1992 ..... 4:56.89
8. Danielle Adams..... 1992 ..... 4:57.10
9. Liz Figlar..... 1995 ..... 4:57.59
10. Ivana Skadana ..... 1998 ..... 4:58.37

### 3,000-METER RUN

1. Beatrice Biwott..... 2011 ..... 9:39.97
2. Jenny Lake ..... 2005 ..... 9:41.35
3. Dani Barnes ..... 2009 ..... 9:44.55
4. Anna Todd..... 2015 ..... 9:53.82
5. Sue McGhie..... 1992 ..... 9:54.72
6. Tracy Capper ..... 1994 ..... 9:56.09
7. Chelsea France..... 2013 ..... 9:55.90
8. Liz Figlar ..... 1995 ..... 9:56.13
9. Lisa Monti ..... 1994 ..... 9:58.19
10. Danielle Adams..... 1992 ..... 9:58.60

### 5,000-METER RUN

1. Kayla Lampe ..... 2013 ..... 16:19.02
2. Sue McGhie..... 1992 ..... 16:54.61
3. Jenny Lake ..... 2004 ..... 17:03.45
4. Mary Reiser..... 2014 ..... 17:07.81
5. Beatrice Biwott..... 2010 ..... 17:13.30
6. Mary Fouse ..... 2013 ..... 17:14.85
7. Colleen Openshaw..... 2018 ..... 17:27.66
8. Danielle Adams..... 1994 ..... 17:29.47
9. Wilma DePiore ..... 1991 ..... 17:29.94
10. Kaylee Wessel..... 2018 ..... 17:31.78

### 55-METER HURDLES

1. Kierre Beckles..... 2012 ..... 7.55
2. Ronnetta Alexander..... 2006 ..... 7.60
- Jackie Madison..... 1998
4. Tiffany Ross ..... 2003 ..... 7.63
5. Lashinda Demus ..... 2004 ..... 7.64
6. Ellakisha Williamson..... 2000 ..... 7.66
7. Chiquita Martin..... 2007 ..... 7.76
8. Taranisha Taylor..... 2016 ..... 7.79
9. Kettiany Clarke ..... 2006 ..... 7.80
- Janica Austin ..... 2010

### 60-METER HURDLES

1. Kierre Beckles..... 2012 ..... 8.11
- Lashinda Demus ..... 2004
3. Ellakisha Williamson..... 2000 ..... 8.15
4. Jackie Madison..... 2001 ..... 8.16
5. Ronnetta Alexander..... 2006 ..... 8.17
6. Taranisha Taylor..... 2017 ..... 8.25
7. Tiffany Ross..... 2005 ..... 8.29
8. Milan Parks..... 2018 ..... 8.31
9. Chiquita Martin..... 2007 ..... 8.33
- Chalese Davis ..... 2015 ..... 8.33

### 4X400-METER RELAY

1. Ross, Barber ..... 2003 ..... 3:28.25
- Washington, Demus
2. Smith, Stoddart..... 2004 ..... 3:29.53
- Watkins, Demus
3. Smith, Cantey ..... 2007 ..... 3:29.57
- Cross, Hastings
4. Ross, Stoddart..... 2005 ..... 3:30.01
- Smith, Solomon
5. Ross, Stoddart ..... 2005 ..... 3:30.07
- Smith, Hastings
6. Bass, M. Barber..... 2001 ..... 3:30.08
- Griffin, Washington
7. Stoddart, Washington ..... 2002 ..... 3:30.36
- Bass, Demus
8. Cantey, Cross..... 2007 ..... 3:30.95
- Giles, Hastings
9. Smith, Solomon ..... 2007 ..... 3:31.85
- Cross, Hastings
10. Hastings, Martin ..... 2006 ..... 3:31.86
- Shelton, Solomon

### 4X800-METER RELAY

1. Singletary, Capper..... 1993 ..... 9:13.20
- Figlar, Bertrand
2. Evans, Todd..... 2015 ..... 9:15.76
- Sprague, Miller
3. Watkins, Chain..... 2005 ..... 9:23.58
- Lake, Shelton
4. Mueller, Vian..... 2016 ..... 9:27.69
- Evans, Heneage
5. Bertrand, Fife..... 1990 ..... 9:28.34
- Purser, St. Peter
6. Crounse, Evans..... 2017 ..... 9:28.95
- Beaubien, Stoddard
7. Bertrand, St. Peter..... 1991 ..... 9:29.22
- Adams, McGhie

### DISTANCE MEDLEY RELAY

1. Ramomene, Stoddart ..... 2003 ..... 11:30.72
- Watkins, Lake
2. Chain, Martin ..... 2005 ..... 11:42.73
- Watkins, Lake
3. Ramonene, Martin ..... 2004 ..... 11:44.30
- Shelton, Rackow
4. Locke, Allen ..... 2011 ..... 11:46.13
- Henderson, Biwott
5. Shelton, Giles..... 2005 ..... 11:46.23
- Watkins, Lake
6. Zimmer, Harris..... 2013 ..... 11:49.79
- Higgins, Todd
7. Todd, Brockington ..... 2014 ..... 11:50.80
- Evans, McCoy
8. Brown, Bass..... 1999 ..... 11:52.12
- Hallmon, Davis
9. Barnes, McCorkle ..... 2009 ..... 11:53.75
- Fedewa, Biwott
10. Barnes, Jacobs ..... 2009 ..... 11:54.37
- Pramstaller, Biwott

### HIGH JUMP

1. Jeannelle Scheper ..... 2013 ..... 6-3 1/4
2. Jordan Fields..... 2018 ..... 6-0 3/4
- Lissa Labiche..... 2018 ..... 6-0 3/4
4. Nakita Gray ..... 2016 ..... 5-11 1/2
5. Hanifah Abdulqadir..... 2018 ..... 5-10 3/4
6. Sarah Graham ..... 2014 ..... 5-10 1/2
- Chelsea Hammond ..... 2004
8. Erin Narzinski..... 1999 ..... 5-8
- Kayla Blake ..... 2008
10. Julie Symonds ..... 1995 ..... 5-7 1/4



# WOMEN'S RECORD BOOK

## POLE VAULT

1.	Vica Shobe	2010	13-11 3/4
2.	Petra Olsen	2013	13-11
3.	Cheryl Terrio	2006	13-6 1/4
4.	<b>Hailey Sweatman</b>	<b>2018</b>	<b>13-5 1/4</b>
5.	Sallie Gurganus	2009	13-2 1/4
6.	Allie Nicosia	2010	13-1 1/2
	Liza Todd	2009	
7.	Angie Rummans	2011	12-11 1/2
9.	Kylene Nixon	1999	12-7 1/2
	Megan Wall	2014	12-7 1/2

## LONG JUMP

1.	Antoinette Wilks	2001	21-8
2.	Chelsea Hammond	2006	21-4 3/4
3.	Rougii Sow	2017	21-2 1/2
4.	Erin Narzinski	1998	20-10
5.	Kemesha Whitmire	2003	20-5 3/4
6.	Brittney James	2008	20-5
7.	Alexis Murphy	2015	20-2 1/4
8.	Tacita Bass	2002	20-0 3/4
9.	<b>Makyla Stanley</b>	<b>2017</b>	<b>19-10 1/4</b>
10.	Rodena Barr	2000	19-8 3/4

## TRIPLE JUMP

1.	Natasha Dicks	2017	44-2 1/2
2.	LeAnna Morrison	2015	43-5 1/4
3.	<b>Hanifab Abdulqadir</b>	<b>2018</b>	<b>43-4 1/4</b>
4.	Rodena Barr	2000	42-11 1/2
5.	Kemesha Whitmire	2006	42-9
6.	Radiance Basden	2012	42-3 1/4
7.	Antoinette Wilks	2001	41-7 1/4
8.	Rashida Abdul-Malik	2003	41-2 1/4
9.	Funlayo Oluwole	2017	39-8 3/4
10.	Ceci Kryst	2013	38-4 1/4

## SHOT PUT

1.	Crystal Brownlee	1998	56-0
2.	Breanna Radford	2013	54-0 1/2
3.	Nicole Kendrick	2003	53-7 3/4
4.	Dawn Ellerbe	1997	53-6
5.	Lisa Misipeka	1997	52-8
6.	India Odum	2004	52-3 3/4
7.	<b>KD Young</b>	<b>2018</b>	<b>52-3 1/4</b>
8.	Lynette Keppler	2001	52-2 3/4
8.	Precious Akins	2007	50-9 1/2
10.	<b>Alycia Springs</b>	<b>2018</b>	<b>50-8</b>

## 20-POUND WEIGHT

1.	Dawn Ellerbe	1997	71-3 3/4
2.	Lisa Misipeka	1998	70-9 3/4
3.	Michelle Fournier	1999	64-5 3/4
4.	Mamee Groves	2002	64-4 1/4
5.	Precious Akins	2007	62-10
6.	Crystal Brownlee	1997	62-5 3/4
7.	Loren Thouvenot	1998	59-0 3/4
8.	Nicole Kendrick	2003	58-10
9.	Breanna Radford	2013	57-7 3/4
10.	<b>KD Young</b>	<b>2018</b>	<b>57-5 1/2</b>

## PENTATHLON (Since 2002)

1.	Chelsea Hammond	2004	4,133
2.	Sarah Graham	2014	4,107
3.	Antoinette Wilks	2003	4,066
4.	Kettiany Clarke	2010	4,064
5.	<b>Jordan Fields</b>	<b>2018</b>	<b>3,967</b>
6.	Chalese Davis	2016	3,931
7.	Tacita Bass	2002	3,723
8.	Kara Lyles	2017	3,564
9.	Reanna Townsend	2007	3,434
10.	Chelsea Kaczmarek	2006	3,229

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- \* - Mark Set in International Competition

## OUTDOOR

### 100-METER DASH

1.	LaKya Brookins	2011	11.02w
2.	Shalonda Solomon	2006	11.07
3.	Erica Whipple	2003	11.15
4.	Aleen Bailey	2003	11.17
5.	Amberly Nesbitt	2006	11.18
6.	Shayla Mahan	2011	11.20
7.	Lisa Barber	2002	11.35
8.	Gabrielle Glenn	2011	11.41
9.	Khalilah Carpenter	2005	11.44
10.	Rodena Barr	2000	11.45

### 200-METER DASH

1.	Shalonda Solomon	2006	22.36
2.	Aleen Bailey	2002	22.54
3.	Natasha Hastings	2007	22.61
4.	Miki Barber	2001	22.71
5.	Erica Whipple	2003	22.82
6.	Demetria Washington	2001	22.87
7.	Lisa Barber	2002	23.01
8.	Khalilah Carpenter	2005	23.32
9.	Stephanie Smith	2005	23.34
10.	Amberly Nesbitt	2006	23.36

### 400-METER DASH

1.	Natasha Hastings	2007	49.84
2.	Miki Barber	2001	50.63
3.	Lisa Barber	2002	50.87
4.	Stephanie Smith	2005	50.93
5.	Demetria Washington	2001	51.23
6.	Lashinda Demus	2002	51.24
7.	Brandi Cross	2008	51.63
8.	Tonique Williams	1998	51.99
9.	<b>Aliyah Abrams</b>	<b>2016</b>	<b>52.04</b>
10.	Erika Rucker	2013	52.07

### 800-METER RUN

1.	Charmaine Howell	1998	2:02.91
2.	Shay Shelton	2005	2:06.30
3.	Erika Rucker	2013	2:07.27
4.	Andrea Hallmon	1999	2:07.29
5.	Kristina Brown	1999	2:07.47
6.	Tracey Capper	1996	2:07.90
7.	Lashinda Demus	2004	2:09.16
8.	Deanna Smith	1997	2:09.35
9.	Shannon Wyont	1990	2:09.39
10.	Tawana Watkins	2004	2:09.68

### 1,500-METER RUN

1.	Tracey Capper	1996	4:26.36
2.	Anna Todd	2014	4:26.51
3.	Shannon Wyont	1990	4:28.46
4.	Charmaine Howell	1998	4:29.35
5.	Jenny Lake	2005	4:29.91
6.	Ivana Skladana	1997	4:31.03
7.	<b>Allie Mueller</b>	<b>2017</b>	<b>4:31.35</b>
8.	Tanya Povey	1998	4:31.45
9.	Liz Figlar	1996	4:34.41
10.	Joyce Peebles	2000	4:34.94

### 3,000-METER RUN

1.	Tracey Capper	1994	9:43.62
2.	Ivana Skaldana	1997	9:45.42
3.	Liz Figlar	1996	9:46.95
4.	Dani Barnes	2009	9:49.64
5.	Tanya Povey	1998	9:53.10
6.	Sue McGhie	1993	9:54.10
7.	Jenny Lake	2002	9:55.49
8.	Christine Kent	2016	9:55.92
9.	Mary Reiser	2016	9:56.49
10.	Joyce Peebles	1998	9:57.12

### 5,000-METER RUN

1.	Sue McGhie	1994	16:42.83
2.	Mary Reiser	2016	16:47.24
3.	Jenny Lake	2004	16:49.43
4.	Kayla Lampe	2014	16:55.06
5.	Tanya Povey	1998	16:58.87
6.	Christine Kent	2016	16:59.40
7.	Alexis Fife	1991	17:11.50
8.	Beatrice Biwott	2011	17:14.33
9.	Monica York	2016	17:15.11
10.	Mary Fouse	2013	17:19.54

### 10,000-METER RUN

1.	Kayla Lampe	2013	33:43.95
2.	Tanya Povey	1998	34:31.41
3.	Mary Reiser	2014	35:41.08
4.	Lisa Monti	1995	36:07.90
5.	Sue McGhie	1994	36:11.80
6.	Christine Kent	2016	36:38.20
7.	Penny Boswell	2012	36:53.83
8.	Jill Savege	1994	37:02.40
9.	Hannah Giangaspro	2015	37:07.02
10.	Katie England	1999	37:09.24

### 100-METER HURDLES

1.	Ellakisha Williamson	2000	12.81
2.	Jackie Madison	2000	12.92
3.	Tiffany Ross	2005	12.99
	Lashinda Demus	2004	
5.	Kierre Beckles	2011	13.01
6.	Ronnetta Alexander	2006	13.08
7.	Kettiany Clarke	2010	13.20
8.	Chiquita Martin	2007	13.28
9.	<b>Milan Parks</b>	<b>2018</b>	<b>13.36w</b>
10.	Chalese Davis	2015	13.42

### 400-METER HURDLES

1.	Lashinda Demus	2004	53.43
2.	Shevon Stoddart	2005	54.47
3.	Tiffany Ross	2005	54.56
4.	Tyler Brockington	2017	55.97
5.	Krystal Cantey	2007	56.21
6.	Tacita Bass	2001	57.31
7.	Ellakisha Williamson	1999	57.32
8.	Tawana Watkins	2005	57.33
9.	Chiquita Martin	2006	57.78
10.	Char Foster	1999	57.89

### 3,000-METER STEEPLECHASE

1.	Beatrice Biwott	2012	10:13.81
2.	Chelsea France	2013	10:42.93
3.	Sarah Falta	2014	11:17.78
4.	Allie Whitley	2015	11:35.13
5.	Lisa McKinney	2008	11:46.99
6.	Meredith Mill	2012	11:50.79
7.	Kinsey Eschenburg	2002	12:03.35
8.	Jessica Smith	2006	12:04.71
9.	<b>Sarah Taylor</b>	<b>2015</b>	<b>12:19.59</b>
10.	Kesley Bristol	2009	12:20.45

# WOMEN'S RECORD BOOK

## 4X100-METER RELAY

1.	Ross, Whipple.....	2003	42.83
	Joyce, Bailey		
2.	Ross, Whipple.....	2005	43.00
	Joyce, Solomon		
3.	Hastings, Nesbitt .....	2006	43.09
	Giles, Solomon		
4.	Whipple, Washington.....	2002	43.12
	L. Barber, Bailey		
5.	USC-A.....	2007	43.25
6.	Nesbitt, Whipple.....	2005	43.40
	Joyce, Solomon		
7.	Brookins, Mahan.....	2009	43.41
	Glenn, Jacobs		
8.	M. Barber, L. Barber .....	1999	43.44
	Washington, Williamson		
9.	Williams, Washington.....	2001	43.48
	M. Barber, L. Barber		
10.	Carpenter, Whipple .....	2005	43.58
	Joyce, Solomon		
	Joyce, Demus.....	2004	
	Carpenter, Whipple		

## 4X200-METER RELAY

1.	Bailey, M. Barber .....	2003	1:30.73
	Joyce, Whipple		
2.	M. Barber, L. Barber .....	2000	1:30.99
	Lewis, Washington		
3.	Smith, Whipple.....	2005	1:31.56
	Carpenter, Solomon		
4.	Martin, Hastings .....	2005	1:31.57
	Giles, Solomon		
5.	Martin, Giles.....	2007	1:32.00
	Cross, Hastings		

## 4X400-METER RELAY

1.	Washington, Ross .....	2002	3:26.46
	Bass, Demus		
2.	Demus, Stoddart .....	2004	3:27.19
	Watkins, Smith		
3.	Stoddart, Hastings.....	2005	3:27.22
	Ross, Smith		
4.	Washington, Ross .....	2002	3:28.06
	Stoddart, Demus		
5.	Ross, Stoddart .....	2003	3:28.25
	Watkins, Bailey		
6.	L. Barber, M. Barber .....	2001	3:28.34
	Bass, Washington		
7.	Cantey, Giles.....	2007	3:28.44
	Cross, Hastings		
8.	<b>Abrams, Rucker.....</b>	<b>2016</b>	<b>3:28.53</b>
	<b>Brockington, Holmes</b>		
9.	L. Barber, Washington .....	2000	3:28.64
	Williamson, M. Barber		
10.	Bass, Demus.....	2002	3:29.10
	L. Barber, Washington		

## 4X800-METER RELAY

1.	Demus, Shelton.....	2004	8:45.44
	Watkins, Ramonene		
2.	Hallmon, Williams.....	1998	8:56.46
	Howell, Brown		
3.	Locke, Jepngetchi.....	2011	8:56.61
	O'Reilly, Henderson		
4.	Evans, Harding .....	2015	8:57.85
	M. McCoy, Miller		
5.	Brown, Hallmon .....	1999	8:59.16
	Peebles, Davis		
6.	USC.....	2004	9:02.21
7.	<b>Mueller, Vian .....</b>	<b>2016</b>	<b>9:03.91</b>
	<b>Evans, Miller</b>		
8.	Skladana, Brown .....	1998	9:05.26
	Howell, Hallmon		
9.	Henderson, Basden .....	2011	9:06.13
	Jepngetchi, Biwott		
10.	Evans, Beaubien .....	2017	9:08.93
	Stoddard, Mueller		

## DISTANCE MEDLEY RELAY

1.	Capper, Figlar .....	1996	11:40.52
	Grey, Smith		
2.	Zimmer, Allen.....	2013	11:47.93.
	Todd, Mill		
3.	Eschenburg, Carpenter.....	2002	11:53.28
	Lewis, Lake		
4.	Ramonene, King .....	2004	11:53.77
	Shelton, Rackow		
5.	Figlar, Ferguson .....	1993	11:54.11
	Capper, McGhie		
6.	Bristol, Young .....	2007	11:58.00
	Brown, Chain		

## SPRINT MEDLEY RELAY

1.	Joyce, Carpenter.....	2005	3:46.44
	Martin, Shelton		
2.	Howze, Brown .....	2006	3:49.86
	Smith, Shelton		
3.	Holmes, Dendy.....	2016	3:58.39
	Evans, Mueller		
4.	<b>Little, Oluwole .....</b>	<b>2018</b>	<b>4:04.08</b>
	<b>Haitb, Mueller</b>		
5.	Davis, Hubbard.....	2015	4:07.24
	Evans, Miller		

## 4X1500-METER RELAY

1.	Purser, Wyont.....	1990	19:00.20
	Fife, Adams		
2.	Skladana, Brown .....	1998	19:17.55
	Peebles, Davis		
3.	Adams, McGhie.....	1994	19:22.56
	Monti, Capper		

## HIGH JUMP

1.	Jeannelle Scheper .....	2015	6-5
2.	Chelsea Hammond .....	2005	5-11 1/2
	Nakita Gray .....	2017	5-11 1/2
4.	<b>Lissa Labiche.....</b>	<b>2018</b>	<b>5-11 1/4</b>
5.	Sarah Graham .....	2016	5-10
6.	<b>Hanifab Abdulqadir.....</b>	<b>2018</b>	<b>5-8 3/4</b>
7.	<b>Jordan Fields.....</b>	<b>2018</b>	<b>5-7 3/4</b>
8.	Julie Symonds.....	1994	5-8
9.	Monica Bozenski.....	2006	5-7 1/4
10.	Kayla Blake .....	2010	5-7
	Four others at 5-7		

## POLE VAULT

1.	Petra Olsen .....	2014	13-11 3/4
2.	<b>Hailey Sweatman .....</b>	<b>2018</b>	<b>13-9 1/4</b>
3.	Vica Shobe .....	2010	13-6 1/2
4.	Cheryl Terrio .....	2006	13-5 3/4
5.	Liza Todd.....	2009	13-1 3/4
6.	Angie Rummans.....	2011	13-1 1/2
	Sallie Gurganus .....	2009	
8.	<b>Adele Blalock.....</b>	<b>2018</b>	<b>12-9 3/4</b>
9.	Kylene Nixon .....	1998	12-8 1/4
10.	Megan Wall .....	2014	12-7 1/2
	Allie Nicosia .....	2009	

## LONG JUMP

1.	Rougui Sow.....	2017	22-0 3/4
2.	Chelsea Hammond .....	2004	21-6 3/4
3.	Antoinette Wilks .....	2003	21-4 3/4
4.	Kemesha Whitmire .....	2004	20-9 1/4
	Brittney James.....	2008	
6.	Alexis Murphy.....	2014	20-5
7.	Erin Narzinski.....	1998	20-1 1/2
8.	Rashida Abdul-Malik .....	2002	20-0 1/2
9.	Natasha Dicks .....	2016	20-0 1/4
10.	<b>Makyla Stanley.....</b>	<b>2018</b>	<b>19-11 3/4</b>

## TRIPLE JUMP

1.	Natasha Dicks .....	2016	44-7 1/2
2.	Rodena Barr .....	2000	44-2
3.	Kemesha Whitmire .....	2005	43-7
4.	<b>Hanifab Abdulqadir.....</b>	<b>2018</b>	<b>43-2 1/2</b>
5.	Rhashida Abdul-Malik .....	2004	42-6
6.	Radiane Basden .....	2012	42-5 1/4
7.	Antoinette Wilks .....	2002	42-4 1/4
8.	Dee Dee Fortman .....	1996	40-6 1/4
9.	Ceci Kryst .....	2013	40-2 1/4
10.	Funlayo Oluwole.....	2017	38-6 3/4

## SHOT PUT

1.	Crystal Brownlee .....	1997	56-8 1/2
2.	Dawn Ellerbe .....	1997	54-9 1/2
3.	Breanna Radford .....	2013	54-4
4.	Precious Akins.....	2006	53-0
5.	Lisa Misipeka .....	1997	52-6 1/2
6.	<b>KD Young.....</b>	<b>2018</b>	<b>52-4 1/2</b>
7.	<b>Alycia Springs.....</b>	<b>2018</b>	<b>52-2</b>
7.	India Odum .....	2004	52-0
9.	Stacey Roberts .....	2011	50-2 3/4
10.	Katie Vuckovich.....	2011	50-2 1/2

## DISCUS

1.	Precious Akins.....	2006	185-9
2.	Dawn Ellerbe .....	1997	183-8
3.	Lisa Misipeka .....	1996	171-1
4.	Keri Groover .....	2002	168-7
5.	Alana Robinson.....	2000	168-6
6.	Michelle Fournier.....	1999	167-2
7.	Aimee Kodat .....	2011	164-5
8.	Leslie Coons .....	1994	160-10
9.	Kaysee Sullivan.....	2014	157-9
10.	India Odum .....	2002	154-6

## HAMMER

1.	Lisa Misipeka .....	1998	213-3
2.	Dawn Ellerbe .....	1997	210-2
3.	Michelle Fournier.....	1999	206-3
4.	Loren Thouvenot.....	1997	177-7
5.	Candy Mitchell .....	1997	177-3
6.	Precious Akins .....	2006	177-0
7.	<b>Amanda Murphy .....</b>	<b>2018</b>	<b>175-5</b>
8.	Kierstin Williams .....	2017	174-3
9.	Breanna Radford .....	2013	174-2
10.	Aisha Grant.....	2002	174-1

## JAVELIN (OLD)

1.	Candy Mitchell .....	1997	178-4
2.	Leslie Coons .....	1994	168-1
3.	Marcia Chmura.....	1996	167-5
4.	Erin Narzinski.....	1997	152-10
5.	Loren Thouvenot.....	1997	127-11

## JAVELIN (NEW)

1.	Candy Mitchell .....	2000	174-8
2.	<b>Shelby Freedman.....</b>	<b>2016</b>	<b>168-0</b>
3.	Olivia Hassler .....	2015	151-2
4.	<b>Amy Suttmeier.....</b>	<b>2016</b>	<b>148-4</b>
5.	Emily Laurence .....	2012	143-8
6.	Erin Narzinski .....	1999	134-0
7.	Katie Desin .....	2004	129-0
8.	Heather Nisbit .....	2002	124-11
9.	Chelsea Kaczmarek.....	2005	117-0
10.	Jemekia Wilson .....	2013	111-11

## HEPTATHLON

1.	Erin Narzinski.....	1998	5,664
2.	Tacita Bass .....	2001	5,634
3.	Sarah Graham .....	2016	5,423
4.	Chelsea Hammond .....	2004	5,405
5.	Antoinette Wilks .....	2003	5,337
6.	Kettiany Clarke .....	2010	5,258
7.	Reanna Townsend.....	2006	4,618
8.	Chelsea Kaczmarek.....	2006	4,466
9.	Ceci Kryst .....	2011	4,096

- Denotes current student-athlete(s)
- Marks set in 2018 are *Italicized*
- \* - Mark Set in International Competition
- w - Wind-aided mark