

2018 SOUTH CAROLINA MEN'S OUTDOOR TRACK & FIELD TOP FIVE PERFORMERS

100-METER (School Record: 10.04, Terrence Trammel, 2000)

Date Meet	Athlete	Mark
4/21 USC Open	Ncincilili Titi	10.16 (+2.9)
4/21 USC Open	Darrell Singleton Jr.	10.41 (+2.9)
3/24 Weems Baskin Invitational	Yann Randrianasolo	10.68 (+3.0)
4/6 Bulldog Decathlon	Markus Leemet	10.93 - D
4/13 Tennessee Relays	Parker Howard	11.06 (+1.7)

200-METER (School Record: 20.10, Ncincilili Titi, 2018)

Date Meet	Athlete	Mark
4/21 USC Open	Ncincilili Titi	20.00 (+1.9)
4/21 USC Open	Darrell Singleton Jr.	21.11 (+ 2.3)
4/21 USC Open	Parker Howard	22.13 (+1.2)

400-METER (School Record: 44.57, Otis Harris, 2003)

Date Meet	Athlete	Mark
3/30 Florida Relays	Ty Jaye Robbins	47.52
3/17 Black & Gold Challenge	Otis Jones	48.68
4/6 Bulldog Decathlon	Markus Leemet	48.96 - D
4/7 Gamecock Invitational	Michael Elwood	52.02

800-METER (School Record: 1:44.47, Otukile Lekote, 2001)

Date Meet	Athlete	Mark
4/13 Tennessee Relays	Otis Jones	1:48.38
3/24 Weems Baskin Invitational	Austin Story	1:57.61
4/7 Gamecock Invitational	Rivaldo Leacock	2:01.15

1500-METER (School Record: 3:42.48, Jim Schaper, 1974)

Date Meet	Athlete	Mark
4/7 Gamecock Invitational	Otis Jones	4:02.25
3/24 Weems Baskin Invitational	Austin Story	4:04.06
4/21 USC Open	Carson Strom	4:10.13
4/21 USC Open	Justin Reed	4:17.65
4/21 USC Open	Chad Evans	4:24.21

3000-METER

Date Meet	Athlete	Mark
3/24 Weems Baskin Invitational	Carson Strom	8:40.65
4/21 USC Open	Chad Evans	9:18.88

5000-METER (School Record: 14:06.54, Tom Howe, 1987)

Date Meet	Athlete	Mark
3/29 Florida Relays	Carson Strom	14:53.96
3/23 Weems Baskin Invitational	Chad Evans	16:06.50
3/23 Weems Baskin Invitational	Justin Reed	16:13.62

10,000-METER (School Record: 30:05.24, Rob Devlin, 1986)

Date Meet	Athlete	Mark

STEEPLECHASE (School Record: 8:57.96, Andy Foster, 1988)

Date Meet	Athlete	Mark

110-METER HURDLES (School Record: 13.19, Terrence Trammell, 2000)

Date Meet	Athlete	Mark
4/13 Tennessee Relays	Matt Froschauer	14.89 (+2.6)
4/7 Gamecock Invitational	Kaden Briggs	15.05 (+1.6)
4/7 Bulldog Decathlon	Markus Leemet	15.07 - D
4/13 Tennessee Relays	Spencer Flores	15.15 (+2.0)
4/21 USC Open	Benjamin Womble	19.62 (+0.8)

400-METER HURDLES (School Record: 47.63, Johnny Dutch, 2010)

Date Meet	Athlete	Mark
3/24 Weems Baskin Invitational	Rivaldo Leacock	51.60
4/21 USC Open	Simon Gyllensten	53.79
4/21 USC Open	Jordan Griffin	53.80
3/17 Black & Gold Challenge	Kaden Briggs	55.43
3/17 Black & Gold Challenge	Spencer Flores	56.05

HIGH JUMP (School Record: 7' 4.5", Tye Williams, 2017)

Date Meet	Athlete	Mark
4/21 USC Open	Tye Williams	2.07m 6-9 1/2
4/6 Bulldog Decathlon	Markus Leemet	1.86m 6-1 1/4 - D

LONG JUMP (School Record: 27' 4.25", Tony Allmond, 2004)

Date Meet	Athlete	Mark
4/13 Tennessee Relays	Yann Randrianasolo	7.99m 26-2 3/4
4/6 Bulldog Decathlon	Markus Leemet	7.06m 23-2 - D
3/23 Weems Baskin Invitational	Simon Gyllensten	6.56m 21-6 1/4
3/23 Weems Baskin Invitational	Benjamin Womble	6.31m 20-8 1/2

TRIPLE JUMP (School Record: 54' 0.5", Michael Wamer, 2015)

Date Meet	Athlete	Mark
3/16 Black & Gold Challenge	Yann Randrianasolo	15.00m 49-2 1/2

POLE VAULT (School Record: 18' 1", Marvin Reitze, 2012)

Date Meet	Athlete	Mark
4/13 Tennessee Relays	Armand Woodley	5.15m 16-10 3/4
4/21 USC Open	Bryce Simpson	4.85m 15-11
4/7 Gamecock Invitational	Chris Cochran	4.10m 13-5 1/4
4/7 Bulldog Decathlon	Markus Leemet	4.07m 13-4 1/4 - D
3/16 Black & Gold Challenge	Benjamin Womble	3.80m 12-5 1/2

SHOT PUT (School Record: 67' 3.5", Brad Snyder, 1999)

Date Meet	Athlete	Mark
4/13 Tennessee Relays	Josh Awotunde	19.87m 65-2 1/4
3/24 Weems Baskin Invitational	Eric Favors	18.73m 61-5 1/2
4/6 Bulldog Decathlon	Markus Leemet	14.84m 48-8 1/4 - D

HAMMER THROW (School Record: 222' 4", John Stoikos, 1995)

Date Meet	Athlete	Mark

DISCUS (School Record: 196' 10", Ryan Harrison, 1999)

Date Meet	Athletes	Mark
4/7 Gamecock Invitational	Josh Awotunde	54.59m 179-1
4/7 Gamecock Invitational	Eric Favors	50.73m 166-5
3/17 Black & Gold Challenge	Benjamin Womble	38.46m 126-2
4/7 Bulldog Decathlon	Markus Leemet	37.46m 122-11 - D

JAVELIN (School Record: 238' 6", Josh Suttmeier, 2012)

Date Meet	Athletes	Mark
4/7 Bulldog Decathlon	Markus Leemet	52.13m 171-0 - D
3/23 Weems Baskin Invitational	Simon Gyllensten	48.55m 159-3
4/7 Gamecock Invitational	Benjamin Womble	43.26m 141-11

DECATHLON (School Record: 7,720, Markus Leemet, 2017)

Date Meet	Athletes	Mark
4/6-7 Bulldog Decathlon	Markus Leemet	7,351

4X100 RELAY (School Record: 38.45, Crenshaw, Trammell, Hackley, Howard, 2000)

Date Meet	Athletes	Mark
3/17 Black & Gold Challenge	Randrianasolo, Singleton Thomas, Leemet	41.22

4X200 RELAY (School Record: 1:21.60, Ngwigwa, Sales, Moore, Anderson, 2009)

Date Meet	Athletes	Mark

4X400 RELAY (School Record: 3:02.16, Law, Lekote, Harris, Fortenberry, 2002)

Date Meet	Athletes	Mark
4/21 USC Open	Leacock, Jones Griffin, Gyllensten	3:13.09
3/17 Black & Gold Challenge	Leacock, Jones Robbins, Gyllensten	3:13.59
4/7 Gamecock Invitational	Gyllensten, Flores Jones, Elwood	3:18.28
4/21 USC Open	Flores, Elwood Story, Reed	3:29.68
3/24 Weems Baskin Invitational	Leemet, Elwood Story, Evans	3:31.14

2018 SOUTH CAROLINA MEN'S OUTDOOR TRACK & FIELD TOP FIVE PERFORMERS

4X800 RELAY (School Record: 7:24.94, Sheley, J. Brown, D. Brown, Schaper, 1974)

Date Meet	Athletes	Mark
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SHUTTLE HURDLE RELAY (School Record: 53.94, Taylor, Townsend, Ryan, Ferguson, 2003)

Date Meet	Athletes	Mark
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3/31 Florida Relays	Leemet, Flores Briggs, Froschauer	1:00.46
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SPRINT MEDLEY RELAY (School Record: 3:13.00, Price, Trammell, Dempers, Watts, 1998)

Date Meet	Athletes	Mark
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3/31 Florida Relays	Titi, Singleton Gyllensten, Jones	3:22.29
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Q - Qualifiers | F - Finals | D - Decathlon

2018 SOUTH CAROLINA MEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

JOSH AWOTUNDE • SR. • FRANKLINVILLE, N.J.

Date	Meet	Event	Finish	Time/Mark
Discus (PR: 58.50m 191-11)				
March 24	Weems Baskin Inv.	Discus Inv.	1st	54.35m 178-3
April 7	Gamecock Inv.	Discus	1st	54.59m 179-1
April 21	USC Open	Discus	2nd	49.07m 161-0

Hammer (PR: 55.32m | 181-6)

Shot Put (PR: 19.96m | 65-6)

March 31	Florida Relays	Shot Put Inv.	2nd	19.78m 64-10 3/4
April 13	Tennessee Relays	Shot Put	1st	19.87m 65-2 1/4
April 21	USC Open	Shot Put	1st	19.61m 64-4

KADEN BRIGGS • FR. • BLYTHEWOOD, S.C.

Date	Meet	Event	Finish	Time/Mark
110mH (PR: 15.05)				
March 17	Black & Gold Chal.	110mH	23rd	15.90 (-3.3)
April 7	Gamecock Inv.	110mH Prelims	18th	15.05 (+1.6)

400mH (PR: 55.43)

March 17	Black & Gold Chal.	400mH	7th	55.43
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CHRIS COCHRAN • SR. • WINFIELD, W.V.

Date	Meet	Event	Finish	Time/Mark
100m (11.95)				
March 23	Weems Baskin Inv.	100m	117th	11.95 (+2.9)

Pole Vault (PR: 4.35m | 14-3 1/4)

March 23	Weems Baskin Inv.	Open Pole Vault	---	NH
April 7	Gamecock Inv.	Pole Vault	5th	4.10m 13-5 1/4
April 21	USC Open	Pole Vault	---	NH

NICK COUCHELL • JR. • CHARLOTTE, N.C.

Date	Meet	Event	Finish	Time/Mark
100m (11.86)				
March 23	Weems Baskin Inv.	100m	113th	11.86 (+2.9)

Pole Vault (PR:)

March 23	Weems Baskin Inv.	Open Pole Vault	---	NH
April 21	USC Open	Pole Vault	---	NH

MICHAEL ELWOOD • SR. • GREENSBORO, N.C.

Date	Meet	Event	Finish	Time/Mark
400m (52.00)				
March 23	Weems Baskin Inv.	400m	92nd	52.00
April 7	Gamecock Inv.	400m	38th	52.02
April 21	USC Open	400m	27th	52.14

800m (PR: 1:55.99)

CHAD EVANS • JR. • HADDONFIELD, N.J.

Date	Meet	Event	Finish	Time/Mark
1500m (PR: 4:24.21)				
April 21	USC Open	1500m	17th	4:24.21

3000m (PR: 9:18.88)

April 21	USC Open	3000m	10th	9:18.88
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5000m (PR: 15:55.26)

March 23	Weems Baskin Inv.	5000m	20th	16:06.50
April 7	Gamecock Inv.	5000m	16th	16:56.86

ERIC FAVORS • R-SO. • POMONA, N.Y.

Date	Meet	Event	Finish	Time/Mark
Shot Put (PR: 18.73m 61-5 1/2)				

March 17	Black & Gold Chal.	Shot Put	2nd	18.26m 59-11
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March 24	Weems Baskin Inv.	Shot Put Inv.	2nd	18.73m 61-5 1/2
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March 31	Florida Relays	Shot Put Inv.	11th	17.50m 57-5
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April 13	Tennessee Relays	Shot Put	11th	17.73m 58-2
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April 21	USC Open	Shot Put	2nd	17.93m 58-10
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Discus (PR: 50.73m | 166-5)

April 7	Gamecock Inv.	Discus	3rd	50.73m 166-5
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April 14	Tennessee Relays	Discus	---	F
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April 21	USC Open	Discus	1st	50.00m 164-0
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SPENCER FLORES • FR. • HADDONFIELD, N.J.

Date	Meet	Event	Finish	Time/Mark
110mH (PR: 15.15)				

March 17	Black & Gold Chal.	110mH	17th	15.65 (+3.3)
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March 24	Weems Baskin Inv.	110mH Prelims	30th	15.38 (+1.9)
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April 7	Gamecock Inv.	110mH Prelims	20th	15.50 (+1.6)
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April 13	Tennessee Relays	100mH	20th	15.15 (+2.0)
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April 21	USC Open	110mH	13th	15.25 (-0.3)
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400mH (PR: 56.05)

March 17	Black & Gold Chal.	400mH	9th	56.05
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March 24	Weems Baskin Inv.	400mH	32nd	57.02
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April 7	Gamecock Inv.	400mH	25th	1:07.81
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April 13	Tennessee Relays	400mH	20th	57.25
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MATT FROSCHAUER • SO. • UNION, KY.

Date	Meet	Event	Finish	Time/Mark
110mH (PR: 14.89)				

April 7	Gamecock Inv.	110mH Prelims	16th	14.97 (+1.2)
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April 13	Tennessee Relays	110mH	16th	14.89 (+2.6)
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April 21	USC Open	110mH	12th	14.98 (-0.3)
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400mH (PR: 56.59)

JORDAN GRIFFIN • SO. • LEXINGTON, S.C.

Date	Meet	Event	Finish	Time/Mark
400mH (PR: 53.11)				

March 17	Black & Gold Chal.	400mH	4th	54.63
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March 24	Weems Baskin Inv.	400mH	53rd	1:01.31
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April 21	USC Open	400mH	10th	53.80
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SIMON GYLLENSTEN • SR. • GOTHENBURG, SWEDEN

Date	Meet	Event	Finish	Time/Mark
100m (PR: 11.49)				

400m (PR: 51.26)

1500m (PR: 4:46.97)

110mH (PR: 18.95)

400mH (PR: 53.79)

March 17	Black & Gold Chal.	400mH	3rd	54.30
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March 24	Weems Baskin Inv.	400mH	22nd	55.54
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April 7	Gamecock Inv.	400mH	9th	55.25
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April 13	Tennessee Relays	400mH	15th	55.44
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April 21	USC Open	400mH	9th	53.79
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High Jump (PR: 1.88m | 6-2)

Long Jump (PR: 6.56m | 21-6 1/4)

March 23	Weems Baskin Inv.	Open Long Jump	17th	6.56m 21-6 1/4
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Shot Put (PR: 10.09m | 33-1 1/4)

Discus (PR: 22.35m | 73-4)

Javelin (PR: 48.55m | 159-3)

March 23	Weems Baskin Inv.	Open Javelin	3rd	48.55m 159-3
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Pole Vault (PR: 5.11m | 16 9 1/4)

Decathlon (PR: 5,950)

2018 SOUTH CAROLINA MEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

PARKER HOWARD • FR. • FOREST, VA.

Date	Meet	Event	Finish	Time/Mark
100m (PR: 11.06)				
March 17	Black & Gold Chal.	100m	22nd	11.36 (+0.5)
March 23	Weems Baskin Inv.	100m	72nd	11.12 (+2.8)
April 7	Gamecock Inv.	100m	36th	11.23 (+0.2)
April 13	Tennessee Relays	100m	37th	11.06 (+1.7)
April 21	USC Open	100m	29th	11.11 (+1.1)
200m (PR: 22.13)				
March 17	Black & Gold Chal.	200m	35th	22.56 (+1.9)
March 24	Weems Baskin Inv.	200m	105th	22.28 (+1.4)
April 7	Gamecock Inv.	200m	32nd	22:56 (+1.3)
April 13	Tennessee Relays	200m	43rd	22.17 (+1.6)
April 21	USC Open	200m	21st	22.13 (+1.2)

OTIS JONES • JR. • SUMTER, S.C.

Date	Meet	Event	Finish	Time/Mark
400m (PR: 48.32)				
March 17	Black & Gold Chal.	400m	11th	48.68
800m (PR: 1:48.38)				
March 24	Weems Baskin Inv.	800m Inv.	3rd	1:50.98
March 30	Florida Relays	800m	13th	1:49.37
April 13	Tennessee Relays	800m	4th	1:48.38
April 21	USC Open	800m	1st	1:52.29
1500m (PR: 4:02.25)				
April 7	Gamecock Inv.	1500m	9th	4:02.25

RIVALDO LEACOCK • FR. • ST. GEORGE, BARBADOS

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:01.15)				
April 7	Gamecock Inv.	800m	26th	2:01.15
400mH (PR: 51.60)				
March 17	Black & Gold Chal.	400mH	1st	52.51
March 24	Weems Baskin Inv.	400mH	4th	51.60
April 13	Tennessee Relays	400mH	7th	52.80
April 21	USC Open	400mH	3rd	52.52

MARKUS LEEMET • SR. • TALLINN, ESTONIA

Date	Meet	Event	Finish	Time/Mark
100m (PR: 10.75)				
April 6	Bulldog Decathlon	Decathlon 100m	5th	10.93
400m (PR: 48.36)				
April 6	Bulldog Decathlon	Decathlon 400m	4th	48.96
1500m (PR: 4:39.85)				
April 6	Bulldog Decathlon	Decathlon 1500m	4th	4:50.70
110mH (PR: 14.91)				
March 17	Black & Gold Chal.	110mH	15th	15.58 (+1.0)
March 24	Weems Baskin Inv.	110mH Prelims	33rd	15.55 (+2.0)
April 7	Bulldog Decathlon	Dec. 110mH	5th	15.07 (+0.9)
400mH (PR: 54.37)				

High Jump (PR: 1.96m | 6-5)

April 6	Bulldog Decathlon	Decathlon HJ	6th	1.86m 6-1 1/4
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Long Jump (PR: 7.21m | 23-8)

March 23	Weems Baskin Inv.	Long Jump Inv.	12th	6.64m 21-9 1/2
March 30	Florida Relays	Long Jump	---	F
April 6	Bulldog Decathlon	Decathlon LJ	7th	7.06m 23-2

Shot Put (PR: 14.84m | 48-8 1/4)

April 6	Bulldog Decathlon	Decathlon SP	1st	14.84m 48-8 1/4
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Discus (PR: 37.69m | 123-8)

March 17	Black & Gold Chal.	Discus	---	F
April 7	Bulldog Decathlon	Decathlon Discus	7th	37.46m 122-11

Javelin (PR: 59.03m | 193-8)

March 23	Weems Baskin Inv.	Javelin Inv.	11th	51.05m 167-6
April 7	Bulldog Decathlon	Decathlon Jav	5th	52.13m 171-0
April 13	Tennessee Relays	Javelin	---	F
April 21	USC Open	Javelin	4th	49.15m 161-3

Pole Vault (PR: 4.50m | 14-9)

April 7	Bulldog Decathlon	Decathlon PV	5th	4.07m 13-4 1/4
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Decathlon (PR: 7,720)

April 6-7	Bulldog Decathlon	Decathlon	4th	7,351
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YANN RANDRIANASOLO • SR. • TOULOUSE, FRANCE

Date	Meet	Event	Finish	Time/Mark
100m (PR: 10.68)				
March 24	Weems Baskin Inv.	100m	22nd	10.68 (+3.0)
Long Jump (PR: 7.99m 26-2 3/4)				
March 23	Weems Baskin Inv.	Long Jump Inv.	1st	7.86m 25-9 1/2
March 30	Florida Relays	Long Jump Inv.	---	F
April 6	Spec Towns Inv.	Lewis Gainey LJ	1st	7.84m 25-8 3/4
April 13	Tennessee Relays	Long Jump	1st	7.99m 26-2 3/4
April 21	USC Open	Long Jump	1st	7.44m 24-5
Triple Jump (PR: 15.00m 49-2 1/2)				
March 16	Black & Gold Chal.	Triple Jump	2nd	15.00m 49-2 1/2

JUSTIN REED • R-FR. • UNION, KY.

Date	Meet	Event	Finish	Time/Mark
1500m (PR: 4:17.65)				
April 21	USC Open	1500m	14th	4:17.65
5000m (PR: 16:13.62)				
March 23	Weems Baskin Inv.	5000m	26th	16:13.62
April 7	Gamecock Inv.	5000m	12th	16:28.20

TY JAYE ROBBINS • JR. • MONROE, N.C.

Date	Meet	Event	Finish	Time/Mark
400m (PR: 47.52)				
March 16	Black & Gold Chal.	400m	12th	48.83
March 24	Weems Baskin Inv.	400m	9th	48.39
March 30	Florida Relays	400m	22nd	47.52
April 21	USC Open	400m	6th	48.74

BRYCE SIMPSON • JR. • MECHANICSVILLE, VA.

Date	Meet	Event	Finish	Time/Mark
100m (PR: 11.74)				
March 23	Weems Baskin Inv.	100m	111th	11.74 (+2.9)
Pole Vault (PR: 4.85m 15-11)				
March 16	Black & Gold Chal.	Pole Vault	---	NH
March 24	Weems Baskin Inv.	Pole Vault Inv.	8th	4.65m 15-3
April 6	Spec Towns Inv.	Pole Vault	---	NH
April 13	Tennessee Relays	Pole Vault	5th	4.80m 15-9
April 21	USC Open	Pole Vault	1st	4.85m 15-11

DARRELL SINGLETON JR. • SO. • CHARLESTON, S.C.

Date	Meet	Event	Finish	Time/Mark
100m (PR: 10.41)				
April 7	Gamecock Inv.	100m	13th	10.94 (+0.6)
April 13	Tennessee Relays	100m	12th	10.47 (+1.4)
April 21	USC Open	100m	4th	10.41 (+2.9)
200m (PR: 21.11)				
March 17	Black & Gold Chal.	200m	43rd	23.14 (2.9)
April 7	Gamecock Inv.	200m	8th	21.55 (+1.6)
April 13	Tennessee Relays	200m	23rd	21.51 (+1.5)
April 21	USC Open	200m	6th	21.11 (+2.3)

AUSTIN STORY • FR. • GLEN ALLEN, VA.

Date	Meet	Event	Finish	Time/Mark
800m (PR: 1:57.61)				
March 17	Black & Gold Chal.	800m	8th	1:58.47
March 24	Weems Baskin Inv.	Open 800m	18th	1:57.61
April 7	Gamecock Inv.	800m	14th	1:58.24
April 21	USC Open	800m	15th	1:58.31
1500m (PR: 4:04.06)				
March 17	Black & Gold Chal.	1500m	9th	4:07.48
March 24	Weems Baskin Inv.	Open 1500m	7th	4:04.06
April 7	Gamecock Inv.	1500m	11th	4:04.18
April 13	Tennessee Relays	1500m	37th	4:08.35
April 21	USC Open	1500m	4th	4:05.32

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CARSON STROM • JR. • GREENWOOD, S.C.

Date	Meet	Event	Finish	Time/Mark
1500m (PR: 4:10.13)				
April 21	USC Open	1500m	9th	4:10.13
3000m (PR: 8:40.65)				
March 17	Black & Gold Chal.	3000m	5th	8:57.51
March 24	Weems Baskin Inv.	3000m	8th	8:40.65
5000m (PR: 14:53.96)				
March 29	Florida Relays	5000m	21st	14:53.96
April 13	Tennessee Relays	5000m	21st	15:28.91

YOHANCE THOMAS • JR. • FLORENCE, S.C.

Date	Meet	Event	Finish	Time/Mark
100m (PR: 10.66)				
April 7	Gamecock Inv.	100m	33rd	11.21 (+1.3)
200m (PR: 21.60)				

NCINCILILI TITI • SR. • BUTTERWORTH, SOUTH AFRICA

Date	Meet	Event	Finish	Time/Mark
100m (PR: 10.16)				
April 13	Tennessee Relays	100m	2nd	10.19 (+1.6)
April 21	USC Open	100m	2nd	10.16 (+2.9)
200m (PR: 20.00)				
March 30	Florida Relays	200m Invitational	1st	20.36 (+0.9)
April 13	Tennessee Relays	200m	1st	20.59 (+1.5)
April 21	USC Open	200m	1st	20.00 (+1.9)

TYE WILLIAMS • SR. • CLYO, GA.

Date	Meet	Event	Finish	Time/Mark
Long Jump (PR: 7.33m 23-11)				

High Jump (PR: 2.25m 7-4 1/2)				
April 14	Tennessee Relays	High Jump	6th	2.07m 6-9 1/2
April 21	USC Open	High Jump	1st	2.07m 6-9 1/2

BENJAMIN WOMBLE • FR. • DURHAM, N.C.

Date	Meet	Event	Finish	Time/Mark
110mH (PR: 19.62)				
April 7	Gamecock Inv.	110mH Prelims	29th	19.70 (+1.4)
April 21	USC Open	110mH	22nd	19.62 (+0.8)
Long Jump (PR: 6.31m 20-8 1/2)				
March 23	Weems Baskin Inv.	Open Long Jump	24th	6.31m 20-8 1/2
Discus (PR: 38.46m 126-2)				
March 17	Black & Gold Chal.	Discus	26th	38.46m 126-2
April 7	Gamecock Inv.	Discus	8th	38.17m 125-2
Javelin (PR: 43.26m 141-11)				
March 23	Weems Baskin Inv.	Open Javelin	9th	41.98m 137-8
April 7	Gamecock Inv.	Javelin	4th	43.26m 141-11
Pole Vault (PR: 3.80m 12-5 1/2)				
March 16	Black & Gold Chal.	Pole Vault	22nd	3.80m 12-5 1/2
April 21	USC Open	Pole Vault	8th	3.70m 12-1 1/2

ARMAND WOODLEY • JR. • ORLANDO, FLA.

Date	Meet	Event	Finish	Time/Mark
100m (PR: 11.07)				
March 23	Weems Baskin Inv.	100m	82nd	11.18 (+3.7)
Pole Vault (PR: 5.25m 17-2 3/4)				
March 16	Black & Gold Chal.	Pole Vault	5th	5.15m 16-10 3/4
March 24	Weems Baskin Inv.	Pole Vault Inv.	2nd	5.15m 16-10 3/4
March 31	Florida Relays	Pole Vault	---	NH
April 6	Spec Towns Inv.	Pole Vault	3rd	5.15m 16-10 3/4
April 13	Tennessee Relays	Pole Vault	1st	5.15m 16-10 3/4

4X100M RELAY

Date	Meet	Team	Finish	Time
March 17	Black & Gold Chal.	Randrianasolo, Singleton Thomas, Leemet	4th	41.22
April 14	Tennessee Relays	Titi, Randrianasolo Singleton, Leemet	---	DNF

4X200M RELAY

Date	Meet	Team	Finish	Time

4X400M RELAY

Date	Meet	Team	Finish	Time
March 17	Black & Gold Chal.	Leacock, Jones Robbins, Gyllensten	5th	3:13.59
March 24	Weems Baskin Inv.	Leemet, Elwood Story, Evans	19th	3:31.14
March 30	Florida Relays	Robbins, Leemet Jones, Gyllensten	---	DNF
April 7	Gamecock Inv.	Gyllensten, Flores Jones, Elwood	5th	3:18.28
April 21	USC Open	Leacock, Jones Griffin, Gyllensten	2nd	3:13.09
April 21	USC Open	Flores, Elwood Story, Reed	11th	3:29.68

SHUTTLE HURDLE RELAY

Date	Meet	Team	Finish	Time
March 31	Florida Relays	Leemet, Flores	4th	1:00.46

SPRINT MEDLEY RELAY

Date	Meet	Team	Finish	Time
March 31	Florida Relays	Titi, Singleton Gyllensten, Jones	3rd	3:22.29

Q - Qualifiers | F - Finals | D - Decathlon

2018 SOUTH CAROLINA WOMEN'S OUTDOOR TRACK & FIELD TOP FIVE PERFORMERS

100-METER (School Record: 11.02, LaKya Brookins, 2011)

Date Meet	Athlete	Mark
4/13 Tennessee Relays	Maiya Dendy	11.60 (+3.2)
4/13 Tennessee Relays	Makyla Stanley	11.70 (+2.4)
4/13 Tennessee Relays	Amecia Pennamon	11.76 (+1.3)
4/13 Tennessee Relays	Rougui Sow	12.05 (+2.7)
3/23 Weems Baskin Invitational	Adele Blalock	12.44 (+4.4)

200-METER (School Record: 22.36, Shalonda Solomon, 2006)

Date Meet	Athlete	Mark
4/21 USC Open	Aliyah Abrams	23.40 (+2.8)
4/21 USC Open	Amecia Pennamon	23.60 (+2.8)
4/21 USC Open	Stephanie Davis	23.80 (+3.2)
4/21 USC Open	Tatyana Mills	24.06 (+3.2)
4/21 USC Open	Briana Haith	24.69 (+4.6)

400-METER (School Record: 49.84, Natasha Hastings, 2007)

Date Meet	Athlete	Mark
4/13 Tennessee Relays	Aliyah Abrams	52.78
3/24 Weems Baskin Invitational	Stephanie Davis	54.41
3/24 Weems Baskin Invitational	Precious Holmes	54.62
3/17 Black & Gold Challenge	Tatyana Mills	56.50
4/13 Tennessee Relays	Briana Haith	1:01.20

800-METER (School Record: 2:02.91, Charmaine Howell, 1998)

Date Meet	Athlete	Mark
4/21 USC Open	Allie Mueller	2:12.71
4/21 USC Open	Sierra Biber	2:14.55
4/21 USC Open	Breanna Cole	2:17.30
4/21 USC Open	Kelsey Larkin	2:21.60
4/7 Gamecock Invitational	Sheniya Marshall	2:26.04

1500-METER (School Record: 4:26.36, Tracey Capper, 1996)

Date Meet	Athlete	Mark
4/13 Tennessee Relays	Allie Mueller	4:35.60
3/17 Black & Gold Challenge	Anna Kathryn Stoddard	4:39.43
3/17 Black & Gold Challenge	Heather Stone	4:44.05
3/17 Black & Gold Challenge	Kaylee Wessel	4:47.64
4/21 USC Open	Leah Ford	4:54.30

3000-METER (School Record: 9:43.62, Tracey Capper, 1994)

Date Meet	Athlete	Mark
3/17 Black & Gold Challenge	Allie Mueller	10:01.00
3/24 Weems Baskin Invitational	Colleen Openshaw	10:08.84
3/24 Weems Baskin Invitational	Kaylee Wessel	10:11.67
3/24 Weems Baskin Invitational	Heather Stone	10:11.74
4/21 USC Open	Sarah Taylor	10:36.96

5000-METER (School Record: 16:42.83, Sue McGhie, 1994)

Date Meet	Athlete	Mark
3/29 Florida Relays	Colleen Openshaw	17:27.53
3/29 Florida Relays	Heather Stone	17:32.69
4/13 Tennessee Relays	Kaylee Wessel	17:49.15
3/23 Weems Baskin Invitational	Leah Ford	18:34.47
4/7 Gamecock Invitational	Sarah Taylor	18:34.68

10,000-METER (School Record: 33:43.95, Kayla Lampe, 2013)

Date Meet	Athlete	Mark
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3K STEEPLECHASE (School Record: 10:13.81, Beatrice Biwott, 2012)

Date Meet	Athlete	Mark
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100-METER HURDLES (School Record: 12.81, Ellakisha Williamson, 2000)

Date Meet	Athlete	Mark
4/21 USC Open	Milan Parks	13.36 (+2.1)
4/13 Tennessee Relays	Caitlyn Little	13.50 (+2.3)
4/21 USC Open	Funlayo Oluwole	13.76 (+2.1)
4/6 Bulldog Heptathlon	Jordan Fields	14.13 - H

400-METER HURDLES (School Record: 53.43, Lashinda Demus, 2004)

Date Meet	Athlete	Mark
4/21 USC Open	Morgan Hubbard	1:03.48

HIGH JUMP (School Record: 6' 4.75", Jeannelle Scheper, 2015)

Date Meet	Athlete	Mark
4/13 Tennessee Relays	Lissa Labiche	1.81m 5-11 1/4
4/13 Tennessee Relays	Hanifah Abdulqadir	1.75m 5-8 3/4
4/21 USC Open	Jordan Fields	1.74m 5-8 1/2

LONG JUMP (School Record: 22' 0.75", Rougui Sow, 2017)

Date Meet	Athlete	Mark
4/6 Spec Towns Invitational	Rougui Sow	6.55m 21-6
3/24 Weems Baskin Invitational	Makyla Stanley	6.09m 19-11 3/4
4/7 Bulldog Heptathlon	Jordan Fields	5.45m 17-10 3/4 - H
3/24 Weems Baskin Invitational	Hanifah Abdulqadir	5.41m 17-9

TRIPLE JUMP (School Record: 44' 7 1/2", Natasha Dicks, 2016)

Date Meet	Athlete	Mark
4/21 USC Open	Hanifah Abdulqadir	13.17m 43-2 1/2

POLE VAULT (School Record: 13' 11 3/4", Petra Olsen, 2014)

Date Meet	Athlete	Mark
4/21 USC Open	Hailey Sweatman	4.20m 13-9 1/4
4/13 Tennessee Relays	Adele Blalock	3.90m 12-9 3/4

JAVELIN (School Record: 174' 8", Candy Mitchell, 2000)

Date Meet	Athletes	Mark
3/16 Black & Gold Challenge	Shelby Freedman	46.70m 153-2
3/24 Weems Baskin Invitational	Amy Suttmeier	41.38m 135-9
4/7 Bulldog Heptathlon	Jordan Fields	22.81m 74-10 - H

SHOT PUT (School Record: 56' 8 1/2", Crystal Brownlee, 1997)

Date Meet	Athletes	Mark
4/7 Gamecock Invitational	KD Young	15.96m 52-4 1/2
4/21 USC Open	Alycia Springs	15.90m 52-2
4/6 Bulldog Heptathlon	Jordan Fields	8.44m 27-8 1/4 - H

HAMMER THROW (School Record: 213' 3", Lisa Misipeka, 1998)

Date Meet	Athletes	Mark
4/21 USC Open	Amanda Murphy	53.48m 175-5
4/21 USC Open	KD Young	52.54m 172-4
3/16 Black & Gold Challenge	Nina Gambacorta	44.25m 145-2

DISCUS (School Record: 185'9", Precious Akins, 2006)

Date Meet	Athletes	Mark
3/30 Florida Relays	KD Young	46.03m 151-0
3/17 Black & Gold Challenge	Alycia Springs	45.23m 148-5
4/21 USC Open	Amanda Murphy	41.11m 134-10
4/21 USC Open	Nina Gambacorta	36.04m 118-3

HEPTATHLON (School Record: 5664, Erin Narzinski, 1998)

Date Meet	Athletes	Mark
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4X100 RELAY (School Record: 42.83, Ross, Whipple, Joyce, Bailey, 2003)

Date Meet	Athletes	Mark
3/17 Black & Gold Challenge	Parks, Dendy, Stanley, Pennamon	44.90
4/14 Tennessee Relays	Stanley, Pennamon, Parks, Mills	45.61
3/31 Florida Relays	Little, Parks, Stanley, Pennamon	45.69
4/21 USC Open	Stanley, Dendy, Parks, Pennamon	45.73
3/24 Weems Baskin Invitational	Parks, Dendy, Stanley, Pennamon	45.75

2018 SOUTH CAROLINA WOMEN'S OUTDOOR TRACK & FIELD TOP FIVE PERFORMERS

4X200 RELAY (School Record: 1:30.73, Bailey, M. Barber, Joyce, Whipple, 2003)

Date Meet	Athletes	Mark
4/14 Tennessee Relays	Pennamon, Abrams Davis, Mills	1:35.14
3/31 Florida Relays	Pennamon, Abrams Holmes, Mills	1:35.59

4X300 RELAY (School Record: 3:26.46, Washington, Ross, Bass, Demus, 2002)

Date Meet	Athletes	Mark
3/23 Weems Baskin Invitational	Abrams, Little Pennamon, Holmes	2:34.29

4X400 RELAY (School Record: 3:26.46, Washington, Ross, Bass, Demus, 2002)

Date Meet	Athletes	Mark
3/24 Weems Baskin Invitational	Abrams, Holmes Davis, Mills	3:39.95
3/17 Black & Gold Challenge	Holmes, Davis Mills, Abrams	3:40.11
3/31 Florida Relays	Abrams, Mills Fields, Pennamon	3:47.17
4/21 USC Open	Davis, Holmes Mills, Haith	3:52.00

4X800 RELAY (School Record: 8:45.44, Demus, Shelton, Watkins, Ramonene, 2004)

Date Meet	Athletes	Mark
3/23 Weems Baskin Invitational	Biber, Larkin Sprague, Mueller	9:28.63

SHUTTLE HURDLE RELAY

Date Meet	Athletes	Mark
3/31 Florida Relays	Parks, Little Fields, Oluwole	54.99

SPRINT MEDLEY RELAY (School Record: 3:46.44, Joyce, Carpenter, Martin, Shelton, 2005)

Date Meet	Athletes	Mark
4/14 Tennessee Relays	Little, Oluwole Haith, Mueller	4:04.08

Q - Qualifiers | F - Finals | H - Heptathlon

2018 SOUTH CAROLINA WOMEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

HANIFAH ABDULQADIR • JR. • KINGSTON, JAMAICIA

Date	Meet	Event	Finish	Time/Mark
Long Jump (PR: 5.41m 17-9)				
March 24	Weems Baskin Inv.	Long Jump Inv.	8th	5.41m 17-9
High Jump (PR: 1.75m 5-8 3/4)				
April 13	Tennessee Relays	High Jump	4th	1.75m 5-8 3/4
April 21	USC Open	High Jump	3rd	1.64m 5-4 1/2
Triple Jump (PR: 13.17m 43-2 1/2)				
March 31	Florida Relays	Triple Jump	3rd	13.10m 42-11 3/4
April 21	USC Open	Triple Jump	1st	13.17m 43-2 1/2

ALIYAH ABRAMS • R-SO. • GRAYSON, GA.

Date	Meet	Event	Finish	Time/Mark
200m (PR: 23.40)				
April 7	Gamecock Inv.	200m	4th	24.07 (+1.5)
April 13	Tennessee Relays	200m	13th	23.55 (+2.0)
April 21	USC Open	200m	1st	23.40 (+2.8)
400m (PR: 52.04)				
March 17	Black & Gold Chal.	400m	1st	52.90
March 24	Weems Baskin Inv.	400m	1st	53.62
March 30	Florida Relays	400m	7th	52.91
April 7	Gamecock Inv.	400m	1st	53.79
April 13	Tennessee Relays	400m	1st	52.78

GWEN ASBURY • FR. • POTOMAC, MD.

Date	Meet	Event	Finish	Time/Mark
1500m (PR: 5:01.91)				
April 7	Gamecock Inv.	1500m	20th	5:01.91
April 21	USC Open	1500m	11th	5:04.38

SIERRA BIBER • FR. • BRISTOW, VA.

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:14.55)				
March 17	Black & Gold Chal.	800m	10th	2:19.24
March 24	Weems Baskin Inv.	Open 800m	9th	2:16.24
April 7	Gamecock Inv.	800m	4th	2:15.43
April 13	Tennessee Relays	800m	24th	2:15.92
April 21	USC Open	800m	2nd	2:14.55

ADELE BLALOCK • R-FR. • CHARLESTON, S.C.

Date	Meet	Event	Finish	Time/Mark
100m (PR: 12.44)				
March 23	Weems Baskin Inv.	100m	61st	12.44 (+4.4)
Pole Vault (PR: 3.90m 12-9 3/4)				
March 16	Black & Gold Chal.	Pole Vault	8th	3.65m 11-11 3/4
March 24	Weems Baskin Inv.	Pole Vault Inv.	6th	3.55m 11-7 3/4
April 6	Spec Towns Inv.	Pole Vault	---	DNF
April 13	Tennessee Relays	Pole Vault	3rd	3.90m 12-9 3/4
April 21	USC Open	Pole Vault	3rd	3.85m 12-7 1/2

BREANNA COLE • JR. • CHAPIN, S.C.

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:17.30)				
April 7	Gamecock Inv.	800m	11th	2:20.02
April 21	USC Open	800m	4th	2:17.30

CAITLIN CONWAY • FR. • COEUR D'ALENE, IDAHO

Date	Meet	Event	Finish	Time/Mark
1500m (PR: 5:01.76)				
April 7	Gamecock Inv.	1500m	19th	5:01.76

STEPHANIE DAVIS • FR. • GAITHERSBURG, MD.

Date	Meet	Event	Finish	Time/Mark
200m (PR: 23.80)				
April 21	USC Open	200m	5th	23.80 (+3.2)
400m (PR: 54.41)				
March 17	Black & Gold Chal.	400m	5th	55.05
March 24	Weems Baskin Inv.	400m	3rd	54.41
March 30	Florida Relays	400m	36th	55.75
April 7	Gamecock Inv.	400m	3rd	55.07
April 13	Tennessee Relays	400m	16th	54.71

MAIYA DENDY • JR. • MIDDLETON, DEL.

Date	Meet	Event	Finish	Time/Mark
100m (PR: 11.60)				
April 13	Tennessee Relays	100m	14th	11.60 (+3.2)
200m (PR: 23.90)				

400m (PR: 55.51)				

LEAH FORD • SO. • MASON, OHIO

Date	Meet	Event	Finish	Time/Mark
1500m (PR: 4:54.30)				
April 21	USC Open	1500m	6th	4:54.30
3000m (PR: 10:56.46)				

5000m (PR: 18:34.47)				
March 23	Weems Baskin Inv.	5000m	7th	18:34.47
April 7	Gamecock Inv.	5000m	5th	18:40.62

JORDAN FIELDS • R-FR. • JACKSONVILLE, FLA.

Date	Meet	Event	Finish	Time/Mark
200m (PR: 25.77)				
April 6	Bulldog Heptathlon	Heptathlon 200m	4th	25.77
100mH (PR: 14.13)				
April 6	Bulldog Heptathlon	Hep. 100mH	4th	14.13
April 21	USC Open	100mH Prelims	7th	14.23 (+2.1)
April 21	USC Open	100mH Finals	7th	14.19 (+0.9)
Long Jump (PR: 5.60m 18-4 1/2)				
March 23	Weems Baskin Inv.	Open Long Jump	5th	5.60m 18-4 1/2
April 7	Bulldog Heptathlon	Heptathlon LJ	4th	5.45m 17-10 3/4
High Jump (PR: 1.74m 5-8 1/2)				
April 6	Bulldog Heptathlon	Heptathlon HJ	2nd	1.72m 5-7 3/4
April 21	USC Open	High Jump	2nd	1.74m 5-8 1/2
Shot Put (PR: 8.44m 27-8 1/4)				
April 6	Bulldog Heptathlon	Heptathlon SP	6th	8.44m 27-8 1/4
Javelin (PR: 22.81m 74-10)				
April 7	Bulldog Heptathlon	Heptathlon Jav	6th	22.81m 74-10
Heptathlon (PR:)				
April 6-7	Bulldog Heptathlon	Heptathlon	---	DNF

SHELBY FREEDMAN • SR. • DANVILLE, PA.

Date	Meet	Event	Finish	Time/Mark
Javelin (PR: 51.20m 168-0)				
March 16	Black & Gold Chal.	Javelin	1st	46.70m 153-2
March 23	Weems Baskin Inv.	Javelin Inv.	1st	46.31m 151-11
March 30	Florida Relays	Javelin	6th	46.09m 151-2
April 7	Gamecock Inv.	Javelin	2nd	42.25m 138-7
April 13	Tennessee Relays	Javelin	1st	45.98m 150-10
April 21	USC Open	Javelin	2nd	42.82m 140-6

NINA GAMBACORTA • R-FR. • GLEN MILLS, PA.

Date	Meet	Event	Finish	Time/Mark
Hammer Throw (PR: 44.25m 145-2)				
March 16	Black & Gold Chal.	Hammer Throw	17th	44.25m 145-2
March 24	Weems Baskin Inv.	Open Hammer	24th	40.13m 131-8
April 7	Gamecock Inv.	Hammer Throw	---	F
Discus (PR: 36.04m 118-3)				
March 17	Black & Gold Chal.	Discus	---	F
March 24	Weems Baskin Inv.	Open Discus	18th	35.91m 117-9
April 7	Gamecock Inv.	Discus	---	F
April 21	USC Open	Discus	6th	36.04m 118-3

BRIANA HAITH • R-SR. • DURHAM, S.C.

Date	Meet	Event	Finish	Time/Mark
100m (PR: 12.47)				
April 21	USC Open	100m	17th	12.47 (+0.2)
200m (PR: 23.63)				
April 7	Gamecock Inv.	200m	26th	25.35 (+1.5)
April 21	USC Open	200m	7th	24.69 (+4.6)
400m (PR: 53.03)				
April 13	Tennessee Relays	400m	51st	1:01.20

2018 SOUTH CAROLINA WOMEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

RACHEL HENSLER • FR. • CRANBERRY TOWNSHIP, PA.

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 11:03.7)				
April 21	USC Open	3000m	12th	11:03.77
5000m (PR: 19:11.34)				
April 7	Gamecock Inv.	5000m	10th	19:11.34

PRECIOUS HOLMES • R-SR. • NEW HAVEN, CT.

Date	Meet	Event	Finish	Time/Mark
400m (PR: 52.89)				
March 17	Black & Gold Chal.	400m	7th	55.25
March 24	Weems Baskin Inv.	400m	4th	54.62
March 30	Florida Relays	400m	26th	54.99
April 21	USC Open	400m	1st	55.45

MORGAN HUBBARD • JR. • CONYERS, GA.

Date	Meet	Event	Finish	Time/Mark
100mH (PR: 14.90)				

400mH (PR:1:01.02)				
March 17	Black & Gold Chal.	400mH	17th	1:11.26
March 24	Weems Baskin Inv.	400mH	24th	1:05.80
March 30	Florida Relays	400mH	47th	1:05.41
April 21	USC Open	400mH	2nd	1:03.48

MOLLY JACKSON • FR. • ATLANTA, GA

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:17.61)				
April 7	Gamecock Inv.	800m	---	DNF

LISSA LABICHE • R-SO. • MAHE, SEYCHELLES

Date	Meet	Event	Finish	Time/Mark
High Jump (PR: 1.81m 5-11 1/4)				
April 7	Spec Towns Inv.	High Jump	3rd	1.71m 5-7 1/4
April 13	Tennessee Relays	High Jump	2nd	1.81m 5-11 1/4
April 21	USC Open	High Jump	1st	1.79m 5-10 1/2

KELSEY LARKIN • SO. • RAMSEY, N.J.

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:21.60)				
March 24	Weems Baskin Inv.	Open 800m	34th	2:29.27
April 7	Gamecock Inv.	800m	13th	2:22.36
April 21	USC Open	800m	8th	2:21.60

MORGAN LEE • SO. • CHARLESTON, S.C.

Date	Meet	Event	Finish	Time/Mark
1500m (PR: 4:52.64)				

3000m (PR: 10:39.67)				
April 21	USC Open	3000m	6th	10:39.67
5000m (PR: 18:50.66)				
March 23	Weems Baskin Inv.	5000m	12th	18:57.72
April 7	Gamecock Inv.	5000m	7th	18:50.66

CAITLYN LITTLE • FR. • HOOVER, ALA.

Date	Meet	Event	Finish	Time/Mark
200m (PR: 25.16)				
March 24	Weems Baskin Inv.	200m	51st	25.16 (+2.8)
100mH (PR: 13.50)				
March 17	Black & Gold Chal.	100mH	6th	14.19 (-0.1)
March 24	Weems Baskin Inv.	100mH Prelims	2nd	13.62 (+2.9)
March 24	Weems Baskin Inv.	100mH Finals	3rd	13.59 (+1.1)
March 30	Florida Relays	100mH	20th	13.83 (-0.5)
April 7	Gamecock Inv.	100mH Prelims	8th	13.88 (+0.9)
April 7	Gamecock Inv.	100mH Finals	7th	14.17 (-0.5)
April 13	Tennessee Relays	100mH	8th	13.50 (+2.3)
April 21	USC Open	100mH Prelims	2nd	13.53 (+2.1)
April 21	USC Open	100mH Finals	2nd	13.66 (+0.9)

SHENIYA MARSHALL • SO. • BLYTHEWOOD, S.C.

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:26.04)				
March 24	Weems Baskin Inv.	Open 800m	31st	2:27.12
April 7	Gamecock Inv.	800m	22nd	2:26.04

ANNA MCELRTAH • SO. • HOOVER, ALA.

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:26.40)				

1500m (PR:4:57.57)				
April 21	USC Open	1500m	---	DNF
Mile Run (PR: 5:25.51)				

SARAH-SIMS MCGRATH • SO. • HOOVER, ALA.

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 10:42.92)				
March 17	Black & Gold Chal.	3000m	8th	11:19.19
April 21	USC Open	3000m	7th	10:42.92
5000m (PR: 18:42.49)				
March 23	Weems Baskin Inv.	5000m	10th	18:42.49
April 7	Gamecock Inv.	5000m	6th	18:46.49

TATYANA MILLS • JR. • KINGSTON, JAMAICA

Date	Meet	Event	Finish	Time/Mark
200m (PR: 24.06)				
March 17	Black & Gold Chal.	200m	23rd	24.65 (0.0)
March 24	Weems Baskin Inv.	200m	20th	24.36 (+2.4)
April 7	Gamecock Inv.	200m	14th	24.75 (+1.3)
April 13	Tennessee Relays	200m	34th	24.38 (+2.6)
April 21	USC Open	200m	6th	24.06 (+3.2)
400m (PR: 56.50)				
March 17	Black & Gold Chal.	400m	13th	56.50
March 24	Weems Baskin Inv.	400m	---	DNF
April 13	Tennessee Relays	400m	39th	57.83

ALLIE MUELLER • JR. • BEAVERTON, ORE.

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:12.71)				
March 24	Weems Baskin Inv.	Open 800m	8th	2:15.87
April 21	USC Open	800m	1st	2:12.71
1500m (PR: 4:31.35)				
March 30	Florida Relays	1500m	31st	4:35.99
April 13	Tennessee Relays	1500m	18th	4:35.60
3000m (PR: 10:01.00)				
March 17	Black & Gold Chal.	3000m	2nd	10:01.00
5000m (PR: 17:46.72)				

AMANDA MURPHY • R-FR. • UPPERCO, MD.

Date	Meet	Event	Finish	Time/Mark
Hammer Throw (PR: 53.48m 175-5)				
March 16	Black & Gold Chal.	Hammer Throw	8th	49.98m 164-0
March 23	Weems Baskin Inv.	Open Hammer	1st	51.71m 169-8
April 7	Gamecock Inv.	Hammer Throw	---	F
April 12	Tennessee Relays	Hammer Throw	---	F
April 21	USC Open	Hammer Throw	1st	53.48m 175-5
Discus (PR: 41.11m 134-10)				
March 17	Black & Gold Chal.	Discus	11th	40.81m 133-11
March 24	Weems Baskin Inv.	Discus Inv.	10th	39.39m 129-2
April 7	Gamecock Inv.	Discus	13th	37.92m 124-5
April 21	USC Open	Discus	2nd	41.11m 134-10

2018 SOUTH CAROLINA WOMEN'S OUTDOOR TRACK & FIELD PROGRESSIONS

FUNLAYO OLUWOLE • SO. • CHESAPEAKE, VA.

Date	Meet	Event	Finish	Time/Mark
100mH (PR: 13.73)				
March 17	Black & Gold Chal.	100mH	13th	14.64 (+0.6)
March 24	Weems Baskin Inv.	100mH Prelims	13th	14.19 (+2.8)
March 30	Florida Relays	100mH	67th	14.97 (+1.2)
April 7	Gamecock Inv.	100mH Prelims	14th	14.40 (+0.9)
April 13	Tennessee Relays	100mH	12th	13.77 (+2.7)
April 21	USC Open	100mH Prelims	4th	13.76 (+2.1)
April 21	USC Open	100mH Finals	3rd	13.88 (+0.9)

Triple Jump (PR: 11.75m | 38-6 3/4)

COLLEEN OPENSHAW • JR. • ST. JOHN'S FLA.

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 10:08.84)				
March 17	Black & Gold Chal.	3000m	4th	10:14.00
March 23	Weems Baskin Inv.	3000m	2nd	10:08.84
April 21	USC Open	3000m	3rd	10:10.61
5000m (PR: 17:27.53)				
March 29	Florida Relays	5000m	12th	17:27.53
April 13	Tennessee Relays	5000m	18th	17:42.12

MILAN PARKS • SO. • SUFFOLK, VA.

Date	Meet	Event	Finish	Time/Mark
200m (PR: 24.73)				
March 24	Weems Baskin Inv.	200m	32nd	24.73 (+1.5)
100mH (PR: 13.36)				
March 24	Weems Baskin Inv.	100mH Prelims	11th	14.01 (+2.9)
March 30	Florida Relays	100mH	24th	13.91 (-0.5)
April 7	Gamecock Inv.	100mH Prelims	6th	13.66 (+0.9)
April 7	Gamecock Inv.	100mH Finals	3rd	13.85 (-0.5)
April 13	Tennessee Relays	100mH	7th	13.49 (+3.1)
April 21	USC Open	100mH Prelims	1st	13.36 (+2.1)
April 21	USC Open	100mH Finals	1st	13.39 (+0.9)

Long Jump (PR: 5.66m | 18-7)

AMECIA PENNAMON • R-FR. • FORSYTH, GA.

Date	Meet	Event	Finish	Time/Mark
100m (PR: 11.76)				
March 17	Black & Gold Chal.	100m	17th	12.24 (+1.8)
March 24	Weems Baskin Inv.	100m	11th	11.84 (+2.5)
March 30	Florida Relays	100m	29th	12.09 (-0.5)
April 7	Gamecock Inv.	100m	8th	12.30 (-0.8)
April 13	Tennessee Relays	100m	28th	11.76 (+1.3)
April 21	USC Open	100m	3rd	11.80 (+1.2)
200m (PR: 23.60)				
March 17	Black & Gold Chal.	200m	15th	24.32 (+1.7)
March 24	Weems Baskin Inv.	200m	8th	24.11 (+2.7)
April 7	Gamecock Inv.	200m	9th	24.59 (+2.4)
April 13	Tennessee Relays	200m	30th	24.21 (+1.7)
April 21	USC Open	200m	2nd	23.60 (+2.8)

SAM SILBER • FR. • POWELL, OHIO

Date	Meet	Event	Finish	Time/Mark
100m (PR: 13.76)				
March 23	Weems Baskin Inv.	100m	102nd	13.76 (+3.0)
Pole Vault (PR:)				
March 16	Black & Gold Chal.	Pole Vault	---	NH
March 23	Weems Baskin Inv.	Open Pole Vault	---	NH
April 7	Gamecock Inv.	Pole Vault	---	NH
April 21	USC Open	Pole Vault	---	NH

ROUGUI SOW • JR. • LE HAVRE, FRANCE

Date	Meet	Event	Finish	Time/Mark
100m (PR: 12.05)				
April 13	Tennessee Relays	100m	42nd	12.05 (+2.7)
100mH (PR: 13.47)				

Long Jump (PR: 6.72m 22-0 3/4)				
March 23	Weems Baskin Inv.	Long Jump Inv.	1st	6.37m 20-10 3/4
April 6	Spec Towns Inv.	Lewis Gainey LJ	4th	6.55m 21-6
April 13	Tennessee Relays	Long Jump	2nd	6.32m 20-9

ALLIE SPRAGUE • SR. • MARENGO, ILL.

Date	Meet	Event	Finish	Time/Mark
800m (PR: 2:19.63)				

1500m (PR: 4:40.18)				
March 24	Weems Baskin Inv.	Open 1500m	26th	5:10.27
April 7	Gamecock Inv.	1500m	15th	4:55.30
April 21	USC Open	1500m	9th	4:59.77
Mile (PR: 5:10.80)				

3000m (PR: 10:29.53)				

5000m (PR: 18:04.35)				

ALYCIA SPRINGS • SO. • CHARLOTTE, N.C.

Date	Meet	Event	Finish	Time/Mark
Shot Put (PR: 15.90m 52-2)				
March 17	Black & Gold Chal.	Shot Put	7th	14.18m 46-6 1/4
March 24	Weems Baskin Inv.	Shot Put Inv.	5th	14.88m 48-10
March 31	Florida Relays	Shot Put	1st	15.69m 51-5 3/4
April 7	Gamecock Inv.	Shot Put	3rd	14.71m 48-3 1/4
April 13	Tennessee Relays	Shot Put	---	F
April 21	USC Open	Shot Put	1st	15.90m 52-2
Discus (PR: 46.07m 151-2)				
March 17	Black & Gold Chal.	Discus	8th	45.23m 148-5
March 24	Weems Baskin Inv.	Discus Inv.	11th	37.48m 122-11
March 30	Florida Relays	Discus	---	F
April 7	Gamecock Inv.	Discus	4th	44.52m 146-0
April 14	Tennessee Relays	Discus	12th	44.35m 145-6
April 21	USC Open	Discus	3rd	40.51m 132-11

MAKYLA STANLEY • JR. • CHARLESTON, S.C.

Date	Meet	Event	Finish	Time/Mark
100m (PR: 11.59)				
March 17	Black & Gold Chal.	100m	19th	12.26 (+3.2)
March 24	Weems Baskin Inv.	100m	17th	11.98 (+2.5)
March 30	Florida Relays	100m	29th	12.00 (-0.5)
April 7	Gamecock Inv.	100m	3rd	12.17 (-0.8)
April 13	Tennessee Relays	100m	22nd	11.70 (+2.4)
April 21	USC Open	100m	2nd	11.76 (+1.2)
200m (PR: 25.07)				
April 7	Gamecock Inv.	200m	21st	25.07 (+1.5)
Long Jump (PR: 6.09m 19-11 3/4)				
March 17	Black & Gold Chal.	Long Jump	10th	5.32m 17-5 1/2
March 23	Weems Baskin Inv.	Long Jump Inv.	4th	6.09m 19-11 3/4
March 30	Florida Relays	Long Jump	---	F
April 7	Gamecock Inv.	Long Jump	3rd	5.74m 18-10
April 13	Tennessee Relays	Long Jump	20th	5.57m 18-3 1/4
April 21	USC Open	Long Jump	1st	5.67m 18-7 1/4

HEATHER STONE • FR. • ASHBURN, VA.

Date	Meet	Event	Finish	Time/Mark
1500m (PR: 4:44.05)				
March 17	Black & Gold Chal	1500m	6th	4:44.05
April 21	USC Open	1500m	3rd	4:47.67
3000m (PR: 10:11.74)				
March 23	Weems Baskin Inv.	3000m	5th	10:11.74
5000m (PR: 17:32.69)				
March 29	Florida Relays	5000m	14th	17:32.69
April 13	Tennessee Relays	5000m	23rd	17:52.57

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ANNA KATHRYN STODDARD • SO. • GREENWOOD, S.C.

Date	Meet	Event	Finish	Time/Mark
1500m (PR: 4:39.21)				
March 17	Black & Gold Chal.	1500m	2nd	4:39.43
5000m (PR: 17:27.24)				

AMY SUTTMEIER • R-JR. • NEW BRUNSWICK, N.J.

Date	Meet	Event	Finish	Time/Mark
Javelin (PR: 45.23m 148-4)				
March 16	Black & Gold Chal.	Javelin	3rd	41.30m 135-6
March 23	Weems Baskin Inv.	Javelin Inv.	4th	41.38m 135-9
March 30	Florida Relays	Javelin	13th	40.23m 132-0
April 13	Tennessee Relays	Javelin	3rd	40.48m 132-9
April 21	USC Open	Javelin	4th	40.40m 132-6

HAILEY SWEATMAN • SO. • CHARLESTON, S.C.

Date	Meet	Event	Finish	Time/Mark
100m (PR: 13.33)				
March 23	Weems Baskin Inv.	100m	97th	13.33 (+5.9)
Pole Vault (PR: 4.20m 13-9 1/4)				
March 16	Black & Gold Chal.	Pole Vault	1st	3.95m 12-11 1/2
March 24	Weems Baskin Inv.	Pole Vault Inv.	1st	4.00m 13-1 1/2
March 31	Florida Relays	Pole Vault	5th	3.95m 12-11 1/2
April 6	Spec Towns Inv.	Pole Vault	---	NH
April 14	Tennessee Relays	Pole Vault Inv.	---	NH
April 21	USC Open	Pole Vault	2nd	4.20m 13-9 1/4

SARAH TAYLOR • SR. • CHESTER SPRINGS, PA.

Date	Meet	Event	Finish	Time/Mark
3000m (PR: 10:36.96)				
April 21	USC Open	3000m	5th	10:36.96
5000m (PR: 18:34.68)				
April 7	Gamecock Inv.	5000m	3rd	18:34.68
3000m Steeplechase (PR: 12:19.59)				

KAYLEE WESSEL • SR. • ST. CHARLES, ILL.

Date	Meet	Event	Finish	Time/Mark
1500m (PR: 4:47.64)				
March 17	Black & Gold Chal.	1500m	9th	4:47.64
3000m (PR: 10:11.67)				
March 23	Weems Baskin Inv.	3000m	4th	10:11.67
5000m (PR: 17:42.66)				
March 29	Florida Relays	5000m	29th	17:59.44
April 13	Tennessee Relays	5000m	20th	17:49.15

BROOKE WILSON • FR. • MT. PROSPECT, ILL.

Date	Meet	Event	Finish	Time/Mark
1500m (PR:)				
April 21	USC Open	1500m	---	DNF
5000m (PR: 19:13.95)				
April 7	Gamecock Inv.	5000m	11th	19:13.95

KD YOUNG • FR. • DECATUR, ILL.

Date	Meet	Event	Finish	Time/Mark
Shot Put (PR: 15.96m 52-4 1/2)				
March 24	Weems Baskin Inv.	Shot Put Inv.	4th	14.94m 49-0 1/4
March 31	Florida Relays	Shot Put Inv.	7th	15.44m 50-8
April 7	Gamecock Inv.	Shot Put	1st	15.96m 52-4 1/2
April 13	Tennessee Relays	Shot Put	2nd	15.86m 52-0 1/2
April 21	USC Open	Shot Put	2nd	13.74m 45-1

Discus (PR: 46.03m | 151-0)

March 17	Black & Gold Chal.	Discus	9th	44.48m 145-11
March 24	Weems Baskin Inv.	Discus Inv.	5th	45.44m 149-1
March 30	Florida Relays	Discus	9th	46.03m 151-0
April 7	Gamecock Inv.	Discus	3rd	45.87m 150-6
April 14	Tennessee Relays	Discus	17th	38.79m 127-3
April 21	USC Open	Discus	4th	38.89m 127-7

Hammer Throw (PR: 52.54m | 172-4)

March 16	Black & Gold Chal.	Hammer Throw	12th	47.07m 154-5
March 23	Weems Baskin Inv.	Open Hammer	4th	48.00m 157-5
April 7	Gamecock Inv.	Hammer Throw	7th	50.59m 165-11
April 12	Tennessee Relays	Hammer Throw	10th	50.25m 164-10
April 21	USC Open	Hammer Throw	2nd	52.54m 172-4

KYLEE YTURRALDE • FR. • CAMARILLO, CALIF.

Date	Meet	Event	Finish	Time/Mark
1500m (PR: 5:06.69)				
April 7	Gamecock Inv.	1500m	24th	5:07.79
April 21	USC Open	1500m	12th	5:06.69

4X100M RELAY

Date	Meet	Team	Finish	Time
March 17	Black & Gold Chal.	Parks, Dendy Stanley, Pennamon	2nd	44.90
March 24	Weems Baskin Inv.	Parks, Dendy Stanley, Pennamon	4th	45.75
March 24	Weems Baskin Inv.	Sow, Mills Little, Oluwole	11th	47.24
March 31	Florida Relays	Little, Parks Stanley, Pennamon	18th	45.69
April 7	Gamecock Inv.	Little, Parks Stanley, Pennamon	2nd	46.26
April 14	Tennessee Relays	Stanley, Pennamon Parks, Mills	5th	45.61
April 21	USC Open	Stanley, Dendy Parks, Pennamon	1st	45.73
April 21	USC Open	Abrams, Davis Little, Mills	2nd	46.33

4X200M RELAY

Date	Meet	Team	Finish	Time
March 31	Florida Relays	Pennamon, Abrams Holmes, Mills	6th	1:35.59
April 14	Tennessee Relays	Pennamon, Abrams Davis, Mills	3rd	1:35.14

4X300M RELAY

Date	Meet	Team	Finish	Time
March 23	Weems Baskin Inv.	Abrams, Little Pennamon, Holmes	1st	2:34.29

4X400M RELAY

Date	Meet	Team	Finish	Time
March 17	Black & Gold Chal.	Holmes, Davis Mills, Abrams	3rd	3:40.11
March 24	Weems Baskin Inv.	Abrams, Holmes Davis, Mills	1st	3:39.95
March 31	Florida Relays	Abrams, Mills Fields, Pennamon	7th	3:47.17
April 21	USC Open	Davis, Holmes Mills, Haith	1st	3:52.00

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4X800M RELAY

Date	Meet	Team	Finish	Time
March 23	Weems Baskin Inv.	Biber, Larkin Sprague, Miller	1st	9:28.63

SHUTTLE HURDLE RELAY

Date	Meet	Team	Finish	Time
March 31	Florida Relays	Parks, Little Fields, Oluwole	3rd	54.99

SPRINT MEDLEY RELAY

Date	Meet	Team	Finish	Time
April 14	Tennessee Relays	Little, Oluwole Haith, Mueller	7th	4:04.08

Q - Qualifiers | F - Finals | H - Heptathlon