

# MEN'S RECORD BOOK

## INDOOR

### 55-METER DASH

1.	Terrence Trammell.....	1999	6.12
2.	Corey Bridges.....	1998	6.15
3.	Adrian Durant.....	2004	6.23
4.	Damiere Byrd.....	2012	6.24
	Johnathan Hancock.....	2009	
6.	Clint Crenshaw.....	1999	6.26
7.	Andre Totton.....	2002	6.27
8.	Shamus Singletary.....	2001	6.28
9.	<b>David Winters.....</b>	<b>2016</b>	<b>6.29</b>
	Marcus Robinson.....	1996	
10.	<b>Ncincilili Titi.....</b>	<b>2016</b>	<b>6.30</b>
	Chris Royster.....	2012	
	Lamar Markett.....	2008	

### 60-METER DASH

(Started in 1996)

1.	Terrence Trammell.....	2000	6.54
2.	Corey Bridges.....	1997	6.61
3.	Johnathan Hancock.....	2009	6.63
4.	Kendall Kee.....	2014	6.65
5.	Damiere Byrd.....	2013	6.66
	<b>David Winters.....</b>	<b>2016</b>	<b>6.66</b>
7.	Duan Barrino.....	2002	6.71
	Pap Howard.....	2001	
9.	Corey Taylor.....	2003	6.72
	Marcus Robinson.....	1996	

### 200-METER DASH

1.	Rodney Martin.....	2005	20.38
2.	<b>David Winters.....</b>	<b>2016</b>	<b>20.61</b>
3.	Antonio Sales.....	2008	20.83
4.	Pap Howard.....	2001	20.84
5.	<b>Ncincilili Titi.....</b>	<b>2015</b>	<b>20.87</b>
6.	Andre Totton.....	2001	20.90
7.	Leroy Dixon.....	2006	21.01
8.	Marcus Robinson.....	1996	21.14
9.	Duan Barrino.....	2002	21.22
10.	James Law.....	2002	21.25

### 400-METER DASH

1.	Jonathan Fortenberry.....	2003	46.19
2.	Otis Harris.....	2002	46.28
3.	Jimmie Hackley.....	1999	46.49
4.	Obakeng Ngwigwa.....	2010	46.54
5.	Keith Hinnant.....	2006	46.76
6.	Clayton Gravesande.....	2013	46.81
7.	Jussi Heikkila.....	2008	47.09
8.	Tony Rambo.....	1979	47.14
9.	Ray Miley.....	2007	47.18
10.	Quentin Moore.....	2007	47.24

### 800-METER RUN

1.	Otukile Lekote.....	2001	1:46.13
2.	Marvin Watts.....	1997	1:47.73
3.	Adrian Bonner.....	1995	1:48.13
4.	William Emase.....	2005	1:50.06
5.	Ken Schapert.....	1974	1:50.58
6.	Kevin Keating.....	2015	1:50.59
7.	Shawn Cunningham.....	2004	1:50.99
8.	Johnny Baez.....	2007	1:51.56
9.	<b>Otis Jones.....</b>	<b>2016</b>	<b>1:51.89</b>
10.	Chris Swartz.....	1995	1:51.90

### 1,000-METER RUN

1.	Bob Kaczka.....	1969	2:25.00
2.	Ken Schapert.....	1974	2:26.85
3.	Drew Ricci.....	2014	2:27.65
4.	Kevin Keating.....	2015	2:28.27
5.	Tim Colas.....	1982	2:28.90
6.	LaMonte Pennington.....	1998	2:29.30
7.	<b>Alex Sullivan.....</b>	<b>2015</b>	<b>2:29.39</b>
8.	Adrian Bonner.....	1993	2:29.60
9.	Bob Crombie.....	1965	2:29.80
10.	Tom Cronin.....	1993	2:30.10

## MILE RUN

1.	Robert Razick.....	2013	4:06.47
2.	Tim Colas.....	1982	4:08.03
3.	Tom Cronin.....	1993	4:08.09
4.	Ken Schapert.....	1974	4:10.84
5.	William Emase.....	2004	4:12.38
6.	Bill Latham.....	1959	4:12.64
7.	Johnny Baez.....	2007	4:14.22
8.	Orukile Lekote.....	2001	4:15.04
9.	Keith Gorski.....	1992	4:16.01

### 3,000-METER RUN

1.	Robert Razick.....	2013	8:16.00
2.	Bob Day.....	1975	8:18.14
3.	Andy Foster.....	1989	8:22.46
4.	Mike Hedgecock.....	1990	8:23.75
5.	Tom Cronin.....	1992	8:25.71
6.	Paul Laymon.....	1993	8:27.14
7.	Steve Mance.....	2005	8:28.97
8.	Keith Gorski.....	1992	8:30.00

### 5,000-METER RUN

1.	Keith Gorski.....	1992	14:25.58
2.	Bob Day.....	1976	14:27.54
3.	Steve Mance.....	2005	14:36.36
4.	<b>Drew Trusty.....</b>	<b>2016</b>	<b>14:43.24</b>
5.	Paul Laymon.....	1992	14:50.15
6.	Mark Cruz.....	1994	14:53.64
7.	Eric Roschick.....	1995	15:04.13
8.	Daniel Smoak.....	2010	15:12.28
9.	Jered Haag.....	1994	15:18.10

### 55-METER HURDLES

1.	Terrence Trammell.....	1999	6.94
2.	Stanislavs Olijars.....	1999	7.18
	Jason Richardson.....	2007,08	
4.	Thomas Hilliard, IV.....	2007	7.23
5.	Corey Taylor.....	2003	7.24
6.	Terry Winston.....	1994	7.27
7.	Frank Mensah.....	1995	7.30
	Kenneth Ferguson.....	2003	
	Fred Townsend.....	2004	
10.	Johnny Dutch.....	2010	7.31

### 60-METER HURDLES

(Started in 1996)

1.	Terrence Trammell.....	1999	7.52
2.	Jason Richardson.....	2008	7.53
3.	Booker Nunley.....	2010	7.58
4.	Stanislavs Olijars.....	1999	7.65
5.	Kenneth Ferguson.....	2003	7.67
	Corey Taylor.....	2003	
7.	<b>Dondre Echols.....</b>	<b>2016</b>	<b>7.69</b>
8.	Johnny Dutch.....	2009	7.71
9.	Thomas Hilliard.....	2007	7.74
10.	<b>Jermaine Collier.....</b>	<b>2015</b>	<b>7.76</b>

### HIGH JUMP

1.	David Wilkins.....	2011	7-2 1/4
2.	Paul Wichern.....	1989	7-2
3.	Fred Townsend.....	2004	7-1
4.	Steve Wilson.....	1976	7-0
5.	Steve Owens.....	1992	6-11
6.	Art Henson.....	1992	6-11
	<b>Tye Williams.....</b>	<b>2016</b>	<b>6-11</b>

### POLE VAULT

1.	Marvin Reitze.....	2012	18-0 1/2
	Chris Steddum.....	2004	
3.	Elliott Haynie.....	2010	17-7 3/4
4.	Patrick Tvarakunas.....	2000	17-7
5.	Matt Shuler.....	2011	17-6 1/2
6.	Dan McKenzie.....	2007	17-0 3/4
	<b>Simon Gyllensten.....</b>	<b>2016</b>	<b>17-0 3/4</b>
8.	Dale Gereck.....	1989	17-0
9.	Jared Farabee.....	2002	16-10 3/4
10.	Greg Royster.....	2003	16-8 3/4

## LONG JUMP

1.	Tony Allmond.....	2004	26-6 1/4
2.	Phillipe Williams.....	1990	26-3
3.	Jarrod Hutchen.....	2012	26-1 3/4
4.	Greig Cryer.....	2006	26-0
5.	<b>Michael Wamer.....</b>	<b>2016</b>	<b>24-4 1/4</b>
6.	<b>Isaiah Moore.....</b>	<b>2015</b>	<b>24-2.5</b>
7.	Fred Townsend.....	2004	24-0
8.	Titus Briggs.....	1976	23-9 1/4
9.	<b>Alexandre Asselin.....</b>	<b>2014</b>	<b>23-09</b>
10.	Josh Jones.....	2011	23-4 3/4

### TRIPLE JUMP

1.	Greig Cryer.....	2006	52-5 1/4
2.	Lincoln Carr.....	2011	51-5
3.	Marcus Sutton.....	1993	51-4 1/2
4.	<b>Michael Wamer.....</b>	<b>2016</b>	<b>50-9 1/4</b>
5.	Dorian Johnson.....	2012	49-11
6.	Derek Pressley.....	2008	49-10
7.	Ron Adams.....	1976	
8.	Tony Allmond.....	2003	49-7 1/4
9.	Roderic Dubose.....	1992	48-5 1/2

### SHOT PUT

1.	Brad Snyder.....	1998	66-8
2.	Kevin Mannon.....	1997	63-7 1/2
3.	<b>Josh Awotunde.....</b>	<b>2016</b>	<b>62-3 1/4</b>
4.	Jason Cook.....	2009	61-11
5.	Jeff Shalayda.....	1997	60-8 1/2

### 35-POUND WEIGHT

1.	Ryan Harrison.....	1999	73-6
2.	Ron Willis.....	1994	72-1 1/4
3.	Bert Sorin.....	1999	72-1
4.	Brett Murray.....	1994	69-10 3/4
5.	Michael Zajac.....	2011	69-9 1/2
6.	Kevin Mannon.....	1997	69-6 3/4
7.	Brook Antonio.....	2006	68-2 1/2

### 4X400-METER RELAY

1.	Fortenberry, Lekote, Harris, Pressley.....	2002	3:05.90
2.	Moore, Dutch, Ngwigwa, Anderson.....	2009	3:06.11
3.	Howard, Lekote, Harris, Pressley.....	2001	3:06.43
4.	Hinnant, Hilliard, Miley, Moore.....	2007	3:06.84
5.	Hinnant, James, Luster, Richardson.....	2005	3:06.87

### DISTANCE MEDLEY RELAY

1.	Bonner, Swartz, Towle, Cronin.....	1995	9:43.26
2.	Hoffman, Hilliard, Cunningham, Emase.....	2005	9:56.46
3.	DePiano, Walker, Gaither, Razick.....	2012	9:59.81
4.	Swartz, Watts, Towle, Cronin.....	1995	10:00.59
5.	Johnson, Coleman, Drosky, Murphy.....	1984	10:01.60
6.	Leyh, James, Fortenberry, Baez.....	2007	10:02.98

### HEPTATHLON (Since 2002)\*

1.	Fred Townsend.....	2004	5581 pts
2.	<b>Markus Leemet.....</b>	<b>2015</b>	<b>5459 pts</b>
3.	Scott Pierce.....	2009	5325 pts
4.	Greg Royster.....	2004	5293 pts
5.	Curt McGill.....	2009	5292 pts
6.	<b>Alexandre Asselin.....</b>	<b>2016</b>	<b>5273 pts</b>
7.	Eddie Stoudemire.....	2009	5016 pts
8.	Jerry Thompson III.....	2011	4968 pts
9.	Chris Sharp.....	2012	4944 pts

- Denotes current student-athlete(s)
- Marks set in 2016 are *Italicized*
- \* - Mark Set in International Competition
- w - Wind-aided mark

# MEN'S RECORD BOOK

## OUTDOOR

### 100-METER DASH

1.	Terrence Trammell	2000	10.04
2.	Andre Totton	2001	10.12w
3.	Corey Bridges	1996	10.13
4.	Chris Royster	2013	10.17w
5.	Leroy Dixon	2005	10.19
6.	Marcus Robinson	1996	10.21
7.	Rodney Martin	2005	10.25
8.	Pap Howard	2001	10.27
9.	<b>Ncincilili Titi</b>	<b>2016</b>	<b>10.29</b>
10.	Johnathan Hancock	2009	10.31
	Clint Crenshaw	2001	

### 200-METER DASH

1.	Rodney Martin	2005	20.34
2.	Leroy Dixon	2006	20.44
3.	Terrence Trammell	1999	20.45
4.	Pap Howard	2001	20.47
5.	Antonio Sales	2010	20.54
6.	<b>Ncincilili Titi</b>	<b>2016</b>	<b>20.55w</b>
7.	Obakeng Ngwigwa	2010	20.56
8.	Andre Totton	2001	20.58
9.	Marcus Robinson	1996	20.63
10.	Jimmie Hackley	1999	20.64

### 400-METER DASH

1.	Otis Harris	2003	44.57
2.	Jimmie Hackley	2000	45.64
3.	Jonathan Fortenberry	2002	45.67
4.	Clayton Gravesande	2012	45.93
5.	Obakeng Ngwigwa	2010	46.09
6.	Otukile Lekote	2001	46.12
7.	Quentin Moore	2008	46.18
8.	Jamil James	2007	46.28
9.	Ray Miley	2007	46.31
10.	Eddie Miller	1988	46.35

### 800-METER RUN

1.	Otukile Lekote	2001	1:44.47
2.	Marvin Watts	1998	1:47.74
3.	Bob Kaczka	1970	1:48.01
4.	Adrian Booner	1995	1:48.13
5.	William Emase	2005	1:48.23
6.	<b>Otis Jones</b>	<b>2016</b>	<b>1:48.52</b>
7.	Jim Schaper	1972	1:48.71
8.	John Brown	1974	1:49.94
9.	Johnny Baez	2006	1:50.03
10.	Chris Swartz	1993	1:50.29

### 1,500-METER RUN

1.	Jim Schaper	1974	3:42.48
2.	Tim Colas	1982	3:44.79
3.	Alan Drosky	1984	3:45.79
4.	Halston Taylor	1976	3:47.14
5.	Bob Crumie	1965	3:48.24
6.	Tom Howe	1987	3:48.90
7.	William Emase	2003	3:49.07
8.	Tom Cronin	1993	3:49.12
9.	Robert Razick	2012	3:49.84
10.	Frank Murno	1978	3:50.24

### 5,000-METER RUN

1.	Tom Howe	1987	14:06.54
2.	Ken Castello	1987	14:13.24
3.	Bob Day	1975	14:16.14
4.	Paul Laymon	1992	14:29.40
5.	Jim Carey	1978	14:30.24
6.	Tim Colas	1983	14:32.54
7.	Mike Hedgecock	1990	14:33.20
8.	Keith Gorski	1993	14:35.40
9.	Rob Devlin	1986	14:41.74
10.	Jim Karcanes	1991	14:41.90

### 10,000-METER RUN

1.	Rob Devlin	1986	30:05.24
2.	Leon Cook	1976	30:12.86
3.	Keith Gorski	1992	30:23.88
4.	Mark Cruz	1994	30:29.89
5.	Paul Laymon	1989	30:52.20
6.	Andy Bredfield	1990	31:09.05
7.	Ted Fort	1990	31:17.70
8.	Greg Wimer	1985	31:26.24
9.	Mike Hedgecock	1991	31:27.50
10.	Jim Carey	1978	31:34.24

### 110-METER HURDLES

1.	Terrence Trammell	2000	13.19
2.	Jason Richardson	2008	13.21
3.	Johnny Dutch	2010	13.30w
4.	Booker Nunley	2009	13.32
5.	<b>Dondre Echols</b>	<b>2016</b>	<b>13.35w</b>
6.	Kenneth Ferguson	2003	13.53
7.	<b>Isaiab Moore</b>	<b>2016</b>	<b>13.54</b>
8.	<b>Jermaine Collier</b>	<b>2016</b>	<b>13.61</b>
9.	Thomas Hilliard	2007	13.70
10.	Corey Taylor	2003	13.72

### 400-METER HURDLES

1.	Johnny Dutch	2010	47.63
2.	Kenneth Ferguson	2003	48.79
3.	Tony Rambo	1982	48.90
4.	Jussi Heikkila	2008	49.39
5.	Thomas Hilliard	2007	49.63
6.	<b>Jussi Kanervo</b>	<b>2015</b>	<b>49.66*</b>
7.	Jason Richardson	2006	49.82
8.	Anthony Bennon	1987	50.04
9.	David Arnold	1990	50.80
10.	<b>Jermaine Collier</b>	<b>2014</b>	<b>50.96</b>

### 3,000-METER STEEPLECHASE

1.	Andy Foster	1988	8:57.96
2.	Tom Cronin	1995	9:00.58
3.	Leon Cook	1977	9:01.44
4.	Mike Hedgecock	1989	9:03.79
5.	Brad Herbster	1991	9:08.57
6.	Paul Laymon	1993	9:10.90
7.	Max Minter	1981	9:13.04
8.	Mike Costello	1985	9:14.11
9.	Jered Haag	1994	9:16.97
10.	Steve Mance	2005	9:24.07

### 4X100-METER RELAY

1.	Crenshaw, Trammell	2000	38.45	Hackley, Howard
2.	Crenshaw, Trammell	1999	38.92	Mays, Price
3.	Kee, Royster,	2014	38.98	Winfrey, Sanders
4.	Barrino, Law	2002	39.01	Totton, Taylor
5.	Carter, Sales	2010	39.07	Moore, Ngwigwa
6.	Trammell, Bridges	1998	39.08	Dempers, Price
7.	Hancock, Sales	2009	39.09	Moore, Ngwigwa
8.	Totton, Howard	2001	39.19	Crenshaw, Taylor
9.	Trammell, Price	1998	39.27	Dempers, Williams
10.	Hancock, Sales	2008	39.37	Moore, Market

### 4X200-METER RELAY

1.	Ngwigwa, Sales	2009	1:21.60	Moore, Anderson
2.	<b>Bermudez, Collier</b>	<b>2016</b>	<b>1:21.93</b>	<b>Titi, Winters</b>
3.	USC A	1999	1:21.94	
4.	<b>Winters, Lewis</b>	<b>2016</b>	<b>1:22.38</b>	<b>Titi, Bermudez</b>
5.	Ngwigwa, Sales	2010	1:22.69	Carter, Dutch
6.	Carter, Royster	2012	1:22.76	Winfrey, Gravesande
7.	<b>Walker, Echols</b>	<b>2015</b>	<b>1:22.80</b>	<b>Lewis, Chiles</b>
8.	Royster, Sales	2011	1:22.83	Gravesande, Maxwell
9.	Bridges, Williams	1998	1:23.04	Price, Dempers
10.	Richardson, Durant	2005	1:23.06	Dixon, Martin

### 4X400-METER RELAY

1.	Law, Lekote	2002	3:02.16	Harris, Fortenberry
2.	Ferguson Lekote	2003	3:02.86	Fortenberry, Harris
3.	Dutch, Ngwigwa	2009	3:02.88	Anderson, Moore
4.	<b>Gravesande, Echols</b>	<b>2015</b>	<b>3:03.13</b>	<b>Winfrey, Bermudez</b>
5.	Ngwigwa, Dutch	2010	3:03.58	Anderson, Moore
6.	Moore, Hilliard	2007	3:03.86	James, Miley
7.	Ngwigwa, Richardson	2009	3:03.89	Dutch, Anderson
8.	Law, Howard	2001	3:04.36	Lekote, Harris
9.	Ngwigwa, Dutch	2009	3:04.49	Moore, Richardson
10.	Hinnant, Hilliard	2006	3:04.62	James, Richardson

### 4X800-METER RELAY

1.	Sheley, J. Brown	1974	7:24.94	D. Brown, J. Schaper
2.	Towle, Watts	1995	7:26.41	Cronin, Bonner
3.	Towle, Swaetz	1994	7:28.50	Goodwin, Bonner
4.	Cronin, Kerns	1993	7:32.69	Swartz, Bonner
5.	Howe, Peddie	1968	7:34.74	Kaczka, Eidson

### 4X1500-METER RELAY

1.	Bahura, Haire	1987	15:56.35	Foster, Howe
2.	Cronin, Robinson	1991	15:57.99	Karcanes, Herbster
3.	Robinson, Hart	1989	15:59.61	Hedgecock, Foster
4.	Karcanes, Herbster	1991	16:00.90	Robinson, Hedgecock
5.	Hart, Laymon	1989	16:01.03	Hedgecock, Foster

# MEN'S RECORD BOOK

## SPRINT MEDLEY RELAY

1.	Price, Trammell.....	1998	3:13.00
	Dempers, Watts		
2.	USC A - Lekote.....	2001	3:13.58
3.	Barrino, Harris.....	2002	3:16.25
	Pressley, Lekote		
4.	Durant, Martin.....	2005	3:19.15
	Richardson, Emase		
5.	USC A - Lekote.....	2003	3:19.82
6.	Small, Eidson.....	1974	3:20.04
	Harris, Kaczka		
7.	Robinson, Williams.....	1997	3:20.18
	Price, Watts		
8.	Griddine, Coleman.....	1984	3:20.89
	Rhodes, Drosky		
9.	Bennon, Taylor.....	1986	3:21.24
	Patterson, Taylor		

## DISTANCE MEDLEY RELAY

1.	D. Brown, Reid.....	1974	9:39.34
	J. Brown, Schaper		
2.	Cronin, Watts.....	1995	9:46.01
	Bonner, Towle		
3.	Bonner, Kerns.....	1993	9:52.91
	Swartz, Cronin		
4.	USC.....	1976	9:59.50
5.	Towle, Goodwin.....	1994	10:04.20
	Swartz, Cronin		
6.	Kerns, Love.....	1991	10:12.02
	Bonner, Cronin		

## SHUTTLE HURDLE RELAY

1.	Taylor, Townsend.....	2003	53.94
	Ryan, Ferguson		
2.	Dutch, Nunley.....	2009	55.47
	Stoudemire, Richardson		
3.	<b>Echols, Collier.....</b>	<b>2015</b>	<b>55.53</b>
	<b>Kanervo, Moore</b>		
4.	Anderson, Johnson.....	2000	56.28
	Taylor, Trammell		
5.	Mensah, Owens.....	1993	56.31
	Phillips, Winston		
6.	Mensah, Winston.....	1994	56.59
	Phillips, Owens		
7.	<b>Echols, Collier.....</b>	<b>2016</b>	<b>56.63</b>
	<b>Moore, Asselin</b>		

## HIGH JUMP

1.	Paul Wiechern.....	1988	7-3 1/4
2.	Gus Kirkland.....	1981	7-2 3/4
3.	Steve Wilson.....	1977	7-1 3/4
4.	Marve Johnson.....	1983	7-1
5.	Fred Townsend.....	2001	7-1
6.	David Wilkins.....	2011	7-0 1/2
7.	Lee Hughes.....	1999	7-0 1/4
8.	Art Henson.....	1992	6-11
9.	Steve Owens.....	1991	6-10 3/4
	Phillipe Williams	1991	
	<b>Tye Williams.....</b>	<b>2016</b>	

## POLE VAULT

1.	Marvin Reitze.....	2012	18-1
2.	Elliott Haynie.....	2009	17-10 1/2
3.	Chris Steddum.....	2002	17-7 3/4
4.	Dale Gerke.....	1988	17-5 1/2
5.	Matt Shuler.....	2011	17-4 1/2
6.	Darren Davis.....	1988	17-1 3/4
7.	Dan McKenzie.....	2006	17-0 3/4
8.	Jarad Farabee.....	2002	16-11
9.	Patrick Tvarkunas.....	1999	16-10 3/4
10.	<b>Simon Gyllensten.....</b>	<b>2016</b>	<b>16-9 1/4</b>

## LONG JUMP

1.	Tony Allmond.....	2004	27-4 3/4w
2.	Jarrod Hutchen.....	2012	26-1 3/4w
3.	Greig Cryer.....	2006	25-9 1/4
4.	Rolando Adams.....	1979	25-7
5.	Phillipe Williams.....	1991	25-2
6.	Peter Edeh.....	1984	25-1
	Sam Scott.....	1982	
8.	Anthony Wood.....	1982	24-9 3/4
9.	Ronn Adams.....	1976	24-8 1/2
10.	Gus Kirkland.....	1980	24-6

## TRIPLE JUMP

1.	<b>Michael Wamer.....</b>	<b>2015</b>	<b>54-0 1/2</b>
2.	Ron Adams.....	1975	52-2
3.	Derek Pressley.....	2007	51-10 1/2
4.	Lincoln Carr.....	2011	51-4 1/2
5.	Marcus Sutton.....	1993	51-4 1/4
6.	Greig Cryer.....	2006	51-4
7.	Berle Stocks.....	1976	50-9
8.	James Wilson.....	1982	50-8
9.	Wade Brantley.....	1988	50-6 1/2
10.	Dorian Johnson.....	2012	50-6

## SHOT PUT

1.	Brad Snyder.....	1999	67-3 1/2
2.	<b>Josh Awotunde.....</b>	<b>2016</b>	<b>63-9</b>
3.	Jason Cook.....	2009	63-7 1/2
4.	Kevin Mannon.....	1997	62-6 3/4
5.	Ron Yarab.....	1981	61-2 1/2
6.	Ron Willis.....	1994	61-0 3/4
7.	Jeff Shalayda.....	1996	60-7 3/4
8.	Jim Mitchell.....	2006	57-7
9.	Adam Bishop.....	2003	57-3 1/2
10.	John Pochlein.....	1987	56-7

## DISCUS

1.	Ryan Harrison.....	1999	196-10
2.	Brett Murray.....	1994	194-11
3.	Brad Snyder.....	1999	192-7
4.	Art Swartz.....	1966	192-3
5.	<b>Josh Awotunde.....</b>	<b>2015</b>	<b>191-3</b>
6.	Chad Moreau.....	1995	189-0
7.	Kevin Mannon.....	1997	188-4
8.	Ron Willis.....	1994	187-3
9.	Brook Antonio.....	2006	183-4
10.	Jeff Merkt.....	2009	176-8

## HAMMER

1.	John Stoikos.....	1995	222-4
2.	Bert Sorin.....	1999	219-10
3.	Kevin Mannon.....	1997	217-1
4.	Ron Willis.....	1994	214-11
5.	<b>Clarence Gallop.....</b>	<b>2016</b>	<b>212-9</b>
6.	Michael Zajac.....	2010	211-0
7.	Brett Murray.....	1995	209-3
8.	Ryan Harrison.....	1999	208-6
9.	Mattias Ohlsson.....	1997	208-1
10.	Tyler Trout.....	2007	204-2

## JAVELIN (OLD)

1.	Lou DeChicchio.....	1975	242-5
2.	Tom Chapman.....	1974	226-6
3.	Ron Yarab.....	1981	224-0
4.	Dick Bartulski.....	1956	217-8
5.	John Madden.....	1981	216-0
6.	Mike Cauley.....	1971	212-6
7.	Don Brown.....	1965	209-9
8.	James Jenkins.....	1967	202-10
9.	Eric Eversole.....	1983	185-0

## JAVELIN (NEW)

1.	Joshua Suttmeier.....	2012	238-6
2.	Jason LaBarbera.....	1997	237-4
3.	<b>Kaleb Zuidema.....</b>	<b>2016</b>	<b>233-2</b>
4.	Erik Heymann.....	2007	223-7
5.	Derek McMillian.....	1994	215-11
6.	Patrick Keegan.....	1988	212-8
7.	Joe Schroeder.....	2007	207-6
8.	Scott Alsup.....	2003	206-2
9.	Garry Martin.....	2003	199-6
10.	Phillipe Williams.....	1990	198-10

## DECATHLON

1.	Phillipe Williams.....	1990	7,598
2.	<b>Markus Leemet.....</b>	<b>2015</b>	<b>7,549</b>
3.	Wade Brantley.....	1988	7,406
4.	Fred Townsend.....	2003	7,345
5.	<b>Alexandre Asselin.....</b>	<b>2016</b>	<b>7,219</b>
6.	Scott Pierce.....	2010	7,056
7.	Steve Owens.....	1995	7,051
8.	Eddie Stoudemire.....	2010	6,858
9.	CJ Anderson.....	2000	6,817
10.	Greg Royster.....	2006	6,776

- Denotes current student-athlete(s)
- Marks set in 2016 are *italicized*
- \* - Mark Set in International Competition
- w - Wind-aided mark

# WOMEN'S RECORD BOOK

## INDOOR

### 55-METER DASH

1. Amberly Nesbitt ..... 2006..... 6.72
2. Shalonda Solomon..... 2006..... 6.73
3. LaKya Brookins ..... 2009..... 6.76
4. Miki Barber..... 2003..... 6.82
5. Shayla Mahan..... 2009..... 6.83
- Aleen Bailey..... 2002
- Erica Whipple..... 2002
8. Mechelle Lewis..... 2000..... 6.84
9. Tatianna Fisher..... 2010..... 6.89
- Gabby Glenn..... 2010

### 60-METER DASH

1. LaKya Brookins ..... 2011..... 7.09
2. Amberly Nesbitt ..... 2006..... 7.21
- Shalonda Solomon..... 2006
4. Shayla Mahan..... 2009..... 7.23
- Aleen Bailey..... 2003
6. Lisa Barber..... 2000..... 7.28
- Gabrielle Glenn ..... 2008..... 7.32
8. Khalilah Carpenter ..... 2005..... 7.33
- Mechelle Lewis..... 2000
10. Kanisa Williams..... 2001..... 7.34

### 200-METER DASH

1. Shalonda Solomon..... 2006..... 22.57
2. Aleen Bailey..... 2003..... 23.03
3. Miki Barber..... 2000..... 23.06
4. Lisa Barber..... 2002..... 23.08
5. Erica Whipple..... 2002..... 23.13
6. Khalilah Carpenter ..... 2005..... 23.29
7. Demetria Washington ..... 2001..... 23.33
8. Natasha Hastings..... 2007..... 23.39
9. Stephanie Smith ..... 2004..... 23.41
10. Amberly Nesbitt ..... 2006..... 23.43

### 400-METER DASH

1. Natasha Hastings..... 2007..... 50.80
2. Lashinda Demus..... 2004..... 51.59
3. Miki Barber..... 2000..... 51.92
4. Demetria Washington ..... 2001..... 52.06
5. Brandi Cross..... 2008..... 52.12
- 6. Erika Rucker..... 2013..... 52.22**
- 7. Briana Haith..... 2016..... 52.34**
8. Tiffany Ross..... 2005..... 52.43
9. Stephanie Smith ..... 2004..... 52.44
10. Shevon Stoddart ..... 2005..... 52.55

### 800-METER RUN

1. Shay Shelton..... 2006..... 2:06.05
2. Charmaine Howell ..... 1998..... 2:06.13
3. Tawana Watkins..... 2003..... 2:08.27
4. Kristina Brown ..... 1999..... 2:08.77
5. Shannon Wyont ..... 1990..... 2:09.30
6. Andrea Hallmon..... 2001..... 2:10.39
- 7. Anna Todd ..... 2013..... 2:10.61**
8. Boikhutso Ramomene ..... 2004..... 2:10.71
9. Lisa Zimmer ..... 2013..... 2:11.00
10. Tracey Capper..... 1996..... 2:11.25

### 1,000-METER RUN

- 1. Anna Todd ..... 2015..... 2:50.51**
- 2. Irene Vian..... 2016..... 2:51.52**
3. Scolastica Jpngetich..... 2011..... 2:57.81
4. Liz Figlar ..... 1993..... 2:57.84
- 5. Allie Mueller..... 2016..... 2:58.85**
6. Tracey Capper..... 1993..... 2:58.90
7. Dana Purser..... 1990..... 3:00.34
8. Marielle Bertrand..... 1993..... 3:00.40
9. Kristina Brown ..... 2000..... 3:00.60
10. Laura Pramstaller..... 2011..... 3:01.57

### MILE RUN

1. Tracey Capper..... 1996..... 4:43.90
2. Dani Barnes..... 2009..... 4:47.19
- 3. Anna Todd ..... 2015..... 4:49.46**
4. Meredith Mill..... 2012..... 4:54.73
5. Jenny Lake..... 2003..... 4:55.10
6. Sue McGhie..... 1992..... 4:56.89
7. Danielle Adams ..... 1992..... 4:57.10
8. Liz Figlar ..... 1995..... 4:57.59
9. Ivana Skadana..... 1998..... 4:58.37
10. Beatrice Biwott ..... 2011..... 5:00.50

### 3,000-METER RUN

1. Beatrice Biwott ..... 2011..... 9:39.97
2. Jenny Lake..... 2005..... 9:41.35
3. Dani Barnes..... 2009..... 9:44.55
- 4. Anna Todd ..... 2015..... 9:53.82**
5. Sue McGhie..... 1992..... 9:54.72
6. Tracy Capper..... 1994..... 9:56.09
7. Chelsea France..... 2013..... 9:55.90
8. Liz Figlar ..... 1995..... 9:56.13
9. Lisa Monti ..... 1994..... 9:58.19
10. Danielle Adams ..... 1992..... 9:58.60

### 5,000-METER RUN

1. Kayla Lampe..... 2013..... 16:19.02
2. Sue McGhie..... 1992..... 16:54.61
3. Jenny Lake..... 2004..... 17:03.45
- 4. Mary Reiser ..... 2014..... 17:07.81**
5. Beatrice Biwott ..... 2010..... 17:13.30
6. Mary Fouse..... 2013..... 17:14.85
7. Danielle Adams ..... 1994..... 17:29.47
8. Wilma DePiere..... 1991..... 17:29.94
9. Lisa Monti ..... 1995..... 17:32.26
10. Liz Figlar ..... 1995..... 17:33.12

### 55-METER HURDLES

1. Kierre Beckles..... 2012..... 7.55
2. Ronnetta Alexander ..... 2006..... 7.60
- Jackie Madison ..... 1998
4. Tiffany Ross..... 2003..... 7.63
5. Lashinda Demus..... 2004..... 7.64
6. Ellakisha Williamson ..... 2000..... 7.66
7. Chiquita Martin ..... 2007..... 7.76
- 8. Taranisha Taylor..... 2016..... 7.79**
9. Kettiany Clarke..... 2006..... 7.80
- Janica Austin ..... 2010

### 60-METER HURDLES

1. Kierre Beckles..... 2012..... 8.11
- Lashinda Demus..... 2004
3. Ellakisha Williamson ..... 2000..... 8.15
4. Jackie Madison ..... 2001..... 8.16
5. Ronnetta Alexander ..... 2006..... 8.17
6. Tiffany Ross..... 2005..... 8.29
7. Chiquita Martin ..... 2007..... 8.33
- Chalese Davis ..... 2015..... 8.33**
9. Janica Austin ..... 2010..... 8.35
- 10. Tyler Brockington ..... 2014..... 8.37**
- Kettiany Clarke..... 2006
- Brittney James ..... 2008

### 4X400-METER RELAY

1. Ross, Barber..... 2003..... 3:28.25
- Washington, Demus
2. Smith, Stoddart ..... 2004..... 3:29.53
- Watkins, Demus
3. Smith, Cantey..... 2007..... 3:29.57
- Cross, Hastings
4. Ross, Stoddart..... 2005..... 3:30.01
- Smith, Solomon
5. Ross, Stoddart..... 2005..... 3:30.07
- Smith, Hastings
6. Bass, M. Barber ..... 2001..... 3:30.08
- Griffin, Washington
7. Stoddart, Washington..... 2002..... 3:30.36
- Bass, Demus
8. Cantey, Cross ..... 2007..... 3:30.95
- Giles, Hastings
9. Smith, Solomon..... 2007..... 3:31.85
- Cross, Hastings
10. Hastings, Martin..... 2006..... 3:31.86
- Shelton, Solomon

### 4X800-METER RELAY

1. Singletary, Capper ..... 1993..... 9:13.20
- Figlar, Bertrand
- 2. Evans, Todd..... 2015..... 9:15.76**
- Sprague, Miller**
3. Watkins, Chain ..... 2005..... 9:23.58
- Lake, Shelton
- 4. Mueller, Vian ..... 2016..... 9:27.69**
- Evans, Heneage**
4. Bertrand, Fife ..... 1990..... 9:28.34
- Purser, St. Peter
5. Bertrand, St. Peter ..... 1991..... 9:29.22
- Adams, McGhie

### DISTANCE MEDLEY RELAY

1. Ramomene, Stoddart..... 2003..... 11:30.72
- Watkins, Lake
2. Chain, Martin ..... 2005..... 11:42.73
- Watkins, Lake
3. Ramonene, Martin ..... 2004..... 11:44.30
- Shelton, Rackow
4. Locke, Allen..... 2011..... 11:46.13
- Henderson, Biwott
5. Shelton, Giles ..... 2005..... 11:46.23
- Watkins, Lake
6. Zimmer, Harris ..... 2013..... 11:49.79
- Higgins, Todd
7. Todd, Brockington..... 2014..... 11:50.80
- Evans, McCoy
8. Brown, Bass ..... 1999..... 11:52.12
- Hallmon, Davis
9. Barnes, McCorkle..... 2009..... 11:53.75
- Fedewa, Biwott
10. Barnes, Jacobs..... 2009..... 11:54.37
- Pramstaller, Biwott

### HIGH JUMP

1. Jeannelle Scheper..... 2013..... 6-3 1/4
- 2. Nakita Gray ..... 2016..... 5-11 1/2**
- 3. Sarah Graham ..... 2014..... 5-10 1/2**
- Chelsea Hammond..... 2004
5. Erin Narzinski ..... 1999..... 5-8
- Kayla Blake..... 2008
7. Julie Symonds..... 1995..... 5-7 1/4
8. Kettiany Clarke..... 2006..... 5-7
- Monica Bozenski ..... 2005
10. Staley Foster ..... 2011..... 5-6 1/2



# WOMEN'S RECORD BOOK

## POLE VAULT

1.	Vica Shobe.....	2010.....	13-11 3/4
2.	Petra Olsen.....	2013.....	13-11
3.	Cheryl Terrio.....	2006.....	13-6 1/4
4.	Sallie Gurganus.....	2009.....	13-2 1/4
5.	Allie Nicosia.....	2010.....	13-1 1/2
	Liza Todd.....	2009.....	
7.	Angie Rummans.....	2011.....	12-11 1/2
8.	Kylene Nixon.....	1999.....	12-7 1/2
	Megan Wall.....	2014.....	12-7 1/2
10.	Lori Tvarokunas.....	2001.....	12-7 1/4

## LONG JUMP

1.	Antoinette Wilks.....	2001.....	21-8
2.	Chelsea Hammond.....	2006.....	21-4 3/4
3.	Erin Narzinski.....	1998.....	20-10
4.	Kemesha Whitmire.....	2003.....	20-5 3/4
5.	Brittney James.....	2008.....	20-5
6.	<b>Alexis Murphy.....</b>	<b>2015.....</b>	<b>20-2 1/4</b>
7.	Tacita Bass.....	2002.....	20-0 3/4
8.	Rodena Barr.....	2000.....	19-8 3/4
9.	<b>Natasha Dicks.....</b>	<b>2016.....</b>	<b>19-8 1/4</b>
10.	<b>Chalese Davis.....</b>	<b>2016.....</b>	<b>19-7 1/4</b>

## TRIPLE JUMP

1.	<b>Natasha Dicks.....</b>	<b>2016.....</b>	<b>43-9 3/4</b>
2.	LeAnna Morrison.....	2015.....	43-5 1/4
3.	Rodena Barr.....	2000.....	42-11 1/2
4.	Kemesha Whitmire.....	2006.....	42-9
5.	Radiance Basden.....	2012.....	42-3 1/4
6.	Antoinette Wilks.....	2001.....	41-7 1/4
7.	Rashida Abdul-Malik.....	2003.....	41-2 1/4
8.	<b>Funlayo Oluwole.....</b>	<b>2016.....</b>	<b>38-8 3/4</b>
9.	Ceci Kryst.....	2013.....	38-4 1/4
10.	Dee Dee Fortman.....	1996.....	38-1 1/4

## SHOT PUT

1.	Crystal Brownlee.....	1998.....	56-0
2.	Breanna Radford.....	2013.....	54-0 1/2
3.	Nicole Kendrick.....	2003.....	53-7 3/4
4.	Dawn Ellerbe.....	1997.....	53-6
5.	Lisa Misipeka.....	1997.....	52-8
6.	India Odum.....	2004.....	52-3 3/4
7.	Lynette Keppler.....	2001.....	52-2 3/4
8.	Precious Akins.....	2007.....	50-9 1/2
9.	Leslie Coons.....	1994.....	50-0 1/2
10.	Michelle Fournier.....	1999.....	49-0 1/4

## 20-POUND WEIGHT

1.	Dawn Ellerbe.....	1997.....	71-3 3/4
2.	Lisa Misipeka.....	1998.....	70-9 3/4
3.	Michelle Fournier.....	1999.....	64-5 3/4
4.	Mamee Groves.....	2002.....	64-4 1/4
5.	Precious Akins.....	2007.....	62-10
6.	Crystal Brownlee.....	1997.....	62-5 3/4
7.	Loren Thouvenot.....	1998.....	59-0 3/4
8.	Nicole Kendrick.....	2003.....	58-10
9.	Breanna Radford.....	2013.....	57-7 3/4
10.	Leslie Coons.....	1994.....	56-5 3/4

## PENTATHLON (Since 2002)

1.	Chelsea Hammond.....	2004.....	4133 pts
2.	<b>Sarah Graham.....</b>	<b>2014.....</b>	<b>4107 pts</b>
3.	Antoinette Wilks.....	2003.....	4066 pts
4.	Kettiany Clarke.....	2010.....	4064 pts
5.	<b>Chalese Davis.....</b>	<b>2016.....</b>	<b>3931 pts</b>
6.	Tacita Bass.....	2002.....	3723 pts
7.	Reanna Townsend.....	2007.....	3434 pts
8.	Chelsea Kaczmarek.....	2006.....	3229 pts
9.	Ceci Kryst.....	2011.....	3217 pts
10.	Brittney James.....	2006.....	3212 pts

- Denotes current student-athlete(s)
- Marks set in 2016 are *Italicized*
- \* - Mark Set in International Competition
- w - Wind-aided mark

## OUTDOOR

### 100-METER DASH

1.	LaKya Brookins.....	2011.....	11.02w
2.	Shalonda Solomon.....	2006.....	11.07
3.	Erica Whipple.....	2003.....	11.15
4.	Aleen Bailey.....	2003.....	11.17
5.	Amberly Nesbitt.....	2006.....	11.18
6.	Shayla Mahan.....	2011.....	11.20
7.	Lisa Barber.....	2002.....	11.35
8.	Gabrielle Glenn.....	2011.....	11.41
9.	Khalilah Carpenter.....	2005.....	11.44
10.	Rodena Barr.....	2000.....	11.45

### 200-METER DASH

1.	Shalonda Solomon.....	2006.....	22.36
2.	Aleen Bailey.....	2002.....	22.54
3.	Natasha Hastings.....	2007.....	22.61
4.	Miki Barber.....	2001.....	22.71
5.	Erica Whipple.....	2003.....	22.82
6.	Demetria Washington.....	2001.....	22.87
7.	Lisa Barber.....	2002.....	23.01
8.	Khalilah Carpenter.....	2005.....	23.32
9.	Stephanie Smith.....	2005.....	23.34
10.	Amberly Nesbitt.....	2006.....	23.36

### 400-METER DASH

1.	Natasha Hastings.....	2007.....	49.84
2.	Miki Barber.....	2001.....	50.63
3.	Lisa Barber.....	2002.....	50.87
4.	Stephanie Smith.....	2005.....	50.93
5.	Demetria Washington.....	2001.....	51.23
6.	Lashinda Demus.....	2002.....	51.24
7.	Brandi Cross.....	2008.....	51.63
8.	Tonique Williams.....	1998.....	51.99
9.	<b>Aliyah Abrams.....</b>	<b>2016.....</b>	<b>52.04</b>
10.	<b>Erika Rucker.....</b>	<b>2013.....</b>	<b>52.07</b>

### 800-METER RUN

1.	Charmaine Howell.....	1998.....	2:02.91
2.	Shay Shelton.....	2005.....	2:06.30
3.	<b>Erika Rucker.....</b>	<b>2013.....</b>	<b>2:07.27</b>
4.	Andrea Hallmon.....	1999.....	2:07.29
5.	Kristina Brown.....	1999.....	2:07.47
6.	Tracey Capper.....	1996.....	2:07.90
7.	Lashinda Demus.....	2004.....	2:09.16
8.	Deanna Smith.....	1997.....	2:09.35
9.	Shannon Wyont.....	1990.....	2:09.39
10.	Tawana Watkins.....	2004.....	2:09.68

### 1,500-METER RUN

1.	Tracey Capper.....	1996.....	4:26.36
2.	<b>Anna Todd.....</b>	<b>2014.....</b>	<b>4:26.51</b>
3.	Shannon Wyont.....	1990.....	4:28.46
4.	Charmaine Howell.....	1998.....	4:29.35
5.	Jenny Lake.....	2005.....	4:29.91
6.	Ivana Skladana.....	1997.....	4:31.03
7.	Tanya Povey.....	1998.....	4:31.45
8.	Liz Figlar.....	1996.....	4:34.41
9.	Joyce Peebles.....	2000.....	4:34.94
10.	Dani Barnes.....	2009.....	4:35.10

### 3,000-METER RUN

1.	Tracey Capper.....	1994.....	9:43.62
2.	Ivana Skaldana.....	1997.....	9:45.42
3.	Liz Figlar.....	1996.....	9:46.95
4.	Dani Barnes.....	2009.....	9:49.64
5.	Tanya Povey.....	1998.....	9:53.10
6.	Sue McGhie.....	1993.....	9:54.10
7.	Jenny Lake.....	2002.....	9:55.49
8.	<b>Christine Kent.....</b>	<b>2016.....</b>	<b>9:55.92</b>
9.	<b>Mary Reiser.....</b>	<b>2016.....</b>	<b>9:56.49</b>
10.	Joyce Peebles.....	1998.....	9:57.12

### 5,000-METER RUN

1.	Sue McGhie.....	1994.....	16:42.83
2.	<b>Mary Reiser.....</b>	<b>2016.....</b>	<b>16:47.24</b>
3.	Jenny Lake.....	2004.....	16:49.43
4.	Kayla Lampe.....	2014.....	16:55.06
5.	Tanya Povey.....	1998.....	16:58.87
6.	<b>Christine Kent.....</b>	<b>2016.....</b>	<b>16:59.40</b>
7.	Alexis Fife.....	1991.....	17:11.50
8.	Beatrice Biwott.....	2011.....	17:14.33
9.	<b>Monica York.....</b>	<b>2016.....</b>	<b>17:15.11</b>
10.	Mary Fouse.....	2013.....	17:19.54

### 10,000-METER RUN

1.	Kayla Lampe.....	2013.....	33:43.95
2.	Tanya Povey.....	1998.....	34:31.41
3.	<b>Mary Reiser.....</b>	<b>2014.....</b>	<b>35:41.08</b>
4.	Lisa Monti.....	1995.....	36:07.90
5.	Sue McGhie.....	1994.....	36:11.80
6.	<b>Christine Kent.....</b>	<b>2016.....</b>	<b>36:38.20</b>
7.	Penny Boswell.....	2012.....	36:53.83
8.	Jill Savege.....	1994.....	37:02.40
9.	<b>Hannah Giangaspro.....</b>	<b>2015.....</b>	<b>37:07.02</b>
10.	Katie England.....	1999.....	37:09.24

### 100-METER HURDLES

1.	Ellakisha Williamson.....	2000.....	12.81
2.	Jackie Madison.....	2000.....	12.92
3.	Tiffany Ross.....	2005.....	12.99
	Lashinda Demus.....	2004.....	
5.	Kierre Beckles.....	2011.....	13.01
6.	Ronnetta Alexander.....	2006.....	13.08
7.	Kettiany Clarke.....	2010.....	13.20
8.	Chiquita Martin.....	2007.....	13.28
9.	<b>Chalese Davis.....</b>	<b>2015.....</b>	<b>13.42</b>
10.	Antoinette Wilks.....	2003.....	13.45

### 400-METER HURDLES

1.	Lashinda Demus.....	2004.....	53.43
2.	Shevon Stoddart.....	2005.....	54.47
3.	Tiffany Ross.....	2005.....	54.56
4.	Krystal Cantey.....	2007.....	56.21
5.	<b>Tyler Brockington.....</b>	<b>2016.....</b>	<b>56.61</b>
6.	Tacita Bass.....	2001.....	57.31
7.	Ellakisha Williamson.....	1999.....	57.32
8.	Tawana Watkins.....	2005.....	57.33
9.	Chiquita Martin.....	2006.....	57.78
10.	Char Foster.....	1999.....	57.89

### 3,000-METER STEEPLECHASE

1.	Beatrice Biwott.....	2012.....	10:13.81
2.	Chelsea France.....	2013.....	10:42.93
3.	<b>Sarah Falta.....</b>	<b>2014.....</b>	<b>11:17.78</b>
4.	<b>Allie Whitley.....</b>	<b>2015.....</b>	<b>11:35.13</b>
5.	Lisa McKinney.....	2008.....	11:46.99
6.	Meredith Mill.....	2012.....	11:50.79
7.	Kinsey Eschenburg.....	2002.....	12:03.35
8.	Jessica Smith.....	2006.....	12:04.71
9.	<b>Sarah Taylor.....</b>	<b>2015.....</b>	<b>12:19.59</b>
10.	Kesley Bristol.....	2009.....	12:20.45

# WOMEN'S RECORD BOOK

## 4X100-METER RELAY

1.	Ross, Whipple	2003	42.83
	Joyce, Bailey		
2.	Ross, Whipple	2005	43.00
	Joyce, Solomon		
3.	Hastings, Nesbitt	2006	43.09
	Giles, Solomon		
4.	Whipple, Washington	2002	43.12
	L. Barber, Bailey		
5.	USC-A	2007	43.25
6.	Nesbitt, Whipple	2005	43.40
	Joyce, Solomon		
7.	Brookins, Mahan	2009	43.41
	Glenn, Jacobs		
8.	M. Barber, L. Barber	1999	43.44
	Washington, Williamson		
9.	Williams, Washington	2001	43.48
	M. Barber, L. Barber		
10.	Carpenter, Whipple	2005	43.58
	Joyce, Solomon		
	Joyce, Demus	2004	
	Carpenter, Whipple		

## 4X200-METER RELAY

1.	Bailey, M. Barber	2003	1:30.73
	Joyce, Whipple		
2.	M. Barber, L. Barber	2000	1:30.99
	Lewis, Washington		
3.	Smith, Whipple	2005	1:31.56
	Carpenter, Solomon		
4.	Martin, Hastings	2005	1:31.57
	Giles, Solomon		
5.	Martin, Giles	2007	1:32.00
	Cross, Hastings		

## 4X400-METER RELAY

1.	Washington, Ross	2002	3:26.46
	Bass, Demus		
2.	Demus, Stoddart	2004	3:27.19
	Watkins, Smith		
3.	Stoddart, Hastings	2005	3:27.22
	Ross, Smith		
4.	Washington, Ross	2002	3:28.06
	Stoddart, Demus		
5.	Ross, Stoddart	2003	3:28.25
	Watkins, Bailey		
6.	L. Barber, M. Barber	2001	3:28.34
	Bass, Washington		
7.	Cantey, Giles	2007	3:28.44
	Cross, Hastings		
8.	<b>Abrams, Rucker</b>	<b>2016</b>	<b>3:28.53</b>
	<b>Brockington, Holmes</b>		
9.	L. Barber, Washington	2000	3:28.64
	Williamson, M. Barber		
10.	Bass, Demus	2002	3:29.10
	L. Barber, Washington		

## 4X800-METER RELAY

1.	Demus, Shelton	2004	8:45.44
	Watkins, Ramonene		
2.	Hallmon, Williams	1998	8:56.46
	Howell, Brown		
3.	Locke, Jepngetich	2011	8:56.61
	O'Reilly, Henderson		
4.	<b>Evans, Harding</b>	<b>2015</b>	<b>8:57.85</b>
	<b>M. McCoy, Miller</b>		
5.	Brown, Hallmon	1999	8:59.16
	Peebles, Davis		
6.	USC	2004	9:02.21
7.	<b>Mueller, Vian</b>	<b>2016</b>	<b>9:03.91</b>
	<b>Evans, Miller</b>		
8.	Skladana, Brown	1998	9:05.26
	Howell, Hallmon		
9.	Henderson, Basden	2011	9:06.13
	Jepngetich, Biwott		
10.	Badsen, Rucker	2012	9:09.82
	Allen, Rodrigues		

## DISTANCE MEDLEY RELAY

1.	Capper, Figlar	1996	11:40.52
	Grey, Smith		
2.	Zimmer, Allen	2013	11:47.93
	Todd, Mill		
3.	Eschenburg, Carpenter	2002	11:53.28
	Lewis, Lake		
4.	Ramonene, King	2004	11:53.77
	Shelton, Rackow		
5.	Figlar, Ferguson	1993	11:54.11
	Capper, McGhie		
6.	Bristol, Young	2007	11:58.00
	Brown, Chain		

## SPRINT MEDLEY RELAY

1.	Joyce, Carpenter	2005	3:46.44
	Martin, Shelton		
2.	Howze, Shelton	2006	3:49.86
	Smith, Brown		
3.	<b>Holmes, Dendy</b>	<b>2016</b>	<b>3:58.39</b>
	<b>Evans, Mueller</b>		
3.	<b>Davis, Hubbard</b>	<b>2015</b>	<b>4:07.24</b>
	<b>Evans, Miller</b>		

## 4X1500-METER RELAY

1.	Purser, Wyont	1990	19:00.20
	Fife, Adams		
2.	Skladana, Brown	1998	19:17.55
	Peebles, Davis		
3.	Adams, McGhie	1994	19:22.56
	Monti, Capper		

## HIGH JUMP

1.	Jeannelle Schepher	2015	6-5
2.	Chelsea Hammond	2005	5-11 1/2
	<b>Nakita Gray</b>	<b>2015</b>	<b>5-11 1/2</b>
4.	<b>Sarah Graham</b>	<b>2016</b>	<b>5-10</b>
5.	Julie Symonds	1994	5-8
6.	Monica Bozenski	2006	5-7 1/4
7.	Kayla Blake	2010	5-7
	Four others at 5-7		

## POLE VAULT

1.	Petra Olsen	2014	13-11 3/4
2.	Vica Shobe	2010	13-6 1/2
3.	Cheryl Terrio	2006	13-5 3/4
4.	Liza Todd	2009	13-1 3/4
5.	Angie Rummans	2011	13-1 1/2
	Sallie Gurganus	2008,09	
7.	Kylene Nixon	1998	12-8 1/4
8.	Megan Wall	2014	12-7 1/2
	Allie Nicosia	2009	
10.	Lori Tvarckunas	2001	12-6

## LONG JUMP

1.	Chelsea Hammond	2004	21-6 3/4
2.	Antoinette Wilks	2003	21-4 3/4
3.	Kemesha Whitmire	2004	20-9 1/4
	Brittney James	2008	
5.	<b>Alexis Murphy</b>	<b>2014</b>	<b>20-5</b>
6.	Erin Narzinski	1998	20-1 1/2
7.	Rashida Abdul-Malik	2002	20-0 1/2
8.	<b>Natasha Dicks</b>	<b>2016</b>	<b>20-0 1/4</b>
9.	Rodena Barr	2000	19-11 1/2
10.	<b>Chalese Davis</b>	<b>2015</b>	<b>19-10 3/4</b>

## TRIPLE JUMP

1.	<b>Natasha Dicks</b>	<b>2016</b>	<b>44-7 1/2</b>
2.	Rodena Barr	2000	44-2
3.	Kemesha Whitmire	2005	43-7
4.	Rhashida Abdul-Malik	2004	42-6
5.	Radianca Basden	2012	42-5 1/4
6.	Antoinette Wilks	2002	42-4 1/4
7.	Dee Dee Fortman	1996	40-6 1/4
8.	Ceci Kryst	2013	40-2 1/4
9.	Reanna Townsend	2005	38-5
10.	<b>Funlayo Oluwole</b>	<b>2016</b>	<b>37-9 1/4</b>

## SHOT PUT

1.	Crystal Brownlee	1997	56-8 1/2
2.	Dawn Ellerbe	1997	54-9 1/2
3.	Breanna Radford	2013	54-4
4.	Precious Akins	2006	53-0
5.	Lisa Misipeka	1997	52-6 1/2
6.	India Odum	2004	52-0
7.	Stacee Roberts	2011	50-2 3/4
8.	Katie Vuckovich	2011	50-2 1/2
9.	Michelle Fournier	1999	50-0 3/4
10.	Leslie Coons	1994	49-4 1/4

## DISCUS

1.	Precious Akins	2006	185-9
2.	Dawn Ellerbe	1997	183-8
3.	Lisa Misipeka	1996	171-1
4.	Keri Groover	2002	168-7
5.	Alana Robinson	2000	168-6
6.	Michelle Fournier	1999	167-2
7.	Aimee Kodat	2011	164-5
8.	Leslie Coons	1994	160-10
9.	Kaysee Sullivan	2014	157-9
10.	India Odum	2002	154-6

## HAMMER

1.	Lisa Misipeka	1998	213-3
2.	Dawn Ellerbe	1997	210-2
3.	Michelle Fournier	1999	206-3
4.	Loren Thouvenot	1997	177-7
5.	Candy Mitchell	1997	177-3
6.	Precious Akins	2006	177-0
7.	Breanna Radford	2013	174-2
8.	Aisha Grant	2002	174-1
9.	Crystal Brownlee	1998	170-1
10.	Lynette Keppeler	2001	170-0

## JAVELIN (OLD)

1.	Candy Mitchell	1997	178-4
2.	Leslie Coons	1994	168-1
3.	Marcia Chmura	1996	167-5
4.	Erin Narzinski	1997	152-10
5.	Loren Thouvenot	1997	127-11

## JAVELIN (NEW)

1.	Candy Mitchell	2000	174-8
2.	<b>Shelby Freedman</b>	<b>2016</b>	<b>168-0</b>
3.	<b>Olivia Hassler</b>	<b>2015</b>	<b>151-2</b>
4.	<b>Amy Suttmeier</b>	<b>2016</b>	<b>148-4</b>
5.	Emily Laurence	2012	143-8
6.	Erin Narzinski	1999	134-0
7.	Katie Desin	2004	129-0
8.	Heather Nisbit	2002	124-11
9.	Chelsea Kaczmarek	2005	117-0
10.	Jemekia Wilson	2013	111-11

## HEPTATHLON

1.	Erin Narzinski	1998	5,664
2.	Tacita Bass	2001	5,634
3.	<b>Sarah Graham</b>	<b>2016</b>	<b>5,423</b>
4.	Chelsea Hammond	2004	5,405
5.	Antoinette Wilks	2003	5,337
6.	Kettiany Clarke	2010	5,258
7.	Reanna Townsend	2006	4,618
8.	Chelsea Kaczmarek	2006	4,466
9.	Ceci Kryst	2011	4,096

• Denotes current student-athlete(s)

• Marks set in 2016 are *italicized*

• \* - Mark Set in International Competition

• w - Wind-aided mark