

BOYS' AND GIRLS' TRACK & FIELD MEET

April 27-28, 2007-Homer Bryce Stadium

MEET DIRECTOR: Jeremy Stolfa, Coordinator of Athletic Operations, SFA, (936) 468-3501

ENTRIES & FEES: All entries and fees (\$10.00 per athlete, per event, non-refundable) must be **SUBMITTED TO THE DISTRICT DIRECTOR**. A copy of all regional entries must be mailed to:

*UIL Region III - A Track
Department of Athletics
Stephen F. Austin State University
P.O. Box 13010, SFA Station
Nacogdoches, Texas 75962*

All entries must be faxed to James Dixon, Athletic Media Relations, by Monday, 12 noon, following each area meet.

FAX # (936) 468-4593.

Area results should have field events recorded in English distances. To avoid misspelled names, please make sure that area meet results are accurate, and PRINT CLEARLY. Please include the name and phone number of each coach. All area meet results must have at least the top four finishers from each event, including the first and last names for all contestants in individual and relay events. Also, include times and alternates on relay teams. Should scratches be needed after area results are submitted, please fax on school letterhead those athletes who are affected. Such changes can be faxed up to 24 hours prior to the regional meet.

ADMISSION: Admission for both the preliminaries and finals are free.

PACKETS: Coaches can pick up their school's packet in the football fieldhouse at Homer Bryce Stadium following the coaches meeting on April 27. Official books, which will include all heat sheets, will be available in the Champions Room 30-minutes prior to the start of the meet.

COACHES' MEETING: Meeting will be held at 10:00 a.m. sharp, Friday, April 27, 2007, in the Ready Room of the SFA Field house located at the north end of the stadium. Coaches who do not attend this meeting are presumed to have no changes in their school entries. No changes will be permitted after the meeting has concluded. **DON'T BE LATE!!**

INFORMATION & NOTES:

- ❖ If one of the top four finishers from the area meets will not compete, the coach or school official of that athlete should immediately contact the coach or school official of the fifth place finisher in order to fill the vacancy.
- ❖ Track and runway surfaces are Eurotan, a urethane surface which will require 1/4" spikes. We will not furnish spikes.
- ❖ Shot implements should be weighed in no later than 12:15 p.m. Friday afternoon. On Saturday, discus implements are to be weighed in no later than 8:15 a.m. The implements will be impounded and brought to the rings thirty minutes before the start of each event. The weigh in will be conducted in the track equipment building located at the northeast corner of the stadium. No other implements may be carried to the area.
- ❖ Thirty minutes of warm-up will be allowed between each shot and discus event.
- ❖ The 800-meter run will start from one-half stagger and break at the pole; the 1600-meter and 3200-meter runs will be a waterfall start.
- ❖ The 800 meter run will hold preliminaries on Friday, with the finals running on Saturday.
- ❖ Protests or appeals must be filed in writing within 30-minutes of the conclusion of an event. Protest forms will be in the coaches' packets. Keep in mind, however that the following instances are not subject to appeal:
 - 1.) Any judgment decision pertaining to violations or alleged violations of the rules.
 - 2.) A decision made by the finish judges or timers that does not involve a misapplication of a rule.
 - 3.) Whether a start is fair or legal.
- ❖ Coaches are NOT to be allowed to see pictures or official video of the finishes. Should a coach have a question concerning a finish order, it should be submitted in writing to the Meet Referee requesting him to view the finish for a ruling.
- ❖ Coaches will not be allowed on the track or infield.
- ❖ No radios, tape recorders, or walkie-talkies, will be allowed in the stands, track, or field event areas during competition.
- ❖ All seating for track spectators and coaches will be on the west side only of the stadium. Concession areas and restrooms will be available also on the west side only.
- ❖ The SFA Athletic Training Staff will provide services for all athletes in the tunnel at the northeast side of the stadium.

TRACK & FIELD

SCHEDULE OF EVENTS

Friday, April 27, 2007

10:00 a.m.	Coaches Meeting	Field House
Field Events--Finals		
12:00 p.m.	Pole Vault <i>(Boys to follow upon completion)</i>	Girls/Boys
1:00 p.m.	Long Jump <i>(Long Jumps to run simultaneously)</i>	Boys/Girls
	Shot Put <i>(Girls to follow upon completion)</i>	Boys/Girls
Running Events—Finals		
3:00 pm	3200 meter Run	Girls
3:15 pm	3200 meter Run	Boys
Running Events--Preliminaries		
3:30 p.m.	400-meter Relay	Girls/Boys
3:45 p.m.	800-meter Run	Girls/Boys
4:00 p.m.	100-meter Hurdles	Girls
4:05 p.m.	110-meter Hurdles	Boys
4:20 p.m.	100-meter Dash	Girls/Boys
4:35 p.m.	800-meter Relay	Girls/Boys
4:50 p.m.	400-meter Dash	Girls/Boys
5:05 p.m.	300-meter Hurdles	Girls/Boys
5:20 p.m.	200-meter Dash	Girls/Boys
5:35 p.m.	1600-meter Relay	Girls/Boys

Saturday, April 28, 2007

Field Events--Finals		
9:00 a.m.	Triple Jump <i>(Triple Jump to run simultaneously)</i>	Girls/Boys
	High Jump <i>(Boys to follow upon completion)</i>	Girls/Boys
	Discus <i>(Boys to follow upon completion)</i>	Girls/Boys
Running Events--Finals		
1:00 p.m.	400-meter Relay	Girls/Boys
1:10 p.m.	800-meter Run	Girls/Boys
1:25 p.m.	100-meter Hurdles	Girls
1:35 p.m.	110-meter Hurdles	Boys
1:45 p.m.	100-meter Dash	Girls/Boys
1:55 p.m.	800-meter Relay	Girls/Boys
2:10 p.m.	400-meter Dash	Girls/Boys
2:20 p.m.	300-meter Hurdles	Girls/Boys
2:30 p.m.	200-meter Dash	Girls/Boys
2:40 p.m.	1600-meter Run	Girls/Boys
3:00 p.m.	1600-meter Relay	Girls/Boys

Awards Ceremony