

SAN FRANCISCO

HISTORIC DAY FOR USF CROSS COUNTRY AT THE 2004 WCC CHAMPIONSHIPS

Jeannine Hagedorn Leads Women to Second Place Finish; Men Fifth

Helen Lehman-Winters Named West Coast Conference Coach of the Year

Oct. 30, 2004

(Belmont, CA) - USF cross country team turned in the most successful showing in program history at the 2004 West Coast Conference Championships on the Crystal Springs course Saturday morning in Belmont. The USF women, powered by a runner-up finish by senior Jeannine Hagedorn, finished second behind Portland in the best finish ever recorded by the Dons women. USF's men's team placed fifth, matching the high water mark hit three times previously, the last occurring in 1983.

Hagedorn's time of 18:01 on the 5K course was the fastest time ever turned in by a Don in the event, and was the seventh fastest time in league championship history. Freshman Cheyne Inman also established the fastest USF mark with a 26:00 on the 8K course, good for a sixth place finish to lead the men's squad.

Second-year head coach Helen Lehman-Winters won WCC Coach of the Year honors on the women's side. It was the first time in USF history a cross country coach has earned top coaching honors.

WOMEN'S RACE: Portland captured the women's championship for the third straight season and 15th overall, placing six runners in the top-10. The Pilots (28), USF (81), Gonzaga (102) and Santa Clara (104) rounded out the top echelon.

Hagedorn set the tone for San Francisco, but freshman Jennifer Hartford finished 11th at 18:58, followed by junior Ariana Morey in 14th at 19:10. Hagedorn's finish is the best in program history at the West Coast Conference Championships and she becomes the first runner to win All-WCC First Team honors since Crysta Heavens in 2001. Hartford and Morey both earned All-WCC Honorable Mentions.

Freshman Lucy Miller finished 26th at 19:27, followed by freshman Bernadette Casabonne in 28th place at 19:31.

MEN'S RACE: USF's men's team came tantalizingly close to the first upper echelon finish in program history and only four points separated the Dons from a third place finish. Portland continued its stranglehold on the event and won their 26th consecutive title, placing six in the top-10 led by senior Nick Schuetze. Portland (19), Gonzaga (66), Santa Clara (105), Loyola Marymount (107) finished in the top-four, followed closely by the Dons (109) in fifth.

In addition to establishing the best time in program history, Inman is the first Don to capture All-WCC First Team honors since at least 1989. Sophomore Jorge Martinez placed 19th overall at 27:05, followed by junior Eric Flemming in 25th place at 27:12. Junior Abraham Abarca came in 29th at 27:16, followed by freshman Ryan Courtwright in 30th at 27:18.

NCAA REGIONALS UP NEXT FOR THE DONS: USF now turns their attention to the NCAA Regionals, hosted by Fresno State Saturday, November 13.



Jeannine Hagedorn posted the seventh fastest time in West Coast Conference Championship history in her runner-up finish in 2004

USF Women's 2004 WCC Championship Times

2. 81 SAN FRANCISCO (19:02 95:07)

1	2	Jeannine Hagedorn	SR	18:01*
2	11	Jennifer Hartford	FR	18:58*
3	14	Ariana Morey	JR	19:10
4	26	Lucy Miller	FR	19:27
5	28	Bernadette Casabonne	FR	19:31

*Broke USF WCC Championship Record Time



Cheyne Inman posted the fastest time by a USF runner in West Coast Conference Championship history

USF Men's 2004 WCC Championship Times

5. 109 SAN FRANCISCO (26:59 134:51)

1	6	Cheyne Inman	FR	26:00*
2	19	Jorge Martinez	SO	27:05
3	25	Eric Flemming	JR	27:12
4	29	Abraham Abarca	JR	27:16
5	30	Ryan Courtwright	FR	27:18

*Broke USF WCC Championship Record Time