

Women's 2007 Performance List

100 meters

***USF Record-Brynn Maurer 13.54 (2007)**

#NCAA Regional Qualifier 11.75

Name	Season Best (Collegiate Best)	Date of Season Best
Brynn Maurer	13.54 (13.54)	3/3/07

200 meters

***USF Record- Stephanie Voelckers 27.04 (2005)**

#NCAA Regional Qualifier 23.96

Name	Season Best (Collegiate Best)	Date of Season Best
Briana Junior	28.05 (28.05)	2/24/07
Natalie Lennox	29.10 (29.10)	3/24/07
Melissa Jones	29.21 (29.21)	2/24/07
Christina Kang	32.64 (32.64)	2/24/07

400 meters

***USF Record- Stephanie Voelckers 58.89 (2005)**

#NCAA Regional Qualifier 54.61

Name	Season Best (Collegiate Best)	Date of Season Best
Melissa Jones	1:01.66 (1:01.66)	3/24/07
Brynn Maurer	1:03.69 (1:03.60)	3/3/07
Briana Junior	1:07.26 (1:07.26)	2/24/07

800 Meters

***USF Record - Renee Stribling 2:14.21 (2005)**

NCAA Regional Qualifier 2:09.80

Name	Season Best (Collegiate Best)	Date of Season Best
Renee Stribling	2:14.48 (2:14.21)	3/24/07
Ashton LeSieur	2:19.21 (2:19.21)	5/12/07
Michelle Born	2:20.98 (2:20.98)	4/7/07
Christine Jowaiszas	2:21.57 (2:21.57)	5/12/07
Alice Hobbs	2:25.44 (2:25.44)	4/21/07
Caroline Toledo	2:58.75 (2:58.75)	2/24/07
Randee Meek	3:03.67 (2:33.68)	2/24/07
Lucy Miller	(2:20.98)	
Katie Matl	(2:27.13)	
Liz Noey	(2:31.01)	
Jennifer Hartford	(2:34.23)	

1500 meters

***USF Record -Renee Stribling 4:31.00 (2007)**

#NCAA Regional Qualifier 4:27.80

Name	Season Best (Collegiate Best)	Date of Season Best
Renee Stribling	4:31.00 (4:31.00)	4/14/07
Michelle Born	4:43.59 (4:43.59)	5/12/07
Jen Hartford	4:46.52 (4:46.52)	4/7/07
Lucy Miller	4:47.74 (4:47.74)	3/3/07
Christine Jowaiszas	4:53.01 (4:53.01)	4/21/07
Liz Noey	4:54.98 (4:54.98)	3/24/07
Alice Hobbs	5:02.85 (5:02.85)	4/21/07
Ashton LeSieur	5:05.82 (4:44.65)	3/3/07
Mary Verran	5:07.51 (5:07.51)	3/24/07
Randee Meek	6:02.07 (5:42.85)	2/24/07
Katie Matl	(4:56.34)	

1600 meters

***USF Record -Renee Stribling 5:00.18i (2007)**

#NCAA Regional Qualifier 4:27.80

Name	Season Best (Collegiate Best)	Date of Season Best
Renee Stribling	5:00.18i (5:00.18i)	2/10/07

3000 meters

***USF Record- Jeannine Hagedorn 9:54.38 (2005)**

Name	Season Best (Collegiate Best)	Date of Season Best
Jen Hartford	10:11.23 (10:11.23)	3/3/07
Michelle Born	10:20.35 (10:20.35)	4/21/07
Lucy Miller	10:22.02 (10:22.02)	5/4/07
Liz Noey	10:32.16 (10:32.13)	3/3/07
Mary Verran	10:51.91 (10:51.91)	3/3/07
Katie Matl	(10:40.38)	

3000 meter steeplechase

***USF Record- Lucy Miller 11:09.23 (2007)**

#NCAA Regional Qualifier 10:50.25

Name	Season Best (Collegiate Best)	Date of Season Best
Lucy Miller	11:09.23 (11:09.23)	4/21/07
Ashton LeSieur	11:56.41 (11:56.41)	3/24/07
Michelle Born	(12:02.07)	

5000 Meters

***USF Record- Jeannine Hagedorn 17:19.1 (2005)**

NCAA Qualifier 16:52.00

Name	Season Best (Collegiate Best)	Date of Season Best
Lucy Miller	17:35.31 (17:35.31)	3/30/07
Jen Hartford	17:35.37 (17:35.37)	4/14/07
Liz Noey	18:02.22 (18:02.22)	4/14/07
Michelle Born	18:21.76 (18:21.76)	4/28/07
Mary Verran	18:44.10 (18:44.10)	4/7/07
Ashton LeSieur	19:06.15 (19:06.15)	5/13/07
Alice Hobbs	19:26.11 (19:26.11)	3/24/07
Christine Jowaiszas	19:37.35 (19:37.35)	5/13/07
Katie Matl	(18:47.42)	

10.000 Meters

***USF Record- Jen Hartford 36:46.01 (2007)**

NCAA Qualifier

Jen Hartford	36:46.01 (36:46.01)	5/12/07
Liz Noey	38:31.50 (38:31.50)	5/12/07
Mary Verran	39:15.49 (39:15.49)	5/12/07

4X100 relay

***USF Record- Jowaiszas, Junior, Maurer, Jones 53.93 (2007)**

#NCAA Regional Qualifier 45.70

Name	Season Best (Collegiate Best)	Date of Season Best
Jowaiszas, Junior, Maurer, Jones	53.93 (53.93)	3/3/07

4x400 relay

***USF Record- Hagedorn, Stribling, Miller, Voelckers 4:10.51 (2005)**

#NCAA Regional Qualifier 3:42.00

Name	Season Best (Collegiate Best)	Date of Season Best
Jones, Stribling, Jowaiszas, Lesieur	4:15.25 (4:15.25)	5/4/07
Jones, Maurer, Stribling, Jowaiszas	4:17.16 (4:17.16)	3/24/07
Jones, Junior, Toledo, Jowaiszas	4:34.33 (4:34.33)	2/24/07

Distance Medley Relay

***USF Record- Stribling, Morey, Miller, Hagedorn 12:19.24 (2005)**

Name	Season Best (Collegiate Best)	Date of Season Best
Miller, Noey, Hobbs, Verran	13:02.04 (13:02.04)	2/24/07

Long Jump

***USF Record- Briana Junior 4.77m (2007)**

#NCAA Regional Qualifier 6.00m

Name	Season Best (Collegiate Best)	Date of Season Best
Briana Junior	4.77m (4.77m)	3/3/07
Brynn Maurer	4.47m (4.47m)	3/3/07
Natalie Lennox	4.20m (4.20m)	3/24/07
Christine Kang	4.04m (4.04m)	3/11/07

Triple Jump

***USF Record- Briana Junior 11.14m (2007)**

#NCAA Regional Qualifier 12.32m

Name	Season Best (Collegiate Best)	Date of Season Best
Briana Junior	11.14m (11.14m)	4/21/07
Natalie Lennox	10.29m (10.29m)	4/7/07
Christina Kang	9.47m (9.47m)	3/11/07

High Jump

***USF Record- Lucy Miller 1.42m (2005)**

#NCAA Regional Qualifier 1.75m

Name	Season Best (Collegiate Best)	Date of Season Best
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Men's 2007 Performance List

100 meters

***USF Record-Ralph Montague 10.7 (1932)**

#NCAA Regional Qualifier 10.50

Name	Season Best (Collegiate Best)	Date of Season Best
Jamaal Myles	12.02 (12.02)	5/4/07
Max Andrews	12.48 (12.48)	2/24/07
Alex McIntosh	12.81 (12.81)	2/24/07

200 meters

***USF Record- Ollie Matson 20.5 (1952)**

#NCAA Regional Qualifier 21.19

Name	Season Best (Collegiate Best)	Date of Season Best
Jamaal Myles	24.05 (24.05)	3/24/07
Matt Domenech	24.18 (24.18)	3/24/07
Joseph Harris	24.89 (24.89)	3/3/07

400 meters

***USF Record- Ollie Matson 46.5 (1952)**

#NCAA Regional Qualifier 47.20

Name	Season Best (Collegiate Best)	Date of Season Best
Matt Domenech	51.90 (51.90)	3/24/07
Joseph Harris	52.58 (52.58)	3/24/07

800 Meters

***USF Record - Alex Nelson 1:53.31 (2007)**

NCAA Regional Qualifier 1:50.40

Name	Season Best (Collegiate Best)	Date of Season Best
Alex Nelson	1:53.31 (1:53.31)	3/24/07
Kenny Sparks	1:54.59 (1:54.59)	3/30/07
Byron Williams	1:55.74 (1:55.74)	3/24/07
Micael Smith	1:56.01 (1:56.01)	3/24/07
Matt Domenech	2:07.34 (2:07.34)	3/3/07
Jacob Marx	(1:59.24)	

1500 meters

***USF Record- Alex Nelson 3:52.55 (2007)**

#NCAA Regional Qualifier 3:47.80

Name	Season Best (Collegiate Best)	Date of Season Best
Alex Nelson	3:52.55 (3:52.55)	4/14/07
Kenny Sparks	3:57.92 (3:57.92)	3/30/07
Byron Williams	3:58.32 (3:58.32)	4/14/07
Ryan Courtwright	3:58.53 (3:56.89)	5/4/07
Jorge Martinez	4:12.58 (4:09.02)	4/21/07
Jacob Marx	4:15.75 (4:02.98)	4/14/07
Micael Smith	4:18.13 (4:18.13)	3/3/07
Cheyne Inman	(3:56.65)	

3000 meters

***USF Record- Ryan Courtwright 8:35.93 (2006)**

Name	Season Best (Collegiate Best)	Date of Season Best
Kenny Sparks	8:48.84i (8:48.84i)	2/10/07
Alex Nelson	9:00.59i (9:00.49i)	2/10/07
Ryan Courtwright	9:08.11 (8:35.39)	2/24/07
Jacob Marx	9:08.28 (8:49.18)	3/3/07
Jorge Martinez	9:21.79 (9:21.79)	3/3/07
Cheyne Inman	9:26.29 (8:36.34)	2/24/07

3000 meter steeplechase

***USF Record- Micael Smith 9:56.61 (2007)**

#NCAA Regional Qualifier 9:07.00

Name	Season Best (Collegiate Best)	Date of Season Best
Micael Smith	9:56.61 (9:56.61)	4/7/07

5000 Meters

***USF Record- Cheyne Inman 14:36.89 (2006)**

NCAA Qualifier 14:12.00

Name	Season Best (Collegiate Best)	Date of Season Best
Kenny Sparks	15:05.50 (15:05.50)	4/7/07
Ryan Courtwright	15:12.90 (14:52.65)	4/14/07
Jacob Marx	15:50.56 (15:29.53)	3/24/07
Alex Nelson	16:00.44 (16:00.44)	5/13/07
Byron Williams	16:29.71 (16:29.71)	5/13/07
Jorge Martinez	16:38.11 (16:20.15)	3/11/07
Cheyne Inman	(14:36.89)	

4X100 relay

***USF Record- Chinn, Myles, Harris, Domenech 45.69 (2007)**

#NCAA Regional Qualifier 40.66

Name	Season Best (Collegiate Best)	Date of Season Best
Chinn, Myles, Harris, Domenech	45.69 (45.69)	3/3/07
Keyes, Myles, Harris, Domenech	46.01 (46.01)	3/11/07
Smith, Myles, Harris, Domenech	47.01 (47.01)	5/13/07

4x400 relay

***USF Record- Wright, Clary, Wisler, Walts 3:22.2 (1934)**

#NCAA Regional Qualifier 3:10.00

Name	Season Best (Collegiate Best)	Date of Season Best
Domenech, Williams, Nelson, Smith	3:28.56 (3:28.56)	3/24/07
Domenech, Sparks, Smith, Nelson	3:29.75 (3:29.75)	5/4/07
Harris, Domenech, Myles, Smith	3:31.58 (3:31.58)	5/13/07
Myles, Courtwright, Harris, Domenech	3:34.10 (3:34.10)	4/7/07
Domenech, Harris, Smith, Sparks	3:34.32 (3:34.32)	2/24/07
Russell, Harris, Myles, Domenech	3:40.98 (3:40.98)	3/3/07
Keyes, Domenech, Harris, Myles	3:42.46 (3:42.46)	3/11/07

Distance Medley Relay

***USF Record- Courtwright, Inman, Marx, Martinez 10:27.92 (2005)**

Name	Season Best (Collegiate Best)	Date of Season Best
Courtwright, Smith, Williams, Martinez	10:56.21 (10:56.21)	2/24/07

Pole Vault

***USF Record- Alex McIntosh 4.25m (2007)**

#NCAA Regional Qualifier 5.05m

Name	Season Best (Collegiate Best)	Date of Season Best
Alex McIntosh	4.25m (4.25m)	5/13/07

Shot Put

***USF Record- Bob Kleckner 15.30m (1932)**

#NCAA Regional Qualifier 16.80m

Name	Season Best (Collegiate Best)	Date of Season Best
Alex Irani	13.55m (13.55m)	5/13/07
A.J. Fabrizio	13.51m (13.51m)	4/21/07

Discus

***USF Record- Ed Schmidt 46.15m (1934)**

#NCAA Regional Qualifier 51.70m

Name	Season Best (Collegiate Best)	Date of Season Best
Alex Irani	38.63m (38.63m)	5/12/07