

# Sacred Heart Women's Ice Hockey

## 2008-09 Quick Facts



### General Information

Location: ..... Fairfield, Connecticut 06825  
 Founded: ..... 1963  
 Enrollment: ..... 3,400 undergraduates  
 President: ..... Dr. Anthony J. Cernera  
 Athletics Director: ..... C. Donald Cook  
 Affiliation: ..... NCAA Division I  
 Colors: ..... Red & White  
 Nickname: ..... Pioneers

### Team Information

Affiliation: ..... NCAA Division I  
 Conference: ..... Independent  
 Home Arena: ..... Wonderland of Ice (500)  
 Dimensions: ..... 200x85  
 2007-08 Record: ..... 7-17-1  
 Letterwinners Returning/Lost: ..... 20/6  
 Newcomers: ..... 10  
 Captains ..... Gina Arnone, Whitney Dziama  
 Asst. Captains ..... Kristina Feltz, Jaelyn Rideout

### Coaching Staff

Head Coach: ..... Tom O'Malley (BC '89)  
 Record at SHU: ..... 41-85-6, 5 years  
 Career Record: ..... 123-261-35, 14 years  
 Office: ..... 203-878-8602  
 E-mail: ..... omalleyt@sacredheart.edu  
 Assistant Coach ..... TBA

### Athletic Communications

Assistant AD/Athletic Communications: ..... Gene Gumbs  
 Associate Director: ..... Bill Peterson  
 Assistant Director: ..... Rick Cohen  
 Graduate Assistant/Women's Hockey Contact: .. Shaun Ihasz  
 Office: ..... 203-365-4813  
 Fax: ..... 203-371-7889  
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 Web: ..... SacredHeartPioneers.com

### 2008-09 Schedule

<u>Date</u>	<u>Opponent</u>	<u>Location</u>	<u>Time</u>
Sep. 27	at UConn	Storrs, CT	4:00 PM
<b>Oct. 11</b>	<b>RMC</b>	<b>Bridgeport, CT</b>	<b>2:00 PM</b>
Oct. 17	at Maine	Orono, ME	7:00 PM
Oct. 18	at Maine	Orono, ME	2:00 PM
Oct. 25	at Rhode Island	Kingston, RI	7:00 PM
Oct. 31	at Syracuse	Syracuse, NY	7:00 PM
Nov. 1	at Syracuse	Syracuse, NY	2:00 PM
Nov. 9	at Salve Regina	Newport, RI	2:00 PM
Nov. 15	at Nichols College	Dudley, MA	8:30 PM
<b>Nov. 22</b>	<b>HAMLIN</b>	<b>Bridgeport, CT</b>	<b>2:00 PM</b>
<b>Nov. 23</b>	<b>HAMLIN</b>	<b>Bridgeport, CT</b>	<b>2:00 PM</b>
Nov. 25	at Holy Cross	Worcester, MA	7:00 PM
<b>Nov. 28</b>	<b>UNION</b>	<b>Bridgeport, CT</b>	<b>7:00 PM</b>
<b>Nov. 29</b>	<b>UNION</b>	<b>Bridgeport, CT</b>	<b>4:00 PM</b>
<b>Dec. 16</b>	<b>RMU</b>	<b>Bridgeport, CT</b>	<b>7:00 PM</b>
<b>Dec. 17</b>	<b>RMU</b>	<b>Bridgeport, CT</b>	<b>2:00 PM</b>
<b>Jan. 2</b>	<b>RIT</b>	<b>Bridgeport, CT</b>	<b>7:00 PM</b>
<b>Jan. 3</b>	<b>RIT</b>	<b>Bridgeport, CT</b>	<b>2:00 PM</b>
Jan. 6	at Southern Maine	Gorham, ME	2:00 PM
Jan. 7	at Southern Maine	Gorham, ME	2:00 PM
Jan. 9	at Neumann	Aston, PA	7:00 PM
Jan. 10	at Neumann	Aston, PA	7:00 PM
<b>Jan. 13</b>	<b>BOWDOIN</b>	<b>Bridgeport, CT</b>	<b>7:00 PM</b>
Jan. 16	at Oswego State	Oswego, NY	7:00 PM
Jan. 17	at Oswego State	Oswego, NY	7:00 PM
<b>Jan. 19</b>	<b>CONN COLL.</b>	<b>Bridgeport, CT</b>	<b>4:00 PM</b>
<b>Jan. 20</b>	<b>WESLEYAN</b>	<b>Bridgeport, CT</b>	<b>7:00 PM</b>
Feb. 6	at RMU	Moon Township, PA	7:35 PM
Feb. 7	at RMU	Moon Township, PA	2:00 PM
<b>Feb. 13</b>	<b>SYRACUSE</b>	<b>Bridgeport, CT</b>	<b>7:00 PM</b>
<b>Feb. 14</b>	<b>SYRACUSE</b>	<b>Bridgeport, CT</b>	<b>2:00 PM</b>
<b>Feb. 21</b>	<b>URI</b>	<b>Bridgeport, CT</b>	<b>2:00 PM</b>
Feb. 28	ECAC Open Tour.	TBA	TBA
Mar. 1	ECAC Open Tour.	TBA	TBA

### Home Games in BOLD CAPS

All Home Games played at Wonderland of Ice, Bridgeport, CT



# 2008-09 Sacred Heart Women's Ice Hockey Preseason Roster

<u>No.</u>	<u>Name</u>	<u>Yr.</u>	<u>Pos.</u>	<u>Ht.</u>	<u>Hometown / High School (Last School)</u>
2	Kelsey Canning	So.	D	5-8	Seabrook, TX/Cushing Academy
4	Taryn Lapierre	So.	F	5-8	Oakland, RI/Mount St. Charles Academy
5	Carla Pentimone	So.	F	5-3	Norridge, IL/Loyola Academy
6	Tatiana Klinoff	So.	F	5-3	Concord, MA/Concord Carlisle
7	Kristina Hankins	So.	F	5-7	Lexington, MA/Lexington
8	Jaclyn Rideout	Sr.	F	5-3	Wilmington, MA/Lawrence Academy
9	Kristina Feltz	Sr.	D	5-7	Edison, NJ/John P. Stevens
10	Whitney Dziama	Sr.	F	5-8	Walpole, MA/Noble and Greenough
11	Kate Dunlop	Jr.	F	5-2	Flesherton, ON/Clearview Ice Stars
12	Jamie Mey	Fr.	D		Middletown, RI/St. George's
13	Gina Arnone	Sr.	F	5-3	Bridgewater, NJ/Bridgewater-Raritan
14	Alysha Arnold	Fr.	F		Wrentham, MA/Mt. St. Charles Academy
15	Caitlin Gottwald	Fr.	D		Reading, MA
16	Jessica Rice	So.	F	5-4	Trumbull, CT/Trumbull
18	Sara Reddington	Fr.	F		Needham, MA/Needham
19	Jennifer Borroughs	Fr.	D		Raleigh, NC/Carolina JR Hurricanes
20	Jackie Galvin	So.	F	5-2	Canton, MA/Canton
24	Nicole Palazzo	Fr.	D		Rocky Hill, CT/Westminster
28	Maria Lascala	Sr.	F	5-1	Chestnut Ridge, NY/Spring Valley
30	Allie Gillman	Sr.	F	5-4	Montreal, QC/Morristown-Bear
31	Renee Sydor	Fr.	G		St. Albert, AB/St. Albert - Kal- Tire Slash
35	Amanda Nagel	Fr.	G		Greenwood, MN/Benilde - St. Margaret
36	Brittany Hartman	So.	F	5-7	Prior Lake, MN/Edina
44	Christina Cahill	So.	G	5-7	Andover, MA/Andover
93	Lauren Fontaine	So.	F	5-7	Windsor, ON/Catholic Central

## Top Returning Defensive Players

# 93	<b>Lauren Fontaine</b>	<b>So.</b>	<b>F</b>	
	<i>25 gp, 17 g, 6 ast, 23 pts, 6 ppg, 1 gwg, 1 hat trick</i>			
#11	<b>Kate Dunlop</b>	<b>Jr.</b>	<b>F</b>	
	<i>23 gp, 8 g, 8 ast, 16 pts, 2 ppg</i>			
#4	<b>Taryn Lapierre</b>	<b>So.</b>	<b>F</b>	
	<i>25 gp, 8 g, 7 ast, 15 pts, 3 ppg, 2 gwg</i>			
#10	<b>Whitney Dziama</b>	<b>Sr.</b>	<b>F</b>	
	<i>25 gp, 6 g, 9 ast, 15 pts, 1 ppg, 2 gwg</i>			
#9	<b>Kristin Feltz</b>	<b>Sr.</b>	<b>D</b>	
	<i>25 gp, 0 g, 7 ast, 7 pts</i>			
#13	<b>Gina Arnone</b>	<b>Sr.</b>	<b>F</b>	
	<i>12 gp, 4 g, 5 ast, 9 pts, 1 shg</i>			

Sacred Heart Women's Ice Hockey  
Sacred Heart Combined Team Statistics (as of Jun 04, 2008)

DATE	OPPONENT	W/L	SCORE	ATTEND	RECORD:	OVERALL	HOME	AWAY	NEUTRAL					
Sep 29	at University of Maine	L	1-6	220	ALL GAMES.....	( 7-17- 1)	( 5- 4- 1)	( 1-13- 0)	( 1- 0- 0)					
Oct 06	at Vermont	L	1-5	371	CONFERENCE.....	( 0- 0- 0)	( 0- 0- 0)	( 0- 0- 0)	( 0- 0- 0)					
Oct 07	at Vermont	L	2-8	580	NON-CONFERENCE.....	( 7-17- 1)	( 5- 4- 1)	( 1-13- 0)	( 1- 0- 0)					
11/02/07	at Robert Morris	L	2-8	300										
11/03/07	at Robert Morris	L	0-8	481										
Nov 06	SALVE REGINA	W	5-2	147	## INDIVIDUAL (by pts)	GP	G	A	Pts	Shots	Pct	No-Min	PP	SH
Nov 09	HOLY CROSS	T OT	1-1	192										
Nov 11	at Holy Cross	L	3-5	189	93 Fontaine, Lauren	25	17	6	23	115	.148	15-30	6	0
Nov 27	UNION	L	1-7	110	11 Dunlop, Kate	23	8	8	16	50	.160	5-10	2	0
Dec 06	at Connecticut College	W	5-1	200	4 Lapierre, Taryn	25	8	7	15	54	.148	11-36	3	0
Dec 07	ST. MICHAEL'S	W	6-0	187	10 Dziama, Whitney	25	6	9	15	67	.090	11-22	1	0
Dec 08	at Boston University	L	1-11	227	7 Hankins, Kristina	25	8	6	14	73	.110	3-6	1	0
Jan 04	NEW ENGLAND COLLEGE	L	4-5	279	5 Pentimone, Carla	23	5	9	14	34	.147	3-6	2	0
Jan 05	NEW ENGLAND COLLEGE	L	3-4	176	14 Hickman, Sarah	25	2	9	11	39	.051	19-38	1	0
Jan 08	SOUTHERN MAINE	W	3-2	92	17 Gaslin, Devon	24	0	10	10	26	.000	10-20	0	0
Jan 09	SOUTHERN MAINE	W	7-2	74	13 Arnone, Gina	12	4	5	9	40	.100	10-28	0	1
Jan 11	CORTLAND STATE	W	7-3	237	24 McLaughlin, Katelin	25	3	5	8	31	.097	5-10	1	0
Jan 19	at Union College	L	0-4	142	36 Hartman, Brittany	25	3	4	7	47	.064	7-14	1	0
Jan 20	at Union College	L	2-3	77	9 Feltz, Kristina	25	0	7	7	10	.000	7-14	0	0
Jan 22	at Wesleyan	L	2-4	100	8 Rideout, Jaclyn	20	2	4	6	23	.087	4-8	0	0
01/25/08	at RIT	L	2-6	263	21 Rosselle, Brittany	25	0	2	2	11	.000	0-0	0	0
01/26/08	at RIT	L	1-3	303	20 Galvin, Jackie	25	1	0	1	8	.125	0-0	0	0
Feb 01	TRINITY	L	0-1	222	6 Klinoff, Tatiana	10	1	0	1	1	1.000	0-0	0	0
Mar 01	vs Holy Cross	W	7-2	78	18 Bragger, Jenn	12	0	1	1	5	.000	3-6	0	0
Mar 02	at Saint Anselm	L	2-7	112	15 Mroz, Rachel	22	0	1	1	1	.000	0-0	0	0
					83 83	1	0	0	0	0	.000	0-0	0	0
					44 Cahill, Christina	2	0	0	0	0	.000	0-0	0	0
					2 Canning, Kelsey	25	0	0	0	8	.000	7-14	0	0
					30 Gillman, Allie	22	0	0	0	10	.000	1-2	0	0
					35 Little, Jessica	10	0	0	0	0	.000	1-2	0	0
					16 Rice, Jessica	7	0	0	0	0	.000	0-0	0	0
					TM TEAM	5	0	0	0	0	.000	3-6	0	0
					Total.....	25	68	93	161	653	.104	125-272	18	1
					Opponents.....	25	108	142	250	764	.141	140-288	18	7
TEAM STATISTICS		SHU	OPP											
SHOT STATISTICS.....														
Goals-Shot attempts.....	68-653		108-764											
Shot pct.....	.104		.141											
Goals/Game.....	2.7		4.3											
Shots/Game.....	26.1		30.6											
POWER PLAYS.....														
Goals-Power Plays.....	18-129		19-114											
Conversion Percent.....	.140		.167											
Shot Attempts.....	168		161											
Shot Percent.....	.107		.118											
GOAL BREAKDOWN.....														
Power Play.....	18		18											
Short-handed.....	1		7											
Empty net.....	0		0											
Penalty.....	1		0											
Unassisted.....	6		13											
Overtime.....	0		0											
Shootout.....	0		0											
Delayed Penalty.....	0		0											
PENALTIES.....														
Number.....	125		140											
Minutes.....	272		288											
Penalties/Game.....	5.0		5.6											
Pen minutes/Game.....	10.9		11.5											
SHOOTOUTS (Made-Att).....	0-0		0-0											
					GOALS BY PERIOD	1	2	3	OT	Total				
					Sacred Heart.....	20	28	20	0	68				
					Opponents.....	36	41	31	0	108				
					SAVES BY PERIOD	1	2	3	OT	Total				
					Sacred Heart.....	217	253	250	1	721				
					Opponents.....	211	204	230	2	647				