

Sacred Heart University - Department of Athletics Student-Athlete Agreement Concerning Hazing

Name _____ Team _____ Phone #: _____

The Department of Athletics at Sacred Heart University supports only those activities which are constructive, educational, inspirational, and that contribute to the intellectual and personal development of students. SHU Athletics unequivocally opposes any situation created intentionally to produce mental or physical discomfort, embarrassment, harassment, or ridicule.

SHU interprets hazing as *any act whether physical, mental, emotional, or psychological, which subjects another person, **voluntarily or involuntarily**, to anything that may abuse, mistreat, degrade, humiliate, harass, or intimidate him/her, or compels another member to participate in any activity which is against university policy or state/federal law.*

Actions and activities which are prohibited include, **but are not limited to**, the following:

- Any type of initiation or other activity where there is an expectation of individuals joining a particular team to participate in behavior designed to humiliate, degrade, or abuse them **regardless of the person's willingness to participate.**
- Forcing, requiring, or pressuring an individual to consume alcohol or any other substance.
- Forcing, requiring, or pressuring an individual to shave any part of their body, including the hair on their head.
- Any requirement or pressure put on an individual to participate in any activity which is illegal, perverse, publicly indecent, contrary to his/her genuine morals and/or beliefs, e.g. public profanity, indecent or lewd conduct, or sexual gestures in public.
- Any activity or action that creates a risk to the health, safety, or property of the University or any member of its community.
- Forcing or requiring calisthenics, such as push-ups, sit-ups, and runs.
- Assigning or endorsing "pranks", such as stealing or harassment of another organization.
- Awakening or disturbing individuals during normal sleeping hours.
- Expecting or pressuring individuals to participate in an activity in which the full membership is not willing to participate.
- Physical abuse of any kind.
- Forcing, encouraging, or pressuring someone to wear in public apparel which is conspicuous and not within the norm of what is considered to be in good taste.
- Engaging in public stunts and buffoonery.
- Nudity at any time, or forced reading of pornographic material.
- Paddling, beating, or otherwise permitting a member to hit other members.
- Having substances such as eggs, mud, paint, honey, etc., thrown at, poured on, or otherwise applied to the body of a member.
- Morally degrading/humiliating games or other activity that makes a member the object of amusement, ridicule, or intimidation.
- Subjecting a member to cruel and unusual psychological conditions.

I have been given an opportunity to read this policy and understand the following:

(initial) _____ The policy and regulations of the Athletics Dept. pertaining to hazing

(initial) _____ I agree and promise not to participate in any activity deemed to be hazing. I have read the examples of hazing as described in the Sacred Heart University Hazing Policy (above).

(initial) _____ I understand that if I am in violation of this policy I will be subject to discipline that may include, but is not limited to, departmental or University probation, suspension from the team and/or the University; expulsion from the team and/or University. In addition, I am aware that the team may be subject to group discipline that can include, but is not limited to, team probation, cancellation of individual contests, and/or cancellation of the entire season.

My signature below indicates that I have read and retained a copy of SHU Athletics Policy on Hazing.

Signature of Team Member _____ Date _____