

SACRED HEART Athletics Compliance

NEWS

For Coaches and Athletics Staff

February 2003

THE NCAA DIVISION I INITIAL ELIGIBILITY RULES HAVE CHANGED!

For students entering any college or university during the 2003-04 or 2004-05 academic years, their NCAA initial eligibility will be evaluated under the new rule as described on this sheet. If they are ineligible under the new rule, the NCAA Initial-Eligibility Clearinghouse will automatically re-evaluate their academic record under the former rule to obtain the best possible result. **It is not possible to mix and match rules.** For example, you cannot use the 13 core-course standard of the former rule and the sliding scale from the new rule. For students entering any college or university on or after August 1, 2005, your NCAA initial eligibility will be evaluated using the new rule only.

THE NEW RULE: Increases the number of core courses from 13 to 14. This additional core course may be in any area: English, mathematics, natural/physical science, social science, foreign language, non-doctrinal religion/ philosophy, or computer science. The breakdown of core course requirements is listed below. Please see http://www.ncaa.org/eligibility/d1_ie_changes.pdf for details on the sliding scale.

FORMER RULE

13 Core Courses:

4 years of English
2 years of mathematics (Algebra I or higher)
2 years of natural/physical science (1 year of lab if offered by high school)
1 year of additional English, mathematics or natural/physical science.
2 years of social science.
2 years of additional courses (from any area above or foreign language, non-doctrinal religion/ philosophy, computer science*).

NEW RULE

14 Core Courses:

4 years of English
2 years of mathematics (Algebra I or higher)
2 years of natural/physical science (1 year of lab if offered by high school)
1 year of additional English, mathematics or natural/physical science.
2 years of social science.
3 years of additional courses (from any area above or foreign language, non-doctrinal religion/philosophy, computer science*).

- **PLEASE NOTE:** Computer science is being eliminated as an acceptable core-course area for students first entering any college or university on or after August 1, 2005.

ON-LINE RECRUITING

Prospective student-athletes now have the ability to fill out an online questionnaire for each of our teams at SHU and submit them directly to the recruiting coordinator for each team for review and action. This system may be accessed by clicking on the *Prospective Student-Athletes* link located in the upper right hand corner of the top navigation bar at www.sacredheartpioneers.com. The first three sections of the PSA Questionnaire are common for all sports. Each coach can personalize the fourth section so that it is specific to your team. You also have the ability to create up to five standard form letters and save them to respond to PSA inquiries. For more information as to how this system works, please see Heather Crosby.

FYI . . .

NUTRITIONAL SUPPLEMENTS

Bylaw 16.5.2.2 Nutritional Supplements, states that it is not permissible for an institution to provide any nutritional supplement to the student-athletes, unless the supplement is a non-muscle building supplement and is included in one of the four classes identified specifically in NCAA Bylaw 16.5.2.2 (carbohydrate / electrolyte drinks, energy bars, carbohydrate boosters, and vitamins, minerals). Included in the list of examples of non-permissible nutritional supplements/ingredients are: Glucosamine, Creatine/creatine-containing compounds, Ginseng Melatonin and Protein powders. The NCAA determined that a supplement that contains protein may be classified as a non-muscle-building supplement provided it does not contain more than 30 percent of calories from protein (based solely on the package label) and does not contain additional ingredients that are designed to assist in the muscle-building process.

PRACTICE EXPENSES

Expenses may be paid for a team to practice at an off-campus site as long as it is within the state of Connecticut. If outside the state, the practice must be in conjunction with an away from home competition and must either take place at the competition site, or on a direct route between competition sites. It is not permissible for an institution to schedule practice sessions at other locations in order to provide entertainment opportunities for team members. If a team is making a "southern trip", competition must be involved or the team must fund their trip without the benefit of University funding.

NATIONAL LETTER OF INTENT

The dates for the Spring Signing Period are fast approaching. Please see Kim **BEFORE APRIL 10th** if you are planning on any activity during this time!

VISITS UNRELATED TO RECRUITMENT

The limitations on providing entertainment to a prospect shall not extend to a visit to the institution's campus for a purpose having nothing whatsoever to do with the prospect's athletics recruitment by the institution (e.g. band trip, scholastic fair, etc). Such a visit is not counted as an official or unofficial visit, as no athletics recruitment can occur.

The institution's athletics department or representatives of its athletics interests may not be involved in any way with the arrangements of the visit, other than providing free admissions to an athletics event on a group basis, rather than personally to the prospect. If the athletic department has any involvement in arranging for the visit or has any recruiting contact with the prospects, then the visit must be counted appropriately as an official or unofficial visit, and would be subject to all recruiting legislation.

No hard tickets may be issued to such members of a group; however, the institution may admit such a group through a pass list without requiring identification of each individual prospect.

A high school coach may call a SHU coach to request admissions for the high school group, and the SHU coach may assist in arranging for the admissions. **The request for attendance cannot come from the SHU coach**, as that would constitute arrangement of the visit.

PAYMENT FOR INTERNET ACCESS

Recent legislation has determined that it is permissible for an institution to pay a student-athlete's Internet access charges and long-distance charges incurred during official team travel that are necessary to enable the student-athlete to complete academic course work, provided the academic course work is required to be completed while the student-athlete is away from campus on official team travel or within a reasonable period of time thereafter. It should be noted that if coaches elect to provide such expenses, they are responsible for ensuring that the student-athlete's use of the Internet is not for personal reasons.

GAMBLING

With March Madness approaching, please be advised that student-athletes and athletic staff members are strictly prohibited from placing wagers of any kind on the NCAA Men's or Women's basketball tournaments. This includes prohibiting staff members from completing tournament brackets where the winner receives any type of prize or item. This would also preclude staff members from entering such contests on-line (espn.go.com or cnsi.com) or wagering through legal means in Nevada.

UNLIMITED CALLS

For sports other than Football, there are very few exceptions to the one call per week rule outlined in Bylaw 13.1.3. These exceptions are:

- ❖ Five days immediately preceding the prospect's official visit.
- ❖ On the day of an in-person, off-campus contact occurs.
- ❖ On the initial date for the signing of the NLI and two days after
- ❖ Subsequent to the prospect signing a NLI with SHU.

LATE ADDITIONS TO TEAM ROSTERS

Please use the form that has been distributed to all coaches regarding late additions to rosters. Please note that all students not initially listed on the team roster that was reported last fall must complete this form. Students not attending the initial compliance and medical meetings that occur each fall will be required to walk this form through the necessary steps in order to participate on an athletics team at SHU. It is necessary to confirm that each student meets the basic enrollment, academic, and physical/health requirements for participation. **The student will not be allowed to receive equipment nor practice until he or she has been approved for practice through this process!**

For deletions, please complete the form in its entirety, providing as much detail as possible as to the reason the athlete is leaving. We must have detailed explanations AS TO WHY THE STUDENT-ATHLETE IS LEAVING YOUR TEAM!

CURRENT RECRUITING CALENDAR

Softball

Jan. 2 – July 31 Contact/Evaluation Period
 Except For:
 April 14 – 17 **Dead Period**
 May 20 – May 27 **Dead Period**

Men's Basketball

Nov. 21 – Mar. 15
 Designated 40 days Evaluation Period
 All others are designated Quiet Period
 Mar. 16 – Mar. 22 Contact Period
 Mar. 23 – April 9 Quiet Period
 Except for:
 April 3-April 8 **Dead Period**
 April 9 – April 30 Contact Period
 Except for:
 April 14 – April 17 **Dead Period**

Women's Basketball

Oct. 8 – Feb. 28 *Evaluation Period
 Mar. 1 – April 3 Contact Period
 18 person days only
 All other days are Quiet Period
 April 4 – April 9 **Dead Period**
 April 9 – April 13 Contact Period
 April 14 – April 17 **Dead Period**

*[40 evaluation days]

Football

Feb. 2 Quiet Period
 Feb. 3-6 **Dead Period**
 Feb. 7-April 14 Quiet Period
 April 15 – May 31 *Evaluation Period

*[4 weeks]

All Other Sports Except for Soccer and Field Hockey

April 14 – April 17 **Dead Period**

Men's Ice Hockey

April 9 – April 17 **Dead Period**

Women's Ice Hockey

March 20 – 24 **Dead Period**
 April 14 – 17 **Dead Period**

Women's Volleyball

Jan 1 – Feb 14 Quiet Period
 Feb 14 – July 31 Evaluation Period*
 Except for:
 April 14-17 **Dead Period**

*[80 evaluation days]

HOT OFF THE PRESS!

WHAT'S UP FOR SPRING?

Etiquette Dinner – February 18, 5pm –7:30pm
The etiquette dinner is a **MUST** for all of our athletes. There will be a 30-minute lecture on etiquette and how it can support any career choice, followed by an actual “hands-on” dinner. Last year this event won “Event of the Month” from the student body and we would like to see as many athletes there as possible. Coaches can sign up as well and have a team table. It will be first come, first serve, so sign up with Lucy Cox ASAP.

Spring Recruitment Day – March 27, 1pm – 4pm
Required for all seniors and juniors. The resumes of your upperclassmen need to be approved by Career Development prior to this event, so please encourage your athletes to stop by the Office of Career Development, 2nd floor Curtis Hall, ASAP! Brandon Graham (former SHU Football Star) is the resume expert and is seasoned in helping student-athletes achieve their career dreams.

We will be sponsoring two **REQUIRED** workshops this semester for student-athletes. One will be on **illegal gambling**, brought to us by the FBI, and the other will be on **Sports and Nutrition**. Both workshops will be held in March and are **REQUIRED** of all student-athletes who do not have an excused absence (competition and class are the only excuses I can think of

GRADES

I cannot say it enough, great job!!! I still have not heard from all of you in-regards to which student-athletes you want me to watch, so I am going to assume all is well. Please remind all of your student-athletes the importance of class attendance! All athletes should read over their syllabi and complete any extra credit work. It's like money in the bank!

Congratulations to **Seth and Mark A.**, winners of last month's trivia game!

This Month's QUIZ

Out of the top ten athlete endorsers, who is:

1. Most appealing
2. Most recognized
3. Most influential
4. Most controversial
5. Who has highest total (\$) endorsements?

SHU ATHLETICS
Compliance Staff:
Kim Callicoatte Director of Compliance and Academic Services
Lucy Cox Associate Director of Student-Athlete Academic Services
Mark Nofri Compliance Monitoring Coordinator



**LUCKY THE DAWG SAYS “ASK
BEFORE YOU ACT!!”**