

Driving Directions to Sacred Heart 2006-07 Opponents (Updated 9/19/06)

Air Force Academy Colorado Springs, CO

Two entry points to the Academy—the South and North Gates. Both can be accessed from Interstate 25. When going north on I-25 take exit 150B for the South Gate entrance and exit 156B for the North Gate entrance.

American International College Olympia Ice Center West Springfield, MA

From the North and South: Take I-91 to Exit 13A-North Riverdale Road-Rt. 5. At first light take right onto Ashley Street. Go 500 feet and take right onto Capital Drive.

From the East and West: Take Mass Pike (I-90) to I-91 South. Proceed as directed above.

Army 639 Howard Ave. West Point, NY 10996

From Newark (N.J.) Airport: Exit Airport and take New Jersey Turnpike North. Pay toll at north end of Turnpike (just past the Meadowlands) and proceed on I-95 North. Follow signs toward George Washington Bridge (stay in local lanes toward bridge). Before bridge, follow signs to Palisades Parkway and Fort Lee exit. Turn left at traffic light at end of exit ramp. Proceed past strip mall on left. Look for round brown sign signaling Palisades Parkway entrance just past gas station on right. Bear right and proceed on Palisades Parkway North. Follow to end of Parkway (at Bear Mountain traffic circle). Proceed three-quarters of the way around circle and follow signs to Route 9W North. Continue on Route 9W North to Thayer, Stony Lonesome or Washington gates.

From Stewart Airport: Exit terminal and follow road to Route 207. Turn left at light and follow Route 207 South. Proceed through “Five Corners” area (past business intersection) until Quaker Avenue traffic light (just past bridge over wide stream). Turn left and follow to Route 9W South. Proceed on Route 9W South over Storm King Mountain. Continue on Route 9W South to either Washington, Stony Lonesome or Thayer gate. Washington Gate exit rests at bottom of Storm King Mountain on right.

From New York State Thruway (from the North): Exit the Thruway at exit 17 (Newburgh). Pay toll and follow signs to Route 84. Proceed on Route 84 East. Take exit 10 (do not cross Hudson River). Turn right at end of exit ramp and proceed on Route 9W South. Proceed through town and city of Newburgh. Stay on Route 9W for approximately 15 miles, traversing over Storm King Mountain. Continue on Route 9W South to either Washington, Stony Lonesome or Thayer gate. Washington Gate exit rests at bottom of Storm King Mountain on right.

From New York State Thruway (from the South): Take exit 16 (Harriman) off New York State Thruway. Pay toll and take immediate right off first exit. At traffic light, take left on to Route 32 South. Follow signs for Route 6/West Point. At third traffic light (just past overpass), take left on to Route 6 East. Route 6 East will ultimately meet Route 293 at top of large, climbing hill. Follow

Route 293 East toward West Point. Proceed to Route 9W South in order to reach Stony Lonesome or Thayer gates. Follow signs for Route 218 to enter Washington Gate.

Boston University 285 Babcock St. Boston, MA 02215

From I-95/MA-128: take the exit for the Mass. Turnpike to exit 18 (toll 2 x \$1.00) marked Cambridge-Allston. After the toll, bear right at the sign marked Cambridge. Turn right at the Double Tree Hotel onto Storrow Drive. Take your first exit off Storrow Drive (It’s the Boston University exit) and proceed to stop sign. Turn right onto Commonwealth Avenue. Continue on Commonwealth Avenue, past McDonald’s, to the sixth traffic light. Turn right onto Babcock Street. Walter Brown Arena is located on your right.

From Route 93 and Southeast Expressway: Get off at Exit 20, Cambridge-Allston, stay right and follow the instructions as above.

Canisius College 2001 Main St. Buffalo, NY

From the East: I-90 West Take Exit 51 off Thruway onto 33 West. Take 33 West to 198 West. Take 198 West to Grant Street exit. Left on Grant Street. Left at the first traffic signal. Right into the Parking Lot.

From the West: East Bound I-90 Take exit 53 off NYS Thruway onto 190 North (Niagara Expressway). Take 190 North to 198 East. 198 East to Grant Street exit. Go straight through the traffic signal. Right into the Parking Lot.

Central Connecticut State University 1615 Stanley Street New Britain CT 06050

From the East: Take I-84 West to Exit 39A to Rt. 9 South. Take Exit 29 off of Rt. 9 to Ella Grasso Boulevard and take a right turn to the University. Alternate Route: Take I-84 West to Exit 40, (Corbins Corner), take a left turn at end of exit ramp, and a right turn at the next traffic light onto Rt. 71 South. Follow Rt. 71 South 3 miles to the University.

From the West: Take I-84 East to Exit 39A, to Rt. 9 South. Take Exit 29 off of Rt. 9 South to Ella Grasso Boulevard and take a right turn to the University. Alternate Route: Take I-84 East to Exit 35, Rt. 72 East (New Britain Exit). Follow Rt. 72 East to Rt. 9 North and take Exit 29 to Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to the second traffic light, and take a right turn onto Paul Manafort Drive to the University.

From the South (New York area): Take I-95 North to I-91 North to Exit 22 North to Rt. 9 North. Follow Rt. 9 to Exit 29, Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to the second traffic light, and take a right turn onto Paul Manafort Drive to the University.

From the South (Rhode Island area): Take I-95 South to Rt. 9 (Old Saybrook). Take Rt. 9 North to Exit 29, Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to

the second traffic light, and take a right turn onto Paul Manafort Drive to the University.

From the North: Take I-91 South to I-84 West to Exit 39A, to Rt. 9 South. Take Exit 29 off Rt. 9 South to Ella Grasso Boulevard and take a right turn to the University.

Bentley College
175 Forest St.
Waltham, MA

From the West and South: Take the Massachusetts Turnpike (Route 90) East to Exit 14, Route 95/128 North. Follow to Exit 26, Route 20 towards Waltham. Follow Route 20 for two miles to Waltham Center. Turn right onto Elm Street. Follow 0.2 of a mile as Elm Street becomes River Street. After one mile, River Street becomes Pleasant Street. After 0.3 of a mile, take a right at the blinking light onto Paramount Road. John A. Ryan Skating Arena is directly in front of you.

Boston College
321 Conte Forum
Chestnut Hill, MA

FROM POINTS NORTH AND SOUTH: Take Interstate 95 (Route 128) to Exit 24 (Route 30). Proceed east on Route 30, also known as Commonwealth Avenue, and follow for about five miles to Boston College. Enter BC at the second entrance on the right, at St. Ignatius Church, and then turn left down More Drive. Take the second right into parking lot. Parking garage and Conte Forum are to the left.

FROM POINTS WEST: Take the Massachusetts Turnpike (Interstate 90) to Exit 17. At the first set of lights off the exit ramp, take a right onto Centre Street. Follow Centre Street to the fourth set of lights, and turn left onto Commonwealth Avenue. Follow Commonwealth Avenue 1-1/2 miles to Boston College. Follow above directions to Conte Forum.

FROM DOWNTOWN BOSTON: Take the Massachusetts Turnpike (Interstate 90) to Exit 17. Take a left over the bridge after passing the Sheraton Tara Hotel. Take the first right onto Centre Street. Follow above directions from Centre Street.

PUBLIC TRANSPORTATION: The Boston College branch of the MBTA's "Green Line" (B) ends at the foot of the campus on Commonwealth Avenue. Cross the street and walk by St. Ignatius Church.

University of Connecticut
2095 Hillside Rd.
Storrs, CT

From Bradley International Airport: The University of Connecticut campus is located 50 minutes driving time from Bradley International Airport. From the airport, take I-91 south to I-291 east to I-84 east to exit (68). Off the exit take a right on Rte. 195 south and follow signs to the university. Once on the campus take a right on North Eagleville Road. Take first left onto Glenbrook Rd. At end of Glenbrook Rd., go left on Hillside Road. At the second stop sign go right on Stadium Road.

From Hartford: The University of Connecticut campus is located 45 minutes driving time from Hartford. Take I-84 east to exit (68). Off the exit take a right on Rte. 195 south and follow signs to the university. Once on the campus go right on North Eagleville Road.

Take first left onto Glenbrook Rd. At end of Glenbrook Rd., go left on Hillside Road. At the second stop sign go right on Stadium Road.

From Boston: The University of Connecticut campus is approximately one and half-hours from Boston. From Mass Pike take I-84 west to exit (68). Off the exit take a left on Rte. 195 south and follow signs to the university. Once on the campus go right on North Eagleville Road. Take first left onto Glenbrook Rd. At end of Glenbrook Rd., go left on Hillside Road. At the second stop sign go right on Stadium Road.

From Providence: The University of Connecticut is approximately one and one quarter hours from Providence. From Rte. 295 take exit (5-6), following signs to Hartford. Take Rte. 6 west to Rte. 101 west to Rte. 44 west. Take a left onto Rte. 195 south. Once on campus take a right onto North Eagleville Road. Take first left onto Glenbrook Rd. At end of Glenbrook Rd., go left on Hillside Road. At the second stop sign go right on Stadium Road.

From New York: The University of Connecticut is approximately one and one-half to two hours from New York. Take I-95 north to I-91 north to I-84 east. From I-84 east take exit (68). Off the exit take a right on Rte. 195 south and follow signs to the university. Once on the campus take a right on North Eagleville Road. Take first left onto Glenbrook Rd. At end of Glenbrook Rd., go left on Hillside Road. At the second stop sign go right on Stadium Road.

Cornell University
Campus Road
Ithaca, NY 14853

From Southeast (via Binghamton) Follow I-81 North from Binghamton to Exit 8, Whitney Point; follow signs to NY-79 West. Stay on NY-79 roughly 30 miles. Turn right onto NY-366 at a stop sign; follow NY-366 directions below.

From Southwest (via Corning/Elmira) Follow NY-13 North from the Corning/Elmira area to Ithaca. Turn right onto Green Street/ NY-79 East. Follow Green Street past the Ithaca Commons. Green Street will merge with and become State Street and start to climb a hill. Go through one more traffic light (Stewart Avenue) and bear left onto NY-366. Follow NY-366 directions below.

From Northwest (Buffalo/Rochester) From the New York Thruway, take NY-89 or NY-96 South (NY-89 follows the western shore of Cayuga Lake and is more scenic; NY-96 is faster); follow signs to NY-79 East. Take NY-79 East (Green Street) through downtown Ithaca and the Ithaca Commons. Green Street will merge with and become State Street and start to climb a hill. Go through one more traffic light (Stewart Avenue) and bear left onto NY-366. Follow NY-366 directions below.

From Northeast (via Syracuse) Follow I-81 South from Syracuse to Cortland; take Exit 12 and follow signs for NY-13 South. Take NY-13 through Cortland and Dryden. You will come to a traffic light; turn left onto NY-366. Stay on NY-366 for roughly 3 miles. You will come to the blinking light mentioned in the NY-366 from the other direction. Proceed straight through the blinking yellow light; follow NY-366 directions below.

NY-366 Follow NY-366 (bears left at a 3-way intersection) to a 5-way stop light. Proceed straight across the 5-way intersection to a blinking red light. Turn left onto Hoy Road. The entrance to the Parking Garage will be on your right. Alternately, you can follow Hoy Road around to a stop sign, turn right, and Lynah Rink will be ahead on your left.

**Cortland State
Cortland, NY 13045**

From Albany and points east: Take Interstate 90 (New York State Thruway) west to Exit 34-A. Pick up Interstate 481 south and take to Interstate 81 south. Take Interstate 81 south to Cortland Exit 11. Turn right off the exit ramp onto Clinton Avenue Extension. At the second traffic light take a right on Clinton Avenue/Route 13. Get in the left lane and make a left-hand turn onto Church Street. Take Church Street to the third traffic light, which is Port Watson Street, and make a right-hand turn. Stay in the right lane on Port Watson Street and cross over Main Street. At this point Port Watson Street becomes Tompkins Street and Route 13. Stay on Tompkins Street for approximately one mile, then take a right on Pashley Drive. Take the second right-hand turn off Pashley Drive to the Park Center. Alumni Arena is located inside the Park Center

From Buffalo and points west: Take Interstate 90 (New York State Thruway) east to Exit 36 at Syracuse. Pick up Interstate 81 south and take to Cortland Exit 11. Turn right off the exit ramp onto Clinton Avenue Extension. At the second traffic light take a right on Clinton Avenue/Route 13. Get in the left lane and make a left-hand turn onto Church Street. Take Church Street to the third traffic light, which is Port Watson Street, and make a right-hand turn. Stay in the right lane on Port Watson Street and cross over Main Street. At this point Port Watson Street becomes Tompkins Street and Route 13. Stay on Tompkins Street for approximately one mile, then take a right on Pashley Drive. Take the second right-hand turn off Pashley Drive to the Park Center. Alumni Arena is located inside the Park Center.

From Ithaca and points southwest: Take Route 13 north to Cortland. Continue on Route 13 by bearing right near the A&W Restaurant. Take Route 13 for approximately one and a half miles to the railroad tracks. Take left-hand turn just past the railroad tracks onto Pashley Drive. Take the second right-hand turn off Pashley Drive to the Park Center. Alumni Arena is located inside the Park Center

From New York City, Long Island: Take Route 17 to Binghamton. Pick up Interstate 81 north to Cortland Exit 11. Turn left off the exit ramp onto Clinton Avenue Extension. At the second traffic light take a right on Clinton Avenue/Route 13. Get in the left lane and make a left-hand turn onto Church Street. Take Church Street to the third traffic light, which is Port Watson Street, and make a right-hand turn. Stay in the right lane on Port Watson Street and cross over Main Street. At this point Port Watson Street becomes Tompkins Street and Route 13. Stay on Tompkins Street for approximately one mile, then take a right on Pashley Drive. Take the second right-hand turn off Pashley Drive to the Park Center. Alumni Arena is located inside the Park Center.

From Syracuse and points north: Take Interstate 81 south to Cortland Exit 11. Turn right off the exit ramp onto Clinton Avenue Extension. At the second traffic light take a right on Clinton Avenue/Route 13. Get in the left lane and make a left-hand turn onto Church Street. Take Church Street to the third traffic light, which is Port Watson Street, and make a right-hand turn. Stay in the right lane on Port Watson Street and cross over Main Street. At this point Port Watson Street becomes Tompkins Street and Route 13. Stay on Tompkins Street for approximately one mile, then take a right on Pashley Drive. Take the second right-hand turn off Pashley Drive to the Park Center. Alumni Arena is located inside the Park Center.

**Dartmouth College
East Wheelock St.
Hanover, NH 03755**

From Boston: I-93 North to I-89 North (Concord, NH) to Exit 18 (Route 120, Lebanon/Hanover). Turn right off the exit ramp and follow Route 120 North into Hanover (5 miles).

Bear right at the fork by gas station. Turn left at traffic light onto East Wheelock Street (0.2 miles from campus).

From Manchester, NH Airport: I-293 south to I-93 North. Follow I-93 North to I-89 North to Exit 18 as above.

From New York City: I-95 to New Haven or I-684 to I-84 to Harford. From either route pick up I-91 North to Exit 13 (Norwich, Vt/Hanover, NH). Turn right at the end of the ramp, cross bridge into NH and drive straight to the campus. (0.9 mile from exit)

From Burlington, VT Airport: I-89 South to I-91 North to Exit 13 as above.

**Fairfield University
1073 N. Benson Rd.
Fairfield, CT 06430**

From New York via Connecticut Turnpike (I-95): Take exit 22. Turn left onto Round Hill Road. Proceed to Barlow Road. Turn right and proceed to the gate on your left, marked by twin stone columns.

From New Haven via Connecticut Turnpike (I-95): Take exit 22. Turn right onto North Benson Rd. (Rte. 135). Turn left at Barlow Rd. and proceed to the gate marked by twin stone columns on your right.

From New Haven via Merritt Parkway (Rt. 15): Take exit 44, right onto Black Rock Tpke. (Rt. 58), proceed 2 miles to Stillson Rd. (Rt. 135) and turn right. Bear left onto North Benson Road. There are several entrances on North Benson Road. Consult the University map for the appropriate entrance.

From New York via Merritt Parkway (Rt. 15): Take exit 44. Bear left and immediately turn right onto Black Rock Tpke. Follow directions above.

**Fairleigh Dickinson University
1000 River Road
Teaneck, NJ 07666**

1. Traveling East (from Garden State Parkway): Exit at Hackensack Avenue (immediately following the Main Street Exit) heading south. Proceed to traffic light at Temple Avenue, turning left. The Rothman Center is located at the end of Temple.

2. From the West (from the George Washington Bridge): Exit at the second Hackensack Avenue Exit (Business District). Proceed to the traffic light at Temple Avenue. The Rothman Center is located at the end of Temple.

3. From the Garden State Parkway (North): Take the Garden State Parkway North to Exit 161 (Route 4 East). Travel on Rte 4 until reaching Hackensack Avenue. Follow Directions #1.

4. From the Garden State Parkway (South): Exit on left onto Route 17 South. Proceed to Route 4 East. Travel on Route 4 until reaching Hackensack Avenue. Follow Directions #1.

5. From the New Jersey Turnpike (from South): Take the Turnpike to Interchange 10 to the Garden State Parkway North. Take Garden State Parkway to Route 4 East. Follow Directions #4.

Fordham University
411 E. Fordham Rd.
Bronx, NY 10458

From Long Island/Queens and Brooklyn: Take either the Throgs Neck Bridge or Whitestone Bridge to the Hutchinson River Parkway North to the Pelham Parkway West. Take Pelham Parkway for approximately two miles until the road splits following the Bronx River Parkway Underpass. Stay right up a small hill and make a right at the light (Kazmiroff/Southern Boulevard). Turn left at the next light into the main parking lot.

From Manhattan: East Side: Take the F.D. Roosevelt Dr. to the Triborough Bridge. After crossing bridge, follow the Bruckner Expressway to the Bronx River Parkway. Take Bronx River Parkway to Fordham Road Exit (7W). Bear right up a small hill as the road splits following the underpass, then make a right at the light (Kazmiroff/Southern Blvd.) Turn left at next light into the main parking lot.

West Side: Take the Henry Hudson (West Side) Highway to the Mosholu Parkway Exit. Take Mosholu Parkway to end. Make a right onto Kazmiroff Blvd. (Southern Boulevard). Turn right at the third light into campus.

From the North: Take I-95 South to the Pelham Parkway West (Exit 8c). Take Pelham Parkway for approximately two miles until the road splits following the Bronx River Parkway underpass. Stay right up a small hill and make a right at the light (Kazmiroff/Southern Boulevard). Turn left at the next light into the main parking lot.

From the South/New Jersey: If traveling by bus, take the George Washington Bridge to the Henry Hudson Parkway/Saw Mill River Parkway North. Exit at Mosholu Parkway. Take Mosholu Parkway to end. Make a right onto Kazmiroff Blvd. (Southern Boulevard). Turn right at the third light into campus. If traveling by car, take the GWB to the Cross Bronx Expressway. Take Cross Bronx Expressway to Bronx River Parkway, and take Bronx River Parkway to Fordham Road Exit (7W). Bear right up a small hill as the road splits following the underpass, then make a right at the light (Kazmiroff/Southern Blvd.) Turn left at next light into the main parking lot.

From the East: Take either the Throgs Neck Bridge or Whitestone Bridge, and after bridge follow signs for the Cross Bronx Expressway. Take the Cross Bronx Expressway to the Bronx River Parkway, and take the Bronx River to the Fordham Road exit. Bear right up a small hill as the road splits following the underpass, then make a right at the light (Kazmiroff/Southern Boulevard). Turn left at the next light into the main parking lot.

University of Hartford
200 Bloomfield Avenue
West Hartford, CT 06117

From I-84 East, exit 41: Left onto S. Main becoming N. Main to junction of Rte. 44. Turn right onto rte. 44 to junction with Rte. 189. Sharp left onto Rte. 189. Campus is 1/2-mile on right.

From I-84 West, exit 48: Right onto Asylum Ave. Travel 1.5 miles to Scarborough (on right) followed by left onto Rte. 44. Bear right onto Rte. 189. Campus is 1/2-mile on the right.

From I-91, exit 35B: From I-91 South, turn right at end of ramp; from I-91 North, turn left. Travel Route 218 West for 4 miles to junction with Rte. 189. Left onto Rte. 189. Campus is two miles on left.

From Albany and points West: Follow Route 90 East (New York Thruway and Massachusetts Turnpike) to I-91 (exit 4 off Mass. Pike). Travel I-91 South into Connecticut. Take exit 35B and turn right at the end of the ramp onto Route 218 West. Travel Route 218 West approximately four miles, passing a major shopping center on the left, to the junction of routes 218 and 189. Take a left onto Bloomfield Avenue (Route 189) and proceed to the University of Hartford entrance two miles on the left.

From Boston and points Northeast: Follow Route 90 West (Massachusetts Turnpike) to I-84 (exit 9). Travel I-84 West and take exit 61 onto I-291 West. Follow I-291 to exit 1 (Route 218) and turn left at the end of the ramp onto Route 218 West. Travel Route 218 West approximately four miles, passing a major shopping center on the left, to the junction of routes 218 and 189. Take a left onto Bloomfield Avenue (Route 189) and proceed to the University of Hartford entrance two miles on the left.

From New Haven: Travel I-91 North to exit 32A, which will put you briefly onto I-84 West, where you should get in the right-most lane. Take exit 48 and, at the light, turn right onto Asylum Avenue. Travel Asylum Avenue approximately 1 1/2 miles and take a right onto Scarborough Street. At the end of Scarborough, take a left onto Albany Turnpike (Route 44). After less than a quarter mile, bear right onto Bloomfield Avenue (Route 189). Proceed to the University entrance 1/2 mile on the right.

From New Jersey and points South: Take the Tappan Zee Bridge East (I-287) to I-684 North to I-84 East. Follow I-84 into Connecticut. Take exit 41 and turn left onto S. Main Street.. Follow S. Main Street, turning into N. Main Street, approximately 3.5 miles to its junction with Route 44. Turn right onto Albany Turnpike (Route 44) and travel 1.7 miles to its intersection with Route 189. Take a sharp left onto Bloomfield Avenue (Route 189) and follow 1/2 mile to the University entrance on the right.

Hamilton College
198 College Hill Rd.
Clinton, NY 13323

From the East or West: Those arriving by car from the New York City area, New England or points west of Utica can best reach the College via the New York State Thruway (Interstate 90). After leaving the Thruway at Westmoreland (Exit 32), turn right after the toll booth, and then turn left onto State Route 233 south. Drive 5.2 miles, passing through two traffic lights, until reaching a flashing red light at the intersection of 233 and College Hill Road. Turn right at this intersection and drive up the hill for 0.4 miles.

From the South: (eastern Pennsylvania, southern New Jersey or other points south) Follow Interstate 81 through Binghamton, New York, to New York State Route 12, exit 6 off I-81. Follow Route 12 north for approximately 50 miles through the village of Sherburne and turn left onto Route 12-B. Follow Route 12-B north approximately 35 miles. About 3 miles north of the village of Deansboro, turn left onto State Route 233 to the flashing red light at the intersection with College Hill Road. Turn left at the intersection and drive up the hill for 0.4 miles.

**College of the Holy Cross
1 College St.
Worcester, MA**

From the East and West (Boston, Hartford and New York): Massachusetts Turnpike I-90. Take Exit 10 to I-290 East toward Worcester. Take Exit 11 (College Square/Southbridge Street) off I-290. Cross over to the right lane immediately after coming off the ramp to College Square. Take the first right (before the traffic light) onto College Street. To get to Fitton Field, take the first left onto Fitton Ave. To get to the Hart Recreation Center go up the hill and enter the last gate on the left, Gate 7. Take your first right and head up the hill. The Hart Center is at the top of the hill. Fields are located behind the building. MapQuest may provide door-to-door driving instructions.

From the North: I-495 South to I-290 West, Exit 25B. From I-290 West take Exit 11 (College Square, Southbridge Street). Bear left coming off the ramp onto Southbridge Street. Take the first right (before the traffic light) onto College Street. To get to Fitton Field, take the first left onto Fitton Ave. To get to the Hart Recreation Center go up the hill and enter the last gate on the left, Gate 7. Take your first right and head up the hill. The Hart Center is at the top of the hill. Fields are located behind the building. MapQuest may provide door-to-door driving instructions.

From the Southeast: I-495 North to Massachusetts Turnpike I-90. Take Exit 10 to I-290 East toward Worcester. Take Exit 11 (College Square/Southbridge Street) off I-290. Cross over to the right lane immediately after coming off the ramp to College Square. Take the first right (before the traffic light) onto College Street. To get to Fitton Field, take the first left onto Fitton Ave. To get to the Hart Recreation Center go up the hill and enter the last gate on the left, Gate 7. Take your first right and head up the hill. The Hart Center is at the top of the hill. Fields are located behind the building.

From the South (Providence, Rhode Island): Route 146 North to I-290 West toward Worcester. From I-290 West take Exit 11 (College Square, Southbridge Street). Bear left coming off the ramp onto Southbridge Street. Take the first right (before the traffic light) onto College Street. To get to Fitton Field, take the first left onto Fitton Ave. To get to the Hart Recreation Center go up the hill and enter the last gate on the left, Gate 7. Take your first right and head up the hill. The Hart Center is at the top of the hill. Fields are located behind the building. MapQuest may provide door-to-door driving instructions.

**Lock Haven University
125 Akeley Hall
Lock Haven, PA 17745**

From PA Interstate 80, exit 178 (formerly exit 26) (Lock Haven University sign) Follow 220 North for approximately eight (8) miles, to the Lock Haven exit. At the stop light of the off ramp, turn left and follow the signs to the campus (approximately 1 mile). From the Lock Haven Exit (off of 220N), take a left at the stoplight off of the exit onto Jay Street. Go straight through two traffic lights and up to a 4-way intersection just before the bridge. Take a left onto Water Street. Travel one mile to the University. At the stoplight on the intersection of Fairview Street and Water Street, take a right onto North Fairview Street. Travel one mile then take a left onto Hill Street (immediately before the Gulf Gas Station). Go one-third of a mile up the hill and the entrance to Hubert Jack Stadium will be on the left.

**Lehigh University
151 Goodman Dr.
Bethlehem, PA 18015**

From the North and East: I-95 SOUTH to the I-78 exit toward NEWARK AIRPORT. Take fork onto I-78 EXPRESS LN WEST toward CLINTON/GARDEN STATE PARKWAY Take the GARDEN STATE PARKWAY exit onto I-78 WEST. Take exit #67/PA-412 onto SILVEX RD toward BETHLEHEM/HELLERTOWN. Turn on RAVENA ST. Turn on SEIDERSVILLE RD. Turn on CREEK RD. Turn on GOODMAN DR. Arrive at 151 GOODMAN DR, BETHLEHEM.

From the South and West: Take I-81 North to I-78 East (Exit 89). 8. Take exit #67/PA-412 toward HELLERTOWN. Turn on MAIN ST[PA-412]. Turn on W HIGH ST. W HIGH ST becomes SEIDERSVILLE RD. Turn on CREEK RD - go 0.3 mi. Turn on GOODMAN DR - go 0.1 mi. Arrive at 151 GOODMAN DR, BETHLEHEM.

**Long Island University
University Plaza
Brooklyn, NY 11201**

From Manhattan via Manhattan Bridge: Proceed along Flatbush Avenue Extension to Myrtle Avenue and turn left. Take Myrtle Avenue to Ashland Place. Turn right onto Ashland Place and proceed to DeKalb Avenue and make a right. The parking lot gates are on the right.

From Manhattan via Brooklyn Bridge: Proceed along Adams Street until making a left on Tillary Street. After crossing Flatbush Avenue Extension, bear right onto Navy Street. Navy Street will become Ashland Place. Continue until making a right onto DeKalb Avenue. The parking lot gates are on the right.

From Brooklyn: Take Belt Parkway to BQE. Take BQE to Camden Plaza West and proceed to Tillary Street. Turn left on Tillary Street and cross Flatbush Avenue Extension. Bear right onto Navy Street. Navy Street will become Ashland Place. Continue until making a right onto DeKalb Avenue. The parking lot gates are on the right.

From Staten Island: Take Verrazano Bridge to BQE. Follow as above.

From New Jersey: Take Holland Tunnel to Canal Street East and follow to Manhattan Bridge. Follow as above.

**Manhattan College (Women's Swimming)
Directions to Riverdale Country Day School**

From NY State Thruway South (I-87): Get off Exit 11 (Van Cortlandt Park South). Bear right off exit ramp and go back over the Expressway towards Broadway. Make a right onto Broadway. Continue north on Broadway to the seventh stop light (approx. 1.4 miles). Make a left at the seventh light (Mosholu Ave). Go up four blocks to first light (Fieldston Rd). Make a left onto Fieldston Rd and proceed up hill about .5 miles. Entrance to RCDS is on the left through the large metal gates. Pool in in the Physical Education Building at the back of campus on the fifth level.

From NY State Thruway North (I-87): Get off Exit 11 (Van Cortlandt Park South). Turn right at top of ramp, then right onto Broadway. Continue north on Broadway to the seventh stop light (approx. 1.4 miles). Make a left at the seventh light (Mosholu Ave). Go up four blocks to first light (Fieldston Rd). Make a left onto Fieldston Rd and proceed up hill about .5 miles. Entrance to RCDS

is on the left through the large metal gates. Pool in in the Physical Education Building at the back of campus on the fifth level.

**University of Massachusetts
131 Commonwealth Ave.
Amherst, MA 01003**

From the North: Route 91 South to Exit 25 - At the end of the ramp turn left and follow the road to the intersection - turn right on to Routes 5 & 10 South - go 1 mile, then left on to 116 South - Follow 116 for eight miles to the UMass exit - Left at the end of the ramp on to Massachusetts Avenue. Turn right off the ramp and proceed straight through the blinking light, then take a left at the next light on to Commonwealth Avenue. The Mullins Center is located along the left side of the road. Parking is available in the lots along Commonwealth Avenue.

From the South: Route 91 North to Exit 19 (Northampton/Amherst) - Right on to Route 9 and go approximately five miles. Take a left at the lights (just after the Howard Johnson's) on to Route 116 North. Take the first exit off 116. Turn right off the ramp and proceed straight through the blinking light, then take a left at the next light on to Commonwealth Avenue. The Mullins Center is located along the left side of the road. Parking is available in the lots along Commonwealth Avenue.

From the East: Mass Pike (Route 90) West to Exit 4 (West Springfield) - Take Route 91 North to Exit 19 (Northampton/Amherst) - Right on Route 9 and go approximately five miles. Take a left at the lights (just after the Howard Johnson's) on to Route 116 North. Take the first exit off 116. Turn right off the ramp and proceed straight through the blinking light, then take a left at the next light on to Commonwealth Avenue. The Mullins Center is located along the left side of the road. Parking is available in the lots along Commonwealth Avenue.

From the West: Mass Pike (Route 90) East to Exit 4 (West Springfield) - Take Route 91 North to Exit 19 (Northampton/Amherst) - Right on Route 9 and go approximately five miles. Take a left at the lights (just after the Howard Johnson's) on to Route 116 North. Take the first exit off 116. Turn right off the ramp and proceed straight through the blinking light, then take a left at the next light on to Commonwealth Avenue. The Mullins Center is located along the left side of the road. Parking is available in the lots along Commonwealth Avenue.

**UMASS-Dartmouth
285 Old Westport Rd.
N. Dartmouth, MA 02747**

From Boston and points north: Route 128/93 to Route 24 south. At exit 12 take Route 140 south to exit 2, Route I-195 west to exit 12A. Continue below.

From Providence, RI and points west: Route I-195 east through Fall River, MA to exit 12. Continue below.

From Cape Cod and points east: Route I-195 west through New Bedford to exit 12A. Continue below.

From Exits 12 or 12A to the UMass Dartmouth campus: Take right off exit onto Faunce Corner Road. Proceed south, traveling across Route 6 onto Old Westport Road. At fork, bear right, staying on Old Westport Road. Campus is one mile on left. Follow signs to visitor parking lot 4.

**Michigan State University
401 Olds Hall
East Lansing, MI 48824**

The East (Including the Detroit Metro Airport)—Stay on 96 West until you hit I-496/127. Take I-496/127 North and exit at the Trowbridge exit. Consult Facilities and Directions for where to go from here.

**Monmouth University (October 1st)
400 Cedar Avenue
West Long Branch, NJ 07764**

From the Garden State Parkway: Take Exit 105. The Parkway off ramp leads directly onto Route 36 East. Continue on Route 36 East approximately 3 miles to Route 71. Turn right onto Route 71 (will fork left and become Cedar Ave). At traffic light at Larchwood Ave, make a right. Parking lot 1/4 mile on left.

From the NJ Turnpike South: Take Turnpike North to Exit 7A. After toll plaza, take I-195 east to "Shore Points". Approaching Belmar, I-195 becomes NJ Route 138. After crossing Parkway, exit right to NJ Route 18 North marked "Eatontown". Take Deal Road exit and drive east to intersection at Monmouth Road. Turn left and proceed to third traffic light, which is Cedar Avenue. Turn right on Cedar (also labeled NJ 71 South). At traffic light at Larchwood Avenue, make a right. Parking lot 1/4 mile on left.

From the NJ Turnpike North: Take Turnpike South to Exit 11 (Garden State Parkway South). Take Exit 105. The Parkway off ramp leads directly onto Route 36 East. Continue on Route 36 East approximately 3 miles to Route 71. Turn right onto Route 71 (will fork left and become Cedar Avenue). At traffic light at Larchwood Avenue, make a right. Parking lot 1/4 mile on left.

From Trenton and points West: Take I-195 east. Approaching Belmar, I-195 becomes NJ Route 138. After crossing Parkway, exit right to NJ Route 18 North marked "Eatontown". Take Deal Road exit and drive east to intersection at Monmouth Road. Turn left and proceed to third traffic light, which is Cedar Ave. Turn right on Cedar (also labeled NJ 71 South). At traffic light at Larchwood Avenue, make a right. Parking lot 1/4 mile on left.

From Freehold Area: Take U.S. Route 9 South to I-195 east. Approaching Belmar, I-195 becomes NJ Route 138. After crossing Parkway, exit right to NJ Route 18 North marked "Eatontown". Take Deal Road exit and drive east to intersection at Monmouth Road. Turn left and proceed to third traffic light, which is Cedar Avenue. Turn right on Cedar (also labeled NJ 71 South). At traffic light at Larchwood Ave, make a right. Parking lot 1/4 mile on left.

**Mount St. Mary's University (September 29th)
Route 15
Emmitsburg, MD 21727**

From Delaware: Take I-95 South (toward Baltimore) to I-695 Baltimore Beltway. Take I-695 (toward Towson) to I-795 Northwest Expressway. Take Northwest Expressway to end and pick up MD 140 toward Westminster. Stay on 140 through Westminster and Taneytown to US 15 at Emmitsburg. Take US 15 South for two miles to the College.

From Baltimore: Take I-695 Baltimore Beltway to I-795 Northwest Expressway. Take Northwest Expressway to end and pick up MD 140 toward Westminster. Stay on 140 through Westminster and

Taneytown to US 15 at Emmitsburg. Take US 15 South for two miles to the College.

From South Jersey: Take I-295 South to Delaware Memorial Bridge. After the bridge take I-95 South toward Baltimore to I-695 Baltimore Beltway. Take I-695 toward Towson to I-795 Northwest Expressway. Take Northwest Expressway to end and pick up MD 140 toward Westminster. Stay on 140 through Westminster and Taneytown to US 15 at Emmitsburg. Take US 15 South for two miles to the College.

From Northern New Jersey: Take the Garden State Parkway South and exit onto I-78 West. Follow I-78 West across NJ and PA to junction of I-81. Follow I-81 South (toward Harrisburg) and exit at I-83 South. Follow I-83 South to I-283 South. Take I-283 South to the PA Turnpike West (toward Pittsburgh). Follow the PA Turnpike to exit 17, US 15 South (toward Gettysburg). Follow US 15 South to the College.

From Pennsylvania

Johnstown: Take Rte. 56 to Rte. 220 South. Follow Rte. 220 South (toward Bedford) and pick up Rte. 30 East. Follow Rte. 30 East to McConnellsburg. Pick up Rte. 16 East to Emmitsburg. From Emmitsburg, take US 15 South to the College.

Lehigh Valley: (Allentown, Bethlehem, Easton). Take I-78 to the junction of I-81. Follow I-81 South (toward Harrisburg) and exit at I-83 South. Follow I-83 South to I-283 South. Take I-283 South to the PA Turnpike West (toward Pittsburgh). Follow the PA Turnpike to exit 17, US 15 South (toward Gettysburg). Follow US 15 South to the College.

Pittsburgh: Take the PA Turnpike east to exit 12 (Breezewood). At Breezewood take I-70 East (to Frederick) and pick up US 15 North to the College.

Scranton: Take I-81 South (toward Harrisburg) and exit at I-83 South. Follow I-83 South to I-283 South. Take I-283 South to the PA Turnpike West (toward Pittsburgh). Follow the PA Turnpike to exit 17, US 15 South (toward Gettysburg). Follow US 15 South to the College.

Neumann College One Neumann Dr. Aston, PA 19014

From New York: Route I-95 South. Follow directions from Philadelphia.

From Maryland/Washington D.C. Route I-95 North. Follow directions from Delaware.

From Pittsburgh Pennsylvania Turnpike East on Route 76 to Route 476 South (Blue Route). Follow directions from Route 476 (Blue Route).

From Northern New Jersey New Jersey Turnpike South to Exit 2, Route 322 West. Follow directions from Southern New Jersey.

From Route 476 (Blue Route) North or South on 476 to Exit 5 (US 1; Springfield/Lima exit). US 1 South to left at Route 452 to five points intersection. Right onto Concord Road to College entrance, 1/2 mile on the right.

From Philadelphia I-95 South to Exit 2, Route 452 North. Right on 452 to five points intersection. Left on Concord Road to College entrance, 1/2 mile on right.

From West Chester Route 202 South to Route 1 North. North on Route 1 to Route 452 South. Right on Route 452, right on Concord Road to College entrance, 1/2 mile on the right.

From Delaware I-95 North to Exit 2 Route 452 exit. Left at end of exit onto 452 North. Follow to five points intersection. Left on Concord Road to College entrance 1/2 mile on right. Or, North on Foulk Road to Concord Road, right on Concord Road, 1 1/4 miles to College entrance.

From Southern New Jersey Route 322 West across Commodore Barry Bridge. Take Route 322 West to Route 452 North. North on Route 452 to five points intersection. Left on Concord Road to College entrance, 1/2 mile on right.

University of North Carolina (Pre-Season NIT at Charlotte Bobcats Arena) Charlotte, NC

I-85 from the South: Exit at Billy Graham Parkway, take Billy Graham Parkway to I-77 North, exit at either I-277 North or Trade Street.

I-85 from the North: Exit at the I-77 exit at either John Belk Freeway (I-277) or Trade Street.

I-77 from the South: Exit at either John Belk Freeway (I-277) or Trade Street.

I-77 from the North: Exit at either Brookshire Freeway (I-277 East), 5th Street, Trade Street or John Belk Freeway (I-277).

From the Airport: Follow Josh Birmingham Parkway 1.5 miles to Billy Graham Parkway South. Proceed on Billy Graham to I-77 North. Exit at either John Belk Freeway (I-277) or Trade Street.

Quinnipiac University (October 22nd) 275 Mount Carmel Ave. Hamden, CT 06518

From Providence and East, via I-95: Take I-95 to New Haven. Then take I-91 north to Exit 10 (Route 40). Follow Route 40 approximately 3 miles to its end (at Whitney Avenue). Turn right onto Whitney Avenue (Route 10) and proceed north for 1.4 miles. Turn right onto Mount Carmel Avenue and go 0.3 miles to campus.

From New York City and East, via I-95: Take I-95 to New Haven. Then take I-91 north to Exit 10 (Route 40). Follow Route 40 approximately 3 miles to its end (at Whitney Avenue). Turn right onto Whitney Avenue (Route 10) and proceed north for 1.4 miles. Turn right onto Mount Carmel Avenue and go 0.3 miles to campus.

From New York City and West, via the Wilbur Cross Parkway (Merritt Parkway): Take the Parkway (Rte. 15) to Exit 61. Turn right onto Whitney Ave. (Rte. 10) and proceed north three miles to Mount Carmel Ave. Turn right onto Mount Carmel Ave. and go 0.3 miles to campus.

From Hartford and East, via the Merritt Parkway: Take the Parkway (Rte. 15) to Exit 62. Turn right onto Whitney Ave. (Rte. 10) and proceed north three miles to Mount Carmel Ave. Turn right onto Mount Carmel Ave. and go 0.3 miles to campus.

From Northern New Jersey: Follow Route 287 over Tappan Zee Bridge to Exit 8. Follow Route 287 to Merritt Parkway (Exit 9N). Take the Parkway (Rte. 15) to Exit 61. Turn right onto Whitney Ave. (Rte. 10) and proceed north three miles to Mount Carmel Ave. Turn right onto Mount Carmel Ave. and go 0.3 miles to campus.

From Hartford, Boston, and Upper New England via I-91: Take I-91 south to Exit 10 (Route 40). Follow Route 40 approximately 3 miles to its end (at Whitney Avenue). Turn right onto Whitney Avenue (Route 10) and proceed north for 1.4 miles. Turn right onto Mount Carmel Avenue and go 0.3 miles to campus.

From Western Connecticut and Upper New York State, via I-84: I-84 to Exit 26. At end of exit, bear right on Route 70 toward Cheshire. Continue on Route 70 to Route 10. Turn right on Route 10 and go about 7 miles to Mt. Carmel Avenue. Turn left onto Mount Carmel Avenue and go 0.3 miles to campus.

From Northwest New England, via I-84: Take I-84 to Exit 29. Turn right onto Route 10 and proceed south about 9.5 miles to Hamden. Turn left onto Mount Carmel Avenue and go 0.3 miles to campus.

**Rensselaer Poly Institute (RPI)
110 8th St.
Troy, NY**

From the South: Take I-87, the New York State Thruway, North to Exit 23. At Exit 23, get on I-787 North to Route 7 East. Follow directions to campus (below).

From the North: Take I-87, the Adirondack Northway, South to Exit 7 East. Get on Route 7 headed Eastbound. Follow directions to campus (below).

From the East: From I-90 (Massachusetts Turnpike, Berkshire Spur of the New York Thruway), take Exit B1. Continue East (13.5 miles) to the exit for I-787. Take I-787 North to Route 7 East. Follow directions to campus (below).

From the West: Take I-90, the New York State Thruway, to Exit 24. From Exit 24, continue onto I-90 East. Exit onto I-787 North. Take I-787 North to Route 7 East. Follow directions to campus (below).

Directions to Campus: From Route 7 East, make a right turn on to 15th Street. Follow 15th Street about 1/2 mile to campus. Once you're at the campus, you can park in the Visitors Information Center parking lot located just past the pedestrian bridge on your left. If you are visiting the Admissions Office, parking is available behind the building. To get to the Admissions Office, make a left turn at the light on Sage Avenue. The Admissions Office is just ahead of you.

**Rider College
2083 Lawrenceville Rd.
Lawrenceville, NJ 08648**

From New York and North

From the NJ Turnpike: Take the New Jersey Turnpike south to exit 7A (I-195 West). Follow I-195 west to the exit for I-295 north toward Princeton. I-295 will become I-95 south. Take exit 7A off of I-95 to U.S. Route 206 south (Trenton). Rider is a quarter mile on the right. From Route 1 South: take the exit for Interstate 95 South (sign says "To Pennsylvania.") Bear right at junction, following signs for I-95 south (Pennsylvania). Take exit 7A off of I-95 to U.S. Route 206 south (Trenton). Rider is a quarter mile on the right.

From South Jersey

From the Garden State Parkway: take exit 98 (I-195 west). Follow I-195 west to the exit for I-295 north toward Princeton. I-295 will become I-95 south. Take exit 7A off of I-95 to U.S. Route 206 south (Trenton). Rider is a quarter mile on the right. From I-295 North: I-295 will become I-95 south. Take exit 7A off of I-95 to U.S. Route 206 south (Trenton). Rider is a quarter mile on the right.

From Philadelphia, South and West

From Philadelphia: Take I-95 north, straight over the Delaware River into New Jersey. Take exit 7A off of I-95 to U.S. Route 206 south (Trenton). Rider is a quarter mile on the right.

From the Pennsylvania Turnpike: take the Pennsylvania Turnpike east to the main Philadelphia exit 28 and follow the signs to I-95 north. Continue on I-95 north, straight over the Delaware River into New Jersey. Take exit 7A off of I-95 to U.S. Route 206 south (Trenton). Rider is a quarter mile on the right.

**Robert Morris University
6001 University Blvd.
Moon Township, PA 15108**

From the North: Take I-79 south to Exit 66 (Sewickley/Emsworth). Follow Route 65 toward Sewickley. At the third light, turn left and cross the Sewickley Bridge. At the end of the bridge, turn right on University Boulevard. Follow 1.5 miles to the second light. Turn left into RMU.

From the South: Take I-79 north to the Airport-Route 22/30 West exit. Follow Route 22/30 west to Route 60 north. Take Exit 3, Business Route 60 (Moon). At the second light, turn right on University Boulevard. Follow 1.5 miles to the fourth light. Turn right into RMU.

From the East: Take the Pennsylvania Turnpike or I-80 to I-79 south. Follow directions from the north (above).

From the West: Take the Pennsylvania Turnpike to Exit 10 (New Castle). Follow Route 60 South 24 miles to Exit 8, Business Route 60 (Moon). Proceed four miles and turn left on University Boulevard. Follow 1.5 miles to the fourth light. Turn right into RMU.

From Downtown Pittsburgh: Take I-279 west toward Pittsburgh International Airport. Proceed on Route 22/30 west to Route 60 north. Take Exit 3, Business Route 60 (Moon). At the second light, turn right on University Boulevard. Follow 1.5 miles to the fourth light. Turn right into RMU.

From Pittsburgh International Airport : Take the airport exit to Route 60 north (Moon-Beaver). Follow to Exit 8, Business Route 60 (Flaugherty-Moon). After the stop sign, make the second right on Business Route 60 south (Moon). At the third light, turn left on University Boulevard. Follow 1.5 miles to the fourth light. Turn right into RMU.

**St. Anselm College
100 St. Anselm Dr.
Manchester, NH 03102**

From Points Southeast: Take Interstate 93 north to Interstate 293 north. Exit left to Route 101 west (Bedford/Goffstown) to junction of Route 101 and Route 114 (set of lights) and continue as directed below.*

From Seacoast: Take Route 101 west and continue as directed below.*

From Points West: Take Route 101 east and continue as directed below.*

From Points Southwest: Take Route 3 north. Continue north on Everett Turnpike (through toll plaza) to Route 101 west to junction of Route 101 and Route 114 (set of lights) and continue as directed below.*

From Points North: Take Interstate 93 south to Interstate 293 south (Everett Turnpike) to Route 101 west (Exit 10) to junction of Route 101 and Route 114 (set of lights) and continue as directed below.*
***From Junction of Rt. 101 and Rt. 114:** At the junction of Route 101 and Route 114, (set of lights) take Route 114 north. Continue through two sets of lights. The third set of lights is Saint Anselm Drive. Turn right onto Saint Anselm Drive. Campus is approximately one mile on right. Visitor parking is available behind Alumni Hall.

St. Francis (NY) College (November 4th)
180 Remsen Street
Brooklyn, NY 11201

Via Subway:

IRT: 7th Avenue (2 or 3) and Lexington Avenue (4 or 5) lines to Borough Hall.

IND: A or F trains to Jay Street-Borough Hall.

BMT: N to Court-Montague. D, B, or Q trains to DeKalb Avenue. Change to M or R trains; go two stops to Court-Montague Street.

Via Bus

Bus Routes: B-25, B-26, B-37, B-38, B-41, B-45, B-51, B-52 or B-67 to Court Street-Borough Hall area.

From Staten Island: No. S53 bus to 95th Street and Fourth Avenue in Brooklyn or the No. S79 to 86th Street and Fourth Avenue in Brooklyn; change to R train to Court Street-Borough Hall.

Via Long Island Railroad

Long Island Railroad to Flatbush Avenue Terminal. Take the 2, 3, 4, or 5 trains two stops to Court Street-Borough Hall.

Via Car

From Manhattan: Brooklyn Bridge to Cadman Plaza West exit. Turn left. After several blocks, Cadman Plaza becomes Court Street.
From Queens: Brooklyn-Queens Expressway to Cadman Plaza exit. Same as above.

From Staten Island: Brooklyn-Queens Expressway to Cadman Plaza exit. Turn right. Same as above.

Saint Francis (PA)
301 Stokes Center
Loretto, PA 15940

From Northwestern Pennsylvania: Take I-79 to Rt. 422 east to Ebensburg. In town, turn left at the traffic light onto High Street. Continue straight at next light. Turn left on to Manor Road. Saint Francis University is six miles on the right.

From Cleveland (Ohio area): Take Ohio Turnpike east to I-80 east. Take I-680 south to Route 422 east (approximately 120 miles) to Ebensburg. In town, turn left at the traffic light onto High Street. Continue straight at next light. Turn left on to Manor Road. Follow this road for six miles to the Saint Francis University entrance on right.

From southwestern Pennsylvania and southeast Ohio: Take Route 22 east from Pittsburgh to second Ebensburg exit (Ebensburg/Loretto exit). Bear right at end of exit ramp. Proceed straight (crossing over Route 22). Turn right at the first light on to Manor Road. Follow this road for six miles to the Saint Francis University entrance on right.

From Northeastern Pennsylvania/Central New Jersey: Take I-80 south to I-80 west to exit 161 (Bellfonte). Take US99/Rt. 220 south approximately 50 miles to Altoona and Rt. 22 west. Take Rt. 22 west to Lilly/Portge exit. Turn right onto Rt. 53 north.

Continue on Rt. 53 north approximately two miles to traffic light (Sheetz on left). Turn left at light and continue beneath railroad overpass. 200 yards beyond overpass, bear right at Saint Francis University sign onto St. Joseph Street. Take this road four miles to Loretto. At Village Cross monument on traffic circle, bear left. Saint Francis University entrance is 200 yards on left.

From Southeastern Pennsylvania and Baltimore, Maryland/Washington, D.C.: Take PA Turnpike (I-76) west to Bedford exit 146 (220 North/I-99 North). Turn left after toll booth. At top of hill, turn left onto US99/Rt. 220 north to Altoona. Travel approximately 30 miles to Rt. 22 west. Continue from Altoona — previous paragraph.

Saint Peter's
2641 Kennedy Boulevard
Jersey City, NJ 07306

NJ Turnpike: Exit 14 C (Holland Tunnel Exit)—Exit on “Jersey City, Grand Street” ramp; straight to traffic light; turn left onto Montgomery Street; continue up the hill on Montgomery Street, which will level off for a few blocks until the intersection of Montgomery Street and Kennedy Blvd. Our campus is on that intersection and Yanitelli Center is on Montgomery St., between Kennedy Blvd. and West Side Ave.

NJ Turnpike: Exit 15E—Follow signs for Rte. 1-9 North; cross over two draw bridges and straight at the intersection with Rte. 440; you are on Communipaw Ave., with Lincoln Park to your left; proceed to West Side Ave. traffic light and turn left; at the 4th traffic light on West Side Ave., turn right onto Montgomery St. Yanitelli Center is to your left.

Holland Tunnel: Immediately out of tunnel, bear left (Route 1 and 9). Remain near the middle, as you will be exiting soon. After the Route 1 and 9/New Jersey Turnpike divide, bear right and then exit at ramp for “Jersey City, Kennedy Blvd.”; proceed straight on the state service road until it ends at Kennedy Boulevard. Turn left (south) onto Kennedy Blvd. Follow it through Journal Square to Montgomery St. and turn right onto Montgomery Street. Yanitelli Center is on the right.

Lincoln Tunnel: Exit tunnel to NJ Turnpike and follow directions above; or, exit tunnel to Route 1-9 South and go to Tonnele Ave. traffic circle and then to Kennedy Blvd.; or, exit tunnel to Kennedy Blvd. and proceed south on Kennedy Blvd. to Montgomery Street, where you turn right and Yanitelli Center will be on the right.

Pulaski Skyway, Route 1-9 and Belleville Turnpike: All feed into the Tonnele Ave. traffic circle. From the circle go to Kennedy Blvd. and turn right (south); go a few blocks south to Montgomery Street and turn right; Yanitelli Center is on the right.

Siena College
515 Loudon Rd.
Loudonville, NY

From the North – Take Exit 5 (NY 155) off the Northway (I-87). Left on NY 155 to US 9. Right on US 9 for two miles. Turn east off of US 9 onto Spring Street Road. Take a left at the fourth driveway. Alumni Recreation Center/MAC is at the end of driveway.

From the South – Take Exit 23 (I-787) off the New York Thruway. Follow I-787 to I-90 West. Take Exit 6 (US 9 North to Loudonville, first exit off I-90). Follow US 9 north approximately two miles. Turn east off of US 9 onto Spring Street Road. Take a left at the

fourth driveway. Alumni Recreation Center/MAC is at the end of driveway.

From the East off the Massachusetts Turnpike – Take the New York Thruway to Exit B-1 (I-90 West). Follow I-90 to Exit 6 (US 9 North to Loudonville). Follow US 9 north approximately two miles. Turn east off of US 9 onto Spring Street Road. Take a left at the fourth driveway. Alumni Recreation Center/MAC is at the end of driveway.

From the West – Take Exit 24 (Northway I-87) off the New York Thruway. Follow I-87 North to Exit 5 (NY 155). Left on US 155 to US 9. Right on US 9 for two miles. Turn east off of US 9 onto Spring Street Road. Take a left at the fourth driveway. Alumni Recreation Center/MAC is at the end of driveway.

**Stony Brook University
USB Sports Complex
Stony Brook, NY 11794**

By Car: From the west, take the Long Island Expressway (LIE, I-495) eastbound from the Queens Midtown Tunnel in Manhattan or the Throgs Neck Bridge or Whitestone Bridge in Queens to exit 62 and follow Nicolls Road (Route 97) north for 8½ miles. The main entrance to the University is on the left.

By Ferry: Car ferries cross **Long Island Sound at Bridgeport, Connecticut to Port Jefferson, Long Island** Take Route 25A west to Nicolls Road, the University entrances are the first 3 intersections you come to. From **New London, Connecticut to Orient Point, Long Island** Take Route 25A west to Nicolls Road, the University entrances are the first 3 intersections you come to.

**Union College
807 Union St.
Schenectady, NY**

From the South and East: From New York State Thruway exit 24, take the Northway (I-87) north to exit 6 (marked “Route 7 west”). Follow Route 7 west for 6.5 miles and bear right onto Union Street. Continue on Union Street for 2.7 miles and enter the campus through Payne Gate on the right. The Admissions Office is the third building on your right as you enter campus.

From the North: From the Northway (I-87) take exit 6 (marked “Route 7 west”). Follow Route 7 west for 6.5 miles and bear right onto Union Street. Continue on Union Street for 2.7 miles and enter the campus through Payne Gate on the right. The Admissions Office is the third building on your right as you enter campus.

From the West: From Thruway exit 26, take I-890 east to exit 4 (Erie Boulevard). Follow Erie Boulevard north to Union Street (second light after the Amtrak station), turn right onto Union Street, and follow for one mile. Enter the campus through Payne Gate on the left. The Admissions Office is the third building on your right as you enter campus.

**University of Vermont
97 Spear St.
Burlington, VT 05405**

I-89: Take Exit 14W into Burlington. Stay in far right lane. Just past Sheraton and stop light, bear right at East Avenue/Spear Street exit, in lane for Spear Street. Take immediate left around jug handle, go through traffic light, which will take you onto Spear Street. Drive approximately 1/4 mile to Patrick Gymnasium entrance on your right.

Heading North from Route 7: Follow Route 7 North from Shelburne. Just past Denny’s Restaurant and just before reaching Burlington, take 189E. Travel approximately 1 mile to I-89 North. Continue using directions as above from I-89 (Exit 14W is the second exit upon entering I-89 North).

**Wagner College
Spiro Sports Center
Staten Island, NY 10301**

VIA THE VERRAZANO-NARROWS BRIDGE: (either level of the bridge is fine!) After the tollbooths on the Staten Island side (\$9 cash or EZPass fare either \$7 or \$3 depending on discount plan), proceed straight along I-278 West for slightly less than one mile to Exit 13 (“Richmond Road/Clove Road”). This exit ramp leads to a service road running parallel to I-278. Proceed on the service road to the third traffic light at Clove Road. Turn right onto Clove Road and proceed approximately 100 yards to the first light at Howard Avenue. Turn right onto Howard Avenue. You will pass through three traffic lights, and at the top of Grymes Hill, pass Main Hall and Sutter Oval on the right. Immediately after the third traffic light, turn right into the main entrance of Wagner College, marked “Wagner College Main Parking Entrance”.

VIA THE OUTERBRIDGE CROSSING: From the New Jersey Turnpike take Exit 10, or from the Garden State Parkway, Exit 127, and follow signs to the Outerbridge Crossing onto Staten Island. Route 1 and 9 travelers exit onto 440 North. After the tollbooths on Staten Island (\$6 cash or EZPass fare either \$4 or \$5 depending on travel hour), proceed north on Route 440 (West Shore Expressway) for approximately five miles. At the intersection with I-278, bear right onto I-278 East. From I-278 take Exit 13 (“Clove Road / Richmond Road”). Note: Do not exit at earlier Richmond Avenue exit. At the light at the end of the exit ramp, turn left onto Clove Road. At the second light on Clove Road, turn right onto Howard Avenue (look for the Wagner College sign at this intersection). Pass through three traffic lights on Howard Avenue, and at the top of Grymes Hill, turn right into the main entrance of Wagner College, marked “Wagner College Main Parking Entrance”.

VIA THE GOETHALS BRIDGE: Take the New Jersey Turnpike to Exit 13. After the turnpike tollbooths, bear left towards the Goethals Bridge. Cross the Goethals Bridge, and after the tollbooths (\$6 cash or EZPass fare either \$4 or \$5 depending on travel hour) on Staten Island, proceed on I-278 East. Continue on I-278 to Exit 13 (“Clove Road/ Richmond Road/ Hylan Boulevard”). Note: Do not exit at earlier Richmond Avenue exit. At the light at the end of the exit ramp, turn left onto Clove Road. At the second light on Clove Road, turn right onto Howard Avenue (look for the Wagner College sign at this intersection). Pass through three traffic lights on Howard Avenue, and at the top of Grymes Hill, turn right into the main entrance of Wagner College, marked “Wagner College Main Parking Entrance”.

Wayne State University
5101 John C. Lodge
Detroit, MI 48202

From I-94: I-94 to I-75 North exit 216. North on I-75 to 8 Mile Rd. exit 59. West on 8 Mile Rd. 1.5 miles to Woodward Ave. South on Woodward (get in left lane) 1/4 mile to the first turn around for Northbound Woodward. North on Woodward. Michigan State Fairgrounds entrance is immediately on your right. Take main entrance road straight ahead to Coliseum.

From I-94 Eastbound (From West of Ann Arbor): East on I-94 to M-14 East. East on M-14 to I-96 East (M-14 turns into I-96 Eastbound at I-275). East on I-96 to Southfield Frwy./M-39 (stay in I-96 Local lane for this exit) North exit 183. North on Southfield Frwy./M-39 to 8 Mile Rd. East exit 15. East (right) on 8 Mile Rd. 4.5 miles to Woodward Ave./Rt-1. South on Woodward (get in left lane) 1/4 mile to the first turn around for Northbound Woodward. North on Woodward and Michigan State Fairgrounds entrance is immediately on the right. Take main entrance road straight ahead to Coliseum.

From I-94 Eastbound (From North of I-696): East on I-94 to I-696 West. West on I-696 to I-75 South exit 18. South on I-75 to 8 Mile Rd. West exit 59. West on 8 Mile Rd. 1.5 miles to Woodward Ave. South on Woodward (get in left lane) 1/4 mile to the first turn around for Northbound Woodward. North on Woodward. Michigan State Fairgrounds entrance is immediately on your right. Take main entrance road straight ahead to Coliseum.

From I-696: I-696 to I-75 South exit 18. South on I-75 to 8 Mile Rd. exit 59. West on 8 Mile Rd. 1.5 miles to Woodward Ave. South on Woodward (get in left lane) 1/4 mile to the first turn around for Northbound Woodward. North on Woodward. Michigan State Fairgrounds entrance is immediately on your right. Take main entrance road straight ahead to Coliseum.

From I-75: I-75 to 8 Mile Rd. exit 59. West on 8 Mile Rd. 1.5 miles to Woodward Ave. South on Woodward (get in left lane) 1/4 mile to the first turn around for Northbound Woodward. North on Woodward. Michigan State Fairgrounds entrance is immediately on your right. Take main entrance road straight ahead to Coliseum.

From I-96 Eastbound (From West of I-275): East on I-96 to I-696 East. East on I-696 to I-75 South exit 18. South on I-75 to 8 Mile Rd. exit 59. West on 8 Mile Rd. 1.5 miles to Woodward Ave. South on Woodward (get in left lane) 1/4 mile to the first turn around for Northbound Woodward. North on Woodward. Michigan State Fairgrounds entrance is immediately on your right. Take main entrance road straight ahead to Coliseum.