

## *Dear Prospective Student-Athlete,*

Sacred Heart University is very pleased that you have chosen to make an official visit to our campus. We encourage you to utilize this unique opportunity to evaluate SHU's academic and athletics programs.

There are two types of visits that you may take when you visit a NCAA member institution's campus.

*Unofficial* visits are those that are paid for by you and your family. The institution is not permitted to provide you with any lodging, transportation, meals, or entertainment on an unofficial visit. There is no limit on the number of unofficial visits you may take. You cannot visit SHU on the day of any athletics competition in which you are a participant.

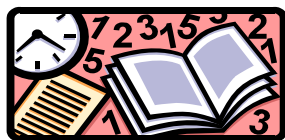
An *Official* visit is one that is paid for (partially or fully) by the institution, and may last no longer than 48 hours. You have been invited to Sacred Heart's campus to utilize an official visit. You are allowed to receive round-trip transportation between you home (or school) and the campus; and you and your parents or legal guardians or spouse may receive complimentary admissions for campus athletic events taking place during your visit.

In general, only the prospective student-athlete may receive travel expenses; however, Sacred Heart may provide mileage reimbursement even if other individuals accompany you to campus when you are traveling by automobile.

A student host may be utilized to help you learn more about campus life at SHU. Sacred Heart provides the host with up to \$30 per day to cover the costs of entertaining

you and your parents/legal guardians or spouse. This money cannot be used to purchase souvenirs like hats, t-shirts, or other SHU merchandise.

You are allowed to make a total of five official visits, with no more than one visit to any single institution. Beginning October 15 following your high school graduation, you are allowed to utilize an additional five visits should you choose not to attend college right away or attend an institution from which you subsequently wish to transfer.



## *While on an Official Visit, you MAY...*

- ❖ Remain on the Sacred Heart campus for a maximum of 48 hours.
- ❖ Meet with the coaches, faculty, and staff of SHU.
- ❖ Stay in the dorm of a current student-athlete.
- ❖ Receive hotel accommodations.
- ❖ Receive meals on or off campus.
- ❖ Receive entertainment on a scale comparable to normal student life.
- ❖ Have your parents/legal guardians or spouse's lodging, meals, and entertainment paid for by Sacred Heart.

## *While on an Official Visit, you may NOT...*

- ❌ Have transportation expenses for individuals accompanying you paid for by SHU (unless riding in the same personal vehicle).
- ❌ Be reimbursed for the expenses for siblings, friends, and extended family members.
- ❌ Purchase a souvenir using the student host money.
- ❌ Travel more than 30 miles from the campus during the 48-hour visit.
- ❌ Accept gifts from anyone during your visit.
- ❌ You may not visit SHU on the day of any athletics competition in which you are a participant.

There is no limit on the number of times you may call a Sacred Heart coach or staff member provided you initiate the call. We encourage you to take advantage of this opportunity!

NCAA rules governing your recruitment and eligibility at a DI institution can get quite confusing. Things you do now could affect your future eligibility at Sacred Heart, so make sure you

## **ASK BEFORE YOU ACT!!**

Our coaches, staff, and student-athletes look forward to seeing you on our campus.

Best Wishes,

Sacred Heart University  
Department of Athletics



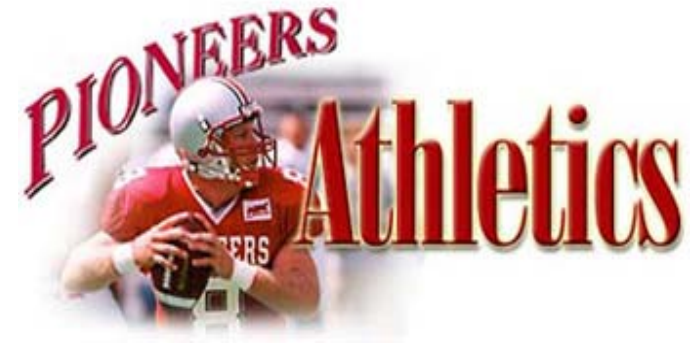
To ask questions about your recruitment, please contact the Sacred Heart Athletics Compliance Office at (203) 396-8122, via e-mail at [alforda@sacredheart.edu](mailto:alforda@sacredheart.edu), or consult our website @ [www.sacredheart.edu](http://www.sacredheart.edu)

You may find information regarding Academic Progress Rates, Graduation Rates, and NCAA Clearinghouse information by visiting the compliance website @ [sacredheartpioneers.cstv.com/compliance/saht-compliance.html](http://sacredheartpioneers.cstv.com/compliance/saht-compliance.html)

You may also contact the NCAA's "Wanna Play? Know the Rules" hotline @ 1-800-638-3731.

Dept. of Athletics  
Sacred Heart University  
5151 Park Ave  
Fairfield, CT 06432

## Sacred Heart University



2006, 2009 NEC Champions, Women's Basketball

2005 NEC Champions, Women's XC

2005 NEC Champions, Field Hockey

2008, 2009 NEC Champions, Women's Lacrosse

2008 NEC Champions, Women's Track

2006 NEC Champions, Baseball

2008, 2009 NEC Champions, Men's Golf

2008 NEC Champions, Men's Track

2006 ECAC Bowl Champions, Women's Ice Hockey

## FACTS ABOUT YOUR OFFICIAL VISIT