



# SCU Outdoor Track

## All-Time Top 5 List Women's Performance List

### 100-Meters

Time	Name	Year
1. 13.51	Joanna Gistand	2008
2. 13.53	Jackie Lynch	2008

### 200-Meters

Time	Name	Year
1. 27.46	Jackie Lynch	2008
2. 28.10	Joanna Gistand	2007
3. 28.67	Carrie Pogorelc	2007
4. 28.78	Joanna Gistand	2008

### 400-Meters

Time	Name	Year
1. 1:00.51	Anna Wheatley	2006
2. 1:00.58	Jennifer Hings	2008
3. 1:01.03	Anna Wheatley	2008
4. 1:01.45	Kazmir Brown	2008
5. 1:02.20	Carrie Pogorelc	2006

### 800-Meters

Time	Name	Year
1. 2:15.64	Anna Wheatley	2006
2. 2:19.90	Anna Wheatley	2008
3. 2:23.16	Shanthi Blanchard	2007
4. 2:23.94	Melissa Conlin	2008
5. 2:24.32	Kiley Strong	2006

### 1500-Meters

Time	Name	Year
1. 4:42.68	Veronica Vazquez	2007
2. 4:43.28	Anna Wheatley	2006
3. 4:47.89	Stephanie Wilson	2008
4. 4:48.62	Shanthi Blanchard	2007
5. 4:48.69	Katie Hansen	2004

### 3,000-Meters

Time	Name	Year
1. 10:21.28	Stephanie Wilson	2008
2. 10:27.12	Shannon Bell	2006
3. 10:27.13	Adrienne Puetz	2007

4. 10:27.50	Danielle Miller	2008
5. 10:27.61	Anne Murphy-Hagan	2007

### 5,000-Meters

Time	Name	Year
1. 17:27.07	Veronica Vazquez	2008
2. 17:40.39	Veronica Vazquez	2007
3. 17:42.97	Stephanie Wilson	2008
4. 17:51.14	Shannon Bell	2005
5. 17:53.59	Adrian Puetz	2007

### 10,000-Meters

Time	Name	Year
1. 38:13.40	Lauren Swigart	2007
2. 39:19.86	Blossom Marimpietri	2007

### 3,000-Meter Steeplechase

Time	Name	Year
1. 11:18.39	Danielle Miller	2008
2. 11:46.05	Danielle Miller	2007
3. 11:43.40	Anna Wheatley	2006

### 1600 Meter Relay

Time	Name	Year
1. 4:09.49	Erickson, Hodill, Pogorelc Wheatley	2006

### 100-Meter Hurdles

Time	Name	Year
1. 17.55	Joanna Gistand	2008

### 400-Meter Hurdles

Time	Name	Year
1. 1:06.39	Anna Wheatley	2008
2. 1:13.93	Joanna Gistand	2008

### 400-Meter Relay

Time	Name	Year
1. 50.32	Gistand, Hinds, Lynch, Brown	2008