



SCU Outdoor Track

All-Time Top 5 List Men's Performance List

100 Meters

Time	Name	Year
1. 11.51	George Sanchez	2008
2. 11.58	Ryan Ward	2007
3. 11.62	George Sanchez	2007
4. 11.99	Greg Plamer	2008
5. 12.01	Greg Stetler	2008

3,000-Meters

Time	Name	Year
1. 8:39.33	Mike Delaurenti	2008
2. 8:41.68	Mike Delaurenti	2006
3. 8:50.48	Chris Gumbs	2006
4. 8:53.32	Alex Harkins	2008
5. 8:55.89	Danny Smith	2006

200 Meters

Time	Name	Year
1. 22.93	Ryan Ward	2007
2. 23.49	George Sanchez	2006
3. 23.81	Greg Stettler	2007
4. 23.93	George Sanchez	2008
5. 24.75	Greg Stetler	2008

5,000-Meters

Time	Name	Year
1. 14:46.17	Mike Delaurenti	2007
2. 15:01.40	John Hinman	2003
3. 15:01.49	Tom Chapman	2002
4. 15:02.19	Michael Helms	2002
5. 15:04.28	Mike Delaurenti	2008

400-Meters

Time	Name	Year
1. 50.75	Chris Furnari	2006
2. 52.59	Derek Brown	2007

10,000-Meters

Time	Name	Year
1. 32:54.01	Andy Backus	2008
2. 33:16.57	Dan Smith	2008
3. 33:25.88	A.J Blumel	2006
4. 34:01.18	Danny Smith	2006
5. 34:28.57	Dominic Ricci	2002

800-Meters

Time	Name	Year
1. 1:55.32	Chris Furnari	2006
2. 1:55.58	Robbie Reid	2008
3. 1:55.73	Tony Dipre	2007
4. 1:57.62	Stephen Moore	2002
5. 1:59.48	Dan Bettencourt	2005

3,000-Meter Steeplechase

Time	Name	Year
1. 9:06.84	Mike Dealaurenti	2008
2. 9:19.88	Mike Delaurenti	2007
3. 9:27.93	Alex Harkins	2008
4. 9:30.21	Stephen Koch	2007
5. 10:12.15h	Ben Snyder	2008

1500-Meters

Time	Name	Year
1. 3:56.06	Michael Helms	2001
2. 3:58.71	Mike Delaurenti	2007
3. 3:59.13	Robbie Reid	2008
4. 4:00.22	John Laughlin	2008
5. 4:01.50	Ricky Bracket	2002

1600 Meter Relay

Time	Name	Year
1. 3:27.14	Laughling, Harkins, Snyder, Reid	2008
2. 3:29.97	Cadwell, Furnari, Sanchez, Snyder	2006
3. 3:30.36	Laughlin, Cadwell, Ward, Furnari	2007
4. 3:30.36	Dipre, Laughlin, Cadwell, Furnari	2007